

June 2021

'Recognizing Those Who Care'



HEROES OF THE MONTH



Cartersville Center for Nursing and Healing



Mark Richards

Mark Richards – Congratulations to **Mark** our Dietary Manager for being selected as our Hero of the Month. **Mark** has been with our organization for a few years. Since he has taken over the duties of the Dietary Department the center has noted increased resident satisfaction with quality of meals. **Mark** is a Chef by trade and it shows everyday. He takes personal pride to ensure that the Residents, Staff and Families enjoy the food that is prepared. **Mark** is always willing to do special requests and go over and beyond what needs to be done. When he makes his delicious Oatmeal and Chocolate Chip Cookies they do not have a chance to cool before they are gobbled up. We are blessed to have **Mark** as part of our Cartersville Family.

Fulton Center for Rehabilitation



Willie Parks

Willie Parks – **Willie** works in our Housekeeping Department as our Floor Tech. He has shown nothing but outstanding qualities which make him our Hero of the Month for May. **Willie** comes to work everyday looking to see how he can make the facility better than he left it the day before. He understands his job responsibilities and knows and does more than his job requires. Several times during facility celebrations and activities for the residents and staff it has required **Willie** to stay over to clean up the area. He is committed to making the facility look and smell good. It is obvious that **Willie** takes pride in seeing the residents happy due to his hard work and love for what he does for Fulton Center every day. Congratulations to **Willie**, we really appreciate all you do!

Riverdale Center for Nursing and Healing



Linda Welborn

Linda Welborn - We are glad to have **Linda Welborn**, one of our LPN's as our Hero of the Month. She has been nominated for her stellar performance on the COVID unit since March of 2019. **Linda** has been our one permanent Licensed staff member who has not requested a transfer and/or complained about the workload. She has received her vaccination but has never contracted COVID while caring for our residents. To witness **Linda's** dedication to her job and her love for taking care of what matters, our residents, is a blessing and something we all admire. We are extremely lucky to have her on our team. Congratulations **Linda** for always being our Hero and being a part of our Riverdale Family.

Nancy Hart Center for Nursing and Healing



Randy Norman

Randy Norman – Congratulations to **Randy**, who works in our Housekeeping Department. He is dependable and always shows patience and kindness to all of our residents and staff. Whatever is asked of **Randy**, he does without hesitation. We also refer to him as PC. **Randy** is an amazing, hardworking and outgoing person. It is such a pleasure to work with him and have on our staff at Nancy Hart. We appreciate our Nancy Hart Hero. Keep up the good work and congratulations on being our Hero of the Month.

Renaissance Center for Nursing and Healing

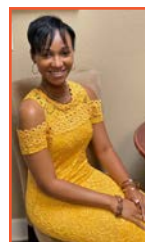


Taylor Wilkinson

Taylor Wilkinson - **Taylor** is a member of the Renaissance therapy team. She is a Physical Therapy Assistant and has been serving the industry since 2015. **Taylor** is committed to giving quality, compassionate care. She will do anything that needs to be done for a resident at any time. She can be seen moving beds, getting special treats for the residents and taking the time to talk with them about their interests. **Taylor** embodies the idea that we are all in this together. Titles, departments, and degrees mean nothing to the resident that needs to go to the bathroom or is missing their grandchildren. **Taylor** takes the time to do the tasks that are not "assigned" to her. This promotes better care for our residents and improved team work. Other employees have remarked multiple times to me that **Taylor** has either helped them with a task or about something they saw her do with a resident. When she is not busy at work then she is a model for Honey Roasted Nuts ad campaign. **Taylor**; I thank you for all you do and please know even when it is not said nearly enough; I see you; I appreciate you; and YOU make a difference each day.



Powder Springs Center for Nursing and Healing



Rashell Carr

Rashell is the Marketer for Powder Springs Center. She represents our facility out in the community and lets everyone know why they should entrust their loved ones to us. **Rashell** always supports the staff by helping to celebrate individuals and their accomplishments. Anytime you engage in a conversation she is always making you feel special and thanking you for your commitment to our facility. **Rashell**, Thank You for all you do and continue to let your light shine by helping others to shine. Congratulations on being our HERO.

A Message from Toni Davis, Administrator at PowderSprings Center for Nursing and Healing



Simply Beautiful

A beautiful life is not a perfect one! The most beautiful life is the one YOU choose for yourself. Decide how you want to spend your time, and then do just that! Even when your life doesn't go according to plan, know that there is no wrong version of a beautiful life, rather there is only what LIFE is to you. Procrastination is a thief of time, often, causing us not to realize how quickly has life passed us by! You can't change what didn't happen or shift what did. Simply, live in this moment and look for all the beautiful possibilities that the current day could be filled with. Be reminded you can always reinvent YOUR version of life whether you are 20, 30, 40 or 70 years old. It's never too late. What would you do differently if now is all you had? What words would you say to someone that you love? What actions might you take? What new things might you try if now was the only chance you had? Every single day and every single moment, we are given the opportunity to choose happiness and gratitude over all else. We have not been given things so that we may enjoy life, we have been given LIFE so that we may enjoy all things. Each day you wake up, choose to always live YOUR best version of a beautiful life.

The most beautiful people in the world are those who have known defeat, known suffering, known struggle, known loss, and have found their way out of the depths. These persons have an appreciation, a sensitivity and an understanding of life that fills them with compassion, gentleness, and a deep loving concern. Beautiful People don't just happen, they are made. ~ Elisabeth Kubler-Ross

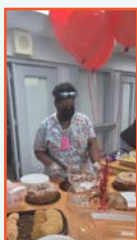
Fulton Center for Rehabilitation

SUPERVISOR SHOUTOUTS

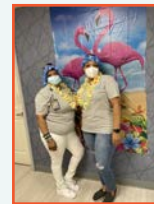
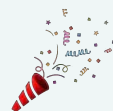


Thank You to **Brittany Tucker** for going above and beyond for ALL the Nurses during Nurses Week. You ROCK!!! ~ Quinnethia

WAY TO GO....



Huge Shoutout to our 200 Hall Unit Manager **Ms. Lashaunta Cunningham** for everything you have done and provided for Nurses Week. Your Salad Bar was amazing and all your hard work and dedication to all the staff never goes unnoticed. Thank you for being a Huge Team Player to Fulton Center. ~ Fulton Center Staff



Thank you **Olga and Cynthia**, two wonderful Ladies in our Activities Department. Thanks for such a Fantastic Nursing Home Week that produced 100% participation! Go Fulton Center!!! ~ Fulton Center Staff

WAY TO GO....



EMPLOYEE SHOUTOUTS



- ❖ To **Nursing Management** from Michael Ostrozynski - Thanks for cooking that delicious breakfast for our staff!
- ❖ To **Olga and Cynthia** - Thank you for an amazing National Skilled Nursing Week. The activities were great!!
- ❖ To **Cassandra** from Quinnethia - Thank you for all your hard work and dedication to our residents.
- ❖ To **Edith** from Brittany - Thank you for stepping in and giving loving care to our residents.
- ❖ To **Bridgett** from Fulton Center Employees - Thanks for doing such a wonderful job at the Front Desk! You keep everything and everyone in order.
- ❖ To **Social Services Michelle** from Business Office - Keep up the awesome work in Social Services. Thankful for you everyday!
- ❖ To **Minnie** from Darryl In Rehab - Awesome job with the Restore Program.
- ❖ To **Stacy** from Darryl In Rehab - Fantastic job with the BIMs & PHQ-9 assessments.
- ❖ To **Joe** from Darryl In Rehab - Outstanding job with modalities utilization.
- ❖ To **Rachel** from Darryl In Rehab - Congratulations on completing the 90 day window- Great job!

A Special Thank You....

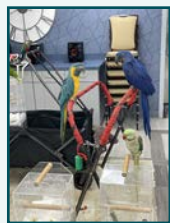
A special Thank You to our Employees at Empire Care Centers. We are blessed to have such a dedicated workforce. Your commitment to your job, the way you care for each resident and the compassion you show does not go unnoticed.

With our sincere appreciation ~ Sol, Effy, Renee

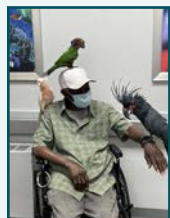
Celebrating Nursing Home Week

EMPLOYEE EVENTS

Celebrating Nurses Week



Good Times



Good Times

Many thanks to **Christopher** and **Cynthia** for grilling out for our residents and staff during National Skilled Nursing Care Week.



EMPLOYEE BIRTHDAYS



Patricia Henderson 8th
Julia Khmel 8th
Paulett Fletcher Blake 9th
Belinda Felton 13th
Kyla Wycoff 17th

Karen Metcalf 18th
Susan Arnold 22nd
Latanya Brown 23rd
Midonne Simmons 25th
Stephanie Williams 25th

June Calendar of Events

Flag Day 5th
National Career Nursing Assistants' Day 17th
Father's Day 20th
First Day of Summer 20th
National Nursing Assistants Week 18th - 24th



Nancy Hart Center for Nursing and Healing

New Faces
4/28 - 5/28



Wanda Simmons

Wanda joins our team as a RN. She has 37 years healthcare experience. **Wanda** was born in Elberton, GA. She is married and has 2 sons, 1 daughter and 5 grandchildren. In her spare time **Wanda** loves working in the garden, riding four wheelers with the family, watching movies and reading books. We are glad to have you at Nancy Hart.



Kim Catlett

Kim joins our Nursing Department as a CNA. She has been in healthcare for 13 years. **Kim** was born in Fort Payne, AL. She is married and has 2 sons and 1 daughter. In her spare time **Kim** enjoys helping sick and injured animals and spending time with family. Welcome to our Nancy Hart family.

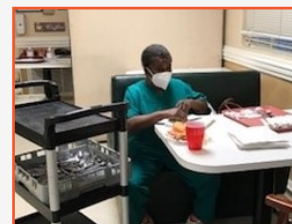


Enjoying Nursing Week. Thank you **Edna Allen**, **Monique Blanton**, **Patricia Thompson** and **Sandra Cox** for all the hard work you do everyday to make Nancy Hart a better place. We appreciate everything you do! Keep up the AWESOME work you are doing!!

SUPERVISOR SHOUTOUTS A FEW SHOUTOUTS FROM SUZETTE



Thank you to **Empire** for your support during Nursing Home Week! You are greatly appreciated among our families and residents. You are making a difference in so many lives. Thanks for all you do!



Thank you **Peggy Freeman** for all that you do for the staff and residents at Nancy Hart. You make sure that the resident's have what they want on their tray every meal. You are one hard worker! Keep up the good work!

"Summer is a promissory note signed in June, it's long days spent and gone before you know it, and due to be repaid next January." – Hal Borland

Hat Day



Cowboy Day



Three cowgirls holding down the Ranch during Nursing Home Week. Thank you for your team spirit!

Cinco de Mayo



Celebrating Cinco de Mayo with a Mexican hat dance, breaking a piñata and parading down the halls.

EMPLOYEE EVENTS

*Celebrating Nursing Home Week
Lots of activities*

*Staff breakfast, cookout and playing horse shoes.
Great times enjoyed by all!*

We ♥ our Nurses



Our Residents loved the Graduation ceremony receiving their Diplomas. Many Residents connected with each other during this event. It was a great success.

**SUPER
FUN
HAPPY
TIME**

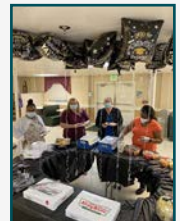
High School Graduation



Julia Erwin attended and graduated school at Nancy Hart Memorial School in 1948. She was our spokesperson at our Graduation ceremony. She shared memories of her days in school here at Nancy Hart. We have seven Residents that have attended the school here at Nancy Hart, and 12 Graduates in our Graduation ceremony. It was a wonderful

EMPLOYEE SHOUTOUTS

- ❖ To **Beth** from Suzette - You had the prettiest hat on hat day. Good job Beth!
- ❖ To **Staff** from Suzette - Thank you for all your participation in our graduation celebration with the Residents. You Rock!
- ❖ To **Sara** from Suzette - Thank you for the employee breakfast it was great! I loved it.
- ❖ To **Beth** from Suzette - Reaching for the stars, you can never reach too high. Although you may be little, you have a big heart and a huge impact here at Nancy Hart.
- ❖ To **Bass** from Suzette - Thank you for your team spirit, cheering on the residents while breaking the piñata.
- ❖ To **Tommie** from Shane - Always working with a smile!
- ❖ To **Suzette** from Shane - Thank you for all the hard work you put into your job.
- ❖ To **Tommy Teasley** from Suzette - Thank you for your team spirit on Cowboy Day. You look great!
- ❖ To **Wanda** from Carol - Welcome to our team!
- ❖ To **Melinda** from Beth - Thank you so much for the latte that you brought to me. I need those pick me ups! HAPPY BIRTHDAY!
- ❖ To **Lurie** from Beth - You are an awesome cook!! That you for all that you do. Happy Birthday!
- ❖ To **Ashley Johnson** from Beth - Thank you so much for all your hard work on 3rd shift. I really appreciate your dedication to Nancy Hart!
- ❖ To **Treasure** from Carol - You are the best !!
- ❖ To **Hapy** from Carol - You are the best and we love you!!!
- ❖ To **Nicole** from Beth - Thank you for helping out on your days off. Hope you have a Happy Birthday.
- ❖ To **Sandra** from Beth - Happy Birthday to you! Remember don't shoot the messenger!



EMPLOYEE BIRTHDAYS

Melinda Gaines 13th
Trista Hughes 13th
Sandra Cox 21st
Lurie Norman 28th



A Bunch of Hot Air



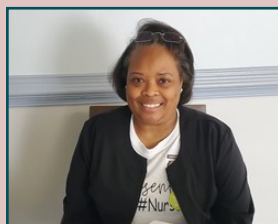
Hot Air Balloon Day, on June 5, celebrates the incredible achievement of the Montgolfier brothers. On this day in 1783, the brothers demonstrated the first unmanned flight of a hot air balloon in the skies above their hometown of Annonay, France. The balloon itself was constructed of taffeta, fabric, and paper. It may seem amazing that it lifted off the ground at all considering that it weighed in over 500 pounds. But fly it did, reaching a tremendous height of 6,000 feet. The Montgolfier brothers knew their invention was a wonder, and they decided to take it to Paris for a demonstration in front of King Louis XVI and Marie Antoinette. The balloon was still unmanned, but no less marvelous for its historic flying of a rooster, duck and sheep before a crowd of 130,000 Parisians. The miracle of flight had, at last, moved from imagination to reality.



Renaissance Center for Nursing and Healing

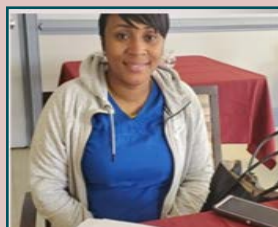


New Faces
4/28 - 5/28



Christina joins our Nursing Department as a RN supervisor. She brings to Renaissance 18 years experience in the healthcare industry. **Christina** was born in Anderson, SC. She has 3 daughters and 5 grandchildren. In her spare time she enjoys riding motorcycles, shopping, traveling, and baking. Welcome to our Renaissance family.

Christina McCowan



Jennifer joins our Nursing Department as a RN supervisor. She brings to Renaissance 18 years experience in the healthcare industry. **Jennifer** was born in Griffin, GA. She has 1 son and 1 daughter. In her spare time **Jennifer** enjoys traveling and spending time with family. She is engaged to Dexter Talmadge. Welcome to Renaissance!

Jennifer Stevenson



Krystal joins our team at Renaissance Center for Nursing and Healing as a LPN charge nurse. She has 14 years of healthcare experience. She has 2 daughters. In her spare time **Krystal** enjoys spending time outdoors with her children. She also enjoys soccer, softball and swimming.

Krystal Rogers

RENAISSANCE LEADER



Trish Robinson

Trish is our Director of Rehab. She has been a speech therapist since 1998. She brings over a decade of knowledge and experience in the field as well as extensive management experience. **Trish** maintains a positive attitude and truly tries to excel at any challenge set before her. **Trish** is both compassionate with her residents & direct reports. She maintains high productivity levels for her department and works to keep rehab costs down as much as possible; but never hesitates to let me know what equipment needs would benefit our residents. **Trish** is adaptive and flexible; when new challenges or systems are set before her; she figures out a way to make it work and rallies her therapy team to participate as well. Under her leadership our therapy department has increased productivity levels, excellent documentation, increased conversion rates and an overall sense that therapy is part of the "Renaissance family". Her relationship with the MDS department has shown record high CMI rates at Renaissance. We are proud to have **Trish** on our team. In her spare time she enjoys shopping and is an avid Wizard of Oz fan.

EMPLOYEE BIRTHDAYS

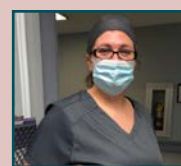


Darlene Colquitt 6th
Lametteya Franklin 14th
Vashti Smith 17th
Theresa Prentice 22nd
Marquita Watkins 25th
Donzla Carter 27th
Lydia Sellers 28th
Jacquelyn Wallace-Lawrence 30th



SPECIAL EVENT

Go
Vicki



Way
to
Go

Huge congratulations to **Vicki Taylor** for passing boards and becoming an RN!!! We are happy to say that **Vicki** has accepted the wound care coordinator position and we have absolute faith in her ability to continue the great wound care that we offer every day. Congratulations!!!!

Positive Vibe

"Coming together is a beginning. Keeping together is progress. Working together is success."

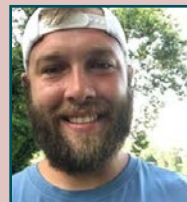
~ Henry Ford

SUPERVISOR SHOUTOUTS

A FEW SHOUTOUTS FROM REBECCA MINTER



When faced with a difficult nursing situation you remained calm, remembered your training and handled everything very well. Proud to have **Dawn Starrett** on our team and impressed by how you rose to a challenge! Keep it Up!



Thank you for coming in and immediately jumping in and getting started on repairs and establishing a routine for the department. **Eric Bryant & Dylan** are both doing a great job!



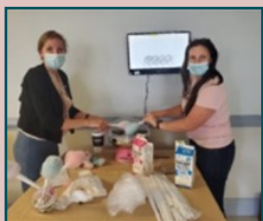
Trish & Therapy Team - Awesome job on meeting productivity goal of 84%!!! Super proud of all my therapy ROCK STARS! Numbers aside, I see all of you everyday out on the floor & making a difference with EVERY resident in your path on case load



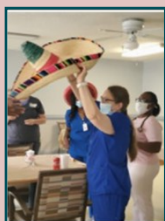
EMPLOYEE EVENTS

Celebrating Nurses Week

During Nurses Week, Renaissance enjoyed good food, games, raffles and so much more all week. What a great way to celebrate the amazing nurses at Renaissance!



Our Activities Director; **Casey Ray** and **DON; Brooke Paez** making cotton candy for the nurses.



Pass the Sombrero Game



Celebrating Nursing Home Week with our residents and staff. Here is resident, **Bobby Vining** participating in one of our carnival games. Lucky Shot!



Celebrating Nursing Home Week



Congratulations to **Brooke Paez** for winning the grand prize in the scavenger hunt!



Interesting Fact If Chickens Could Fly

Depending on the breed, chickens will reach heights of about 10 feet and can span distances of just forty or fifty feet. The longest recorded flight of a modern chicken lasted 13 seconds for a distance of just over three hundred feet.



EMPLOYEE SHOUTOUTS

- ★ To **Donzala & Lisa** from Casey Ray - Sending Love and Happiness to these two special ladies, they both had a hard month. Your Renaissance family loves and supports ya'!!!
- ★ To **Glenn** from Casey Ray - Thank you so much for cooking for Nursing Home Week/Nurses Week, we appreciate all you do for us!
- ★ To **Brooke Paez** from Casey Ray - A big Thank you for keeping all of our staffs Corona testing up to date!
- ★ To **Tekelia Norris** and **Sidra Brown** from Rebecca Minter - Thank you both for working so hard on getting all the weights in timely and being willing to help out anywhere you are needed. I appreciate your flexibility, professionalism, and attention to detail on your Care Ambassador Rounds. Great job!!!
- ★ To **Activities Department; Meme, Lavista, and Casey** from Rebecca Minter - Great job on Nursing Home Week! I appreciate all you ladies did to keep it running smoothly and for working hard on your carnival and other activities! I think we need to make slushies a weekly event!
- ★ To **Tangela McDowell** from Rebecca Minter - Thank you for all your help and support during the past few weeks. Renaissance isn't always the easiest but the effort is well worth the work. Thank you working so hard to help restore systems and for being part of the team effort to move the facility forward!
- ★ To **Night Shift STAFF** from Rebecca Minter - Thank you for displaying team work and flexibility. Many of you have worked extra days, odd shifts and worked with fewer people than normal. I appreciate all you do and wanted you all to know that you are not forgotten!
- ★ To **Nursing leadership Team** from Rebecca Minter - Just wanted to say that I see a great group of nurses coming together to catapult Renaissance to the next level. With Jennifer as our new RN night supervisor, and the addition of RNs, Donna & Christina under the direction of Brooke, I see a bright future.
- ★ To **Dietary TEAM** from Rebecca Minter - Big thank you to Glenn and his team for putting in extra effort and time with the meals for Nursing Home Week and Nurses Week. I appreciate all you do!
- ★ To **Shawanda Clarke** from Casey Ray - A random Thank You for always being there for me!!
- ★ To **Connie, Randy** from Lavista - Great teamwork!!!
- ★ To **Nursing Department** from Casey Ray - Thank you for all that you do! HAPPY NURSES WEEK!!!!
- ★ To **Donna Cyril** from Pinkie - Donna is the best UM! She is always on her unit. She is willing to assist her nurses and CNA's in any way she can. She is very knowledgeable and skilled in nursing care.
- ★ To **All Renaissance Mothers** from Casey Ray - Sending all the best to all our one of a kind Mother's at Renaissance
- ★ To **Ashleigh** - Congratulations to our receptionist Ashleigh on her engagement to become Mrs. Bunch.



DID YOU KNOW ?

The History of Father's Day



When Sonora Smart was 16, her Mother died while giving birth to her sixth child, the last of five sons. Back then, like today, single parenthood was no easy task. By Sonora's account, though, Mr. Smart did a wonderful job. Because of this love and esteem, Sonora Smart Dodd believed that her Father deserved a special time of honor just like that given to Mother's on Mother's Day.

In 1909, Sonoma Smart Dodd approached the Spokane YMCA and the Spokane Ministerial Alliance and suggested that her Father's birthday, June 5, become a celebration day for Father's Day. Because they wanted more time to prepare the Ministerial Alliance chose June 19 instead.



Entering a Shoutout is EASY...

Did You Know?

You can speak your message using your Boomer News Mobile App



When you place your cursor in the 'Message' field on your Boomer News mobile app you can simply hit your microphone button from your keypad located on the lower right of your phone screen and speak your shoutout. When you are finished press 'done'. You will then see the message you spoke appear in the message field.

For example, I want my shoutout to say

Huge shoutout to Rebecca for always helping out. You Rock!

You would speak the following

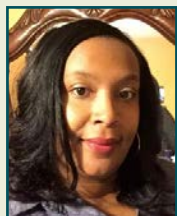
Huge shoutout to Rebecca for always helping out period you rock exclamation point



Cartersville Center for Nursing and Healing



New Faces
4/28 - 5/28



LaWonda Sample

LaWonda joins our Nursing Department as a RN-Unit Manager. She brings to Cartersville 11 years experience as a RN-Unit Manager with 23 years experience in the healthcare industry. **LaWonda** was born in Jackson, MS. She has 1 daughter. In her spare time **LaWonda** enjoys walking, couponing, and spending time with family and friends.



Rachael Kimani

Rachael joins our Cartersville team as a PRN RN. She has 10 years experience in healthcare. **Rachael** is married and has 1 son and 2 daughters. In her spare time she enjoys reading, walking, cooking and gardening.

EMPLOYEE BIRTHDAYS

Ira Ellis	2nd
Mary Owens	4th
Hannah Bowden	14th
Amori McArthur	15th
Dennis Ramos	17th
Aireanne Clarke	22nd
Rena Parker	26th
Leigh Ashford	28th
Thomas Matwetwe	30th



SUPERVISOR SHOUTOUTS



Thank you **Candace Powell** for the great job during national skilled Healthcare week. ~ Joy



Thank you **Courtney Honeycutt** for the great job during National Skilled Healthcare week. ~ Joy



Thank you **Mark Richards** for all the great food and going above and beyond. ~ Joy

Wishing every Father a wonderful and blessed Father's Day.



Congratulations **Anthony** on his son, **Anthony Shelton, Jr** graduating. Wishing you success in your journey in the years to come.



Congratulations to **Sherry Brawner** for her grand babies graduating this year. Wishing them the best for their future success.



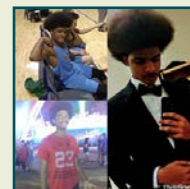
Congratulations to **Shelia Sy** in therapy as her daughter, **Micole Sy** is a senior at Cartersville High School. She will be graduating with Honors with Distinction, National Honors Society, National Math Society and Georgia Scholar on May 28, 2021. She just turned 17 and is one of the youngest in her class to graduate. She will be taking BS Biology (premed) at UGA this fall and hoping to be a doctor in the future. Cartersville center congrats her on her future success.



Congratulations to **Bella Sone** our Medical Records Director, she is a senior at Cartersville High School. She has been a Beta Club member for three years. She plans on going to Spelman College for a BS Biology (pre-dental) and is hoping to be an orthodontist in the future.

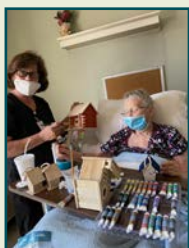
SPECIAL EVENTS

Proud Families

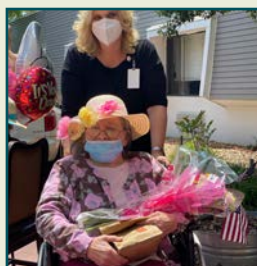


Congratulations to **Lashaun, CNA** on your nephew **Jaronte Little the 3rd** graduating. Wishing him a blessed future and success in reaching his goals in life.

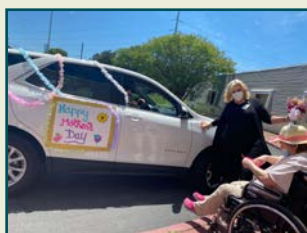
SPECIAL PEOPLE



Thank you to our wonderful therapist **Cheryl** for engaging with our residents and taking her time. Who says therapy can't be fun?



Thank you to our wonderful Administrator, **Joy Powers** for making Mother's Day at our center amazing. She took her time and read all the Mother Day cards to our Mothers. We are so grateful for her kindness.



Erin Sy, you are amazing with the work you do with our residents. They really seem to enjoy the new gaming system.

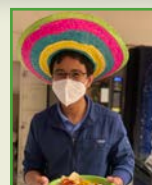
Just Sayin

A perfect summer day is when the sun is shining, the breeze is blowing, the birds are singing, and the lawn mower is broken.

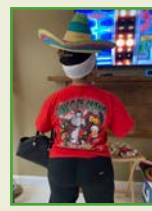




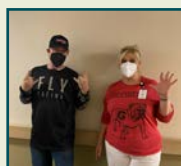
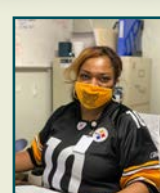
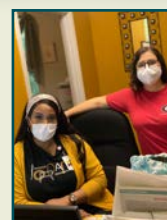
MOM
Happy Mother's Day



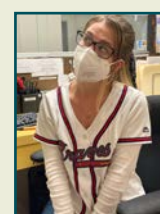
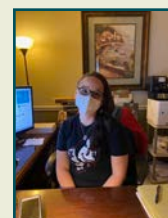
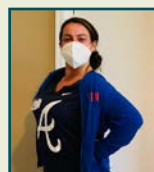
CINCO de MAYO



Staff Lunch on Lawn



Sports Day

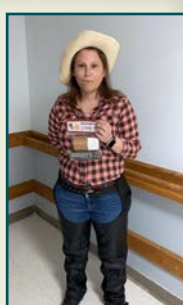


FUN
WORK

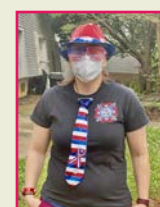
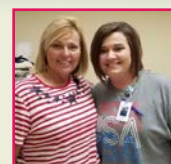
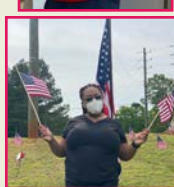


FUN
WORK

Western Day Smore's Camp Fire



Patriotic Day Salute to our Veterans



Celebrating Nurses Week

Birthdays

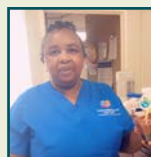
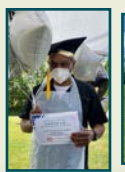
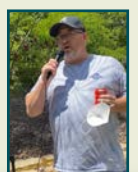
EMPLOYEE EVENTS

Easter



Fun
at
Work

Nursing Home Week



Good
Times

Congrats to our receptionist Ashleigh on your engagement to become MS Bunch



Purple Rain

Fun
at
Work

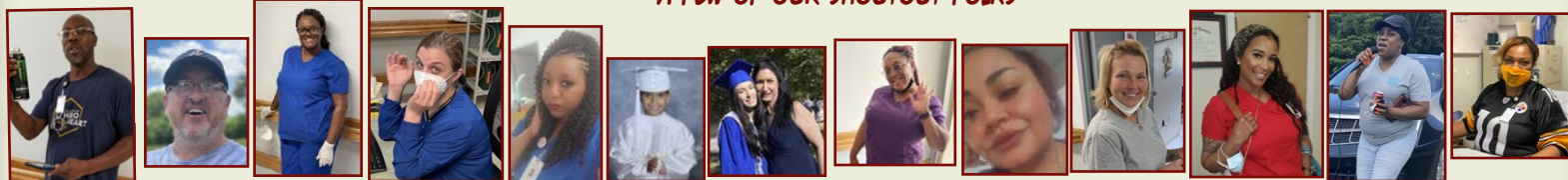


EMPLOYEE SHOUTOUTS



- ◆ To **Shondre** from Anthony - Shoutout to Shondre, our speech therapist. She is always willing to lend a helping even when Anthony is being frustrated, LOL! Love you, Shondre.
- ◆ To **Eddie** House Keeping Manager from Courtney - Eddie, thank you for always being the life of the party. You sure know how to make us all laugh!
- ◆ To **Aireanne** from Joy - Thank you Aireanne for everything. You have really stepped up to the plate.
- ◆ To **Elisa Robinson** from Anthony - To the best nurse on 3-11, I love working with her, she's always helping her CNA's.
- ◆ To **Trena** from Hope Calaway - Thank you for always helping me on the hall when I need it. I appreciate you.
- ◆ To **Courtney Honeycutt** from Activities - Congrats to your son for graduating Pre K. We wish him the best with his future and baseball.
- ◆ To **Erica Feggins** from Anthony - A big shoutout for being a good nurse and caring about her patients and helping out the CNA's when she can. Thank you, Erica.
- ◆ To **Mark**, Dietary from Hope Calaway - Thank you for grilling out for the staff for nursing home week. All the food you and your staff prepared was good.
- ◆ To **Summer** from Anthony - Summer is a beautiful hearted person. She is always willing to help her CNA's when they need help.
- ◆ To **Anthony Shelton** from Trena Leonard - Thanks for going above and beyond to be a team player and caring for our residents.
- ◆ To **Joyce Kamau** from Hope Calaway - Thank you for always listening to your co-workers and for being so kind. You are a blessing to be around.
- ◆ To **Cheryl Autry** from Hope Calaway - Thank you for going above and beyond for not only just therapy patients, but all patients in the facility.
- ◆ To **Robyn Jefferson** ADON from Courtney - It's a pleasure to have you here and work with you. Thank you for helping with Nursing Home Week. You do your job well, even with a broke foot riding your scooter around!
- ◆ To **Shed** Kitchen Staff from Courtney - Thank you girl for your hard work and engaging in our events. You sure do know how to make work fun. We love to dance and sing together! Thanks for letting me sample all the yummy food here!
- ◆ To **Kayla Mitchell** CNA from Activities - Flash back in Time - Kayla graduating High School last year! Congrats on your CNA license and choosing our center to be your first pick. We are glad to have you, look how far you have come in a year!
- ◆ To **Cheryl** from Staff - Thank you to our wonderful therapist Cheryl for engaging with our residents and taking her time. Who says therapy can't be fun.
- ◆ To **Lashun** from Anthony - Lashun, what can I say about her? She is the best! She trained with me when I started and we have been cool since then. She is one half of the "A-Team". Thanks Lashun for being a great CNA.

A FEW OF OUR SHOUTOUT FOLKS





Powder Springs Center for Nursing and Healing

New Faces
4/28 - 5/28



Michelle Ellis

Michelle joins our Nursing Department as a CNA. She brings 20+ years experience. **Michelle** is married and has 3 sons, 2 daughters and 3 grandchildren. In her spare time she enjoys traveling and reading.



Ashey Willis

Ashey joins our team as a CNA. She has 2 years healthcare experience. Ashley was born in Powder Springs, GA. In her spare time she enjoys spending time with family and friends.



Myrlene Modelus

Myrlene joins our Activities Department as an Activities Aide. Welcome to our Powder Springs Center for Nursing and Healing family.



Ashley Pomerlee

Ashley joins our Therapy Department as a PRN Occupational Therapist. Welcome to our Powder Springs family.



Irene Martey

Irene joins us as a CNA in our Nursing Department. She brings to Powder Springs over 20 years experience. Welcome to our team.



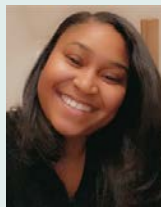
Ashley Trice

Ashley joins our Nursing Department as a Central Supply Clerk. Welcome to our Powder Springs family.



Amber Thomas

Amber joins our team as a PRN Dietary Aide. We are glad to have you as part of our team here at Powder Springs.



Sydne Gayton

Sydne joins our team as a PRN Licensed Practical Nurse. In her spare time she loves and enjoys helping others.



Annite Delice

Annite joins our Nursing Department as a CNA. She brings to Powder Springs over 20 years of healthcare. In her spare time she enjoys helping others and loves being with family.



Rita Fosu

Rita joins us at Powder Springs as a PRN Certified Nursing Assistant. In her spare time **Rita** enjoys spending time with her children.



Stacy Walker

Stacy joins our team as a Certified Nursing Assistant. She has been a CNA for 9 years. In her spare time **Stacy** enjoys relaxing and spending quality time with family.



Natalie Labbe

Natalie joins our team as a LPN in our Nursing Department. She has 8 years experience. **Natalie** was born in Ypsilanti, MI. She is married and has 1 son and 1 daughter. In her spare time she enjoys doing fun activities with her son who is 2 and her 2 month old baby girl.



Jessica Lively

Jessica joins our team at Powder Springs as a Laundry Aide. She has 3 years healthcare experience. We are glad you are a part of our team here at Powder Springs.



Fidelia Nwanochie

Fidelia joins our Nursing Department as a Licensed Practical Nurse. Welcome to our Powder Springs Center for Nursing and Healing family.



Guempster Guillaume

Guempster joins our Housekeeping Department as a Floor Tech. He was born in Princeton, NJ. **Guempster** is married and has 1 son, 2 daughters and 2 grandchildren. In his spare time he enjoys reading.



Esther King

Esther joins our Nursing Department as a RN Supervisor. She has been in healthcare for 22 years with 22 years as a RN Supervisor. She has 1 son, 1 daughter and 6 grandchildren. In her spare time Esther enjoys gardening.

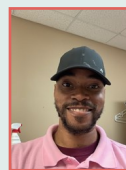
SUPERVISOR SHOUTOUTS



Arnitha is one of our MDS Coordinators. She has several years experience in LongTerm Care Nursing. **Arnitha** is an employee every employer wants to have. She is kind, hardworking and always goes above and beyond for the residents and staff of Powder Springs Center. Thumbs up **Arnitha**. -Jayne



Tracy Tolliver is a Certified Nursing Assistant here at Powder Springs. Tracy has been with the facility for several years and loves what she does. Tracy always mentors new employees and is willing to help anyone. Thanks **Tracy** for all you do!



Acie Thank you for always going the extra mile. You always lend a helping hand and provide service with your bright smile. You are committed to excellence and you are appreciated for all your hard work. Thank You **Acie**!



Thank you **Rachell Carr** for doing an outstanding job marketing for Powder Springs. ~ Toni Davis

EMPLOYEE EVENTS

Celebrating Nurses Week



Thank you for presenting our Nurses with the best banquet during Nurses Week. Greatly Appreciated by all.



EMPLOYEE BIRTHDAYS



Senan Nijuru	2nd	Enock Nyasimi	12th
Shayna Quagraine	4th	Eddy Sagnan	13th
Azariah Ashford	4th	Anita Bethel	14th
Tina Clapp	4th	Marie Fleurimond	16th
Monicah Saturai	7th	David Fisher	24th
Temilola Akinyele	8th	Joseph Cavaliere	25th
Ngozi Okwu	10th	Renette Jean	26th
Jayne Aniagor	12th	Briona Avery	27th
		Vicka Brown	27th



Nutrition Tip

Fiber, which used to be called "roughage," is found in foods from plants, such as beans, grains, vegetables, and fruits. It passes through the body with very little change in the digestive system. That means that fiber provides few or no calories, in addition to having many health benefits. It also lowers the risk of certain cancers, heart disease, and diabetes. It also helps control your appetite.

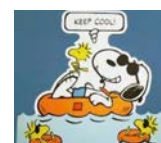
EMPLOYEE SHOUTOUTS

- ✦ To **Martina** from Janella - Thank you for all you do for everyone in the building.
- ✦ To **Arnitha** from Jayne - Thank you for all you do for the MDS Department. You always go the extra mile and it is noticed by your co-workers. You are greatly appreciated.
- ✦ To **Janelle** from Esther King - Thank you for a great orientation day!
- ✦ To **Georgia** from Winsome - Good Job Georgia, thanks for everything.
- ✦ To **Dawn Jackson** from Margalie Cherenfant - Congratulations on the birth of your precious grandson. God bless him.
- ✦ To **Linda Butler** from Toni Davis - Thank you for an awesome job and your commitment on the night shift to our new admissions.
- ✦ To **Toni Davis** from Nurse Evelyn Shields Poole - Our Nurses Celebration was outstanding!! Thanks so Much.
- ✦ To **MDS Dept** from Sarah Smail - Thanks for all you do! Especially all the changes therapy makes!!
- ✦ To **Restorative Dept** from Sarah Smail - You are awesome! Thank you for all you do and learning the new Restore system!
- ✦ To **Angie Butler** from Carla - Thank you for being a team player. Ensuring that the rooms are ready for new admissions.
- ✦ To **Janella Scott** from LoriAnn Coker MRD - Janella is an absolute Awesome HR Director. She is very attentive to all our needs and she always goes out of her way to assist us.
- ✦ To **Tywanna Johnson** from Carla Jackson - Thank you for always being a team player and assisting with things that we know is not your responsibility.
- ✦ To **Evelyn Poole** from Carla Jackson - Thank you to my new admissions nurse Evelyn Poole Thank you for making our new admissions feel at home. You are appreciated.
- ✦ To **Carmen Whyte** from Louisa Phillip - Thanks for always being a team player and doing a great job!!!!
- ✦ To **Angela Robertson** from Louisa Phillip - Thanks for been a team player!
- ✦ To **Tracy Toliver, Brenda Dobbs, Dawn Jackson** from Venessa - Thank you from being a team player.
- ✦ To **Tracy Toliver** from Dawn Jackson - You're an awesome CNA.
- ✦ To **Cheryl, Brenda, Shance** from Tywana - You are AWESOME!! Your great attitudes, helpfulness, and patience are appreciated. The BEST Receptionists any facility could ask for.
- ✦ To **Patsy Barns** from Dawn Jackson - You rock as a housekeeper.
- ✦ To **Chester**, Maintenance Assistant from LoriAnn Coker MRD - Thank you for all the dedication you put onto what you do here at Powder Springs Center.
- ✦ To **Patsy Bowen** from Toni Davis - Great job taking care and time making our offices look good.
- ✦ To **Carla Jackson** from Toni Davis - Awesome job on building our census.

POSITIVE VIBE

Don't look down on anyone unless you are helping them up.

Jesse Jackson



Riverdale Center for Nursing and Healing

EMPLOYEE BIRTHDAYS

Chanlar Brewster	2nd
Shawndra Prezzy	5th
Edith Okoye	6th
Julia Khmel	8th
Celena Houston	13th
Lesseta Leslie	14th
Shafaunis Mitchell	17th
Alicia Murray	17th
Nevasha Robinson	20th
Lamita Smith	20th
Tiffany Logan	21st
Hannah Ukiwo	27th
Sparkle Williams	29th
Tykaleena Morgan	29th
Terrance McGee	30th

SUPERVISOR SHOUTOUT



Noel Gaither - One of the quietest, hard working employees in our Laundry Department. She makes sure linen and resident personal belongings are always fresh and clean. Noel always goes above her work duties to make sure the CNA's can care for their patients. Thank you for being a part of Riverdale Center. ~ Derrick Nelson

SUMMER STRAWBERRY SALAD

- 1 head romaine lettuce, chopped
- 1 head red leaf lettuce, chopped
- 1 pint strawberry, sliced
- 1 cup monterey jack cheese, shredded
- 1/2 cup walnuts, chopped

DRESSING

- 1 cup vegetable oil
- 3/4 cup sugar
- 1/2 cup red wine vinegar
- 2 cloves garlic
- 1/2 teaspoon salt
- 1/2 teaspoon paprika
- 1 teaspoon white pepper

Combine chopped romaine lettuce and red lettuce. Add sliced strawberries, shredded cheese, and chopped walnuts.

Mix dressing ingredients.

Pour dressing over salad right before serving.

Recipe Of the Month



EMPLOYEE SHOUTOUTS

- ✦ To **Doretta** from Tiffany - Thank you for your patience and explaining when I bother you when you are busy with your work!!!
- ✦ To **Tiffany Logan** from Doretta - Thanks for all you do to assist us in making our jobs easier! We couldn't ask for a better receptionist! Your kind personality and warm smile represents the face of Riverdale well!
- ✦ To **Tanisha/Regina** from Ty Morgan/Doretta Harrell - Thanks for all you do in making sure our census is up and the admissions keep rolling in! Your dedication does not go unnoticed.
- ✦ To **Jane G** from Arkeshia - Thanks for all that you do for the residents and staff on the West Wing.



Tropical vibes at Riverdale Center

EMPLOYEE EVENTS



Nursing Home Week



Tropical vibes at Riverdale Center



"Life, Liberty and the pursuit of Happiness"

ECC News...

As everyone knows, we are in the season of Spring, and the weather makes us want to come out of hibernation and be outside.

It is also a time of growth as we watch the grass turn green, flowers bloom and show us all their beautiful colors and we also get to witness the growth of Empire Care Centers.

It is exciting times to be part of Empire Care as we welcome to our family six new sister facilities.

- Westbury Center of Conyers for Nursing and Healing
- Westbury Center of Jackson for Nursing and Healing
- Westbury Center of McDonough for Nursing and Healing
- Fayetteville Center for Nursing and Healing

And for the first time, two of our new sister facilities are located in Florida

- Ocoee Health Care Center – located in Ocoee, Florida
- Tarpon Point Nursing and Rehabilitation – located in Sarasota, Florida

We are now 12 facilities strong and are quickly becoming not just a significant operator of skilled nursing homes, but, because of you, our dedicated staff, we are quickly becoming known as the Premier Operator of Skilled Nursing Facilities for Care and also, the Best Place to Work in Georgia and soon to be Florida.

We want all of you, are dedicated staff, to know, without absolute certainty, that each and every one of you are Valued, Appreciated and Respected, not just for what you do, day in and day out for our residents, but for the quality of your individual character.

Our success is truly "OUR" success, yours and ours, and we are beyond grateful for each and every Empire Care Staff member.

Sol, Effy and Renee