

October 2021

'Recognizing Those Who Care'

Empire Heroes for October

Cartersville



Joyce Kamau

Congers



Duvall Hill

University



Kim Koponen

Tarpon Point



Ruth Ratmann

Fayetteville Center



Sharon Johnson

Ocoee Center



Shirley Baldwin

Nancy Hart



Patrica Thompson

Powder Springs



Jane Githaiga

Fulton Center



Jamila Tekolu

Normandy



Marquia Johnson

Riverdale



Delilah Fields

Orange Park



Kimberly Jordan

Jackson



Nora Sands

McDonough



Richard Fleming

Renaissance



Lavista Allen

Empire Care Centers extends a warm welcome to ... Our New Administrators

Westbury of McDonough



Calvin Walker

Orange Park



Faith Regan

Breast Cancer Awareness Month

Regular exercise and a diet that is low in fat and high in fruits and vegetables lowers your levels of estradiol and estrone, two kinds of estrogen. Although women need estrogen to mature and to create strong bones, overexposure to estrogen can lead to breast cancer. Eighty percent of all breast cancers are fueled by estrogen. Exercise is a natural way to reduce your estrogen levels, as well as reducing other hormones and growth factors that can cause breast cells to turn into cancer.

Breast cancer statistics show that over 1.2 million persons will be diagnosed with breast cancer worldwide this year, according to the World Health Organization. For breast cancer and prevention, it has long been known that regular physical activity has been shown to decrease the likelihood of having breast cancer.

A Message from Prachi Elmore, Administrator at Renaissance Center for Nursing and Healing



We're almost done with Summer and, Fall is here and soon Winter will make its presence known.

As we move away from the sweltering days of summer in Georgia and Florida and move towards the cooler months, we should all be mindful that with the change of seasons, the Flu season will soon be here.

Under normal times, the upcoming Flu season would not make many, if any headlines, however, we are certainly not in "normal times" any longer. Since the onset of COVID-19 in March/2020, the things we took for granted is simply not the case any longer.

As healthcare workers, we all know the effects that COVID-19 has had on our residents as well as ourselves and our families. It has been heartbreaking to have to turn away families from visiting their loved ones in person with their only option being to see each other through a window. It has been equally heartbreaking to tell our residents that they have to remain, essentially isolated from the outside world.

While we have come a long way from the initial stages of COVID, we are not completely out of the woods as of yet. In addition to COVID-19, we are now watching the Delta variant makes its way to our shores and we can expect other variants of COVID-19 to show up as well. With COVID-19 and it's variants still out there and coupled with the upcoming Flu season I want to take this opportunity to remind everyone that our residents count on us to provide them the very best care possible but to also keep them safe.

Let us all continue to do the great work we all do, day in and day out and let's continue to do our part in moving past the current status and get back to normal times.

On behalf of all my sister facilities Administrators, our incredible Directors of Nursing and all Department Heads and Supervisors at each facility, I want to extend my personal gratitude to each and every ECC team member for doing the great work you do. You, the Empire Care Centers healthcare employee do the hard work, day in and day out, making sure those at greatest risk are kept well and safe and for all you do, I thank you.

As we enjoy Fall and move towards Winter, may we be grateful and enjoy the beauty of the changes of nature. May we all realize that each day is a blessing. Life is Good.

With immense gratitude,

Prachi Elmore, LNHA

WELCOME

New Faces

Aug 26th - Sept 24th



Lauren Clements

Lauren joins our Nursing Department as a LPN. She brings to Westbury Center of Jackson 7 years experience. **Lauren** is married and has 2 sons. In her spare time **Lauren** enjoys spending time with her boys, reading and traveling .



Jessica Stewart

Jessica joins our team at Westbury Center of Jackson as a LPN. She has 1 son and 1 daughter. In her spare time **Jessica** enjoys spending time with her family.

Jackson



Karen Powell

Karen joins Westbury Center of Jackson as a CNA in our Nursing Department. She was born in Macon, GA. **Karen** has 1 son and 1 daughter. In her spare time **Karen** enjoys sewing and doing yard work.



Mary Ross

Mary joins our Office Department as a Receptionist. She has been in healthcare for 3 years. Welcome to our Westbury Center of family.



Paulet Thompson

Paulet joins our team at Westbury Center of Jackson as a LPN. She has 10 years of healthcare experience. **Paulet** was born in Orlando, FL. She has 3 sons, 2 daughters and 1 grandchild. In her spare time **Paulet** enjoys tennis, golf, reading and traveling.



WELCOME

New Faces

Aug 26th - Sept 24th



JaQuela Gray

JaQuela joins our team at University Center as a LPN. In her spare time Q' enjoys her dogs!

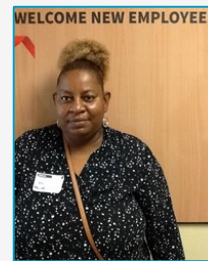


Odalys Gonzalez

Odalys joins us in our Housekeeping Department as a Housekeeping Aide. Welcome to our University Center family.

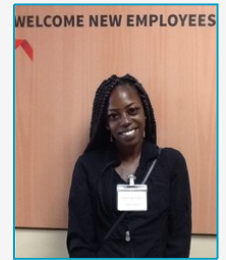
University

Welcome to our
Univeristy Family



Patricia Jackson

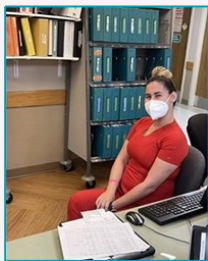
Patricia joins University Center as a Laundry Aide in our Housekeeping Department. Welcome to our University Center for Nursing and Healing family.



Shantel Washington

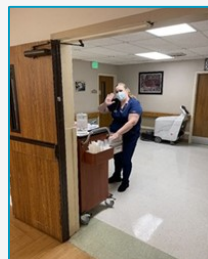
Shantel joins our Dietary Department as a Dietary Aide. Welcome to our University Center for Nursing and Healing family.

Tarpon Point



Doralys Lechuga

Doralys joins our Nursing Department as a CNA. She has 6 years experience. In her spare time **Doralys** enjoys nature and reading. We are so happy you are staring with us. Your contribution and presence is excellent and adds to the great vibes in the facility. Welcome Home!



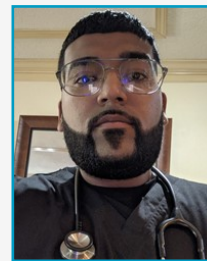
Jenna Bennett

Jenna joins our Nursing Department as a CNA. She brings to Tarpon Point 1 year year experience in the healthcare industry. In her spare time **Jenna** enjoys taking her all white Husky with one blue eye and one green eye named Winter hiking. She also likes to read and watch Korean dramas. Welcome to our team! You already have displayed such great effort and skill. It is such a pleasure to welcome you to the team!

Breakfast Casserole

- 2 cups diced ham
- 2 cups shredded cheddar cheese
- 6 large eggs
- 4 pieces of bread broken up into small pieces
- 1 1/2 cups milk
- 1 TBL chopped onion

Mix all ingredients in bowl. Heat oven to 350 degrees. Put mixture into 13X9 inch casserole dish. Cover with foil and bake for 30 minutes. Remove foil and continue baking another 15 to 20 minutes until top is golden brown. Test center with tooth pick.



Kevin Sooklall

Kevin joins our Ocoee team as a LPN. He has 1 year experience in healthcare. **Kevin** was born in Orlando, FL. In his spare time **Kevin** enjoys going out with his girlfriend, being with his family, and watching his godson grow. He enjoys playing basketball and lifting weights with his friends.



Christine Nesi

Christine joins Ocoee as a LPN. She is married and has 1 son and 1 daughter. In her spare time **Christine** enjoys speaking with the staff.

Magarette joins our team at Ocoee Health Care Center as a PRN CNA. She is married and has 3 daughters. In her spare time **Magarette** enjoys reading.

Magarette Nelson



Audrey Bontemps

Audrey joins our Nursing Department as a LPN. She has been in healthcare for 19 years. She has 1 son, 1 daughter and 5 grandchildren. In her spare time **Audrey** enjoys her bed, traveling, the beach, restaurants and listening to music.

Renee joins our team at as a CNA. She has 17 years of healthcare experience. **Renee** was born in Norwood, MA. She has 4 sons and 3 grandchildren. In her spare time **Renee** enjoys shopping, going to fairs and spending time with family.

Renee Borders



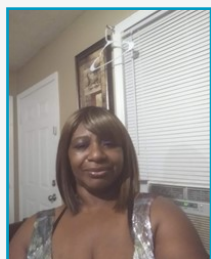
Happy Boss's Day !
October 16th



WELCOME

New Faces

Aug 26th - Sept 24th



Linda Coleman

Linda joins our Nursing Department as a CNA. She was born in Mound Bayou, MI. **Linda** has 2 sons and 4 grandchildren. In her spare time **Linda** enjoys spending time with family, friends and her grandchildren.

Conyers

Allecia joins our Nursing Department as a RN. She has 1 year of health care experience. **Allecia** is married and has 1 daughter. In her spare time **Allecia** enjoys spending time with family and friends and traveling.

Allecia Perry

Doniqua joins Conyers as a RN in our Nursing Department. She has 6 years experience in the healthcare industry. In her spare time **Doniqua** loves to travel.

Doniqua Strickland



Tracy Lewis

Tracy joins our team as a CNA. She has 23 years experience. **Tracy** was born in Greensboro, GA. She is married and has 1 son, 4 daughters and 1 grandchild. In her spare time **Tracy** enjoys spending time with her granddaughter, watching TV, listening to music, and taking long walks.

I Love Lucy Day



I Love Lucy celebrates the groundbreaking, and critically and commercially clean sitcom, *I Love Lucy*. It premiered on October 15, 1951, and ran until May 1957. *I Love Lucy* starred Lucille Ball and her real life husband Desi Arnaz as Lucy and Ricky Ricardo. Ricky was a singer and band leader, and Lucy was an aspiring television and film star. Lucy's ambition for stardom, continually got Lucy and Ricky into trouble. The show allowed Lucille to showcase her skills and physical comedy and clowning. Other main characters were Vivian Vance and William Frawley, who starred as Ethel and Fred Mertz, the landlords and friends of the Ricardo's.

Fulton Center



Dahifna Daniel

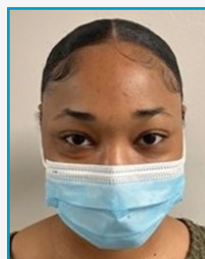
Dahifna joins our team at Fulton Center as a SLP. She has 3 years healthcare experience. Welcome to our Fulton Center family.



Chianae Williams



Tshurah Mitchell Ligon



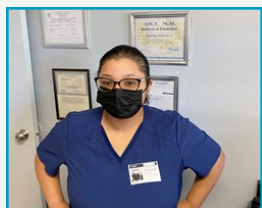
Jayla Taylor

A warm welcome to our new **CNA's** joining our Nursing Department. We are glad you are a part of our Fulton Center family.

Black Cat Day October 27th



Black cats need a little positive PR as their reputation as an omen of bad luck is well-known (and frankly, unearned).



Deanna Rogers

Deanna joins our Nursing Department as a Unit Manager. Welcome to our Renaissance Center for Nursing and Healing family.

Renaissance

Lauren joins our Nursing Department as a CNA. Lauren has 2 daughters. Welcome to our Renaissance Center for Nursing and Healing family.

Lauren Davis

Melissa joins our Nursing Department as a ADON. She has been in healthcare for 18 years. **Melissa** was born in Chicago, IL. She has 3 sons and 2 daughters. In her spare time **Melissa** enjoys Netflix and going the arcade with her kids.

Melissa Matheny

Rikeah joins our Nursing Department as a Unit Manager. Welcome to our Renaissance Center for Nursing and Healing family.

Rikeah Curtis

Rolanda joins our Renaissance Center for Nursing and Healing team as a LPN. Welcome to our Renaissance Center for family.

Rolanda Page

Princesse joins Renaissance as a Physical Therapist. She has 12 years experience. **Princesse** is married and has 1 daughter. Welcome to our Renaissance Center family.

Princesse Fisher

Brittany joins our Nursing Department as a CNA. Welcome to our Renaissance Center family.

Brittany Green

WELCOME

New Faces

Aug 26th - Sept 24th



Michelle Gaston

Michelle joins our Administration Department as a MDS Coordinator. She has been in healthcare for 22 years with 4 years in the MDS Dept. **Michelle** was born in Suffern, NY. She is married and has 3 sons and 6 grandchildren. In her spare time she enjoys spending time with her family, grandchildren, fishing, gardening, and camping. She also enjoys time with her husband, taking evening walks with their dogs.

Cartersville

Tonya joins our team as a CNA in our Nursing Department. She has 20 years experience. **Tonya** was born in Cartersville, GA. She has 3 sons, 4 daughters and 6 grandchildren. In her spare time **Tonya** enjoys reading and watching TV.

Tonya Johnson

Amanda joins our team as a CNA. She has 25 years of healthcare experience. **Amanda** was born in Rome, GA. She has 2 sons, 1 daughter and 2 grandchildren. In her spare time **Amanda** enjoys spending time with family.

Amanda Williams



Brittany Tucker

Brittany joins our Nursing Department as a LPN. She has been in healthcare for 9 years. **Brittany** was born in Warren, MI. She is married and has 2 sons and. In her spare time **Brittany** enjoys reading and crafting.

Fayetteville

Tie brings 20 years of healthcare experience. She has 2 girls and 1 boy. She enjoys spending time with her family. Welcome to our Cartersville family.

Tie Yates

Felicia joins our team as CNA with over 20 years of experience. She has 2 sons and 1 daughter. She enjoys reading in her spare time.

Felicia Nwaobasi



Daphne Pygeol

Daphne joins our Fayetteville family as a LPN. She has 6+ years of healthcare experience. **Daphne** enjoys baking and spending time with her family.

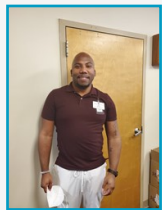


Cashe Hill

Cashe joins our team as a Staff Development Coordinator. She has been in Nursing for 5+ years. She was born & raised in NYC but has been a local for the past 5 years. **Cashe** has 2 sons and enjoys traveling with her children/family and shopping.

Sarah joins our team as a CNA. She brings 23 years of experience. She has 2 sons and 1 daughter. She enjoys doing hair and gardening in her spare

Sarah Wanjiru



Christopher Coffil

Christopher joins our team as a Wound Care Nurse. He has 20+ years of healthcare experience. In his spare time he enjoys tattooing, amusement parks and rollerskating.



LaToya Carr

LaToya joins our Nursing Department as a DON. She brings to Fayetteville Center 10+ years experience in the healthcare industry. **LaToya** was born in Anniston, AL. She has 3 sons and 1 daughter. In her spare time **LaToya** enjoys music, dancing, traveling, and reading.

Sandra joins our team at Fayetteville Center as a LPN. She has 30 years of healthcare experience. **Sandra** was born in St. George, GA. She is married and has 2 sons, 1 daughter and 2 grandchildren. In her spare time **Sandra** enjoys gardening, traveling and reading.

Sandra Bruno



Jasheem Floyd

Please welcome **Jasheem** as he joins our Environmental Services Department. He is new to Atlanta and recently moved from Philadelphia. **Jasheem** enjoys playing basketball and shares a passion in music, singing and dancing.



Christopher Popin

Please welcome **Christopher** as he joins our Environmental Services Department. Welcome to our team.

June joins our Nursing Department as a CNA. She brings to Fayetteville Center 11 years experience. In her spare time **June** enjoys traveling, cooking and cleaning.

June Beckford

Amber joins our Fayetteville Center team as a LPN. She was born in Stockbridge, GA. In her spare time **Amber** enjoys spending time with her kids and her significant other and going on vacations.

Amber Webster

Almoni joins Fayetteville Center as a Receptionist. Welcome to our Fayetteville Center for Nursing & Healing family.

Almoni Atwell



Sonia joins our team at Fayetteville Center as a CNA. In her spare time **Sonia** enjoys cooking and cleaning.

Sonia Gill

WELCOME

New Faces

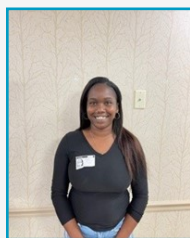
Aug 26th - Sept 24th

Orange Park



Michelle Perkins

Michelle joins our team at Orange Park Center as a Dietary Aide. She was born in Jacksonville, FL. **Michelle** has 2 sons and 1 daughter. In her spare time **Michelle** enjoys spending time with her kids and family.



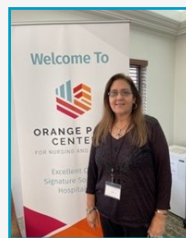
Danielle Franklin

Danielle joins our Nursing Department as a CNA. She was born in Jacksonville, FL. **Danielle** has 1 son and 1 daughter. In her spare time **Danielle** enjoys spending time with her 2 children and listening to music.



Todd Comer

Todd joins our team at Orange Park Center as our Director of Nursing. He was born in Greensburg, IN. **Todd** is married and has 2 daughters. In his spare time **Todd** enjoys traveling, hunting and fishing.



Terry Sheppard

Terry joins our Orange Park Center team as an Evening Receptionist. **Terry** has 1 son and 1 daughter. In her spare time **Terry** enjoys Church, yard work, and dinner with her kids.



Brian Smith

Brian joins our team at Orange Park Center as a Unit Manager. He was born in Danville, IN. **Brian** has 1 son and 2 daughters. In his spare time **Brian** enjoys riding his Harley and spending time with his family.



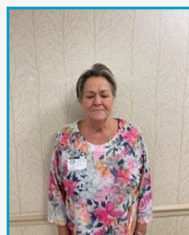
Lennor Mills-Getts

Lennor joins our Nursing Department as a CNA. **Lennor** is married and has 2 daughters. In her spare time **Lennor** enjoys watching TV, sleeping and cooking.



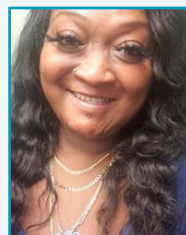
Faith Regan

Faith joins our Orange Park family as our new Administrator. She was born in Taunton, MA. **Faith** is married and has 1 son, 1 daughter and 1 grandchild. In her spare time **Faith** enjoys swimming with her grandson, taking rides on the motorcycle with her husband and spending time with her family.



Brenda Crews

Brenda joins Orange Park Center as a Weekend Receptionist. She was born in Jacksonville, FL. **Brenda** has 2 sons. In her spare time **Brenda** enjoys spending time with her boys!



Rachael McCauley-Goodson

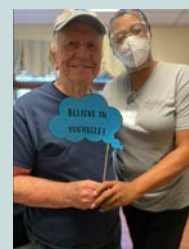
Rachael joins our Nursing Department as our MDS Coordinator. She was born in Jacksonville, FL. **Rachael** has 1 son and 1 daughter. In her spare time **Rachael** enjoys listening to music, reading, traveling and taking selfies.



**Words of Encouragement
From our Residents
To our Staff and Community**

Ocoee

Heroes with Heart



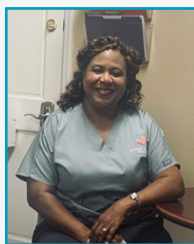
**Work Hard, Stay Humble, Be Grateful, Be Kind,
Stay Strong, and Most of All, Believe in Yourself.**

WELCOME

New Faces

Aug 26th - Sept 24th

Powder Springs



LaWanda Denise Felder

LaWanda joins our team at Powder Springs Center as our Food Service Director in our Dietary Department. She has 2 girls and 6 grandchildren. In her spare time she enjoys listening to music, **LaWanda** enjoys writing poetry and watching action/drama movies. She also enjoys reading academic journals.



Ornella Cole

Ornella joins our Dietary Department as a Cook. She brings to Powder Springs Center 10+ years experience. In her spare time **Ornella** enjoys baking and cooking. She loves nature, hiking and walking on the beach. Being with great company is all we need sometimes in life to take the edge off on a stressful day, especially with this



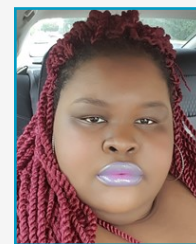
Montante Coleman

Montante joins our team at Powder Springs Center as a Maintenance Director. He has 11 years experience as a Maintenance Director. **Montante** was born in Atlanta, Ga. In his spare time he enjoys working on his computer and being with family.



Crisshawn Smith

Crisshawn joins our Nursing Department as a CNA. She has 10 years experience. **Crisshawn** was born in Queens, NY. She has 1 son and 1 daughter. In her spare time **Crisshawn** enjoys relaxing.



Kailani Griffin

Kailani joins our team at Powder Springs Center as an Evening Receptionist. In her spare time **Kailani** enjoys researching spirituality/metaphysical things, spending time with family, traveling, creating recipes for her food blog, and doing arts and crafts.



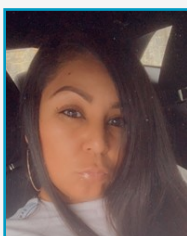
Viviane Meboka

Viviane joins our Nursing Department as a LPN. She has been in healthcare for 13 years. **Viviane** has 1 daughter. In her spare time **Viviane** enjoys gardening and traveling.



Robert McMichael

Robert joins our team as a Maintenance Assistant. He brings to Powder Springs Center 14 years experience. In his spare time **Robert** enjoys reading.



Elisa Muro

Elisa joins Powder Springs Center in our Laundry Department. She has 10+ years experience. **Elisa** was born in Kansas City, MO. She has 4 sons, 1 daughter and 3 grandchildren. In her spare time **Elisa** enjoys spending time with her grandkids



Penelope McClellan

Penelope joins our Powder Springs Center as a LPN. She has been a LPN for 20 years and also has 10+ years healthcare experience. **Penelope** was born in Dayton, OH. She is married and has 3 sons, 1 daughter and 2 grandchildren. In her spare time **Penelope** enjoys shopping, traveling, eating at different restaurants and spending time with her 2 grandchildren.



Patricia Watkins

Patricia joins our Nursing Department as a Unit Manager. She brings to Powder Springs Center 30 years experience. **Patricia** was born in Atlanta, Ga. She has 1 son, Mark. In her spare time **Patricia** enjoys reading, hanging out with family and friends, and shopping.



National Candy Corn Day

On October 30, the country celebrates its favorite vegetable with national candy corn day.

In the late 1800s, George Renninger of Wunderle Candy Company created candy corn. His sweet treat represented the bright colors of corn kernels. Originally, candy corn was yellow, orange and white. However, it wasn't until 1889 that the Goelitz Candy Company made the candy popular. Later, other candy makers developed a variety of popular colors and flavors as well.

The original confection was made by hand using corn syrup, sugar, water, marshmallows, fondant and carnauba wax (a wax made from the leaves of a palm tree). However, modern candy makers produce a treat using machines while using their original ingredients.

These days, numerous recipes create the candy corn flavors and cakes, cookies, beverages, and more.



WELCOME

New Faces

Aug 26th - Sept 24th

McDonough



Calvin Walker

Calvin joins Westbury Center of McDonough as our new Administrator. We are proud to have Calvin on our team and are glad you are a part of our Westbury McDonough family.

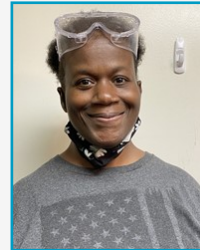
A warm welcome to our new **Housekeeping** employees in our Environmental Department. Welcome to our Westbury Center of McDonough family.



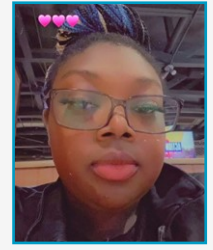
Sara Saldana



Dayzhane Johnson



Natasha McMillian



Damian McAdory



Merlene Grannum

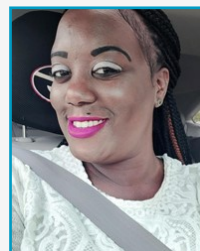
Merlene joins our Westbury Center of McDonough team as a Dietary Aide. Welcome to our Westbury Center of McDonough family.



Dominique Lucas

Dominique joins our Nursing Department as a CNA. Welcome to our Westbury Center of McDonough family.

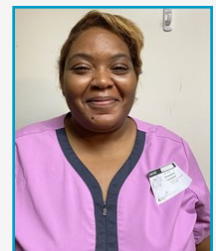
A warm welcome to our new **LPN's** joining our Nursing Department. We are glad you are a part of our Westbury Center of McDonough family.



Cheriese Fuller

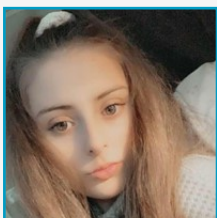


Saffie Khyne



Jacqueline Campbell

Nancy Hart



Alexis McCall

Alexis joins our Nancy Hart Center team as a CNA. She has been a CNA for 1 year. **Alexis** was born in Augusta, GA. In her spare time **Alexis** enjoys sleeping.

Heidi joins our team at Nancy Hart Center as a RN/DON. She has 18 years of healthcare experience. **Heidi** was born in Tacoma, WA. She is married and has 2 sons and 2 daughters. In her spare time **Heidi** enjoys reading, spending time on the lake, and playing with her kids and animals, and doing craft projects.

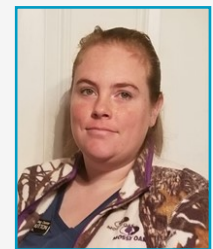
Heidi Trimble

Freddy joins Nancy Hart Center as a CDM in our Dietary Department. He has 15 years experience as a CDM. **Freddy** was born in Brooklyn, NY. He is married and has 1 daughter. In his spare time **Freddy** enjoys cooking and photography.

Freddy Perez

Myia joins our Nursing Department as a CNA. She has 7 years experience as a CNA. **Myia** was born in Athens, GA. She has 1 son and 1 daughter. In her spare time **Myia** enjoys reading.

Myia Dye



Jessica Dutton

Jessica joins our Nursing Department as a CNA. She has 10 years of experience as a CNA. **Jessica** was born in Elberton, GA. She is married and has 1 son and 2 daughters. In her spare time **Jessica** enjoys peace and quiet.

WELCOME

New Faces

Aug 26th - Sept 24th

Kenyatta joins our Dietary Department as a Cook. She brings to Normandy Center 6 years experience. **Kenyatta** was born in Gainesville, FL. She has 1 son, 3 daughters and 7 grandchildren. In her spare time **Kenyatta** enjoys fishing and shopping.

Kenyetta Wims

Jennifer joins our team at Normandy Center as a CNA. She has 5 years experience. **Jennifer** was born in Angola, IN. She is married and has 1 son and 2 daughters. In her spare time **Jennifer** enjoys reading, drawing, gardening, wood burning, and painting.

Jennifer Bryson

Normandy

Deborah joins our Nursing Department as a CNA. **Deborah** was born in Jacksonville, FL. She has 1 son, 2 daughters and 7 grandchildren. In her spare time **Deborah** enjoys quiet time

Deborah Roberts

Patsy joins our team at Normandy Center as a RN. She has 10+ years of healthcare experience. **Patsy** was born in Jacksonville, FL. In her spare time **Patsy** enjoys reading and spending time with her husband and dog.

Patsy Taylor

Jeremisha joins Normandy Center as a CNA in our Nursing Department. She has 3+ years of experience in the healthcare industry. **Jeremisha** was born in Gainesville, FL. She has 1 daughter. In her spare time **Jeremisha** enjoys spending time in

Jeremisha Morabito

Satre joins our Dietary Department as a Cook. **Satre** was born in Pineville, LA. She has 1 son and 3 daughters. Welcome to our Normandy Center for Nursing and

Satre Spence

Anna joins our Normandy Center team as a Receptionist. She has 40 years experience in healthcare. In her spare time **Anna** enjoys feeding the homeless, writing, crocheting, and knitting.

Anna Gillylan



World Smile Day

In 1963, Harvey Ball, a graphic artist from Worcester, Massachusetts created the smiley face symbol we've all come to know. Popularity for the symbol exploded into the world of popular culture. It's every artist dream for their work to be respected and re-created and few symbols have had quite the legacy that Harvey's creation has had.



Throughout the years, the :-D has become one of the most well-known symbols in the world. It has appeared in movies such as "Forrest Gump" and used as a motif in the graphic novel, "Watchmen." It's so well-known that just by saying "smiley face", we bet that you can see it in your mind. That recognizable yellow circle with black dots for eyes and a simple curve for a genuine and pure smile. However, the original smiley face had more of an oblong smile, a bit more hand drawn and aesthetic, taking up more space on the face than we see in modern creations. Because of this overuse, it's starting to move away from his intent of goodwill and good cheer and he knew something had to be done.

In 1999, World Smile Day became an official holiday in order to regain control. The celebration aspects of the day were simple yet effective: people were to use the smile and make small acts of kindness worldwide. Harvey wanted to keep the smile connected to the human being. By doing so, you smile and in return, you make someone else smile and brighten up their day.



The prettiest thing you can wear is a smile.

Always smile, be kind and you will get all the strength you will ever need.

If you see someone without a smile on their face, give them one of yours.

Before you put on a frown, make absolutely sure there are no more smiles available.

Wake up every morning with a smile on your face, grateful for another day you thought you'd never see.

A smile is happiness you will find right under your nose.

Smile, it's free therapy.

Never regret something that once made you smile.



October Birthdays

Orange Park

- 1 Travis Singleton
- 1 Lennor Mills-Getts
- 2 Brenda Crews
- 5 Nicolas Ramirez
- 5 Tammy Kierce
- 9 Neisha Cruz
- 10 Guerline Rene
- 12 Drusilla Lovecky
- 12 Todd Comer
- 16 Georgette Keeling
- 17 Fatima Williams
- 18 Terry Sheppard
- 19 Courtney Wright
- 24 Nanotte Sion
- 28 Lythia Kinard
- 30 Randy Salley



University

- 2 Lovealkink Piernette
- 6 Alex Burgos
- 9 Edward Boateng
- 14 Elaine Nicholson
- 17 Eiji Graves
- 17 Theresa Jones
- 18 Berenice Rabsatt
- 20 Louella Romero
- 21 Juvelyn Tuisa
- 28 Dennis Locke
- 28 Madelene Barrera



Riverdale

- 2 Rasaki Nuga
- 3 Paulette Forbes
- 3 Bertha Holloway
- 3 Delilah Fields
- 4 Jacinda Garcia
- 5 Mariam Gabow
- 6 Kristin Martin
- 8 Tennille White
- 11 Donna Irby
- 12 Robert White
- 13 Jacora Lamar
- 15 Nadya Walker
- 15 Cathleen Short
- 15 Ernest Mcmillon
- 17 Ingrid Garner
- 18 Dennis Jackson
- 19 Linda Price
- 21 Linda Welborn
- 21 Yvette Drakes
- 21 Patrina Wynn
- 21 Vicent Carmichael
- 22 Andrea Brown
- 26 Nicole Hilton
- 27 Linda Showalter
- 29 Elorna Clark

Powder Springs

- 3 Umma Bala-Abubakar
- 4 Tiwajope Awomolo
- 6 Halyschia Mathurin
- 8 Edith Onwuzuruike
- 8 Chiluchile Mwape
- 9 Venessa King
- 10 Inderia Joseph
- 11 Emeka Enenmoh
- 12 Shameka Muhammad
- 12 Pilar Nunez-Ferreira
- 12 Katherine Watkins
- 14 Halley Hamann
- 17 Brittany Agey
- 19 Hannah Mason
- 19 Tracy Toliver
- 30 Erin Thomas
- 31 Yolande Mondelus



Conyers

- 1 Marcia Golding
- 5 Vickie Fuller
- 7 Sharieesa McAllister
- 7 Latoya Francis
- 8 Duval Hill
- 8 Laketris Johnson
- 8 Jessica Parker
- 9 Loraine Anglin-Crooks
- 17 Maria Bachiller
- 17 Tonja Olaoluwa
- 20 Shakiyah Cooley
- 23 Tracy Mitchell



Tarpon Point

- 5 Doralys Lechugs
- 8 Yusisley Garcia
- 10 Mildred Smith
- 12 Aretha Hansen
- 15 James Kruger
- 16 Moyra Perez
- 17 Vanessa Grady
- 31 Rosa Castro



Fayetteville

- 3 Jamelia Suggs
- 7 Sharon Johnson
- 8 Keisha Grant
- 12 Jazzmyne Swanson
- 15 Asha Faison
- 27 Lorette Wesley
- 30 Julius Campbell
- 31 Maxine Bennett



McDonough

- 1 Yolanda Evans
- 3 Felicia Detrinidad
- 4 Josephine Campbell
- 4 Saffie Khyne
- 12 Marie Remy
- 13 Katisha Holley
- 13 Cheriese Fuller
- 14 Marie Dambreville
- 16 Julisa Raemmler
- 17 Dominique Fuller
- 21 Rosemary Omokhudu
- 23 Barbara Byantalo



Cartersville

- 1 Kayln King
- 8 Hope Calaway
- 10 Anne Tillman
- 16 Shannon Hardy
- 19 Constance Cooper
- 20 Cari Planert
- 22 Sheryl Parry
- 23 DaQuan Cooper
- 26 Elwiter Koike
- 28 Julionna Woolfork



Jackson

- 1 Courtney Reeves
- 7 Ashley Cross
- 12 Chyanne Smith
- 12 Cathy Ingrid
- 16 Rhiannon Fossett
- 17 Jessica Stewart
- 17 Tiffany Covington
- 19 Althea Atwater
- 20 Feor Goolsby
- 21 Belinda Jones
- 26 Lebreda Brown

Normandy

- 4 Kenyatta Wims
- 16 Susan Andries
- 20 Pascale Jean
- 29 Denisecia Moody
- 30 Cleante Charles

Happy Birthday

Ocoee

- 1 Tonnetia Jones
- 7 Indira Campbell
- 12 Daphne Anderson

October Birthdays

Fulton Center

1 Angela Wiggins
7 Sharon Johnson
9 Michael Ostrozynski
10 Jahki Nash
18 Michele Bowens
23 Edith Udennaka



Nancy Hart

6 Shayla White



Renaissance

4 Olivia Collings
7 Sidra Brown
10 Lavista Allen
12 Melissa Matheny
16 Brooke Paez
24 Shandra Watson

Happy Birthday

Supervisor Shout Outs



Michelle Kabat - "A lot of people have gone further than they thought they could because someone else thought they could". On behalf of all the BOM's at all your facilities, thank you Michelle for always supporting and encouraging us to reach outside of our comfort zones, your efforts and knowledge you share with us is invaluable.
~ Kim Williams



Disheka Robinson - Thank you for going above and beyond to help make sure our building is clean!!! You have been a great example of leadership, teamwork, and dedication to the facility!
~ Julisa Raemmler



Vicki Ryan - Thank you for being the interim RN Nurse leader (DON)!!! You continue to exude grace, professionalism, and compassion!!! You rock!!
~ Julisa Raemmler



Robyn Smith - You're an awesome person to work with and you always find a way to make everyone's day!
~ Savannah Alewine



Environmental Staff - Thank you for your dedication and all that you do for the facility as well as the residents. We appreciate you very, very much!
~ Savannah Alewine



Maintenance Staff Bud, Chad & David — You have shown so much dedication to the facility, the residents, and to all the other staff. We all appreciate everything you do and we're grateful to have such a great team!
~ Savannah Alewine

FULTON CENTER



Bridgett - Thank you for always keeping the front receptionist area organized. Keep showing amazing care to all the residents and staff.
~ Quinnethia



Donald - Thank you for keeping our building up to par inside and outside.
~ Fulton center



Cynthia - Thank you for always stepping in whenever you are needed and keeping our residents groomed so well.
~ Quinnethia

Give 'em
Pumpkin
To Talk
About

"What's
cooking'
gourd
lookin' "

"Don't
go(urd)
breakiin'
my heart."

A little Halloween Pun

Gourd
out of
my mind

I'm a
Pun
King

Go Big
or
Gourd
Home

Supervisor Shout Outs

FAYETTEVILLE



Pernel Wright - This shout out is from the Resident Council and personal observation. **Pernel** is a very hard working, dedicated CNA. She takes pride in her residents' appearance, making sure they look as good as they feel. She is willing to help her fellow CNA's and takes any assignment. She was truly missed during her vacation! Keep up the good work. You are greatly appreciated.
~ Resident Council & Margaret



Daphne Pygeol - You are such an AMAZING leader and NURSE! Your heart is HUGE and you are such an asset to the staff, families and especially the RESIDENTS! Continue to be a STAR!
~ LaToya Carr



Mrylande - An unforgettable face... It's been a long time coming. We are glad that you are back and going strong. A huge thank you from staff, especially me. Your work is appreciated and noticed by many. The residents love you!
~ Shanna

JACKSON



Jennifer V, Laura B & Oteria O - Thank you for all your teamwork and long hours to make sure our residents and employees stay safe. Y'all are very appreciated and this facility is blessed to have you as leaders.
~ Laura Carlson



Dena Roach - Thank you to Dena for being a team player and coming in to help with covid swabs.
~ Tiffany Covington



Westbury Resident Council - Thank you to our Resident Council for their thoughtfulness.
~ Tiffany Covington



CARTERSVILLE



Mark Richards - 'Chief Mark'. Cartersville Center thanks you for your baked goods and sweets and all you do for our facility. The team appreciates you.
~ The Staff/ Tracy Brown



Ashlee, Leigh & Hope - It is great having team members like you. I appreciate each of you for coordinating the associate cook out.
~ Tracy Brown

POWDER SPRINGS



Jaymar Saniatan - Jaymar is our part-time Registered Dietitian recently hired 5/31/21. He has been a great help in the Nutrition Department always doing what is requested without complaints. He is always here as scheduled balancing his busy 5-person family and home life with this job and his other job commitments.
~ Julane Contursi



Nickia Anderson - Thank you for everything you do around the building! From running your activities to helping out at the receptionist desk, you are a wonderful person! thank you for all you do!
~ Mariah Gray



Ron Boudeau - Thank you for being a very dependable person and a wonderful Therapist. 6 years of dedication to Powder Springs!
~ Vivian Smith



Dawn Jackson - Thank you very much for all your help. The flowers were beautiful.
~ Margalie Cherenfant

Supervisor Shout Outs



When in need, **Eva** is always there to help! Thank for your support at the front desk.
~ Blair



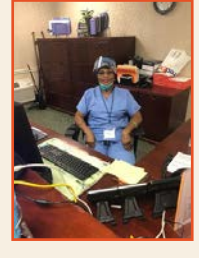
David, thank you for all your hard work in housekeeping!
~ McCormick



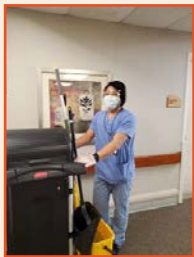
Kevin is always ready to lend a hand in Dietary and Housekeeping. Way to go!!
~ Callaway



Kim - Thanks for being a team player and working in Housekeeping!
~ Jaime DeAngelis



Robin, Thank you for the helping hand in covering the reception desk. What a team player!!
~ Lowry



Eiji is an amazing Team Player. He recently became our Activities Assistant. He has helped out in many other departments ie; CNA, Central Supply, and Housekeeping.
~ Jaime DeAngelis



Carrie - Thank you for helping in housekeeping.
~ Deloach



A few shoutouts from Michelle Lewis



Terrance McGee - A special shout out goes to Terrance for going the extra mile to ensure your residents have all the resources they need despite having to be isolated!



Lesetta Leslie, RN - Special Thanks goes to you Mrs. Leslie for always being available for your team no matter the hour of day! Your associates look to you for your guidance and wisdom and you are always providing hands on care and providing direction and leading by example! We love you and we are so grateful for all you do!

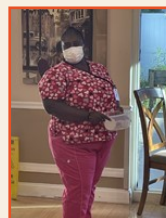


Neneh Bengal - Thank you for taking special care of our new residents to make sure they have all the needed supplies and equipment upon admission! Your attention to detail is what makes the biggest difference in the care the residents receive!

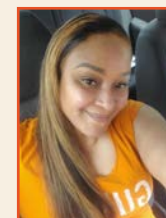
TARPON POINT



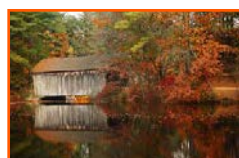
Tammi Page - Many thanks for all your hard work!
~ Ruth Cruz



Shanika Austin - Your starlight fall prevention room has been excellent. It is exactly what our residents need! Thank you for being a part of the team! Your dedication means more than you know.
~ Javier Orta



Mildred Smith - Thank you for being part of our team and for always being willing to help!
~ BOM



Supervisor Shout Outs

A FEW SHOUTOUTS FROM SUZETTE



Heidi Trimble - Welcome to our team as our DON. Make yourself right at home. Thanks for all you are doing, it is greatly appreciated.



Sanquisha Allen - You are doing a great job with laundry. Thank you for all you do!



Sandra Cox - I so appreciate your commitment to our residents. You work whenever needed. It's been a pleasure getting to know you. Thank you for all you do!



Melissa - Thank you for filling in when needed. You are an important part of our team! And you have a great smile!



LaToya Romera - BOM - Toya always goes above and beyond when you stop by her office to ask a question. She stops what she is doing, gives you her full attention, and provides information and helpful suggestions. She is patient, knowledgeable, and genuinely cares. Thank you for all you do Toya!
~ Trista Delaney-Activity



Kay - Kay is very knowledgeable about her admissions and is always working together with the business office in the best interest of our residents.
~ Toya Romero



Nick Ramirez - Nick is a wonderful Maintenance Director. He handles the entire facility by himself and is always nice and extremely helpful! He even provided lunch for the Dietary Department and Housekeeping Department out of his own pocket. Thank you for being you Nicholas!
~ Toya Romero



Tyler Johns - Tyler makes my job so pleasant even when her own work day is so incredibly busy. She's the best BOM ever!
~ Rosa Ferguson



Alice Thelisma-Agent - Alice is an amazing CNA. Hard working, caring and dedicated. She takes amazing care of her residents and is a pleasure to work with.
~ Cindy Collins



Larry Lance - Thank you for going above and beyond to keep our building clean....You Rock!
~ Patrina Jackson

National Pizza Month



It all started with a man who simply loved pizza – not to mention all of the hungry fans of the legendary fare. National Pizza Month made its official American debut in October 1984. The honorary month was created by Gerald "Gerry" Darnell, the owner of a pizzeria in a tiny town of Santa Claus, Indiana as well as the publisher of Pizza Today, a trade publication 100% dedicated to the ever-expanding industry.

The real reason Darnell proposed October for national pizza month? It was the month in which the first issue of his magazine made its premiere. Pizza is one of the most popular foods in the world, and for good reason. It's not only delightful, convenient, and fun to eat, but it's also widely versatile and customizable. No matter which ingredients, toppings, cut, shape, or crust variety you prefer, there exists an incredible pizza slice or pie with your name on it. So, go ahead. Celebrate October in the most delicious way possible - and be sure to express gratitude to Mr. Darnell.



National Frankenstein Day



October 30th

Supervisor Shout Outs



Regina Parker - Ms. Regina is one of our new staff members but she already has a positive impact to our team.
~ Gideon Algara



Ms. Gemma Bachiller - is very dependable. She is someone you can always count on.
~ Gideon Algara



Tracy Mitchell - Ms. Tracy is approachable and has a very positive attitude. She works well with others and is dependable.
~ Gideon Algara



Susan Alston - Hats off to my colleague for embracing her new role as Marketing Director with gusto! She quickly got busy planning Meet & Greet lunches with two nearby facilities for ALF Week last week. And this week she made sure we celebrated our fab in-house therapy team during Rehab Week with lunch, Italian-style. Thank you Susan!!
~ Tracy Mitchell



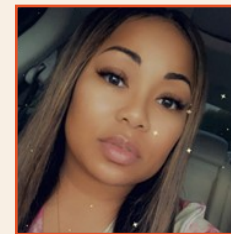
Kimberly Maylor - No matter the assignment, Kimberly always steps up and gives her all! Her hands-on management of the recent move of more than 25 LTC residents (and all their belongings) is just one example. Thanks to her efforts, we were able to relocate our Rehab/PUI units in record time. From directing helpers to physically moving patients, furniture and belongings, she was amazing!
~ Tracy Mitchell



Wendy Leslie is one of our recent Ocoee Super Star Nurses that strives to deliver the Highest Quality of Life to our Residents. Thank You Wendy .. Continue to ROCK!!!!
~ Luis Rodríguez



Ilanie is always observed going above her call of duty-Never hesitates when asked for assistance-THANK YOU !!
~ Luis Rodríguez-Life Enrichment Coordinator



Ebony Felder - Great job during our annual survey.
~ Akissi



Jacquelin Pistorio - I noticed how attentive and detail oriented Jacqueline is with her residents and I can tell they truly love having her. Thank you for everything you do!
~ Toya Romero



Derrick, Miso & Ebony - You all are the greatest! Thanks so much for what each of you do.
~ Akissi



RENAISSANCE



Covid Team - These ladies rock!! They're the best COVID team here at Renaissance!



Wound Care Team - Our amazing Wound Care Team has been doing great work here at Renaissance! You all are the BEST!

A FEW SHOUTOUTS FROM PRACHI

If human beings had genuine courage,
they'd wear their costumes every day of the year, not just on

Did You Know?



Christopher Columbus did not land on the U.S. mainland. He landed on an island in the Caribbean. While many believe he landed on San Salvador, there is still debate on which island he originally landed on.

HEROES OF EMPIRE CARE CENTERS

Cartersville Center for Nursing and Healing



Joyce Kamau

Joyce is one of our long term LPN's. She always has a smile on her face, and goes out of her way to help any one in need. Whatever is asked of her, she is always up for the task. **Joyce** is loved by our residents, family members, and all of her fellow co-workers. Thank you, **Joyce**, for always going above and beyond. Congratulations on being Cartersville's Hero of the Month. Your ROCK!!!!



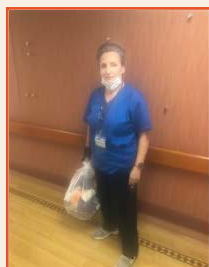
Westbury Center of Conyers for Nursing and Healing



Duvall Hill

Duvall is a Maintenance Assistant here at Conyers. **Duvall** has been at Conyers for over 8 years. You can find him all over the facility. His dedication to the maintenance of the building is outstanding! He is one that will always stop what he's doing to lend a helping hand. The residents love him, and so does the staff. Your hard work and commitment does not go unnoticed. We appreciate you and everything you do to ensure that our residents are in a safe functioning space. Congratulations on being our Hero of the Month!

University Center for Nursing and Healing



Kim Koponen

Kim - You have been an amazing team player sharing your time from PT to Housekeeping. Because of your invaluable help our residents' rooms are clean. Thank you for helping us keep University Center clean! We value your team effort!! We are proud to have you as our Hero of the Month. Way to Go!



Tarpon Point Nursing & Rehabilitation



Ruth Ratmann

Ruth - Congratulations to **Ruth** for being selected as our Tarpon Point Hero of the Month. **Ruth** was born in Cologne, Germany. She has worked in the healthcare setting for 25 years, 21 here at Tarpon Point. She is a dedicated employee and enjoys working with her residents in the Restorative Program. Staff and Residents at Tarpon Point describe her as dedicated, punctual, helpful and a Team player. **Ruth** can be seen throughout the facility helping anyone she can to make their day brighter. In her free time **Ruth** enjoys painting, gardening and spending time with her cat and dog. Thank You **Ruth** for your dedication to Tarpon Point and our Residents.

Fayetteville Center for Nursing and Healing



Sharon Johnson

Fayetteville's Hero of the Month is **Ms. Sharon Johnson**. Although her title says "Unit Manager" **Sharon** shares the title of a Floor Nurse, CNA, Educator, etc. She never shy's away from a nurse or resident in need. **Sharon** manages her unit with kindness and respect. She has truly earned her title as a front line hero. We are proud to have you as part of our Fayetteville family. Congratulations on being our Hero of the Month.

Ocoee Health Care Center



Shirley Baldwin

Ocoee is please to announce our Hero Of the Month, **Ms. Shirley Baldwin**. Thank you **Ms. Shirley** for going above and beyond in caring for our residents and for picking up shifts when needed. **Shirley**, thanks very much for caring and we celebrate you as our Hero of the Month.



Fulton Center for Rehabilitation



Jamila Tekolu

We celebrate **Jamila** as our Hero of the Month. Thank you **Jamila** for going above and beyond to assist the residents. You're always showing such amazing care and love. Thank you so much for being part of our team. Congratulations on being our Hero.



Powder Springs Center for Nursing and Healing



Jane Githaiga

Powder Springs Center is pleased to announce that our West Wing Unit Secretary, **Jane Githaiga** is our Hero of the Month!! Jane works in our nursing department and excels everyday to enrich the lives of both her coworkers and the residents. **Jane** is a true team player and is willing to step up anytime she is needed. She is a fantastic employee who's dedication is seen everyday she is at work. Congratulations **Jane** on being our Hero of the Month! You Rock!

HEROES OF EMPIRE CARE CENTERS

Riverdale Center for Nursing and Healing



Delilah Fields

Delilah is a Housekeeping Aide who is always willing to help in anyway she can with the residents. She is also a team player for her fellow associates. **Delilah** has a spirit that is so attractive to those around her. She finds the best in any situation and always has a smile on her face. She knows all her residents by their name and she has great conversations with them when she is providing a service for their room or in the general population areas. She brings a special light to those around her. She is an advocate for the residents and is always willing to be a listening ear for them and a voice to express their needs. Her residents love her and so does her fellow associates! Congratulations on being our Hero of the Month!

Nancy Hart Nursing Center for Nursing and Healing



Patricia Thompson

Patricia has been chosen as our employee Hero of the Month. **Patricia** works in our Housekeeping Department. She dose a great job on all levels. **Patricia** takes pride in her job. She is hard working, and dependable. **Patricia** will volunteer her help with activities anytime she is asked. She is fun to work with and has a lot of enthusiasm. You are an important part of our team and it is a honor to nominate you as our Nancy Hart's HERO of the Month. **Patricia**, keep up the good work! We so appreciate EVERYTHING you do! You are our HERO!

Orange Park Center for Nursing and Healing



Kimberly Jordan

Kimberly has worked with us for 13 years as a Certified Nursing Assistant. She has received many family compliments for going above and beyond to help, even when it is not her assigned resident. The residents always ask where she is when it is her day off. She takes care of and treats the residents like they are her own family. We cannot express just how much we appreciate and value you **Kim**! Enjoy your "Employee Of The Month" parking spot located near the front entrance. Thank you for all that you do at Orange Park Center for Nursing and Healing. Congratulations on being our Hero of the Month!

Normandy Center for Nursing and Healing



Marquia Johnson

When problems arise, **Marquia** pulls her sleeves up and jumps right in to help and be the Hero we need! She has taken on an incredibly demanding position and continues to push through all of the obstacles thrown at her to make sure our residents are taken care of! Thank you from all of us and the Residents! We are all so thankful and proud to have you as our Director of Food Services! Congratulations on being our Hero of the Month!

Westbury Center of McDonough for Nursing and Healing



Richard Fleming

Richard "Bud" Fleming is our Employee Hero of the Month for Westbury of McDonough. **Bud** Has stepped up to assume the position of Housekeeping Director in addition to his duties of the Maintenance Director. **Bud** is always willing to help at the facility and does so with a smile (as much as his mask will reveal)! Last week he was asked to pick up some PPE for the building. **Bud** took time out of his busy schedule and braved the Atlanta traffic on a Saturday to pick up our PPE. We love **Richard's** sprit and willingness to do whatever it takes to get the job done here at Westbury of McDonough. **Bud** you are truly our Hero!

Westbury Center of Jackson for Nursing and Healing



Nora Sands

Westbury Center of Jackson is proud to announce **Nora Sands** as our Hero of the Month! **Nora** is an asset to our center in so many ways. She has excellent attendance and trains many new employees in the laundry department. **Nora** is a true leader, is always positive, and strives to ensure our residents always have what they need. She is loved by the residents and other staff members for her willingness to always lend a helping hand. Thank you, **Nora** for your exemplary performance in our laundry department. You are a true HERO!

Renaissance Center for Nursing and Healing



Lavista Allen

Lavista has been recently promoted to Central supplies and Medical Records from being an Activities Assistant. **Lavista** is very dedicated associate who goes above and beyond to assure our residents are taken care of. **Lavista** has been in long term care for a very long time and it's amazing to see her enthusiasm for the work she does. It takes a special person to continue to show compassion and dedication in long term care, and we are so great full to have her in our team! Congratulations on being our Hero of the Month!

What is a HERO?

- * A Hero is a person who does the right thing because it's the right thing to do.
- * A Hero is as a person who leads by example and doesn't realize they are leading by example.
- * A Hero is kind.
- * A Hero is compassionate.
- * A Hero keeps going, even when tired.
- * A Hero sees problems as opportunities.
- * A Hero overcomes obstacles.
- * A Hero is a team player. A Hero puts others needs first.
- * A Hero Heals with Heart.



Fayetteville

Shout Outs

- ❖ To **Stephanie Brown** from Pam Mosely - I want to say THANKS for always going ABOVE AND BEYOND in every department. You always lend a helping hand where needed. Thank you for all that you do!! We appreciate you.
- ❖ To **Margret Helman** from Sarah Kagondou - Margret is the best Activities Director I have ever worked with. She has a passion for what she does. She is very creative with resident activities and attentive to their individual activity preferences. She also makes sure residents are aware of the seasons and holidays by decorating the indoors and outdoors accordingly. She recognizes their birthdays by sticking birthday cards outside their doors and also posts American Flag cards outside the doors of all who have served in the military. Keep it up Margret. Also, for being in the same facility for over 30 years gives you a BIG, BIG shout out!
- ❖ To **Margret Isaac** from Sarah Kagondou - Margret is pleasant to work with. When she sees another employee in need of assistance, she steps in to help even before she is asked. She is a very good team player.
- ❖ To **Keisha Grant** from Shana Roberts - Thank you for all you do! U rock!
- ❖ To **Lamar Tatum** from Nyisha Hutchinson - Thank you for always fixing what I need fixed. You are my go to handyman and I truly appreciate you.
- ❖ To **Asha Faison** from Shana Roberts - Thank you for all you do on the skilled nursing unit!
- ❖ To **Carline Anovil** from Asha Faion - Thank you for always doing the absolute best! Our residents love you!!
- ❖ To **Margaret Helman** from Tawanna Quiller - Thank you Mrs. Margaret for the helping hand you are always willing to give. You are always willing to help with a smile. You have been a big help and you are greatly appreciated. THANK YOU!!!
- ❖ To **Sulaiman Kamara** from Asha Faison - My 300 hall WARRIOR!! Thank you for always taking care of your assignment when scheduled.
- ❖ To **Pam Mosely** from Nyisha Hutchinson - Every time I see you in the hall, you always have a smile on your face. I never know if you are having a bad day because all I ever see is that smile. Thank you for being you and helping when needed.
- ❖ To **Kiesha Grant** from Shana Roberts - You are the BEST!! Thank you for all you do.
- ❖ To **All Supervisors** from Nyisha Hutchinson - I want to say Thank You to each one of you. You come in day in and day out and give the staff and residents your best. Although you may have other problems going on, each and everyone of you never bring it to work. The true definition of "Leave your problems at the door." All of you rock Keep up the great work. Team Fayetteville, we are a family, not just co-workers..
- ❖ To **All Nurses & CNA'S** from Nyisha Hutchinson - You all rock, Thank you all for taking such good care of the residents. It is always such a joy to see all of you work as a team to get the job done. Just know that we all see the greatness and strong will in each and every one of you.
- ❖ To **Gabe Beckley LPN** from Dorrett Green Unit Manager - Thanking you from the bottom of my heart for holding down the fort while I was on vacation, much appreciated.
- ❖ To **Lamar Tatum Maintenance Assistant** from Dorrett Green Unit Manager - Never says no even when i call his phone too much. Always with a very pleasant attitude. Lamar, thanks for all you do.
- ❖ To **Lamar Tatum** from Tawanna Quiller - Thank you for always being willing to help and being a team player with an optimistic attitude.
- ❖ To **Yolande Propere** from Stephanie Brown - Thank you for 9 years of hard work, always willing to help others and always do it with a smile! You are the best!
- ❖ To **Tommy** from Shanna - I tip my hat to you Sir, well you know what I mean, LOL... Thank You Tommy for coming through several times for us. We really appreciate you. Your pleasant attitude and that smile is enough to brighten anyone's day!
- ❖ To **Pamela Mosley** from Christy Dumas - Shoutout to Pamela Mosley for keeping our residents scheduled for doctors appointments and keeping a professional demeanor with our families. You are a team player. You are a great asset to Fayetteville Center for Nursing and Healing!! Thank you and Thank you!
- ❖ To **Sandra Bruno** from Asha Faison - You have been a HUGE asset to the team! I'm so thankful to have you on my unit.
- ❖ To **Dorrett Green** from LaToya Carr - Thank you for LEADING, MANAGING, and taking care of the TCC Unit! You are a breath of fresh air and I am thankful to have you on my leadership team! Your smile and personality brings JOY to everyone around. Continue to BE GREAT!
- ❖ To **Jaya the Receptionist** from Shanna - Thank you Jaya for your kindness that you have here. That eagerness to assist is just natural for you. We appreciate you greatly!
- ❖ To **Joan Forbes** from April Stinson - Thank you Joan for always having a smile!
- ❖ To **Gabriel Beckley** from April Stinson - Gabe always handles anything that comes his way on our TCC unit. Great Job Gabe!
- ❖ To **Asha Faison** from LaToya Carr - Where do I start! You are a true team player and will jump in and DO ANYTHING for your team. The staff is happy to have you and I am honored to have you on the Leadership team! YOU ROCK!
- ❖ To **Sharon Johnson** from Shana Roberts - Thank you for all you do on the skilled nursing unit.
- ❖ To **Julius Campbell** from Nyisha Hutchinson- I want to say thank you for always being first on the scene when the residents need someone to confide in and make things better. Thank you for all that you do. You are greatly appreciated!!!
- ❖ To **Pam Mosely** from Tamisha Barnes - I want to thank you for always being a team player and assisting me with a smile. I really appreciate you. You are the Best!!
- ❖ To **Asha Faison** from Tamisha Barnes - You are Awesome! I just want to say Thank You for being a team player and making me feel like a part of the team. You are always willing to assist with a smile.
- ❖ To **Shana Roberts** from LaToya Carr - Shana, YOU are a great example of True Leadership and Teamwork. I have felt so welcome and all my needs have been met and you continue to GIVE daily to our entire staff! Thank you for all you do!
- ❖ To **Pam Mosely** from Lamar Tatum - I want to say thank you for the caring and concern you have for residents when you are arranging for transportation to their doctors appointments. You follow up to make sure they arrive for their appointments as scheduled, you keep the residents and their family members updated. Thank you for all your help with that normally doesn't fall under "Medical Records".
- ❖ To **Jennifer Charles** from Margaret Helman - Another Resident Council shout out is for Jennifer Charles. This CNA. has been with the facility 15 years and works the night shift. The residents she works with think she is wonderful and are always pleased when she is here.

Special Thanks from Kawanna



The last two years have been a struggle not only in our industry but also in our personal lives. We have all faced new challenges that have left us wondering how we could keep moving forward but in spite of it all here we are stronger, wiser and more resilient than ever. I salute each of you at Fayetteville for your tenacity and resilience in an industry that was already challenging but in the midst of COVID - 19 has become down right brutal. Not only have you stayed strong but you have ensured that our residents and families have solid support pillars to lean upon. Thank you, as I always tell you, I could never express my gratitude enough. Thank you for going above and beyond your job duties, thank you for treating one another like family, thank you for allowing me to work along side you. Thank You, Thank You, Thank You!

Conyers

Shout Outs

- ★ To **Gideon Algara** from Rodelia Jones - Thanks for always willing to help.
- ★ To **Tracy Mitchell** from Michelle Kabat - Tracy, you rock! Thank you for all your hard work! You are such an asset to the facility and do a fabulous job!
- ★ To **Kabat** from Michelle - Thanks for all your hard work! You are greatly appreciated!
- ★ To **Michelle Shine** from Johnny Perkins - Michelle, you have been a valuable asset to our department. Your efforts contribute, greatly, to our success! Thank you so much!
- ★ To **Jayson Shaiffer** from Johnny Perkins - Jayson, I am amazed at how well you have adapted to the department and made your transition from "The New Guy" to one of the Team. Everything you do, makes my job that much easier and I appreciate you. Thank you so much!
- ★ To **Javie Cariasio** from Johnny Perkins - Javie I really appreciate you, for filling in when I was on vacation. Your efforts made my time away, worry free.
- ★ To **Dacia Milan** from Johnny Perkins - Dacia, I appreciate all of your efforts to help make our department run smoothly. Your commitment to your job help make my job easier. Thank you so much!
- ★ To **Megs Bachiller** from Rodelia Jones - Good customer service. Very efficient at her job.
- ★ To **Patrice Hurst** from Regina Parker - Patrice has come in with a plethora of knowledge and willingness to teach and assist. Thank you for all that you do!
- ★ To **Valerie Moffett** from Regina Parker - I wanted to recognize Valerie for her willingness to answer my MANY of questions as I transitioned into the facility. She did so while being very pleasant and inviting.
- ★ To **Becky Jones** from Tracy Mitchell - You are an Awesome MDS coordinator. I will miss you so much. Good luck on your new venture.

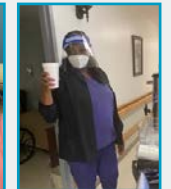
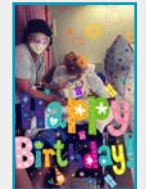


A FEW OF OUR SHOUTOUT FOLKS



Cartersville

- ❖ To **Liza (nurse In Covid Unit)** from Shiella (OTR) - THANK YOU for being a positive and vital asset to the Nursing team. THANK YOU for providing dignified care to your patients and residents. Keep it up!
- ❖ To **Ashlee McClure** from Trena Leonard - Thanks for all you do to help out on the unit.
- ❖ To **Chanteal** from Chantale - Thank you for going above and beyond!
- ❖ To **Leigh** from Ashlee - Thank you for everything you are awesome!!!
- ❖ To **Sherry Gregory** from Eddie - Thanks for all your hard work you do in laundry.
- ❖ To **Elle (CNA)** from Shiella Sy - It is no question that you have a challenging, tireless job, but despite all that, you still push through and do the best you can for your patients... thank you. I appreciate your help!
- ❖ To **Kayla (CNA)** from Shiella (OTR) - Thanks for all the help and for taking care of our residents! Keep the positive attitude.
- ❖ To **Ira Ellis** from Trena Leonard - Thank you for all you do to help us out on the unit. We really appreciate it.
- ❖ To **Shondre Clemons (SLP)** from Shiella (OTR) - You're the BEST speech language pathologist I know. Keep up the good work!
- ❖ To **Mama Janice** from Ashlee - Thank you for everything you do for our residents and staff!
- ❖ To **Ira** from Ashlee - Thanks for being amazing!!!
- ❖ To **Courtney** from Candice - Happy Birthday Courtney!!
- ❖ To **Sarah Miles** from Activities - You're a great CNA thank you for all you do!
- ❖ To **Eddie** from Activities - Thank you for all of your hard work Eddie!
- ❖ To **Tim** from Eddie - Thanks all for all you do.



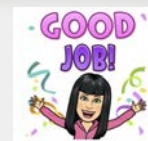
McDonough

- ★ To **Tonya Foster** from Rose Cummings - You always do whatever is necessary to get the task done. Thanks for all you do. It's greatly appreciated.
- ★ To **Laura Carlson** from Michelle Kabat - Thank you for your hard work! I appreciate you so much. You do such a great job and I really appreciate you!
- ★ To **Theresa Bell** from Rose Cummings - Even though you are now a PRN worker, you are always willing to do an extra shift when I ask. Thanks it's greatly appreciated.
- ★ To **Robyn Smith** from Tricia Pair - You are always so helpful. Thank You so much for helping me today, I truly appreciate it.
- ★ To **Joye England** from Tiffany - Thank you Joye for 50 years of service at Westbury of Jackson.
- ★ To **All Staff** - Say hello to Mr. Calvin Walker's Dog, Sammy.
- ★ To **Vickcy Ryan** from Calvin Walker - Thank you for stepping into our interim DON role!



Powder Springs

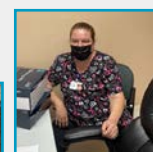
Shout Outs



- ✿ To **Maggie** from Toni - Great job to you and your team on the beauty pageant.
- ✿ To **Mr. Sunday** from Ms. Davis - Thank you for your commitment and dedication to our residents.
- ✿ To **Ms. Claudette** from Ms. Toni - Thank you for a great job, well done.
- ✿ To **Ms. Dee** from Ms. Toni - Thank you for your leadership in the Restorative Department. You're doing an awesome job.
- ✿ To **Julie** from Ms. Toni - Big thank you to you and the entire Power Springs Team for a beautiful birthday celebration. I will never forget this one, it was such a blessing. Love you all.
- ✿ To **Felisha** from Toni - Congratulations on your baby boy!
- ✿ To **Lynda Hart** from Vivian Smith - Thank you for your extra help this month. We appreciate you!
- ✿ To **Fritz** from Toni - Thank you for being a great escort for Ms. Dobbs.
- ✿ To **Housekeeping** from Jayne Aniagor - Shout out to the Housekeeping team, Glen, Angie, Yolanda aka 'Yoyo', Mrs. Adebola Ojemuyiwa and others. Thanks for your hard work and perseverance in this COVID 19 pandemic. You are greatly appreciated.
- ✿ To **Nursing Department** from Jayne Aniagor - Shout out to all the awesome nurses who don't always get a pat on the back. You are valued and appreciated!
- ✿ To **William Watson** from Katrina Hoskins - We are so proud of you. Welcome to our crazy family.
- ✿ To **Linda Butler** from Perri Eichenlaub - Thanks for going above and beyond to get your Covid tests done every week. Really appreciate the effort you put forward!
- ✿ To **Katrina Hoskins** from Perri Eichenlaub - Thank you for always being so on top of getting your Covid tests done every week! I appreciate how responsible you are for getting yourself tested. Thank you!
- ✿ To **Louisa- RN Unit Manager** from Senan - Thank you - for all you do . Since taking charge of the unit, it is clear the skill you bring to the team.
- ✿ To **Sarah Clarke** from Vivian Smith - Happy to have you as a member of our Rehab team at Powder Springs.
- ✿ To **Activities Team** from Mariah - Congratulations on helping Ms. Dobbs win the GHCA pageant! It was truly beautiful seeing her at her crowning ceremony with a big smile on her face! The celebration was beautiful. Thank ya'll for everything that ya'll do for the residents!
- ✿ To **Louisa Phillips** from Jane Aniagor - Thank you for your hard work despite the challenges you most face. Kudos!!!!
- ✿ To **Edith Fride** from Julane Contursi - Edith has worked as the new Dietary Manager for the past 6 weeks and has put in endless hours due to the shortages in staff, and the many challenges with other shortages with food & paper products. Edith has been very receptive to learning, and extremely grateful for all the help given to her by her colleagues.
- ✿ To **Jayne Aniagor**(West Wing Unit Manager) from Dawn Jackson (East Wing Social Worker) - Jayne is the most of everything! She will do anything you ask and on time. She's a team player that does it with a SMILE! Jayne you ROCK!
- ✿ To **Carla** from Mariah - Thank you for your participation in the crowning ceremony.
- ✿ To **Kylee Parks** from Katrina Hoskins - Happy 1st Birthday!



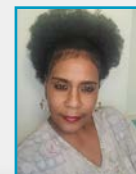
A FEW OF OUR SHOUTOUT FOLKS



Ocoee



- ✿ To **Erin Driver** from Michelle Kabat - Thank you for all your hard work! I appreciate you so much! You rock!
- ✿ To **Neka Hodge** from Michelle Kabat - Thank you so much for all your hard work! You are greatly appreciated!
- ✿ To **Deonarian Guitre** from Corey rodriguez - You are always looking out for me. You are a ROCKSTAR and I appreciate all that you do. Stay awesome!
- ✿ To **Eunice Rivera** from Derrick Jackson - Thank you for all you do. Central supply, bus driver and lead CNA.
- ✿ To **Ebony Felder, ADON, IP** from Derrick Jackson - Thank you for your dedication to your craft. You're a shining example for all employees.
- ✿ To **Linda and Marsha** from Sharmaine Reddick, PT - You ladies do an amazing job working together as a team to make sure the COVID unit is operating efficiently. Job well done!
- ✿ To **Luis (activities)** from Sharmaine Reddick, PT - Luis you are the ultimate team player, always willing to step in when needed. I admire your hard work and dedication, You rock!!!!
- ✿ To **Onetha** from Marie Kamara - Thank you for staying on top of so many happenings and multi tasking. You always save the day with our resident room moves and bed management process.
- ✿ To **Sherri** from Marie Kamara - Thank you for successfully leading our Respiratory Program and taking care of our residents. Team Ocoee appreciates you!!
- ✿ To **Shirley** from Corey - Thank you for all that you do for residents and staff. I appreciate you for more than just your work. I also want to celebrate your character and the positive effect you have on others.
- ✿ To **Shantele** from Marie Kamara - Thank you for all that you do for our residents and families. You are a great team player and very much appreciated!!
- ✿ To **Artarshia** from Maria Kamara - Thank you for running your department so well, with such a great attitude and amazing customer service skills.. You are an asset to Team Ocoee and you are very appreciated!!
- ✿ To **Olea and Marie** from Onetha - Thank you ladies for taking care of our residents. You two are awesome!!

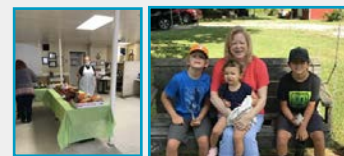


"Halloween was confusing. All my life my parents said, 'Never take candy from strangers.' And then they dressed me up and said, 'Go beg for it.'" ~Rita Rudner

Nancy Hart

Shout Outs

- ✦ To **Suzette** from Beth - Thank you for all that you do Suzette!
- ✦ To **Chick** from Beth - You are awesome keep up the good work! Happy Housekeeping Week!
- ✦ To **Sam** from Beth - Thank you for making the floors shine! Happy Housekeeping Week!
- ✦ To **Randy** from Beth - Thank you for going above and beyond what you do! Happy Housekeeping Week!
- ✦ To **Bass** from Beth - Thank you for getting footloose and fancy free with our residents.
- ✦ To **Shayla** from Beth - Happy Birthday!!!
- ✦ To **Everyone** from Carol - Thank you so much for the retirement party today! I am going to miss each and everyone of you and am blessed that you have been part of mine. This is a new beginning for a new chapter in my life, and am looking forward to it! Hugs and lots of love!!
- ✦ To **Cassandra Greasham** from Treasure - Thanks So Much For All You Do.
- ✦ To **Carol Rousey** from Suzette - It's a HAPPY, HAPPY day today for Carol!
- ✦ To **Sandra** from Beth - I caught you with your fingers in the cake! LOL!!
- ✦ To **Sanquisha Allen** from Suzette - Keep up the good work Sanquisha!



Fulton Center

- ✦ To **Evening Shifts CNA's** from Activity Dept - To all my evening shift CNA's, keep up the good work.
- ✦ To **Rehab Dept** from Activity Dept - Big shout out from our residents!
- ✦ To **Lisa Rodgers** from Michael Ostrozynski - Welcome to team Fulton as our new Dietary Manager!
- ✦ To **Joanna Perdue** from Tommy Brown - Thank you Joanna for working so hard everyday in the laundry department.
- ✦ To **Shannon Perdue** from Tommy Brown - Thank you Shannon for working in both departments (Housekeeping & Laundry) when called upon.
- ✦ To **Dondreia McCraw** from Activity Dept - Thanks for helping out when needed, you rock!
- ✦ To **Alisiah Smoot** from Angela Wiggins - Thank you for always having a great attitude while caring for our residents.
- ✦ To **Dietary Dept.** from Activity Dept. - Thank you to the kitchen staff
- ✦ To **Joe, Minnie, Stacy & Rachel** from Darryl - Happy Rehab Awareness Week. September 20-26.
- ✦ To **Mary Burnett** from Michael Ostrozynski - Thank you for the great job you do in medical records!
- ✦ To **200 Hall Nurses** from Activity Dept - You guys rock!!
- ✦ To **Fulton Center Rehab Department** from Michael Ostrozynski - Happy Rehab Awareness Week. Thank you for the great job and success you have with our residents. You really make a difference.
- ✦ To **Abraham Derric** from Angela Wiggins - Thank you for always being willing to lend a helping hand.
- ✦ To **Housekeeping Dept** from Activity Dept - You guys are doing a great Job!
- ✦ To **Cynthia Turner** from Olga Fontaine - To Our Activity Assistant you Rock, Thank you for all you do.
- ✦ To **Cynthia Turner** from Our Residents - You Rock!!! Thank you
- ✦ To **Latoya Bell** from Activity Dept - 200 Hall Nurse, keep on rocking!!!!
- ✦ To **Sonje Walker** from Mr.Travers/resident - Sonje is one of the best CNA's. She goes above and beyond, and she has a great personality. Thank you.
- ✦ To **Stacy/speech Therapy** from Sonje Walker - Thanks for having my back when needed.
- ✦ To **All Fulton Center Staff** from Michael Ostrozynski - Great job on passing our State re-visit. You guys are awesome!!
- ✦ To **Olga And Cynthia** from Michael Ostrozynski - Great job at getting the activities program on track!!
- ✦ To **Tommy Brown** from Michael Ostrozynski - Thanks for all your help with everything. It is much appreciated!!
- ✦ To **Bridgett Ogletree** from Activity Dept - To our Receptionist you rock. Thanks for helping with family visits.
- ✦ To **Keymontay Smith / Floortech** from Activity Dept. - Keep up the good job!!!



Tarpon Point

- ✦ To **Mary Hunt** from Joey Blair - Thank You for Always having fun with our residents. Going Above and Beyond Daily.
- ✦ To **Javier Orta RN/MSNDON** from Brenda Johnson RN - In appreciation of never asking anyone to do anything you would not do yourself. Best DON I have ever worked for in 30 years!
- ✦ To **Jeff In Rehab** from Javier Orta - It's very nice to have you on the team! Your kind heart makes our residents smile so many days. Thank you.!
- ✦ To **Gloria Tyson** from Javier Orta - Miss Gloria, the way you graciously do your job is such a beautiful energy. Your hard work and dedication to your profession is refreshing to see. Thank you for all you do!
- ✦ To **Javier Orta** from Ethel Thompson - The best DON I've ever known. Not only do he have compassion for his job, but he also has compassion for his residents and staff. He is a true example of what a real leader is in the work environment. Willing to go above and beyond the call of duty .
- ✦ To **Mirlene Bellevue** from Rosie Castro - Thank You for always going above & beyond for our residents.
- ✦ To **Vida Lester** from Ruth Cruz - Thanks for always be there for help, you are really appreciated!

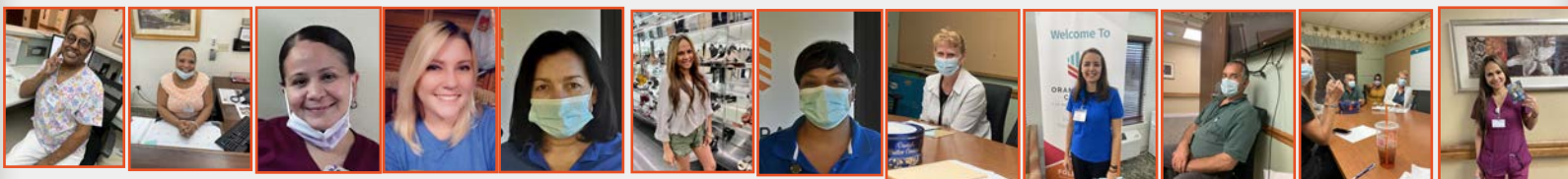
Jackson

Shout Outs

- ✦ To **Erica Owens** from Laura Carlson - Thank you for always being a pleasure to work with. Your positive attitude and smile goes a long way.
- ✦ To **All Nursing Departments** from Laura Carlson - We appreciate all your hard work and dedication. We have a fabulous team!
- ✦ To **Drika Griffin** from Activity Department - Thank you for always being dependable. You work very hard and it shows.
- ✦ To **Housekeeping** from Kevin - Thank you for your hard work.
- ✦ To **CNAs** from Kevin - Thank y'all for your hard work.
- ✦ To **Kywajee Sands** from Lebreda Brown - Thank you for going above and beyond. Great Job !!
- ✦ To **Jackie Brooks** from Laura Barber - Thank you Jackie for continuing to coming to our rescue with staffing hiccups!
- ✦ To **All Nursing Staff** from Laura Barber - Thank you to each and every one of the Nursing staff that continue to work through challenges and provide our residents with loving care.
- ✦ To **Erica Owens** from Laura Barber - Thanks you Erica for all that you do. You always approach situations with a positive attitude.
- ✦ To **Tiffany Covington** from Laura Barber - Best of Luck on your new adventure!
- ✦ To **Laundry** from Kevin - Thanks for your hard work.
- ✦ To **Dietary** from Kevin - Thank you for all you do.
- ✦ To **Front Office Staff** from Kevin - Thank you for the work you do.
- ✦ To **Tiante Moran** from Lebreda Brown - Thanks for the great job you do!!
- ✦ To **Teri Boothe** from Lebreda Brown - Thanks for doing a great job and always going above and beyond in everything you do .
- ✦ To **Courtney Reeves** from Lebreda Brown - Thank you very much for helping in the Laundry Department when we needed help. Thanks A Lot !!!
- ✦ To **Kamoi Joseph** from Laura Carlson - Thank you for picking up shifts to help our staff and residents.
- ✦ To **Ashley Cross** from Activity Department - Thank you for always lending a helping hand. We appreciate you!!
- ✦ To **Sandra Daniel** from Activity Department - Thank you for being dependable and team player. You are greatly appreciated!
- ✦ To **Nikki Lane** from Jennifer Vasil - Thanks for stepping up to the plate and being a leader when we needed you most!
- ✦ To **Collette Greene** from Jennifer Vasil - Thank you for jumping in whenever we need you!
- ✦ To **Mattie Gilbert** from Activity Department - Thank you for always providing excellent care for the residents. You are greatly appreciated!
- ✦ To **Tamera Goodrum** from Activity Department - Thank you for always making sure the residents are well groomed and happy each day.
- ✦ To **Ikella Watts** from Jennifer Vasil - Thank you for always going above and beyond to change shifts, alter your schedule, and working with us to make sure all of the shifts on your unit are covered.
- ✦ To **Donna Barnes** from Jennifer Vasil - You always go above and beyond in helping cover shifts for your unit. Thank you for always making sure our residents receive the best care and for your servant leadership!
- ✦ To **Lillian Tingle and Felicia King** from Ikella Watts - Y'all are very caring and compassionate with the residents and y'all anticipate their needs even before they know they need something! LOL! Y'all two absolutely rock and I'd be privileged to work the night shift with you ladies any night! Thank y'all for all that y'all do!
- ✦ To **Laundry Department** from Jennifer Vasil - Thank you all for working together through staffing challenges to ensure the job got done! You all rock!
- ✦ To **Colette Greene** from Laura Carlson - Thank you for picking up shifts to help our staff and residents. You are appreciated!
- ✦ To **Dena Roach** from Jennifer Vasil - Thank you for your excellent customer service to our potential resident's families.

Orange Park

- ✦ To **Zen DeLeon - Physical Therapy Assistant** from Resident Council - Resident Council would like to thank you for being a great therapist! She is also kind, sweet, and thoughtful.
- ✦ To **Trista Delaney** from Rachael - In a world of change. ...Trista is a constant...She has answers to questions and a pleasant consistent temperament. She is much appreciated!
- ✦ To **Nicolas Ramirez** from Rachael McCauley - His title is "Maintenance Man".....but he is so much more ...he is consistently pleasant and even tempered. He has a wealth of knowledge and he is very much appreciated. Thank you Nic!!!
- ✦ To **Management Team** from Faith Regan - Being awesome!
- ✦ To **Joy** from Entire Facility - Congratulations to Joy for your hard work and everything you do! Enjoy shopping with your \$100 gift card!! We greatly appreciate you.
- ✦ To **Heather Holt** from Rehab Department - Heather has been an exceptional employee to this facility, assisting in all department needs to ensure patient care and facility operations are done at the highest level. We cannot thank her enough!!
- ✦ To **Yanira Sheffield** from Resident Council - We like everything about her. She is sweet, very nice, understanding, and thoughtful. Thank you!
- ✦ To **Joy Perea** from Kristen Stafford - Joy is one of the best CNA's that we have ever worked with! She helps out anywhere she is needed and does a fantastic job at everything! She is very truly appreciated here for her dedication to all the residents and her co-workers!
- ✦ To **Rose Rodriguez** from Trista Delaney - Thank you Rose for always being willing to help out when asked, especially, when it comes to helping to translate for Spanish speaking residents and patients! I appreciate you!
- ✦ To **Tai Oquendo** from Brenda Crews - Tai is a great trainer and woman! She has helped me so much. Thank You!!!!
- ✦ To **Kimberly Jordan** from Rachael McCauley - This lady is wonderful. We needed something done in the facility...she told me how to do it and whom to talk to. She absolutely pitched in to ensure that our residents had exactly what they needed. Thank you!!!!
- ✦ To **Kristen Stafford** from Jasmine Jarrett - Kristen is the best staffing coordinator you could ask for! She really cares about her nurses and aides and helps take care of us all!

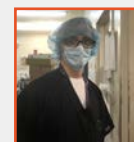
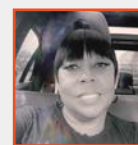


JUST A FEW OF OUR SHOUTOUT FOLKS

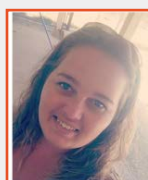
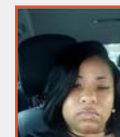
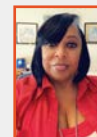
HERE AT ORANGE PARK

Normandy

Shout Outs



- ★ To **Wilda** from Activities - Thank you for always going above and beyond the call of duty.....You Rock!
- ★ To **Teresa** from Larry - Thanks for going above and beyond.
- ★ To **Amber Gant** from John Woods - Best Administrator ever! Don't even try to beat her, she is the best!
- ★ To **Chiquita Robinson** from Kerlin Haynes - The hardest working social worker in Florida!!!
- ★ To **Cindy Collins** from Tyler Johns - You are always willing to lend a helping hand when needed and I appreciate it!! You rock!
- ★ To **Krystopher Sheehan** from Cindy Collins - Always has a smile and a second to ask how you're doing. Krys is a very sweet and hard working young man!
- ★ To **Cindy Collins, Della Nyman, And Tonya Schnorbus** from Amber Gant - What a welcoming team you all made when a resident showed up at the wrong facility and you made her want to stay!! Thank you all for your hard work and dedication to Normandy!
- ★ To **Patrina Jackson Activities Director** from Raymonde Jean-Pierre - Patrina is very passionate when it comes to our residents....She will go above beyond the call of duty for them!
- ★ To **Caroline Padgett-Hubbard** from Amber Gant - You have been doing an amazing job and we are happy to have you as part of the team!
- ★ To **Mary** from Chris - Always happy!
- ★ To **Jackie Smith** from John Woods - Best DON ever, hard working and good natured!
- ★ To **Marquia Johnson** from Mary Arington - You are the best!!
- ★ To **Larry Lance** from Jeanna Stover - He is always willing to help other departments.
- ★ To **Patrina Jackson** from Chiquita Robinson - You Rock!
- ★ To **Larry Lance and Housekeeping** from Tonya Schnorbus - Thank you for making our facility amazing!
- ★ To **Lillian Harper** from Tonya Schnorbus - Thank you for the compassionate care you provide to our residents!
- ★ To **Terria Jones** from Amber Gant - Thank you for continuing to work hard through rough times!
- ★ To **Alice Thelisma-Agent** from Amber Gant - You are a bright ray of sunshine! Thank you for always having a positive attitude and sharing your light with our Residents!
- ★ To **Susan Andries** from Amber Gant - Thank you for all of your hard work and dedication to helping our residents!
- ★ To **Yolanda Hobbs-Pickering** from Krystyne Rubio - Is always willing to lend a hand no matter which department she is asked to work in.
- ★ To **Marquia Johnson** from Krystyne Rubio - Thank you for doing anything and everything in your power to get the kitchen together.
- ★ To **Melves Paige** from Krystyne Rubio - Thank you for going above and beyond to help cook and clean when needed!
- ★ To **Melves Paige-Alston** from Amber Gant - Thank you for all of your time and hard work to ensure our residents have staff coverage! I appreciate all you do so much!

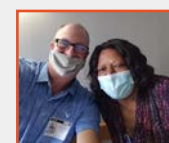


Special Thanks from Amber

I feel so proud to work with this amazing Normandy Team! The caring and passionate employees in every department go above and beyond for our residents as well as each other. Thank You for all your hard work and dedication! It is greatly appreciated.

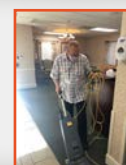
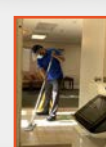
Riverdale

- ✿ To **Leslie** from Adam - You're awesome!
- ✿ To **Shelia Pratt** from Tanika Driver - Shelia Pratt is an example of excellence, expresses a genuine love for nursing, and always sparks JOY wherever she is!!!
- ✿ To **Doretta** from Tanisha - Where to begin... You are Tough but yet Kindhearted, Dedicated, Caring, But most importantly Your Are Loved... I will Miss you more then I can say. Thank you for Simply Everything!
- ✿ To **Michelle Lewis** from Dorothy Kimberling - Thanks for working so diligently on the probe!
- ✿ To **Shay Robinson** from Tanika Driver - Thanks Shay for creating FUN moments for our residents!!!!
- ✿ To **Melanie** from Tiffany L - Thank you for everything!!
- ✿ To **Riverdale Team** from Tanisha - Continue to shine through the toughest times. You all are Amazing!
- ✿ To **Santos** from Tanisha - You are doing what you do best and that's being GREAT....MR REHAB!!
- ✿ To **Lillian** from Tanisha - The Bestttttt Period.....
- ✿ To **Tiffany** from Tanisha - You are Amazing and Dedicated....Keep up the Fabulous work.
- ✿ To **Dietary** from Tanisha - You are Truly Appreciated! Thank you for Every Single Thing you do.
- ✿ To **Sheila** from Tanisha - A Yes in A Room Full of No's.... You Are the Best And My Soul Sister!!
- ✿ To **Keith** from Tanisha - Your Loyalty is UnmatchedThank you for all you!
- ✿ To **Gina** from Tanisha - A Great Nurse indeed!
- ✿ To **Delilah** from Tanisha - You stepped right in and Made A Gloomy Day Bright! Don't you Ever Change.
- ✿ To **Bertha** from Tanisha - You will always be GREAT at what you do. and you can COOK YOUR BUTT OFF!
- ✿ To **Rahsheem** from Tanisha - Definitely a Team Player and Very Helpful...Thank you for being Amazing.
- ✿ To **Tanisha** from Tiffany L - Thank you for the advice and the help.
- ✿ To **Vett** from Tanisha - My laughing body! Keep turning good days into Great Days!!!
- ✿ To **Michelle** from Tanisha - You're still Amazing!
- ✿ To **Angela** from Tanisha - You're so kind it seems Unreal... Don't Every change. You're Doing an Amazing Job!
- ✿ To **Mel** from Tanisha - There's no way I was leaving you Out.....Fabulous, No matter what!!



University

- ✦ To **Robert Lewis** from Sumaira McCloud - Robert (our Food Director) was caught mopping our lobby. He is a great team player!
- ✦ To **Dennis Locke** from Anne - Dennis (our Dietician), thanks for helping keep our center clean!! Thank you!!!



Employee Events

FULTON CENTER

Housekeeping Week Celebration



Plenty of good food was enjoyed by everyone during our Housekeeping Week Celebration.

UNIVERSITY

Happy Birthday



Celebrating our wonderful Administrator - **Connie O'Donnell** on her birthday!

Happy Birthday to our cheerful Activity Director, **Jaime**

Housekeeping Week



A big shoutout to all who have volunteered in keeping our facility clean. We can't Thank You enough!! Hurrray!!

There are two signs of aging. The first, you forget things.. I can never remember the second..



CONYERS

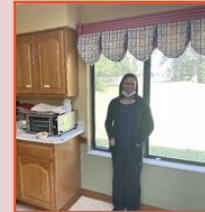
Assisted Living Week



Westbury of Conyers helped celebrate Assisted Living Week with some of our partners in the Community. We hosted a Meet and Great Lunch with Manchester Court on Wednesday, September 15, Also on September 16, we provided Lunch for the staff at Oaks Senior Living of Conyers. It was a pleasure meeting and building relationships within our community.

ORANGE PARK

Going Away Party for Rebecca Smith



A wonderful celebration showing our appreciation for Rebecca Smith's service here at Orange Park. Rebecca has been with Orange Park for 10+ years working in our Activities Department. Thank you for all your hard work, dedication to our residents, and kindness to everyone that you came across.

TARPON POINT

National Ice Cream Cone Day



Staff and Residents all enjoyed a Cool Refreshing Treat.

Breakfast for our Staff



Taking the opportunity to say 'Thank You' for all your great work!

FAYETTEVILLE

Farewell and Welcome



This month we bid a sad farewell to our **DON, Freda Butler**. She has been with Fayetteville Center for over 7 years and has had a positive impact on our facility. As one nurse put it: "She walked softly, but carried a big stick". We all wish her well in her new adventure.

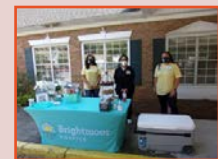
We also welcomed our new **DON, LaToya Carr**. She has already made an impression on the staff with her willingness to help wherever needed. We look forward to a long relationship with her.

Nacho Bar



The staff provided a nacho bar for all to enjoy as we said farewell to Freda and hello to LaToya. Ole'

Brightmoor Hospice



We started off the month with a "Thank You" lunch provided by Brightmoor Hospice. They arranged for the PTC Grill Food Truck to come to the facility with a variety of panini sandwiches and hot dogs. Dessert and a raffle completed the meal. No one walked away hungry!!!

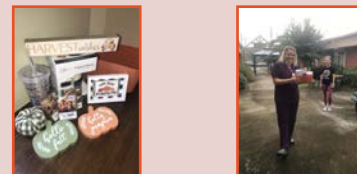
Employee Events

Amazing "Break With Brightmoor"



We are so Thankful for Brightmoor showing us some appreciation with a "Break With Brightmoor" lunch!

1st Day of Fall Fall Basket Raffle



McDonough's Fall Basket Raffle for the staff to participate in for the First Day of Fall!!! Congrats to Robyn for winning! So many amazing fall goodies like a wax melter, wax cubes, decorative signs and an awesome cup!

Fall Pumpkin Guessing Game



We decided to surprise our staff today with a little Fall Pumpkin Guessing Game! Congrats to Ms. Margaret

What a Wonderful Life



"Blessed"

We were so blessed to have been able to celebrate our beautiful resident, Ms. Gladys Halliburton who turned 107 on August 26, 2021. She was presented with two proclamations from Henry County and the City of McDonough for being the oldest resident in both locations. We are so grateful to be able to show her just how important turning 107 is.

We would like to kindly mention the passing of Ms. Gladys Halliburton on September 11, 2021. The Westbury McDonough team are very saddened by her death and extend our sincere condolences to Ms. Haliburton's family, whom we have had a long-standing relation with.

Maintenance and Environmental Service Week



We are so grateful for our Maintenance and Environmental staff for the dedication they show on a daily basis! So we showed them a little 'taste' of appreciation with a grilled chicken lunch!

A Warm Welcome to Our New Administrator Mr. Calvin Walker



Westbury Center of McDonough would like to extend a warm welcome to our new **Administrator, Calvin Walker**. **Mr. Walker**, has worked as a Nursing Home Administrator for over 9 years. He has previous careers as a Health Care Sales Representative, a High School math and science teacher, and a Blood Gas Technician in a Neonatal intensive Care Unit. He is also an adjunct faculty member at Athens Technical College in Athens Georgia. **Mr. Walker** earned his master's degree in Business Administration and Health Administration from George State University. "I feel that we're doing God's work here". "We have an awesome responsibility to care for those in transition, either recovering health or passing from this life to the next. I was raised by my grandparents, so this is something near and dear to me". "I look forward to working with the team here at Westbury Center of McDonough and the larger Empire Family". **Mr. Walker** is a Dacula, GA resident who is originally from Richmond, VA. He lives with his daughter Lauren and his dog, Sammy.



National Chili Month

Each year in October when the air starts to get a nip to it, National Chili Month comes around to warm us up. What a perfect time to honor the ultimate chilly weather snack, just as winter is right around the corner. Chili is the ULTIMATE comfort food. Close your eyes and picture this: the first snow of the year is falling outside your window, you're curled up next to the fireplace with a cozy blanket, your favorite movie on, and a big bowl of steamy, hot chili in your lap with a side of cornbread. One might think you are lying if that's NOT what you wish you're doing right now. Just sayin'.



National Taco Day



October 4th

National Smile Day



October 1st

Employee Events

Ms. Beverly Dobbs
Ms Powder Springs
Ms Georgia Healthcare Association



Meet the lovely **Ms. Beverly Dobbs** who was doubly-crowned as Ms. Powder Springs and Ms Georgia Healthcare Association. What a double honor! A magnificent turnout for a truly magnificent occasion.

Environmental Housekeeping and Laundry Week



We love all of you and thank you for all you are doing at Powder Springs.

National Physical Therapy Day



To our Powder Springs staff. Thank you for the fruit basket, celebrating National Physical Therapy Day, September 8th.

Labor Day



What a Happy Labor Day it 'twas! From residents to staff, smiles abounded and a great time was had by all.

Fall Decorating



Our residents helped decorate their courtyard for Fall.

POWDER SPRINGS

Employee Events

NORMANDY



Birthday Party



We had a wonderful time celebrating our Residents Birthday's for the month of September. Lots of Singing and Dancing!

Oh.....We can't forget the Cake and Ice Cream.



Ocoee



Pick a Decade



Tasha, DOR - 90's era ad TLC and Sharmaine PT is 80's era.

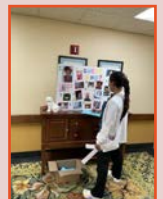


Rehab Week

Taco Bout Nacho Average Super Rehab Team

Ocoee celebrated Rehab Week with many activities including a "Guess Who" game, Wing Wednesday for our Wacky Therapist, Pizza My Heart Lunch, "Pick A Decade" 80's & 90's.

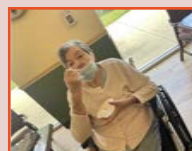
Pizza My Heart Lunch



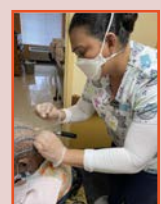
Heart Expressions



Ice Cream Social



Caught in Action Going Above and Beyond



Indira is one of our CNA 's here at Ocoee. She has proven to give exceptional care to our patients. Indira , thank you for all you do! At Ocoee we believe in " Caring With Heart "

Rock Stars Our Dietary Team



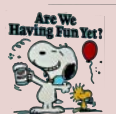
Our **Dietary Team** Rocked the state survey with no tags!!! Great job! I really appreciate everything you all do and Thank You for taking such a great care of our residents. ~ Alejandro Palacio

Employee Events

National Apple Pie Day



Our residents will always be our Apple of our eyes.



Happy National Pepperoni Day



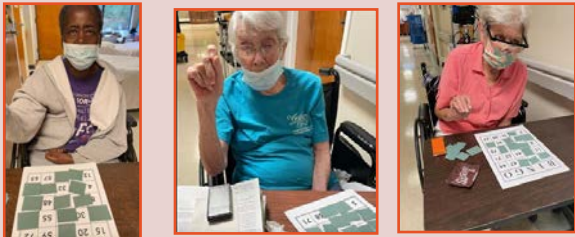
Our staff took a lot of pride in making sure our residents enjoyed some hot and fresh pepperoni pizza.

Nail Bar

A huge thank you to our Activities Department for making our residents feel special. We had a nail bar and in the afternoon we had assorted cookies for everyone to enjoy. Who Doesn't like getting pampered?



Bingo



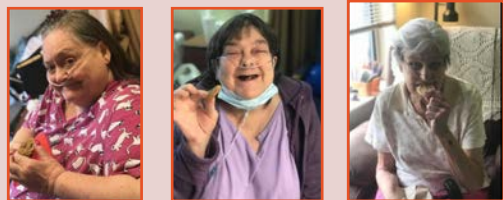
B I N G O - Our residents love playing BINGO

You The Balm



Say it with - Lip Balm! The Westbury Jackson Resident Council organized a special gift to convey that our staff is 'The Bomb' and gave them all some "You The Balm" lip balm.

Cookies



Who Doesn't like getting pampered and having sweets after lunch.

Employee Events

JACKSON

Guess How Many Cheeseballs

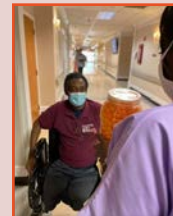
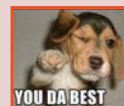


Appreciation

Many thanks to our staff for always helping our residents make the most of each day.



Westbury of Jackson is grateful for our wonderful Activities Staff for all they do.



To all our Empire Care Center Employees
Tell the world why you love being part of the Empire Care Family
We see how much HEART you put into your jobs everyday



SHARE THE LOVE
Review us on Google
With your phone



Scan the QR Code associated with your facility below and share your thoughts



Tarpon Point



Ocoee



Fayetteville



McDonough



Conyers



Jackson



Normandy



Orange Park



Cartersville



Powder Springs



Nancy Hart



Renaissance



Fulton Center



Riverdale

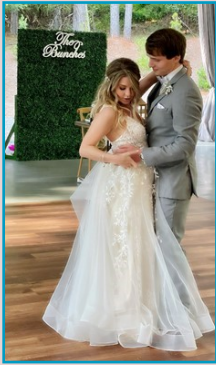


University



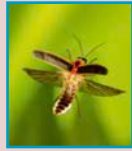
Employee Events

Congratulations



Ashleigh Karstensen Bunch - Congratulations on a beautiful wedding. Cheers To A Lifetime of Happiness.

Cartersville Fireflies



Meet our **Employee Retention Committee**. The team includes; **Hope Calaway**, Rehab Director. **Janice Banks**, CNA. **Ashlee McClure**, Admissions Director. **Leigh Ashford**, Business Office/HR Manager. These ladies will be facilitating Employee Events, as well as recognizing special weeks and days that pertain to our staff. They have come up with the name **FIREFLIES**. Their statement: -bringing magic and a sense of childlike wonder into our often chaotic and busy lives. We look forward to seeing all the wonderful things they have in store for our team, as well as helping build morale and positivity between colleagues.

Grandparents Day



Ready to Clean?



Our **Management Department** received cleaning baskets of various supplies needed to assure our guardian rooms are cleaned. These were a huge hit. The assignments are broken up to about 3 rooms per manager, so that we can all focus on each individual residents room. It's not just about cleaning, it's about personal care. We get to challenge ourselves and focus on them and get to know them better. We focus on celebrating them, their needs, challenges, and aspects of living. We focus on how to make their stay here as homelike as possible. Special thanks to Tracy Brown.



Labor Day



October



October 11 Columbus Day
October 15 Boss's Day
October 28 St Jude's Day
October 31 Halloween



Breast Cancer Awareness Month
National Down Syndrome Month
National Diabetes Month

National Chili Month
National Popcorn Popping Month
National Pizza Month
Seafood Month
Cookie Month



Just For Fun Days

October 2 World Smile Day
October 4 National Taco Day
October 15 I Love Lucy Day
October 27 Black Cat Day
October 30 Frankenstein Day
October 30 National Candy Corn Day



National Diabetes Month

Type 2 diabetes is the most common form of diabetes – and it means that your body doesn't use insulin properly. And while some people can control their blood sugar levels with healthy eating and exercise, others may need medication or insulin to help manage it.

A key part of managing type two diabetes is maintaining a healthy diet. You need to eat something sustainable that helps you feel better and still makes you feel happy and fed. Remember, it's a process. Work to find helpful tips and diet plans that best suit your lifestyle – and how you can make your nutritional intake work the hardest for you.

Fitness is another key to managing type 2. And the good news, all you have to do is get moving. The key is to find activities you love and do them as often as you can. No matter how fit you are, a little activity every day can help you put yourself in charge of your life.

Regular physical activity is an important part of a managing diabetes or dealing with prediabetes. Because when you were active, you're cells become more sensitive to insulin so it works more effectively. And you just feel better. And look better.

However you want to do it – taking regular walks around the block, or going for a run - getting started is the most important part

I doesn't matter where are you are physically. If you've never set foot in a gym, that's okay - as long as you start doing something now.

Light walking is a great place to start – and a great habit to incorporate into your life. Walk with a loved one or just by yourself while listening to music. Set goals every day and meet them and you'll start feeling like you're back in control of your life.

Employee Events

Carol's Retirement Party



Enjoy Your Retirement

Thank You Carol for all your dedication to our Residents. They will all miss you very much! Carol, YOU ARE OFFICIALLY OFF THE CLOCK! Come back and visit us. We all Love You and wish you only the best.

NANCY HART

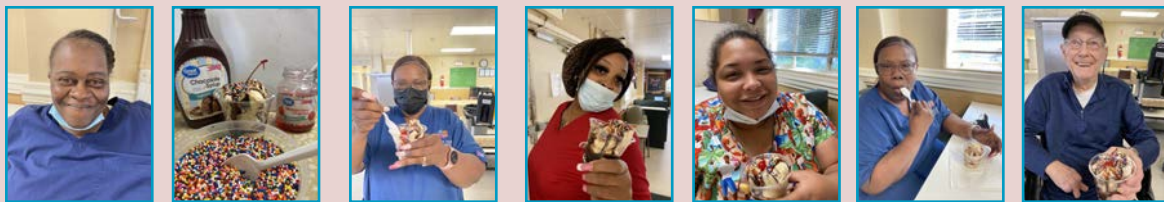


Nacho Day

Another Good Time to be had by all. Celebrating our Housekeeping staff with a Nacho Bar.

A BIG Thank You to everyone, You SHINE!

Ice Cream Sunday



Halloween's origins date back to the ancient Celtic festival at Samhain (pronounced sow-in). The Celts, who lived 2,000 years ago, mostly in the area that is now Ireland, the United Kingdom and northern France, celebrated their new year on November 1.

This day marked the end of summer and the harvest and the beginning of the dark, cold winter, a time of year that was often associated with human death. Celts believe that on the night before the new year, the boundary between the world of the living and the dead became blurred. On October 31 they celebrated Samhain, when it was believed that the ghost of the dead returned to earth.

In addition to causing trouble and damaging crops, Celts thought that the presence of the other worldly spirits made it easier for the Druids, or Celtic priest, to make predictions about the future. For a people entirely dependent on the volatile natural world, these prophecies were an important source of comfort during the long, dark winter.

To commemorate the event, Druids built huge sacred bonfires, where the people gathered to burn crops and animals as sacrifices to the Celtic deities. During the celebration, the Celts wore costumes, typically consisting of animal heads and skins, and attempted to tell each other's fortunes.

When the celebration was over, they re-lit their hearth fires, which they had extinguished earlier that evening, from the sacred bonfire to help protect them during the coming winter.

HALLLOWEEN

Employee Events



MS RIVERDALE 2021



Ms. Childress

All our contestants are beautiful in our eyes. We are so proud that Ms. Riverdale placed in the top 5 for the GHCA Pageant. We are so proud of Ms. Childress! Congratulations!!

Happy Birthday Mrs. Leon



100 Never Looked So Good

What a blessing to be able to celebrate Ms Leon's 100th birthday.

Appreciation



Riverdale celebrated all our associates in sharing fellowship over food! A huge Thank You to everyone for all you do for our residents and each other.

Good Times

Good Times

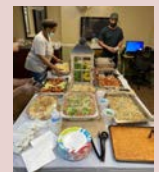
Good Times



Farewell and Congratulations to Lisa Rodgers



Congratulations Lisa! We will miss you as you continue to grow in your new role at our sister community, Fulton Center! May God continue to bless and keep you!
Please do not be a stranger. We Love You!



Traveling Around The World

Our residents enjoyed venturing around the world with the associates. Maria and Sha shared music, special events and food with residents and associates throughout the month!

