

May 2021

'Recognizing Those Who Care'

HEROES OF THE MONTH

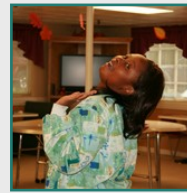
Cartersville Center for Nursing and Healing



Jane Kungu

Jane Kungu - Jane is one of our most valued employees here at Cartersville. She is a wonderful and compassionate nurse. Jane is always willing to pick up extra shifts and always goes above and beyond our expectations. She always has a smile on her face and agrees to work when we need her. Jane has stated many times, "You just have to take care of the Residents". Her radiant smile is pleasing to the staff and residents here at Cartersville. Jane takes pride in ensuring that every need of the residents are taken care of while she works.

Nancy Hart Center for Nursing and Healing



Tracy Mahoney

Tracy Mahoney - Tracy goes above and beyond the call of duty as an LPN. She will come in whenever there is a shift that is open. If there is a new resident being admitted she will come in and do the paper work to help the other nurses out. Tracy has even worked as a CNA when needed. She will help in any department, sometimes working as a dietary aide to make sure that the residents are fed. Tracy's smile and happy go lucky attitude makes her a pleasure to be around. She has the biggest and most caring heart. Tracy is one of the BEST team players at Nancy Hart! Congratulations, on being our Hero of the Month.

Riverdale Center for Nursing and Healing



Regina Blackshear

Regina Blackshear - Congratulations to Regina for being selected Riverdale's Hero of the Month. We appreciate all the hard work you do as our External Marketer here at Riverdale. Regina represents our facility to the world outside our doors and makes everyone aware of the wonderful work that the staff do day in and day out. She is a valuable asset to Riverdale. Always, with a smile and willing to help where ever needed. A true team player. You make our building shine. Congratulations, on being of HERO this month and always. You are greatly appreciated.



Cynthia Turner

Cynthia Turner - Congratulations on being Fulton Center's Hero of the Month. Your hard work and positive attitude towards all you do has not gone unnoticed. Congratulations on the outstanding work you do day in and day out. We are continually impressed by the results you produce! You play a crucial role in every department and in our company's success. You are a pleasure to be around, making everyday the best for our residents and employees. We appreciate all you do.

Powder Springs Center for Nursing and Healing



Cheryl Berardi

Cheryl Berardi - Ms. Cheryl, our receptionist, is our shining star and our Hero of the Month. We always remember our first impression when we met someone, its just human nature. We are blessed to have Ms. Cheryl being our "first impression" and representing Powder Springs to all in such a positive way. She is not just a smiling face and a kind word. Behind the always present smile, Cheryl is always super busy. On any given day, Cheryl is tasked with: Answering the always ringing phones, taking messages, assisting the person knocking at the front door, getting the packages left outside, locating us for others when they can't seem to find us, making sure everyone does a temperature check, manages resident funds and gives out their money to them, which is all the time, gives directions to family members, schedules family visits, announces window visits, sorts and distributes our daily mail which is a monumental task unto itself, answers our never ending questions about how to use the copier, fixes the copier after we mess it up, organizes our papers that we left at the copier, pages lost employees, scans our documents, answers questions from vendors, screens the never ending calls, waters the plants, finds the lost bathroom keys, stamps our mail, schedules UPS to pick up our packages, and through all of this, she is constantly talking with our residents and greeting their families with a smile and a kind word. Ms. Cheryl, you are not just our Hero of the Month but our blessing. Thank you for being you and being an integral member of the Powder Springs Team.

Renaissance Center for Nursing and Healing



Kim Smarr

Kim Smarr has been a fixture at Renaissance for nearly two decades. Her smile is the first thing people see when they walk in our door and her soothing voice is what they hear when they call. Kim is officially our front desk receptionist but unofficially she is so much more! Kim goes out of her way to do things for the residents and there is always a couple of residents around her desk each day. She tries to meet the needs of every caller and visitor. She keeps close eyes on any vendors coming in and out and is always on top of her duties. Her compassion with the residents is unmatched and her willingness to pitch in however she can around the facility is not un-noticed. We appreciate everything Kim brings to our team and Renaissance would not be the same without her! Kim is a devout Christian and enjoys spending time with her family when not at work.



Randy Geiger
Renaissance



Marcus Reese
Riverdale

Our apologies to last month's Heroes of the Month **Marcus Reese** and **Randy Geiger**. Their photos were placed under the wrong facility.



Toni Davis



We would like to welcome to the management team of Empire Care Centers Toni Davis and Sara Penson. Toni will be taking over the helm of Powder Springs and Sara will be taking over the helm of Nancy Hart. Both these ladies are incredibly talented and bring an enormous amount of experience and skills to their respective new facilities. We are very blessed to have both Toni and Sara as the newest Administrators to our ECC family. Sol, Effy and Renee



Sara Penson

A Message from Tracy Brown, Administrator at Riverdale Center for Nursing and Healing



I suspect that like me, many of you have come across a saying or a quote from someone that just resonated with you. The following quote from Theodore Roosevelt, our 26th President is such a quote to me.

The Man In The Arena.

"It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs, who comes short again and again; who spends himself in a worthy cause; who at the best knows in the end the triumph of high achievement, and who at the worst, if he fails, at least fails while daring greatly, so that his place shall never be with those cold and timid souls who neither know victory nor defeat."

Theodore Roosevelt

When I re-read it, which I do often, I am immediately drawn to how these words reflect the staff of any Skilled Nursing Facility in the country. We/YOU get up every day and return to the Arena (the facility) to provide care to those who would not, but for YOU, survive. YOU Strive Valiantly, day in and day out, and while we sometimes err, we do so all while striving for excellence. We/YOU do this, not for glory nor riches, rather, we/YOU do this because we/YOU are not timid souls but rather we/YOU know the Triumph of Achievement when our/YOUR residents give you that smile, that thank you that stays in your heart forever more, knowing that we/YOU have succeeded because we Strived Valiantly, day in and day out.

To all of YOU who come into the Arena every day, I thank you for all you do and hope this quote resonates with you as it does to me.

May Calendar of Events

Cinco De Mayo.....	5th
National Nurses Day	6th
Mother's Day	9th
Armed Forces Day	15th
Memorial Day	31st

Nursing Home Week	2nd - 8th
National Skilled Nursing Week	9th - 15th
National Women's Health Week	9th - 15th

Older Americans Month
National Osteoporosis Awareness and Prevention Month
National Mental Health Month
Asthma Awareness Month
ALS Awareness Month

Positive Vibe

People are like stained glass windows. They sparkle and shine when the sun is out, but when the darkness sets in, their true beauty is revealed only if there is a light from within.

Recipe of the Month Guacamole

This guacamole dip uses the freshest ingredients which gives this dip an incredible taste.

Ingredients:

3 ripe Avocados, peeled and pitted
1/2 clove garlic= 1/2 tsp. minced garlic
1/8 cup fresh cilantro
1/4 cup finely chopped onion
1/2 tsp. salt
1 lime
1 jalapeno pepper, seeded
1 Roma tomato, seeded and diced

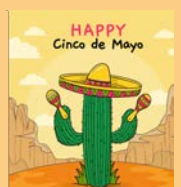


In a blender or food processor, combine all ingredients and mix until all vegetables are chopped and you have a smooth consistency. Chill in refrigerator 2 hours. Serve with tortilla chips.

Avocado is a good source of potassium, a mineral that helps regulate blood pressure. Adequate intake of potassium can help guard against circulatory diseases, like high blood pressure, heart disease, or stroke.



Wishing every Mother a wonderful and blessed Mother's Day.



Armed Forces Day

Riverdale Center for Nursing and Healing



Juanita Scott

Juanita joins our team at Riverdale Center as a CNA in our Nursing Department. She has 21 years of healthcare experience.

Juanita was born in Chapel Hill, NC. She has 1 son and 1 daughter. We are glad you are a part of our Riverdale Center family.

New Faces
3/27/2020 Enter text



Gladaisha Hines

Gladaisha joins our team working in our Nursing Department PRN. She has 3 years healthcare experience.

Gladaisha was born in Atlanta, GA. She is married and has 1 son and 1 daughter. In her spare time she enjoys doing hair, hiking and self care routines.



Teniola Adekoya

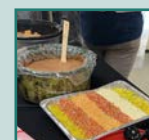
Teniola joins us as a Laundry Attendant in our Housekeeping Department. We are glad to have her as part of our team and are sure that **Teniola** will be a valuable asset to our Riverdale family.

EMPLOYEE BIRTHDAYS

Shiquenta Robinson	2nd
Shaquana Taylor	11th
Valencia Driver	13th
Kaniya Smith	17th
Faith Uzebu	17th
Abdur Muhammad	17th
Hackles Winns	22nd
Trina Lawrence	28th
Tojy Stephen	29th



EMPLOYEE EVENTS



Kudos to Charmaine and all the Housekeeping staff for helping make our Burrito Day a success.

SUPERVISOR SHOUTOUTS



Anything asked of **Dayhza** to do she does. She goes above her work duty to accomplish those tasks. We are very proud and excited to have her apart of Housekeeping team.



Thank you **Derrick Nelson** for turning our center around. We appreciate all your hard work and leading your Housekeeping team. We may not always tell you, but we are grateful.



Angela, as one of the newest nurses on our team, you have proven your strength, knowledge and professionalism. We want to thank you for all your hard work.

EMPLOYEE SHOUTOUTS



- ✦ To **Keith** from the Leadership Team - Keith, you are so appreciated, your tireless work ethic helps our building shine.
- ✦ To **Shawn Williams** from the Leadership Team - Shawn we are so sorry for your loss. Our prayers are with you.
- ✦ To **Rachiim & Shae** from Tanisha & Tracy - Congrats on your Beautiful Baby Girl. May she Fill your Heart with So Much Laughter and Joy that you just can't take it!
- ✦ To **Dorette** and **Yvette** from Ty Morgan - Just want to take the time and tell you both thank you! Thank you for all of your hard work and dedication to your job and to the team! None of your efforts goes unseen! Thanks ladies! You Rock!
- ✦ To **Paulette** from Nisha & Doretta - Thanks for The Most Magnificent Transition and holding down the COVID19 Unit...You are Doing a Great Job.
- ✦ To **Rehab Department** from Ty Morgan/Doretta Harrell - Thanks for your commitment to serve our residents with such excellence and determination to make sure that every resident meet their functional goals for a safe return home or to the community. You guys are amazing and Riverdale is blessed to have you!
- ✦ To **Housekeeping Dept/Maintenance Dept** from Ty Morgan/Doretta Harrell - Thanks for all of your hard work to ensure the safety of our residents and up keeping of our facility. Thanks for your dedication to making our building shine!
- ✦ To **Mariah** from the Leadership Team - We are so happy you have accepted the position of Activities Director. We look forward to working with you.



Health Tip

State of Mind

Meditate - Relax

Positive Outlook

"Healthy body, healthy mind." Maintaining a positive outlook, by interacting with others and getting involved in continuous education and training, can contribute to well-being. Try to reduce the levels of stress in your life. Meditation, relaxation and effective organization at work can all help us deal with stress.



**I AM A
Health Care Worker
AKA
HERO**

**LOCAL
HEROES**

We celebrate National Skilled Nursing Week May 9th-15th and I for one, think we should be celebrating National Skilled Nursing Home YEAR instead. Oh, what a year it has been.

This past March, we officially completed 12 full months of dealing with Covid-19 and from my perspective, it has been the most grueling 12 months of my career in Skilled Nursing. Simply, everything was a challenge. Just getting used to breathing and talking with a mask on was tough enough but then, add the inability for residents to see their loved ones, to be isolated in their rooms, to making sure all the staff were safe working in this new environment, it was just tough.

But here we are a year plus later, and we are still standing and standing tall. Through all of the challenges, we persevered. We found workarounds for every obstacle that was thrown our way and I for one, believe we are a stronger team for it.

My fellow Empire Care Centers team members, I thank you for being you and showing what true commitment and dedication looks like.

ECC Strong!
Anonymous



**National Nurses Week
May 9 - 15**

Brown Bag Tip



Eat a variety of fruits. Fruits are low in calories, high in water and a good source of fiber. Loaded with antioxidants and vitamins. Fruit can help to satisfy your "sweet



**Animals that lay eggs
do not have belly buttons.**

While Memorial Day has become synonymous with the start of summer,, BBQ's and fun with friends, it would be good to remember what Memorial Day truly represents.

As we enjoy burgers and ribs with family and friends or just a day off from work, "Let us remember those who sacrificed their lives for the peace and security of our country."

We generally take our freedom and all that goes with it for granted, that is until an event like 9/11/2001 happens.

So, for this Memorial Day, let us all take a moment to remember those who have given the ultimate sacrifice and let us all pray that those who wear the uniform of our armed services now are safe and return home from wherever they are to their families with the gratitude of a grateful nation.



HAPPY MEMORIAL DAY



Powder Springs Center for Nursing and Healing



EMPLOYEE BIRTHDAYS



Carline Dor 2nd
Tiyisha Treadwell 3rd
Tonya Smith 4th
Janel Akpuchokwu 4th
Amarachi Azuka 5th
Charla Mark 6th
Kareema Spells 7th
Marie Georges 8th
Sarah Smail-Morrissey 11th

Evangeline Escandor 12th
Betsy Merius 12th
Adefisayo Ojo 12th
Joy Amaechi-Bassey 15th
Susan Muhuri-Mugendi 17th
Kettle Celestin 18th
Karla Vadner 18th
Claudette Sea 28th

EMPLOYEE EVENTS



Powder Springs Team Town Hall Meeting

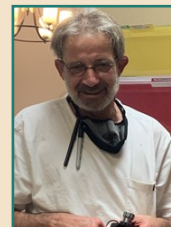
WAY TO GO....



Tywanna - Thank you for everything you do for the staff and residents. You make sure the visitation is smooth and joyful for everyone involved. From Administrative Team



Carla thank you for going above and beyond on all you do. They way you handled the families today was awesome! From Administrative Team



Chester you really are a great part of the team. Thank you for working during the day and coming back in at night to complete the tiles in the kitchen, that was needed to be replaced per the Health Department. I can't forget to mention all the efforts put forth to get the patio ready for the outside visits. You poured the concrete, repaired the fence and gate, helped erect the tent, and cleaned all the debris that's often left behind in the AU courtyard. Not only did you come in on you day off when the plans changed to have the visit up front. From Brian

SUPERVISOR SHOUTOUTS



New Faces
3/27 - 4/27



Toni Davis

Toni, joins our team at Powder Springs as our Licensed Nursing Home Administrator. She has over 24 years years healthcare experience. Welcome to our Powder Springs family.



Veronica Mensah-Belley

Veronica joins our team as a PRN Certified Nursing assistant. She has 2 years healthcare experience. In her spare time **Veronica** enjoys spending time with her husband.



Chidinma Okeh

Chidinma joins our Nursing Department as a part-time Certified Nursing assistant. She has been in healthcare for 2 years. In her spare time **Chidinma** she loves to read and is in Nursing school.



Georgia Green Bell

Georgia joins our team at Powder Springs as a Restorative Aide. In her spare time **Georgia** enjoys and loves spending time with her family and is currently in Nursing School. Welcome to our team.



Nicole Kerlegon

Nicole joins our Nursing Department as a Licensed Practical Nurse. She has 9 years of healthcare experience. Nicole was born in Blairsville, GA. Welcome to our Powder Springs family.



Funmi Fasole

Funmi joins our team as a part-time Licensed Practical Nurse in our Nursing Department. She has 21 years of experience in the healthcare industry. In her spare time **Funmi** she loves spending time with family



Emmanuel Okereke

Emmanuel joins our Dietary Department as a part-time Dietary Aide. We are glad you are a part of our Powder Springs family.



Halley Hamann

Halley joins our Therapy Department as a Speech Therapist. She has 3 years experience as a Speech Therapist. **Halley** was born in Bronxville, NY. Welcome to our Powder Springs family.



Shanice Solomon

Shanice joins our team at Powder Springs as a PRN Receptionist PRN. Welcome to our Powder Springs Center family.



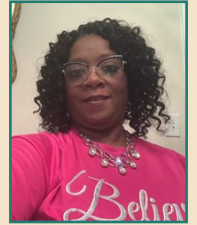
Charles Ojo

Charles joins our Powder Springs team as a PRN Licensed Practical Nurse. He has been a Licensed Practical Nurse for 11 years. A warm welcome to being a part of our Powder Springs family.



Patricia Justin

Patricia joins our Powder Springs team as a Certified Nursing assistant. She has 9 years experience as a Certified Nursing assistant. Welcome to our Powder Springs family.



Evelyn Shields Poole

Evelyn joins our Nursing Department as an Admissions Nurse. She has been in healthcare for over 20 years. A warm welcome to being a part of our Powder Springs family.



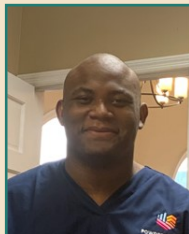
Faith Lancaster

Faith joins Powder Springs as a RN Supervisor in our Nursing Department. She brings to Powder Springs 9 years experience in the healthcare industry. Welcome to our Powder Springs Center family.



Areyon Houston

Areyon joins our team at Powder Springs as a PRN Housekeeper. She has 3 years healthcare experience. In her spare time **Areyon** loves doing hair and making women look beautiful.



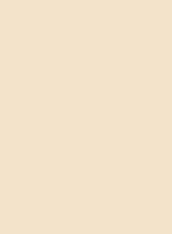
Horace Bayol

Horace joins our Housekeeping Department as a Floor Tech. He has 2 years experience in the healthcare industry. **Horace** loves reading in his spare time.



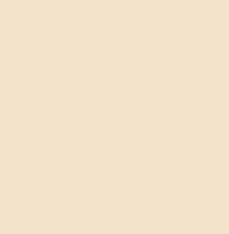
Dorothy Middleton

Dorothy joins our team as a PRN Licensed Practical Nurse. She has 9 years healthcare experience. Welcome to our Powder Springs family.



Marie Fleurimond

Marie joins our team as a part-time Certified Nursing assistant. She has been a Certified Nursing assistant for 8 years. In her spare time Marie loves working and taking care of everyone around.



Bryanna Yelvington

Bryanna joins our team as a Licensed Practical Nurse. She has 3 years experience in the healthcare industry. In her spare time **Bryanna** enjoys Loves her family and all about caring for our residents.

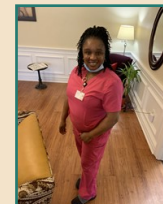
EMPLOYEE SHOUTOUTS



- ◆ To Primo from Janella - Welcome we are so elated that you have joined us!
- ◆ To Carla from Administrative Team - Carla thank you for going above and beyond on all you do. They way you handled the families today was awesome!
- ◆ To Lydia from Labake - You make working with you a pleasurable experience. Thank you!
- ◆ To Labake from Lydia - You exemplify all the qualities one would use to describe a great employee. Thanks for being you.
- ◆ To Sherry Cuthbert from Toni Davis - Congratulations to our March Raffle Winner. Thank you for stepping up to make sure our residents needs are met!
- ◆ To Sherry Cuthbert from Arkeshia - Thanks Sherry for your smiling face and always willing to help.
- ◆ To Ayanna from Arkeshia - Thanks Ayanna for always helping out whenever needed.
- ◆ To Janella from Evelynshieldspoole - Thank you for making it easy for me
- ◆ To The Admission Team from Evelynshieldspoole - Your welcome has made me feel so special! Thank you for the great welcome!!?????
- ◆ To Primo & Sanon from Evelyn Shields-Poole - Thank you such a great team spirit of together we can achieve greatness!!
- ◆ To Janella Scott. HR from Senan Njiru - What a pleasure to work with, calm and approachable. Janella is such an advocate for all employees, brings the calm and perspective in managing employee conflict to get the desired results. It's no surprise staff go to her for more than just work related.
- ◆ To Nickia Anderson from Margalie Cherenfant - My condolences to you and your family on the passing of your grandfather. May he Rest In Peace.
- ◆ To Dawn Jackson from Margalie Cherenfant - My condolences to you and your family on the passing of your dear cousin. May she RIP.
- ◆ To Tracy Toliver from Arkeshia - Thanks Tracy for always being a team player.
- ◆ To Pilar- Nunez from Senan - Her name spells Patience with residents and extends to staff and our customers. It's no secret about her problem solving skills. I'd love to work with Pilar any day! Pilar, Powder Springs is blessed to have you on board.
- ◆ To Carmille from Senan - I thought I had met good treatment nurses, then I met Carmile. Stands out to be the best. A true treasure in patient centered care and a great resource in skin integrity management. Powder springs center is grateful and thank you for your dedication.
- ◆ To Glen from Dawn Jackson - Thank you for all your hard work! Your Housekeeping/ Laundry staff ROCK!
- ◆ To Monique from Arkeshia - Thanks for going the extra mile for the residents. Your barber skills are amazing!!!!
- ◆ To Toni Davis from Margalie Cherenfant - Welcome to Powder Springs Center for Nursing and Healing. Although, you are fairly new but your are doing a great job thus far. Thank you.
- ◆ To Our Very First Town Hall from Senan - To our best leaders: Toni Davis Administrator and Primo Murillo DON.
- ◆ Welcome Toni- Powder Springs is about to soar !!
- ◆ The staff love the positive energy and fire you bring in shifting the center to be the center we all know it can be. Great !!
- ◆ To Jimmy from East Wing - Only camera shy., but won't when it comes to getting the kid done. Treasured by teammates for showing up and out to do the job at hand !
- ◆ To Janella from Arkeshia - Thanks for always being a listening ear even when you yourself need a listening ear.
- ◆ To Toni from Arkeshia - Thanks Chef Tony for your amazing meals. And your humble personality.
- ◆ To Janella from Toni Davis - Great job
- ◆ To All Staff from Powder Springs - A great Town Hall meeting.



JUST A FEW OF OUR SPECIAL SHOUTOUT FOLKS HERE AT POWDER SPRINGS



Health Awareness

May - Osteoporosis Awareness and Prevention Month

Each May the National Osteoporosis Foundation (NOF) celebrates Osteoporosis Awareness and Prevention Month. NOF together with its partners, has strived to make this all too prevalent disease relevant, and ensure that corresponding messages are strong, engaging and encourage action. Osteoporosis, or porous bone, is a disease characterized by low bone mass and structural deterioration of bone tissue, leading to bone fragility and an increased susceptibility to fractures, especially of the hip, spine and wrist, although any bone can be affected. In simpler terms, osteoporosis is a condition in which the bones become weak and can break from a minor fall or, in serious cases, from a simple action such as a sneeze. Prevention - About 85-90% of adult bone mass is acquired by age 18 in girls and 20 in boys. Building strong bones during childhood and adolescence can help to prevent osteoporosis later in life. Together, the following five steps can optimize bone health and help prevent osteoporosis: Get the daily recommended amounts of calcium and vitamin D. Engage in regular weight-bearing and muscle-strengthening exercise. Avoid smoking and excessive alcohol. Talk to your healthcare provider about bone health. Have a bone density test and take medication when appropriate.

Fulton Center for Rehabilitation

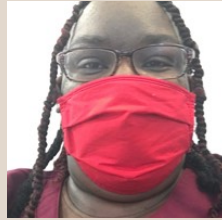
WELCOME



Mackayla Çarenie

Mackayla joins our Fulton Center team as a Certified Nurse Aide. She has 3 years healthcare experience. Welcome to our Fulton Center family.

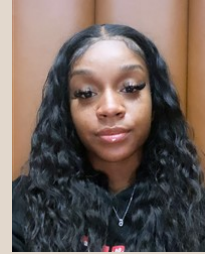
New Faces
3/27 - 4/27



Karen Metcalf

Karen joins our Nursing Department as a Certified Nurse Aide. She has been in healthcare for 5 years. In her spare time Karen enjoys spending time with her grandkids and gardening. Welcome to

WELCOME



Tashonna Robinson

Tashonna joins our Nursing Department as a Certified Nurse Aide. She brings to Fulton Center 2 years experience in the healthcare industry. Welcome to our Fulton Center family.

SUPERVISOR SHOUTOUTS



To Sara Penson from Olga Fontaine. Manager shoutout Sara Penson thank you for all you do.



A big shoutout to Bridget for maintaining customer service even when some calls may not be the friendliness calls that come through! From ~ Michelle-SSD



Huge Shout Out to our Front Desk Receptionist Bridgett Ogletree for her amazing work she does by controlling the front desk and answering the phone in a timely manner. Also going above and beyond to assist and learn new things in the Business Office.

EMPLOYEE BIRTHDAYS



Pamela Christian 3rd
Stacy Williams 4th
Mary Burnett 27th



SPECIAL EVENT



To Resident Birthday from Olga - Christine Lemons was born on April 26, 1921. she's celebrating a 100th this year. She married at 14 and had one son Willie Lemons Jr. She has out lived all her siblings. She worked for Frito-Lay for about 35 years. She continues to live life by trusting God

EMPLOYEE EVENTS



Burritos Day
April 1st

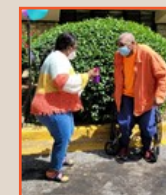
Good Times



Management Team Breakfast Meeting



Spring Outing



EMPLOYEE SHOUTOUTS

To Ms. Sara Penson from Donald (Maintenance Director) - Shout Out for being a top notch Manager, and your guidance during my first month with the Team.

To Rachael Cadet from Darryl Pipkin - Congratulations to our newest rehab team member, Rachel Cadet PTA

To Sonje Walker from Angela Wiggins - Thank you for being a valuable member of Team Fulton! ??

To Sara Penson from Angela Wiggins - Thank you for being you! You're personality and dedication brings a refreshing vibe to Team Fulton! ??

To Celebrating Dietary Staff from Olga Fontaine - Thank you for the awesome jobs you do all year around.

Stephanie...

To Celebrating Dietary Staff from Olga Fontaine - Picture

To All Fulton Management Team from Olga Fontaine - Outside breakfast meeting great team work

Sara...

To Darryl Pipkin from Minnie Gibson - Happy OT month and thank you for being a great manager.

To Joseph Riordan from Minnie Gibson - Happy OT month and thank you for always available every time I need help.

To Rachel Cadet. PTA from Minnie Gibson - Welcome to our. Rehab Team!

To Stacy Williams from Minnie Gibson - Thank you for always there to help and answer all my questions. You're Awesome!!!!

To Housekeeping Department from Michael Ostrozynski - Thank you HCSG for keeping the facility sanitized during the pandemic.

To Activity Dept from LaTanya - Hey Olga and Cynthia, Thanks for the spring fling. The Kona ice was delicious!!

To Sarah from LaTanya - Congratulations on passing your administrative license. I'm going to miss you!

To Sara Penson from Michael Ostrozynski - Great job in passing the Administrators exam and good luck in your new position. Welldone!!

To Sara Penson from Michael Ostrozynski - Great job in passing the Administrators exam and good luck in your new position.!!!

To CNA 100 Hall from Brittany Tucker - Thank you for all you do

I really appreciate each and every one of you

To 200 Hall CNA from Brittany Tucker - Thank you for all you do

I really appreciate each and every one of you

To Lashaunda Clezier from Brittany Tucker - Huge shout out to our ADON for always having my back and keeping the Facility together

To Lashanta Cunningham from Brittany Tucker - Warm Welcome to our new 200 Hall Unit Manager !

(Changed)

To Business Office from Donald (Maintenance Director) - You have been a blessing with support to ensure my first 30 days onboard have been smooth sailing.

Shout Out for Being a Team Player

To Quinnethia Crenshaw from Brittany Tucker - Thank you for jumping in and always handling the employee payroll concerns

To Sara Penson from Quinnethia Crenshaw - Thank you for always showing great leadership !

To Michael Ostrozynski from Quinnethia Crenshaw - Thank you for everything you do for everyone at Fulton Center from Residents to all the wonderful staff.

To Bridget from Michelle-SSD - Shoutout for maintaining customer service even when some calls may not be the friendliness calls that come through!

To Rachel-Therapist from Michelle-SSD - Shoutout for being very professional yet welcoming personality when dealing with the residents! It really matters when helping build people up!!

To Nurse Gail from Michelle-SSD - Thank you so much for helping me find a prior resident's belongings!! You were super prompt!!

To Quinnethia from LaTanya - Thanks for always helping with admissions

To Michael from LaTanya - Have a great time on your vacation..

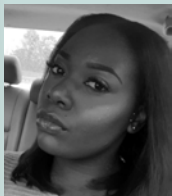


Renaissance Center for Nursing and Healing

WELCOME

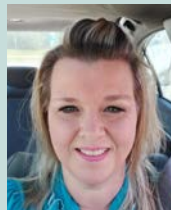
New Faces
3/27 - 4/27

WELCOME



Donna Cyril

Donna joins our Nursing Department as a RN Unit Manager. We are glad to have you as part of our family here at Renaissance Center.



Dawn Starrett

Dawn joins us at Renaissance Center as a LPN. A warm welcome to our Renaissance Center family.

Jakirra Darden joins our team at Renaissance Center for Nursing and Healing as a CNA. Welcome to our team.

SPECIAL EVENT



Celebrating 17 years as the Administrative Assistant!..KIM is our go to girl!



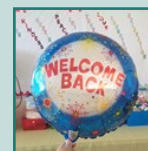
EMPLOYEE BIRTHDAYS



Alisha Braswell 2nd
Jaimie Trulove 5th
Kelsey Smith 10th
Olasumbo Reis 11th
Casey Ray 11th

Brittany Green 12th
Vanessa Brozas 14th
Michel Jean 16th
Teleigh Crowder 16th
Delorse Thompson 23rd

EMPLOYEE EVENTS



To Renaissance Center from Casey Ray - Celebrating our Grand Re opening of the Recreation Room! The residents are so excited!

RENAISSANCE LEADER



Nick Hubbard started at Empire last fall as our Admissions Director and works hard to keep our census growing. His rapid response time to case managers and other outside agencies is often remarked upon & helps lead to better census outcomes for the facility. Nick takes time to speak to anyone he passes and tries to start each day with a can do attitude. He is willing to do whatever it takes to get admissions in; including meeting families in the community or at the homes to sign paper work and branching out to new hospitals and marketing areas. Nick will move beds, make beds, pick up supplies, make lunch runs and anything else that the facility may need that day. He consistently strives to meet any goal put before him & judges himself more harshly than any others ever would. In a difficult market he is bringing in close to 30 admits monthly which is amazing. We appreciate all he does for the facility and residents! When Nick is not at work he enjoys golfing, gambling, drinking and spending time with his wife and teenage son.

SUPERVISOR SHOUTOUTS

from Rick Fuller



Shoutout to Joanna for doing your part here making sure your job is done daily. Thank You!



Shoutout to Alonzo (Bo) for stepping in and helping cover shifts when needed. Thank you for being a team player.



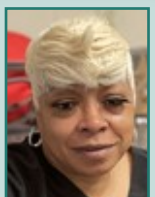
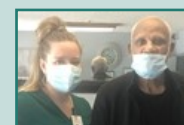
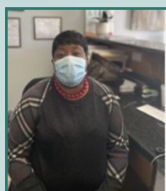
Shoutout to a great receptionist who is always helpful in anyway.

EMPLOYEE SHOUTOUTS



- ★ To Kitchen Staff from Casey Ray - Shout out to our kitchen staff for providing a awesome Easter Sunday Dinner for the residents!
- ★ To Taylor from Casey Ray - Thank you for always being willing to help out no matter the situation!
- ★ To Cordilia from Casey Ray - Cordilia is always willing to go above and beyond for our residents!
- ★ To Delores Thompson from Rick Fuller - Shout out to Delores for her hard work in Laundry Dept. Thank You for doing your part!!
- ★ To Dylan Phagan from Rebecca MINTER - Thank you for jumping in so quickly and always trying to fix any building concerns. I appreciate your willingness to help and desire to keep learning.
- ★ To Morris Mcday from Rick Fuller - Shout out to Morris for going beyond and covering shift when needed. Thank You Morris for all you do!!
- ★ To Donzla Carter from Rick Fuller - Thank you for being a team player and helping out when needed
- ★ To Lisa Gunnels from Rick Fuller - Thank You for being apart of HCSG Team! I know times may be hard but hold on things will get better in the future
- ★ (To Rachel McCrary And MARQWITA WATKINS from Rebecca MINTER - Thank you both for helping Robyn with the wound program! Much appreciated
- ★ (Changed) To Meme And LaVista from Nickolaus - Thank you always helping with resident moves and putting the patients first! ALLSTARS!!
- ★ To Vashti from Pinkie - Shout out to Vashti for completing Section GG for OBRA assessments. She is doing a great job. Your hard work is truly appreciated
- ★ To Shenequa Edwards, Kimberly Smarr from Shawanda Clarke - Happy Administrative Day... thank you both for all you do for our facility.. YOU BOTH ROCK!!!
- ★ To Nick Hubbard from Shawanda Clarke - When times get rough, you rise above... Happy Administrative Day!!
- ★ To Boomer from Jaqi Holloway - Shout-out to Donna, our new UM. She's jumped right in with our team and showing great leadership and work ethic
- ★ To All Staff And Administrator from Shenequa Edwards - Shout to my Administrator Rebecca Minter at Renaissance for acknowledgement of Administrative Professional week. All the kind words of encouragement and tokens of appreciation made me feel like a valued employee. Thank you so much!
- ★ To Casey Ray, Meme from Lavista - I really love working with these ladies!!! You Guys Rock!!!
- ★ To DELROY from Casey Ray - Delroy always takes time out of his daily tasks to stop and make sure his residents feel good .Today he went out of his way to braid one of his residents hair to make her look and feel beautiful!!!
- ★ To Sylvia Matthews from Rick Fuller - Shout out to a team player stepping in when needed. Thank You for being there!
- ★ To Betty Alexander from Rick Fuller - Shout out to Betty for making sure our residents get there clothing back always. Thank You for doing your part!
- ★ To Taylor from Kimberly - For an outstanding job she do with the residents here at Renaissance!
- ★ To The Nurses and CNAs from Scott - Thank you for aall of your hard work.
- ★ To Marquita & Rachel from Casey Ray - These girls have been rocking out assisting our wound nurse!!!!
- ★ To Alonzo (BO) from Casey Ray - Thank you for always asking if you can help in anyway and always dancing and singing making the residents smile!
- ★ To Jaqi from Donna RN - JAQI has been a tremendous help in my transition here as UM. Thank you Jaqi!

SHOUTOUT FOLKS HERE AT RENAISSANCE





Nancy Hart Center for Nursing and Healing

New Faces
3/27 - 4/27



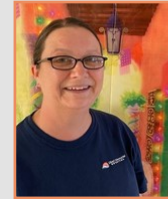
Sara Penson

Sara transferred from Fulton Center for Rehab as the new administrator! We hope she likes it here at Nancy Hart! Home is where the HART is! So Welcome home.



Carol Prairie

Carol Prairie joins our team as a PRN Housekeeping Supervisor. She has 5 years experience in healthcare. **Carol** was born in Dover, DE. She has 1 son and 1 daughter. In her spare time **Carol** enjoys spending time with her children, fishing, being outdoors and watching movies.



Rebekah Presley

Rebekah joins our LLC team as a CNA. She has been in healthcare for 15 years. **Rebekah** was born in Rome, GA. She has 1 son and 4 grandchildren. In her spare time Rebekah enjoys going to church, reading, listening to music, spending time with friends and family

Emily McCurley joins our Nursing Department as a part-time CNA. She has been in healthcare for 1 year. In her spare time **Emily** enjoys spending time with family and friends.

"Coming together is a beginning. Keeping together is progress. Working together is success."

-Henry Ford

SUPERVISOR SHOUTOUTS



A Big Shoutout to **Tommy Teasley** for donating body bags to our Residents on Easter! You have made every Bunny Happy! You made the difference girl, THANK YOU for your generosity. ~ Suzette



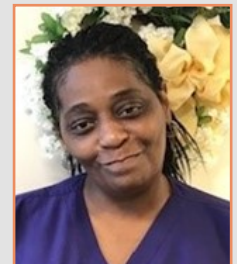
Shout Out to **Randy Norman** in House Keeping. Thank you for all your patients cleaning up after our residents spills and mishaps. You are an important part of our Hero team. Thank you for all you do! ~ Suzette



A Shout Out to Peggy Freeman in Dietary from Suzette. You do a good job getting meals out to our residents on time. Peggy works hard to stay on schedule and is always



Sandra Cox thank you for all that you do for the resident at Nancy Hart. Thank you for working over when needed. You are greatly appreciated!



Shouting from the roof tops for Clarissa! There are so many great things about Clarissa. She always looks on the bright side of things and has one of the biggest hearts! Keep smiling, singing and dancing for the residents, they LOVE IT! You are appreciated more than you know! Thank you!

EMPLOYEE EVENTS



Our LPN Nurses Stacey Collins and Happy Dove are doing a great job at holding every Bunny HEART at Easter. A BIG Happy Easter to all our LPN nurses! The rewards for caring for our Residents come from the Heart!

CNA's are every Bunny Hero. Our CNA's are hoppy right in to help our Residents have a fulfilling life at our EASTER egg hunt event. A Great BIG THANK YOU for working so hard to meet all our residents needs! Happy Easter to all our CNA's!

EMPLOYEE BIRTHDAYS



Laura Simmons	1st
Erica Cullars	8th
Christy Carter	8th
Cassandra Gresham	19th
Patricia Thompson	22nd
Ashely Heard	25th



EMPLOYEE SHOUTOUTS

To Staff from Shane - Thanks for making Nancy Hart an excellent place to work at!!!
 To Treasure from Beth - Thank for all you do
 To Stacy from Beth - Stacy thank you for all that you do here at Nancy Hart and for me personally!
 To Shane from Beth - Thank you for making sure the facility is in good running order!
 To Christy from Beth - Thank you for coming back to Nancy Hart! I have really enjoyed working with you again!
 To Jessica from Beth - Thank you for all the hard work that you do!
 To Monique from Shane - Keep up the good work!
 To Monique from Beth - Cookies coming soon - Ok..Fine!
 To Stacey from Shane - Thanks for everything you do!



Cartersville Center for Nursing and Healing

WELCOME

New Faces
3/27 - 4/27

WELCOME



Rena Parker

Rena joins Cartersville Center as a CNA in our Nursing Department. She has 30 years experience in the healthcare industry. **Rena** was born in Smithfield, NC She is married and has 2 daughters and 8 grandchildren. In her spare time **Rena** enjoys shopping



Robyn Jefferson

Robyn joins our team as the Assistant Director of Nursing. She has 22 years healthcare experience with 6 years as an Assistant Director of Nursing. **Robyn** was born in Youngstown, OH. She has 3 sons and 1 daughter. **Robyn** is engaged to Ray, and is looking forward to planning her upcoming wedding. In her spare time **Robyn** enjoys relaxing, pampering herself, and shopping at Flea Markets.

EMPLOYEE BIRTHDAYS

Kayla Mitchell	4th
Chantale Sanon	5th
Diane Bunce	12th
Orelie Joseph	21st
Jessica Darns	22nd
Emmanuel Ukaonu	25th
Jaquana Brown	28th
Robyn Jefferson	28th
Ashleigh Karstensen	31st



WAY TO GO



To Sheila from Candice - Shout out to you, you have worked here at this building over 20 years. Thank you for all you do!

SUPERVISOR SHOUTOUTS



Shoutout to our 3rd Shift Supervisor Beatrice. She is a great nurse and proud to have her as part of our team. From Ashlee McClure



Joyce is an amazing person to work with she has always been so nice, she gave me a warm welcome when I first started and always speaks every time I see her, her most used phrase "hello beautiful" everyone calls her "mama". Joyce K Nurse from Courtney.



Going above and beyond. Sara Miles purchasing KFC for her residents who have a birthday in the month of April. From Joy Powers

HEALTH TIP

Drinking two glasses of Gatorade can relieve headache pain almost immediately -- without the unpleasant side effects caused by traditional "pain relievers."

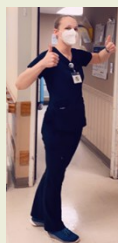
DID YOU KNOW?

Apples are more effective at waking you up in the morning than coffee.

SPECIAL EVENTS



We are proud



Tornado Watch

Our team did amazing getting residents out of bed into the halls during the tornado watch, thank you to all the staff who stayed and helped, our center did an awesome job getting them safe and into the halls in a quick time!



National Burrito Day



Fun at Work



Activities



Easter



EMPLOYEE SHOUTOUTS



To Ashley Williams from Ashlee - You are awesome and work hard thank you for all you do!

To Ann Tillman from Ira Ellis - Your such a joy to talk to and thank you for keeping us up to date on our covid test...

To Nursing Staff from Elizabeth Zerby - I just want to thank everyone for having my back. Who picks up shifts. Who helps in anyway they can. For knowing I would never ask you to do anything I wouldn't or haven't done myself. You guys are amazing and without you I couldn't do what I do. Thank you

To Le bria Walcott Brown, Sarah Horton, Hope Calaway from Shiella Sy - OTR/L - April is National Occupational Therapy Month!

- occupational therapy is the only profession that helps people across the entire lifespan to do things they want and need to do through the therapeutic use of daily activities, or occupations. Happy OT Month!

(Changed) To Boomer from Courtney - Thankyou for all your hard work Tim in housekeeping! Congrats for winning the Easter basket raffle on Easter Day! You always put a smile on our faces, your hard work and dedication is noticed by many here!

(Changed) To Boomer from Courtney - Thanks Karri for loving on this sweet baby while I took the residents out, its looked very therapeutic for you and my furr baby!

- Courtney

To Ashley Williams from Trena Leonard - Thanks for all you do and always being there for others.

To Tressa from Ashley W - Thank you for being such a great help, and for being an awesome nurse!

To Therapy Staff from Hope - Thank you all for your hard work daily and willingness to go the extra mile.

To Booner from Joy Powers - Thank you Tomas Matwetwe for always going above and beyond.

To Boomer from Joy Powers - Thank you Chris Stargel for the care and love given to the residents.

To Boomer from Joy Powers - Thank you Michele Orton for always having a smile and for everything you do.

To Boomer from Joy Powers - Thank you Donovan Ellis for always helping and help make the dialysis den look great.

To Madison And Stephanie from Ashley W - Thanks for working so hard for keeping the residents Happy and working as a team!

To Le Bria Walcott - Brown : COTA/L from Shiella Sy - OTR/L - Thanks for the hardwork that you always put in our work to help every patient progress and improve. Keep it up. You make the rehab team proud!

To Sarah Horton - COTA/L from Shiella Sy - OTR/L - The efforts you put in to deliver high-quality work for the rehab team is commendable. I appreciate everything you do for our patients. Kudos!

To Anne Tilman from Courtney and Candice - We celebrated Earth day outside at the center by making eco friendly pine cone bird feeders. The pine cones you donated were the biggest and prettiest we've ever seen & the residents loved them. Thank you for all you do for us and the residents.

To Sheilla from Trena Leonard - One of the best occupational therapist I know. Thanks for all you do!

To Ira Ellis from Ashlee - Thank you for everything!!

To Shondre Clemons from Hope Calaway - Thank you for going above and beyond for your patients daily. You have a very caring heart and I'm lucky to work with you.

To Hope from Ira Ellis - I can see the difference on therapy since you came home!!!

To OT Staff from Hope Calaway - Happy OT month to Shiella, Sarah, and Lebria!!! Thank you for all you do daily for our patients.

To Summer from Chantale - As a new employee, we are so glad to have you on our team. You are a hard worker following up on all tasks.

To Ashlee McClure from Ira Ellis - Watching you grow in your new role is awe inspiring keep it up !!!

To Aireanne from Chantale - Thank you for going above and beyond for us to be in compliance in the center.

To Trena from Chantale - Thank you for being able to adjust to change when needed and keeping the 200 unit going.

To Joy from Chantale - Thank you for always listening to our needs and concerns

To Shondre Clemons from Hope Calaway - Happy Speech Month in May!!!! Thank you so much for all you do. You are appreciated.

(Changed) To Lebera from Anthony Shelton - She is the best occupational therapist I know she's always on her job thanks La Brea what's up Bre !!!!!!!

To Boomer from Joy Powers - Ashley Jones thank you for all the compassion and care given to our resident's.

To Ann Tillman from Ashlee - Thank you for all you do!!

To Boomer from Courtney - Therapy national burrito day

To Joyce K Nurse from Courtney - Joyce is an amazing person to work with she has always been so nice, she gave me a warm welcome when I first started and always speaks every time I see her, her most used phrase "hello beautiful" everyone calls her "mama"

To Bella Sone from Candice Powell - You are very mature for your age, juggling school and work. I hope you reach all of your goals. Your a great person to work with.

To Stephanie from Candice - You make us a better team! Thank you for all you do and caring for the residents like you do.

To Eddie Kelley from Candice Powell - We are so glad you are back!! You do a great job. Thanks for keeping us laughing!

To Anthony from Ashleyw - Anthony you rock! Always making everyone laugh! Thanks for all you do!

(Changed) To Courtney Honeycutt from Shiella Sy - Happy Mother's Day



A FEW OF OUR SHOUTOUT FOLKS

