

December 2021

'Recognizing Those Who Care'

Empire Heroes for December

Fulton Center



Latanya Brown

Nancy Hart



Amanda Berrico

Powder Springs



Cheryl Berardi

McDonough



Theresa Bell

Fayetteville Center



Christine Willis

Riverdale



Josephine Louis

Jackson



Betty Jo Davis

The Meadows Center



Gloria Tyson

Normandy



Chiquita Robinson

Cartersville



Kayln King

Orange Park



Heather Holt

University



Sheniqua Smith

West Orange Center



Joy Benbow

Renaissance



Latosha Hull

Congers



Dorothy Flournoy



Ena Findlay
Orange Park Administrator

Empire Care Centers
extends a warm welcome to..



Jean-Marc Ulysse
The Meadows Administrator



Tony Wehunt - Linda Mackey
RDO, Georgia - McDonough Administrator



A Message From Kawanna Robinson Administrator at Fayetteville Center for Nursing and



Happy Holidays to each and everyone of you. The holiday season has always held a special place in my heart. There is something about this time of the year that just makes my heart happy! It feels as if the world becomes a nicer place during this time of year.

The lights are brighter, the world is more colorful, the people are more friendly, the atmosphere is more lively. It feels as if we come alive during this time of year and that the beauty of humanity is magnified.

This time of year has always been a time of gathering, family, love and laughter. This holiday season, let us pull one another close and be thankful for the joy of life. Whether you celebrate Kwanzaa, Hanukkah, Diwali, Eid al-Adha or Christmas may your decorations twinkle, your candles burn brightly and the laughter be robust around your family table.

May the tears be light and filled with loving memories that bring a smile to your heart. Take time and listen to those childhood holiday songs, while you reminisce with a smile and share the tradition of a holiday movie, while decorating holiday cookies.

Take a moment to breathe in the sweet smell of homemade sweet potato pie and enjoy the company of one another. Hug a little longer and renew your spirit. May your holiday season be filled with cheer and love that transcends throughout your years to come. From my family at home and Fayetteville Center for Nursing & Healing family, we want to wish each of you a very Happy Holidays!



New Faces

Oct 28th - Nov 25th

Fayetteville



Jennifer Stevenson

Jennifer joins our Nursing Department as a RN. She has been in healthcare for 18 years and 4 1/2 of those years as an RN. She was born in Griffin, GA. **Jennifer** is married and has 1 son and 1 daughter. In her spare time **Jennifer** enjoys traveling and



Creef Gillespie

Creef joins Fayetteville as a CNA in our Nursing Department. He brings to Fayetteville 11 years experience in the healthcare industry. **Creef** has 1 son. In his spare time he enjoys traveling.



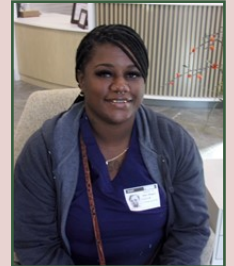
Mary Mackey

Mary joins our Nursing Department as a RN. She was born in Patterson, NJ. **Mary** has 2 sons. In her spare time **Mary** enjoys working on her small business, making custom and creative



Ashley Baker

Ashley joins our Fayetteville team as a part-time RN. She has 4 years experience in healthcare. **Ashley** was born in Opelika, AL. In her spare time **Ashley** enjoys working out, reading, and being in nature.



Keon Wiggins

Keon joins our team at Fayetteville as a PRN CNA. She has 10 years of healthcare experience. **Keon** was born in Vicksburg, MS. She has 2 sons. In her spare time **Keon** enjoys spending time with family, watching TV, reading books, and

University



Vickie Lynch

Vickie joins our University in our Housekeeping Department. A warm welcome to being a part of our team.



Noel Jones

Noel joins our team at University as a PT receptionist. We are glad you are a part of our University family.





New Faces

Oct 28th - Nov 25th

Powder Springs



Raj McMiller

Raj joins our Nursing Department as a PRN LPN. She has 32 years experience as a LPN. **Raj** was born in Darlove, MS. She has 1 son, 2 daughters and 4 grandchildren. In her spare time **Raj** enjoys spending time with her family, friends and giving thanks to God!



Clydrica Johnson

Clydrica joins our team at Powder Springs as a PRN Housekeeper. In her spare time **Clydrica** enjoys spending time with her family. Welcome to Powder Springs.



Lannie Smith

Lannie joins our Nursing Department as a part-time CNA. She has been in healthcare for 30+ years. She has 1 son, 2 daughters and 16 grandchildren. In her spare time **Lannie** enjoys spending time with her family. Fun fact she is a twin!



Martha Okeke

Martha joins Powder Springs as a PRN CNA in our Nursing Department. She has 11 years experience in healthcare. **Martha** is married and has 3 sons and 3 daughters. In her spare time **Martha** enjoys spending time with her family and friends.



Jada Mason

Jada joins our Powder Springs team as a MDS Coordinator. She has 15 years experience as a MDS Coordinator. **Jada** was born in New Orleans, LA. She is married and has 1 son. In her spare time **Jada** enjoys traveling, being a team mom, cooking and supporting LSU and the New Orleans Saints.



Nana Quayson

Nana joins our Nursing Department as a part-time LPN. She brings to Powder Springs 14 years experience in the healthcare industry. **Nana** has 3 sons and. In her spare time **Nana** enjoys listening to gospel music.



Marie Menard

Marie joins our Nursing Department as a PRN CNA. She has 26 years experience as a CNA. **Marie** has 1 son and 2 daughters. In her spare time Marie enjoys crafting and gardening.



Ryan Robinson

Ryan joins our team at Powder Springs as a PRN Assistant Administrator. He brings 14 years of healthcare experience to Powder Springs Center. **Ryan** was born in Ann Arbor, Mi. In his spare time **Ryan** enjoys going to car shows.



Maya Deans

Maya joins our Nursing Department as a part-time RN. She has been in healthcare for 28 years. Maya was born in Buffalo, NY. In her spare time **Maya** enjoys traveling, working out, doing arts and crafts, reading, and going to concerts and plays.



Charlotte Elder

Charlotte joins Powder Springs as a CNA in our Nursing Department. She has 10 years experience in the healthcare industry. **Charlotte** was born in Madison, WI. She is married and has 1 son and 3 daughters. In her spare time **Charlotte** enjoys shopping, dining, spending quality time with her family, traveling and doing research on Ancestry DNA.



Evelyn Gati

Evelyn joins our team at Powder Springs team as a PRN LPN. She has 15+ years healthcare experience. **Evelyn** is married and has 1 son and 2 daughters. In her spare time **Evelyn** enjoys singing.



Christmas time - The tenderness for the past, the courage for the present, and the hope for the future.



New Faces

Oct 28th - Nov 25th

Leighann joins our Nursing Department as a part-time LPN. She brings to Renaissance 20 years experience. **Leighanne** is married and has 1 son. Welcome to our Renaissance team.

Leighanne Jones

Mercy joins our Nursing Department as a Weekend . Welcome to our Renaissance family.

Mercy Momodu

Keyera joins our Nursing Department as a Weekend Warrior. She has 5 years experience in the healthcare industry. **Keyera** was born in Gainesville, Fl. She has 1 son and 3 daughters. In her spare time **Keyera** enjoys watching TV.

Keyera Jones

Kimberly joins our team as a DON. She has 17 years experience in the healthcare field. **Kimberly** has 1 son and 1 daughter. In her spare time **Kimberly** enjoys watching the Braves play and planting flowers.

Kimberly Adams

Carmia team as a CNA in our Nursing Department. We are glad you are a part of our Renaissance team.

Carmia Wimbush

Nija joins our team as a PRN Admission Director. She has 20 years healthcare experience. Welcome to our Renaissance family.

Nija Means-Lewis

Conyers

Carrol joins our Conyers team as a PRN CNA. She has 2 1/2 years of healthcare experience. **Carol** has 4 sons and 3 daughters. Welcome to our Conyers for Nursing and family.

Carrol Wheeler

Marilyn joins our team as a CNA. She has 33 years experience in healthcare. She has 1 son, 2 daughters and grandchildren. We are glad you are a part of our Conyers family.

Marilyn Stallworth

Demarion joins our Nursing Department as a part-time CNA. He was born in Atlanta, GA. **Demarion** has 1 son. Welcome to our Conyers family.

Demarion Howard

Normandy

Myliissa joins our Nursing Department as a CNA. Welcome to our Normandy Center for Nursing and Healing family!!

Myliissa Yates

Joan joins our Normandy Center for Nursing and Healing team as a PRN CNA. Welcome to our Normandy Center for Nursing and Healing family!!

Joan Myers

Terica joins our team at Normandy Center for Nursing and Healing as a PRN CNA. Welcome to our Normandy Center for Nursing and Healing family!

Terica Jennings

Talia joins our Normandy Center for Nursing and Healing team part-time as a receptionist. Please welcome her to our team!!

Talia Harrington

Merry Christmas



How did Christmas start?

The middle of winter has long been a time of celebration around the world. Centuries before the arrival of the man called Jesus, early Europeans celebrated light and birth in the darkest days of winter. Many peoples rejoiced during the winter solstice, when the worst of the winter was behind them and they could look forward to longer days and extended hours of sunlight.

In Scandinavia, the Norse celebrated Yule from December 21, the winter solstice, through January. In recognition of the return of the sun, fathers and sons would bring home large logs, which they would set on fire. The people would feast until the log burned out, which could take as many as 12 days. The Norse believe that each spark from the fire represented a new pig or calf that would be born during the coming year.





New Faces

Oct 28th - Nov 25th

Jackson



Tarsha McNair-Peters

Tarsha joins our team our Director of Nursing. She brings over 25 years of healthcare experience. **Tarsha** was born in Brooklyn, NY. She is married and has 2 daughters and 1 grandchild. In her spare time **Tarsha** enjoys spending time with family, especially the only grandchild, reading, shopping, and going to the gun range with my husband on Ladies' Day.



Mary Garwood

Mary joins our Jackson team as a RN. She has 10 years experience in healthcare. **Mary** is married and has 2 sons. In her spare time **Mary** enjoys watching movies.



Flortacia Banks

Flortacia joins our Nursing Department as a part-time CNA. We are glad to have her as part of our team here at Jackson.



Kayla Anderson

Kayla joins our Nursing Department as a CNA. She has 3 years experience in the healthcare industry. **Kayla** was born in Griffin, GA. In her spare time **Kayla** enjoys spending time with her family.



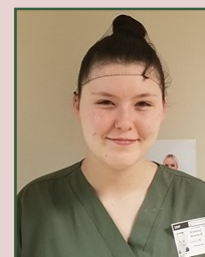
Carlos Duffey

Carlos joins our team at Jackson as our Director of Marketing. He was born in Jackson, GA. **Carlos** has 3 daughters. In his spare time **Carlos** enjoys road cycling, running, traveling and meeting new people.



Ruby Jordan

Ruby joins our Nursing Department as a CNA. We are glad to have you as part of our family here at Jackson.



Brieonna Woodruff

Brieonna joins our Jackson team as a part-time Aide in our Dietary Department. In her spare time **Brieonna** enjoys painting. Welcome to our Jackson family.

The Meadows Center



Catherine St Jean

Catherine joins our Nursing Department as a RN. She was born in Port Au Prince, Haiti. **Catherine** has 2 daughters. In her spare time **Catherine** enjoys singing, dancing, and watching TV.



Camille Wheeler

Camille joins our team as a CNA in our Nursing Department. She has 25 years experience in the healthcare industry. **Camille** was born in Sarasota, FL. She has 2 sons and 4 daughters. In her spare time **Camille** enjoys reading.



Jean-Marc Ulysse

Jean-Marc joins our team as our Administrator. He has been an Administrator for 20 years. Jean-Marc is married and has 2 sons and 3 daughters. In his spare time **Jean-Marc** enjoys playing golf!



Marisela Perez

Marisela joins our team as as a Nurse. She has 13 years healthcare. She has 1 son and 3 daughters. In her spare time **Marisela** enjoys reading. Welcome to our Meadows Center family.



New Faces

Oct 28th - Nov 25th

McDonough



Wendy Bethancourt

Wendy joins our team at McDonough as a PRN LPN. She has 15 years of healthcare experience. **Wendy** was born in Manassas, VA. She is married and has 2 sons and 4 daughters. In her spare time **Wendy** enjoys reading and trying to find some quiet time.



Dora Thomas

Dora joins our team as a PRN LPN. She has 11 years of healthcare experience. **Dora** was born in Philadelphia, PA. She has 1 son, 2 daughters and 8 grandchildren. In her spare time **Dora** enjoys reading, watching TV, cooking, and traveling.



Detra Smith

Detra joins our team as a CNA. She has 30 years experience in healthcare. **Detra** was born in Atlanta, GA. She is married and has 1 son, 1 daughter and 3 grandchildren. In her spare time **Detra** enjoys watching ID Discovery television.



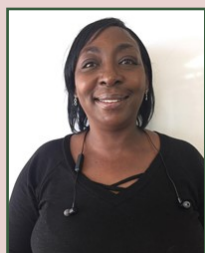
Gwendolyn Lahumb

Gwendolyn joins our Nursing Department as a RN. She has been in healthcare for 34 years. **Gwendolyn** was born in Greenwood, MS. She is married and has 2 sons. In her spare time **Gwendolyn** enjoys traveling, watching TV and spending quality time with her family.



Shaquida Wilson

Shaquida joins our McDonough team as a CNA. She has 10 years experience in healthcare. **Shaquida** was born in Coatesville, PA. She has 1 son and 4 daughters. In her spare time **Shaquida** enjoys making soy candles and owns a candle business outside work.



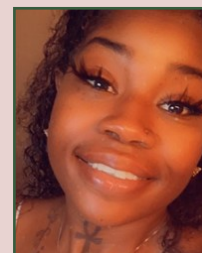
Tarmara Cox

Tarmara joins our Nursing Department as a CNA. She has 15+ years of healthcare experience. **Tarmara** was born in Atlanta, GA. She is married and has 3 sons and 1 daughter. In her spare time **Tarmara** enjoys traveling and going to restaurants.



Winnie Phoba

Winnie joins our team as a PRN CNA. She has 5 years of healthcare experience. She is married and has 3 sons and 1 daughter. In her spare time **Winnie** enjoys cooking, praying, reading and watching the news.



Shaketa Johnson

Shaketa joins our team as a PRN Dietary Aide in our Dietary Department. She has 2 years of healthcare experience. **Shaketa** was born in Cheverly, MA. She has 1 son and 3 daughters. In her spare time **Shaketa** enjoys reading and watching documentaries.

Christmas Traditions around the World

Iceland



Similar to the 12 days of Christmas in the US, Iceland celebrates 13. Each night before Christmas, Icelandic children are visited by the 13 Yule Lads. After placing their shoes by the window, the little ones will head upstairs to bed. In the morning, they'll either have received candy (if they're good) or be greeted with shoes full of rotten potatoes if they're bad. And you thought coal was a terrible gift!

Sweeden



The Yule Goat has been a Swedish Christmas symbol dating back to ancient pagan festival. However, in 1966, the tradition got a whole new life after someone came up with the idea to make a giant straw goat, now referred to as the Gavle Goat. According to the official website, the goat is more than 42 feet high, 23 feet wide, and weighs 3.6 tons. Each year, the massive goat is constructed in the same spot. Fans can even watch the live stream from the first Sunday of advent until after the New Year when it's taken down.

The Netherlands



Sinterklaas, is the Dutch name for Saint Nicholas, the man recognized by children by his long white beard, red cape, and red miter. Kids put a shoe by the chimney or back door and wake up on Christmas morning to find treats like gingerbread men, marzipan, and chocolate letters inside.



New Faces

Oct 28th - Nov 25th

Orange Park



Michelle Jarvis

Michelle joins our Nursing Department as a CNA. **Michelle** was born in Lafayette, IN. **Michelle** has 2 sons, 4 daughters and 3 grandchildren. In her spare time **Michelle** enjoys shopping and spending time with her children and boyfriend.

Riza joins our team at Orange Park as a RN. She is married and has 2 sons. In her spare time **Riza** enjoys shopping, reading and gardening.

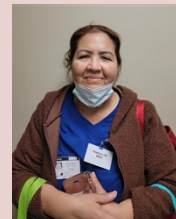
Riza Pineda

Chris joins our Nursing Department as a part-time CNA. She was born in Jacksonville, FL. **Chris** is married and has 3 daughters and 3 grandchildren. Welcome to our Orange Park family.

Chris Neus

Vennette joins our team at Orange Park Center for Nursing and Healing as a PRN CNA. Welcome to our Orange Park Center for Nursing and Healing family.

Vennette Rouzard



Alicia Jones

Alicia joins our Nursing Department as a CNA. **Alicia** is married and has 3 sons, 6 daughters and 22 grandchildren. In her spare time **Alicia** enjoys reading, music, going to church, and spending time with her family.



Gary Francois

Gary joins our team at Orange Park as a PRN CNA. He is married and has 1 son, 2 daughters and 3 grandchildren. In his spare time **Gary** enjoys playing with his kids and reading books.

West Orange



Audrianna Bepott

Audrianna joins us as a CNA. She 1 year of healthcare experience. **Audrianna** was born in Orlando, FL. She is married and has 1 daughter. In her spare time **Audrianna** enjoys relaxing, watching movies, walking and spending time with her family.



Terry Hudson

Terry joins our team as a Respiratory Therapist. He has 10+ years of healthcare experience. **Terry** is married and has 2 sons, 2 daughters and 2 grandchildren. In his spare time **Terry** enjoys reading, exercising and spending time with his wife and grandkids.



Sandra Lopez

Sandra joins our team as an Admissions Liaison. Admissions Liaison. She has 3 years experience in healthcare. **Sandra** has 3 sons and in her spare time she enjoys spending time with her boys, cooking and crafting.

Jocelyn joins us as an LPN. She has 5 years of healthcare experience. **Jocelyn** was born in Carrefour, HT. She has 1 daughter. Welcome to our West Orange family.

Jocelyn Betty

Happy Holidays

Riverdale



Demetra Searcy

Demetra joins our MDS Department as a MDS Coordinator. In her spare time **Demetra** enjoys riding motorcycles. Welcome to our Riverdale team.



Happy Kwanzaa



Employee Birthdays

Normandy

8 Amber Gant
8 Tonya Schnorbus
24 Cortany Reynolds

Orange Park

5 Aphrodite Dela Rea
6 Eduardo Mesina
18 Jillian Linick
21 Jacqueline Pistorio
27 Trista Delaney

Cartersville

12 Marc Mongare
19 Michelle Gaston
20 Timothy McKinney
26 Nicole Berndt-Jones
26 Lashaun Clayton

Jackson

1 Phillistene Johnson
2 Sandra Myers
2 Virginia Goodrum
3 Stephanie Reeves
4 Flora Giddens
6 Yolanda Fears
6 Janeen Fish
6 Wilbur Ross
8 Robert Cathcart
13 Karen Powell
17 Brandy Johnson
17 Nicole Butler
20 Lauren Clements
21 Yumeka Roberts
25 John Jones
25 Bobbie White
26 Bettie Young
27 Laura Barber
31 Jalene Simmons

Powder Springs

5 Rashell Carr
6 Guerlande Bolivar Antoione
7 Magalie Philippe
11 Chirchir Elijah
11 Veronica Mensah-Belley
13 Michell Rash
13 Margalie Cherenfant
15 Elisa Barrack
17 Danielle Harris
17 Patricia Youngblood
18 Emerson Small
22 Chi Ohanu
22 Diana Williams
22 Labake Ologunso
22 Jane Githaiga
23 Kayla Hoskins
25 Irene Martey
25 Marie Edjongo
30 Ashley Perkins

The Meadows Center

1 Robert Fewox
5 Karen Kay
7 Clede Bruno
18 Gabriela Cruz Santiago
21 Mariano Rodriguez
23 Alourdes Joseph
28 Charlene Charles
30 Ruth Ratmann
31 Marco Avila Romero

Nancy Hart

9 Myia Dia

West Orange Center

2 Sophia Baker
7 Gesline Rodne
8 Erwin Basco
11 Antoinette Brown-Mitchell
20 Dolcie Campbell
23 Marie Deruisseau
28 Immacula By

McDonough

3 Shaquida Wilson
3 Winnie Phoba
7 Julet Flanagan
9 Gwendolyn Lahumbarr
11 Gail Jester
12 Marlina Jenkins
16 Richard Fleming
21 Wanda Ross
21 Victoria Smith
24 Yvonne Kent
28 Shirley Wilson
30 Tarmara Cox
31 Fredettina Fletcher

Fayetteville

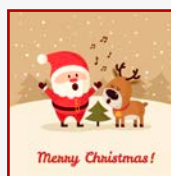
4 Celestina Nwaokwu
9 Gloria Gordon
9 April Marks
22 Vivian Jackson
29 Margaret Helman
30 Amivi Sognon
30 Teresa Williams

Fulton Center

4 Cassandra Delmar
8 Sharon Shack
13 Felicia Graham
14 Sharon Troutman
19 Jamilah Burney
21 Sonya Mann
22 Anthony Simmons
23 Quinnethia Crenshaw

Conyers

5 Johnny Edwards
6 Tamica Preston
8 Rochelle Brown
11 Susan Alston
12 Gemma Bachiller
12 Ombeni Mahinanda
15 Mary Ponder
17 Rodney Williams
19 Allecia Perry
25 Eugena Bygrave



Riverdale

3 Marvo Prosper-Azille
4 Jerry Bennett
5 Yvette Fuentes
9 Kathryn Clay
12 Tanika Driver
17 Saquarius Oneal
18 Edith Cruse
19 Noel Gaither
20 Nancy Francois
21 Pearletta Graham
25 Obiageli Moneke
30 Sherifat Smith
31 Gina Elie

Employee Birthdays

Renaissance

2 Rick Fuller
5 Sylvia Thomas
6 Barbara Henry
8 Launce Braddock
14 Shawanda Clarke
20 Lauren Davis
22 Dan Okeke
25 Gina Johnson
27 Anissa Presley-Radford

University

5 Gloria Encarnacion
14 Deandra Gibbs
14 Carolyn Thompson
17 Lorraine Lynch
27 Laura Anderson
29 Roy Harris
31 Crystal Foy

Supervisor Shout Outs



To **Concerto Dialysis Team** - Thank you for joining the Westbury family! Also, thank you for the services you are providing our residents! You all always have a smile and are so helpful!
~ Jennifer Vasil



To **Michelle Kabat** - Thank you for all your hard work and bouncing around like a hacky sac to different facilities helping others. It's truly appreciated!!!
~ Laura Carlson



Thanks, **Laura** and **Faith** for working so hard at onboarding new employees!
~ Jennifer Vasil



To **Melissa Allen** - **Melissa**, you are a great team player. You have a positive attitude and always do what needs to be done. Thank you for all you do!
~ Shanice Daniel



To **Laura Barber** - Thank you for being an amazing leader and coordinating numerous vaccine clinics for us!
~ Jennifer Vasil

Merry Christmas

THE MEADOWS CENTER



To **Lakosha Richardson**
-We are very happy to have you back, you are an essential part of our team! Thank You for your hard work.
~ BOM



To **Charlotte Ward**
- Thank you for being part of our team and for giving the best of you, you are doing an Amazing Job!
~ BOM

RENAISSANCE



Jakeria Searcy -Thanks for going above and beyond for our residents and holding the Wound Care Department! We are so glad to have you on our team!



Melissa Mathney - Thank you for helping our facility and team getting the clinical process moving in the right direction!
~ Prachi



Supervisor Shout Outs

FAYETTEVILLE



To **Keith Holt** - WELCOME BACK **Mr. Keith!!!** We appreciate the dedication from the environmental team!!! Your hard work keeps our facility on point! Thank you **Mr. Keith!!!**
Job well done!
~ Keisha Grant



To **Jazzmyne Swanson** - Welcome back from maternity leave!! Thank you for all you do!
~ Shana Roberts



To **Pam Mosely, Medicare Records** - **Pam** has been with our facility since December of 2008. During those 12+ years she has continually demonstrated that there is no "I" in team. She is now assisting with scheduling appointments for residents and did an Awesome job of scanning and uploading medical records when we went digital. Anytime we need help with events, she's there to assist. And always participates in dress down/ dress up days. Thanks **Pam** for all that you do!
~Margaret Helman, A.D.



To **Kawanna Robinson** - HUGE THANK YOU TO OUR BOSS!! She is the absolute best! Thank you for the hard work and dedication you give to our building DAILY! We appreciate you more than you will ever know!

POWDER SPRINGS



To **Eddy Sagan** - It is fairly hard to just shout out one of my members of my team! They both work hard making sure are building is safe. Thank you **Eddy** for all you do in Maintenance.
~ Coleman



To **Anthony Moore - Tony** we are so glad to have you back in the kitchen especially the residents! We are happy that you have announced that the dinning room will have a grand opening this Thanksgiving for our residents.
~ Powder Springs

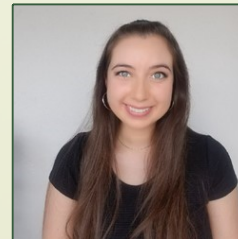


To **Robert McMichael** - In maintenance, we work as a team and get the job done as a team. **Robert** and **Eddy** come to work every day and go above and beyond. Even when asked, **Robert** visited our sister center in Cartersville and helped them out! Thank you **Robert** for all you do!
~ Coleman



To **Edith** - We want to say a HUGE thank you for everything you do for our dietary department. No matter what, you are there to ensure our residents get fed. You are amazing and definitely a hard worker! Thank you for everything!
~ Powder Springs

WEST ORANGE



Glenda Mella - Thank you **Glenda** for your teamwork and dedication to our patients. While one of our therapist is out on leave, she stepped up working 10-12 hours days to ensure our patients received their therapy .
~ Tasha Joseph DOR



TaTisha Ellis, RN - **TaTisha** is always going above and beyond her call of duty. Her Compassion and Dedication is surely displayed in various ways throughout her days here at West Orange. **TaTisha** You have a Heart of Gold. THANK YOU FOR ALL YOU DO! It's Truly Appreciated...
~ Luis Rodriguez



Anistazzia - You are kind, thoughtful and compassionate. I am so grateful that you are part of this family. You are awesome with the residents.
~ Corey

UNIVERSITY



Casey Morris - **Casey** our new receptionist has been a great addition to our team. **Casey** has been here for a short while and has already mastered her new role along with new tasks given to her all with a smile on her face.
~ Anne Amerson

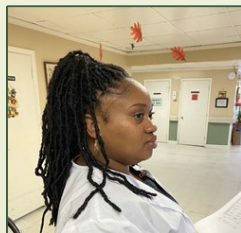


Ann Woziak - **Ann** has been a great addition to our receptionist team. She is willing to take new challenges with a smile on her face. So happy to have a great Team.
~ Anne Amerson

Supervisor Shout Outs

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Treasure you are a great worker under pressure. You're doing a good job keeping up with the scheduling. It's not an easy job, but your doing it with style!
~ Suzette



PC - You're a joy to work with. You always have a big smile on your face no matter what the task. Thank you for being a good team player.
~ Tommie Teasley



To **Chick** - Thank you for being part of the housekeeping team you do a great job!
~ Tommie Teasley

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To Jacqueline Smith - Down right amazing. Always going above and beyond for your residents and your staff even when sick! Hands down the best DON I have ever had.
~ Krystyne Rubio



To Lumenrs Louis-Jeune - **Lumenrs** is from our environmental department. He takes great pride making sure our floors look great and shiny throughout the day. You can see the pride on his face as he receives many compliments.
~ Jeanna Stover



To Melves Alston - Thank you for everything you do...and doing so with a beautiful smile.
~ Chiquita Robinson

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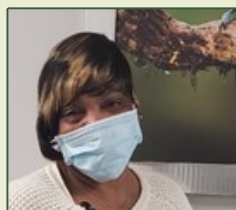
A Few Shoutouts from Mica Turner



To **Bridgette Olgetree**, Receptionist - A big shoutout for coming to assist our residents and the facility. Thank you for all you do.



To **Evette Bridges**, Receptionist. Thank you for providing a cheerful smile to those that enter our center.



To **Cynthia Turner** - Thank you for going above and beyond for the residents.

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A Few Shoutouts from Michelle



Ytrica Edwards - Ytrica has worked with us for a number of years and she has always been an amazing team player! Thank you **Ytrica** for going above and beyond on Thanksgiving Day! Our residents loved their Thanksgiving meal!



Jerry Bennett - Thank you **Mr. Jerry** for filling in and taking care of all maintenance concerns. Thank you for being patient with us and taking care of the time clock and Wi-Fi!

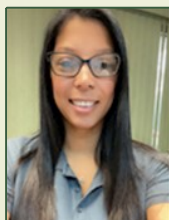


Thank you **Keith** for filling in and assisting to cover and assist in caring for the residents and staff on Thanksgiving! We are grateful for all you do!!

Merry Christmas

Supervisor Shout Outs

ORANGE PARK



LaToya Romero, BOM - We are so lucky to have worked with **Toya** for the past few months, she has truly been an asset to our employees and our residents! She is such a kind hearted person who is incredibly dedicated to everyone here, it won't be the same without you but we wish you luck where you are going! Thanks for everything **Toya** you are awesome!
~ Kristen Stafford



Ena Findlay, Administrator - You are doing a great job with everything **Ena**! You are making a huge difference in our facility and we can't thank you enough for everything! GO TEAM!!
~ Admin Team



Trista Delaney, Activity Director - Resident Council wants to thank Trista for all she has done to get activities back in the building. She works hard.
~ Resident Council



Cheryl Young, Rehab Director - I want to thank **Cheryl** for taking the time to join us for the resident's Halloween Celebration and assisting us in serving our residents and patients. I also want to thank her for always advocating for the patients and her staff, always working hard to do the right thing, and for her leadership in the building. We appreciate all that you do!
~ Trista.Delaney -Activity Director



Rayshawna Tunsil-Jones, HR - There are way too many amazing things to say about **Rayshawna** to fit in this newsletter but I will say she has been such an amazing and inspirational coworker for the last 14 years! She has helped and taught everyone here so many things and she will be greatly missed! It truly will not be the same without you but we wish you well on your next journey! We love and appreciate everything you have done for us!
~ Kristen Stafford



Fun/Interesting Christmas Facts



Bing Crosby's version of "White Christmas" is the highest-selling single of all time.

Rudolph the Red-Nosed Reindeer got his start as an advertising gimmick for Montgomery Ward in 1839.

Christmas came from the words Cristes Maesse meaning "mass of Christ".

Franklin Pierce was the first president who put up an official White House Christmas tree.

Toys for Tots was founded in L.A. 5,000 toys were collected during the first drive in 1947. A handmade doll was the first donation.

Black Friday is not the busiest shopping day of the year. The two days right before Christmas are.

It is a tradition in Japan to eat KFC for Christmas. Orders must be placed two months in advance.

Jingle Bells was originally a song about Thanksgiving in 1857. It was also the first song every played in space by astronauts Walter Schirra Jr. and Thomas P. Stafford.

The top six Christmas tree producing states are Oregon, North Carolina, Pennsylvania, Michigan, Washington, and Wisconsin.

The tallest Christmas tree ever displayed was in Seattle, Washington. It measured 221 ft tall.

The original location for the 1947 Miracle on 34th St. movie was the N.Y. Macy's in Herald Square. However, for the remake in 1994, Macy's refused to participate therefore the fictional store, Cole's was created.

Christmas trees usually grow for close to 15 years before they can be sold.

1 in 3 men wait until Christmas Eve to do their shopping.



CHRISTMAS MORNING SAUSAGE CASSEROLE

- 1 (12 ounce) package fresh breakfast sausage, cooked, drained and crumbled
- 4 cups cubed day-old bread
- 2 cups shredded sharp cheddar cheese
- 2 (12 fluid ounce) cans evaporated milk
- 10 large eggs, lightly beaten
- 1 teaspoon dry mustard
- 1/4 teaspoon onion powder
- ground black pepper to taste

Directions

Grease a 13 x 9-inch baking dish. Place bread in prepared baking dish. Sprinkle with cheese. Combine evaporated milk, eggs, dry mustard, onion powder and pepper in medium bowl. Pour evenly over bread and cheese. Sprinkle with sausage. Cover; refrigerate overnight. PREHEAT oven to 325 degrees F. BAKE for 55 to 60 minutes or until cheese is golden brown. Cover with foil if top browns too quickly.

Nancy Hart

Shout Outs



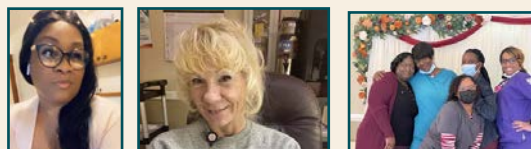
- ✦ To **Olga** from Suzette - Welcome back to Nancy Hart as our Dietary Manager. It great to work with you again.
- ✦ To **Stacey** from Suzette - I appreciate your kindness you show our residents. It takes a special person to care for people like you do. We so appreciate all you do!
- ✦ To **Bass** from Suzette - Thanks for being so involved with our residents and staff events. You are an important part of Nancy Hart.
- ✦ To **Randy** from Suzette - PC was having a good time kicking up his feet dancing at the Thanksgiving luncheon. You go PC!
- ✦ To **Lurie Norman** from Tommie Teasley - You are a hard worker
- ✦ To **Enda Allen** from Tommie Teasley - Thank you for all you do at work
- ✦ To **Hueston** from Suzette - Welcome to our team, you're doing great cooking for our residents. Thank you for all your dedication.
- ✦ To **James** from Suzette - Thanks for all your work. You are doing great as a dietary aide. Keep up the good work!
- ✦ To **Heidi** from Suzette - It's been a joy to get to get to know you. I wish you all the best with your new job.



Powder Springs



- ✦ To **Erin Thomas** from East Wing Nursing Staff - Thank you for all that you do! She is thoughtful and kind with the residents .We are lucky to have you as part of the team.
- ✦ To **Powder Springs Nursing & Healing** from Katrina Hoskins - Happy Thanksgiving from our Family to yours. Because we're all family.
- ✦ To **Activities Team** from Powder Springs - Thank you for everything that y'all do! From day-to-day activities to special events, y'all truly bring joy to our residents. Keep up the hard work! y'all.
- ✦ To **Powder Springs Staff** - As the year continues we grow closer together!
- ✦ To **Maintenance and Housekeeping** from PS - Thank you maintenance and housekeeping for everything y'all do! Y'all play a big part in enriching the lives of our residents. Y'all ensure that their rooms our clean and safe. Shout out to y'all for all the hard work you do!
- ✦ To **Nursing Staff** from Team Powder Springs - We want to thank all of YOU! Every position in nursing matters and we are happy to have some of the best employees here taking care of our residents. No matter the situation y'all rise to the situation!
- ✦ To **Lawanda Felder (Dietary Director)** from Dawn Jackson - Lawanda, you and your Dietary Staff are awesome! .
- ✦ To **Sherrie Pate** from East Nursing staff - Thank you for all you do. We appreciate all the effort that you put into making sure the residents have great care. No matter if the issue is big or small we know that you will always come help if needed. Always have a positive attitude.
- ✦ To **Paula Wright** from East Wing Nursing Staff - Welcome!!!! You're doing a MAGNIFICENT job! Keep doing a great Job. Thank for the care and love given to our residents. We want to recruit you to East wing!



JUST A FEW OF OUR
SHOUTOUT FOLKS
AT POWDER SPRINGS



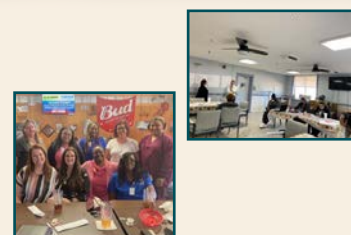
McDonough

- ✦ To **Social Services Julisa and April** from Dwaniue - Thank y'all for being so helpful.
- ✦ To **Yolanda and Twyla** from Dwaniue - Thanks for always being helpful.



Renaissance

- ✦ To **Brooke Paez** from Shawanda Clarke - Not a goodbye but a fair well to Brooke, DON luncheon. We will miss you and wish you the very best on your new endeavors.
- ✦ To **Tony** from Shawanda Clarke - Thank you Tony for our leadership training. It was great. Now, LET's GO TEAM!

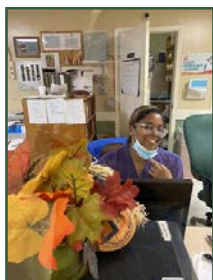




HEROES OF EMPIRE CARE CENTERS



Nancy Hart Nursing Center for Nursing and Healing



Amanda Berrico

Congratulations to **Amanda** for being chosen as our employee of the month. She has worked for Nancy Hart for 16 years. She is very quiet, but she is a great CNA She goes above and beyond for her residents. Thanks so much **Amanda** for all you do ...



Fayetteville Center for Nursing and Healing



Christine Willis

Congratulations to **Christine** for being recognized as our Hero of the Month. **Christine** is one of our wonderful and awesome CNA's. She is the definition of a team player. **Christine** is always eager to be of assistance to whomever needs it. She displays the utmost respect to the residents, their families and coworkers around her. It has been an honor and pleasure to call Christine one of our CNA's. Way to go **Christine**!

Westbury Center of Jackson for Nursing and Healing



Betty Jo Davis

Westbury Center of Jackson is pleased to announce **Betty Jo Davis**, LPN as this months Hero of the Month! **Betty Jo** is a member of our skin integrity team, but gets pulled in numerous directions. She remains positive and flexible through the changes and is always striving for excellence. Recently, **Betty Jo** swapped shifts to assist us on another shift that was having staffing challenges. Whatever is needed, **Betty Jo** rises to the occasion and we are thankful that Betty Jo is part of the Westbury Center of Jackson family. **Betty Jo**- Thank you for all you do and Congratulations! You're our Hero!



Latanya Brown

Fulton Center for Rehabilitation

Latanya you deserve enormous credit for your accomplishments with building the census for Fulton Center. In the past you defied others convictions and expectations. You made many sacrifices in order to assist with meeting out goal and we are almost there. Onward, you continue to forge and we are almost there. Today I wanted you to know how happy I am you are a part of my team. Thank you for being such an inspiration and a role model and our Hero of the Month!



Powder Springs Center for Nursing and Healing



Cheryl Berardi

OUR HERO OF THE MONTH GOES TO OUR AWESOME RECEPTIONIST CHERYL!!! **Cheryl** is always willing to help in anyway she can- she definitely goes an extra mile making all of us laugh and have a good day at work. She has been with our facility since 2018 and has been a team player ever since! **Cheryl**, we want to thank you for dealing with all of the changes that is constantly going on in our facility. You are great asset to the Powder Springs Facility and we want to make sure you know we appreciate everything you do! CONGRATULATIONS **Cheryl** for being our Hero of the Month.

Westbury Center of McDonough for Nursing and Healing



Theresa Bell

This month McDonough has selected, **Ms. Theresa Bell** as our Hero of the month. **Theresa** has been with Westbury since October 2020, as a Dietary Aide. Theresa grew up in Long Island, New York. There, she worked with the special needs community for over 21 years before moving to Georgia in 2007. **Ms. Bell** has two daughters and five grandchildren. Currently outside of work she cares for her elderly mother who is a two-time breast cancer survivor and her brother, a dialysis amputee. She is always very kind and polite to residents and staff. **Ms. Bell** is also very respectful and hardworking. When speaking with her, anyone can quickly see her passion for helping others.

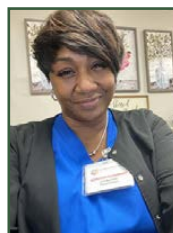
Riverdale Center for Nursing and Healing



Josephine Louis

Josephine is an amazing associate who works as a Restorative Aide! Residents will often request her specifically by name to help them! She is kind to all the nurses and aides she works with. She always has a smile on her face and is willing to face any challenge. When an extra hand is needed, she appears and falls in to help so naturally. She is always willing to train new associates and welcomes them with a smile! We are so fortunate to have **Josephine** as a member of the Riverdale family and as our Hero of the Month.

Westbury Center of Conyers for Nursing and Healing



Dorothy Flournoy

We are excited to announce **Dorothy Flournoy** as our Hero of the Month. **Dorothy** is a team player. She onboards our new hires and serves as a mentor to them assisting them in anyway she can. **Dorothy** leads the team of unit managers and supports the charge nurses with any problems that they have. She greets and welcomes our new hires. She is a champion of customer service and satisfaction and our Hero of the Month.



HEROES OF EMPIRE CARE CENTERS



Cartersville Center for Nursing and Healing



Kayln King

Kayln King is one of our most dedicated healthcare services dietary aide. She always attends to residents needs and wants. **Miss King** always comes to work with a beautiful and friendly smile. She lifts your spirits every time you come in contact with her. **Miss King** is hands on and compassionate. She has worked her way up to cooking also. **Miss King** goes above and beyond the call of duty. **Kayln** you are most definitely our Hero, not just this month but all year around. Continue to aim high. May many blessings flow.

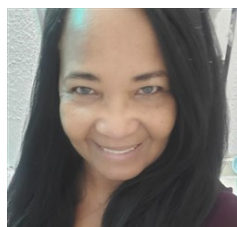
University Center for Nursing and Healing



Sheniqua Smith

Congratulations to **Sheniqua** for being our Hero of the Month. **Sheniqua** is one of our shining CNA's in our Nursing Department. Her hard work and positive attitude towards all you do does not go unnoticed. The outstanding work you do day in and day out is much appreciated. You are a pleasure to be around, making everyday the best for our residents and employees. We appreciate all you do. We are proud to have you as our Hero of the Month, Congratulations!

West Orange Center for Nursing and Healing



Joy Benbow

With caring heart and a hand to help, **Joy Benbow**, one of our shining stars has been diligently showing shift after shift, great dedication, customer service, empathy and compassion. She is a great team player at West Orange Center! Today we would like to recognize you for our HERO OF THE MONTH. We are very honored to have you as part of our team.

Renaissance Center for Nursing and Healing



Latosha Hull

Latosha has been a great asset to our team. **Latosha** has worked our COVID unit and has helped out wherever we need her. **Latosha** goes above and beyond to take care of her residents, and has great rapport with all her residents. She is always very empathetic and shows compassion towards all people she encounters. **Latosha** has a very caring heart and we are so glad to have her! Congratulations on being our Hero of the Month!

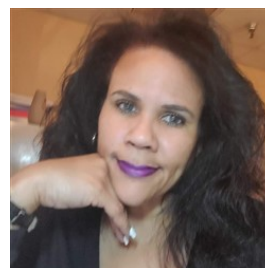
Orange Park Center for Nursing and Healing



Heather Holt

Heather Holt is a OTA here at Orange Park and has been with us for 9 years now and we are so lucky to have her! She is not just a part of the therapy team, she is a HUGE part of the whole facility! She helps out in every single department without any hesitation. She treats the residents like they are her family and remains working with them even after they are out of therapy to make sure they are still doing great and maintaining their strength and well-being. She truly is such a blessing to us and we can't thank her enough for all the work that she does for us, the residents and their families. Thanks for everything **Heather** you are the best!! Congratulations on being our Hero of the Month.

Normandy Center for Nursing and Healing



Chiquita Robinson

Chiquita is a true Normandy HERO!! From coming in early to staying late and always taking calls, **Chiquita** is always available to help someone in need whether staff, resident, or family **Chiquita** is there to help! Thank you for all you do and being our Hero of the Month!

The Meadows Center for Nursing and Healing



Gloria Tyson

The Meadows Center for Nursing and Healing would proudly like to announce our Evening Supervisor, **Gloria Tyson** as our Hero of the Month. **Gloria** has been a part of the family since 2016. Her dedication and commitment has contributed to our continued success here at The Meadows Center. Her service to our residents far exceeds all expectations. **Gloria** is a valuable member of the team, she is hardworking, always friendly and professional. She welcomes all residents and staff with a warm smile and positive attitude. She is reliable, always willing to help and she goes the extra mile to make sure our residents and her co-workers feel cared for. We thank you for inspiring and being our HERO.



Merry Christmas

Normandy

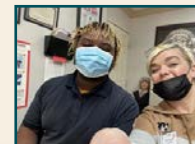
Shout Outs



- ✿ To **Niko Z** from Rosa Ferguson - Thank you so much for saving "it's" (lizard) life and our lives!!! Going above and way beyond!
- ✿ To **Chris Bartley** from Tyler Johns - Thank you for all your help bringing new staff into the building!
- ✿ To **Emma Konotey** from Tyler Johns - Thank you for being so dependable and always keeping your work area tidy, even when I leave it chaotic.
- ✿ To **Anis Davis** from Tyler Johns - Thanks for helping out wherever you are needed. We are grateful to have you in the kitchen!
- ✿ To **Pearlena Clarke** from Cindy Collins - Thanks for being an awesome CNA and caring so much for your residents.
- ✿ To **T** from Jones - Great worker
- ✿ To **Chris** from Larry - Keep up the good work.
- ✿ To **Jackie Smith** from Chris - Awesome leader.
- ✿ To **Alice Thelisma Agent** and **Wilda Medina** from Amber Gant - Thank you for always being helpful and taking such good care of our Residents!
- ✿ To **Marie Gede** from Mary Arington - Thank you for all you do and being great with our Residents!
- ✿ To **Tonya Schnorbus** from Chiquita Robinson - Thank you for sharing your wealth of knowledge and insight. You and your team are simply amazing!
- ✿ To **John Woods** from Amber Gant - Thank you for always being so helpful and making sure our residents have what they need!
- ✿ To **Sebrina Givens** from Tonya Schnorbus - Thank you for your flexibility in providing exceptional patient care at multiple locations!!
- ✿ To **Rehab Department** from Chiquita Robinson - I appreciate all of you and the excellent work you do.
- ✿ To **Terria Jones** from Mary Arington - Thank you for always making sure your rooms and residents look good!
- ✿ To **Activities Department** from Amber Teaser - Thank you for your work ethics and always getting patients to activities.
- ✿ To **James Dziedziejko And Jacqui Hansen** from Tonya Schnorbus - Thank you ensuring our long term patients receive the best physical therapy!!
- ✿ To **Timia Woods** from Cindy Collins - You're a pleasure to work with! Always happy and cheerful. You always put a smile on my face and our residents.

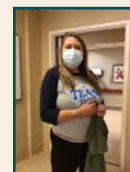
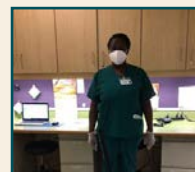
Riverdale

- ✿ To **Melanie** from Tiffany - You are doing a great job!! Thank you for all you do!!
- ✿ To **Keith Kelly** from Tiffany - Thank you for stepping in "no matter what department" and helping out!!! YOU ROCK!
- ✿ To **Ytrica Edwards** from Tiffany - Thank you for getting the job done no matter what!!! YOU ROCK!!
- ✿ To **Jerry Bennett** from Tiffany - Thank you for keeping this building your #1 Priority!!
- ✿ To **Tiffany** from Delilah - Thanks to you for having us happy everyday as we walk in Riverdale.
- ✿ To **Sheila Pratt** from Tiffany - Thank you for all you do!! YOU ROCK!!!!
- ✿ To **Dee Searcy** from Tiffany - WELCOME ABOARD!!
- ✿ To **Tiffany** from Rachiim - Thanks for giving the most outstanding front desk service and greeting our Riverdale family every morning.
- ✿ To **ytrica edwards** from Rachiim - You have been wonderful through this holiday season. Keep up the good work!!
- ✿ To **Shay Robinson** from Delilah - Thank you for helping me work and learn all about Activities.
- ✿ To **Shay R.** from Rachiim - Thank you for making sure our residents are always entertained.



University

- ✿ To **Juvelyn Tuisa** from Prachy Garg - Thank you so much Juvy for being a team player and working on Thanksgiving.
- ✿ To **Shantel Muray** from Prachy Garg - Shantel is new to our housekeeping team and has been awesome with her role and a great asset!
- ✿ To **Renee Richmond** from Prachy Garg - Renee is always willing to help in other departments even on the short notice. Thank you so much for helping in the kitchen today .



Chanukah



Chanukah begins on the eve of Kislev 25 and continues for eight days. On the civil calendar, it generally coincides with the month of December. Chanukah 2021 runs from November 28 through December 6.

In the second century BCE, the Holy land was ruled by the Seleucids (Syrian-Greeks), who tried to force the people of Israel to except Greek culture and beliefs instead of mitzvah observance and believe in G-d. Against all odds, a small band of faithful but poorly armed Jews, led by Judah the Maccabee, defeated one of the mightiest armies on earth, drove the Greeks from the land, reclaimed the Holy Temple in Jerusalem and rededicated it to the service of G-d.

When they sought to light the Temple's Menorah (the seven-branded candelabrum), they found only a single cruse of olive oil that had escaped contaminated by the Greeks. Miraculously, they lit the menorah and the one-day supply of the oil lasted for eight days, until new oil could be prepared under conditions of ritual purity.

Jackson

Shout Outs

- ✿ To **Laura Carlson** from Jennifer Vasil - Thank you for being a superstar with Medicaid and working so hard to get everyone approved!
- ✿ To **Shanice, Kim, and Sonya** from Jennifer Vasil - Thank you for always taking my crazy ideas and making them come to life. You three are amazing!
- ✿ To **Sandra Finney** from Jennifer Vasil - Thank you for always doing your very best to make sure all of the residents have the BEST possible care!
- ✿ To **Tami Shell** from Jennifer Vasil - Thank you for being flexible!
- ✿ To **Rehab** from Kevin - Thank you for your hard work
- ✿ To **Brandy Johnson** from Jennifer Vasil - Thank you for always being willing to change assignments, work various carts, and pick up shifts!
- ✿ To **Tarsha McNair- Peters** from Erica Owens - Welcome to Jackson!! We're glad to have you.
- ✿ To **Maintenance Department** from Erica - Thanks for all y'all do!!
- ✿ To **Leo Ward** from Lissette Valentin - Thanks for all you do!!! The residents love you!!!
- ✿ To **Tamika Prendergast** from Lissette Valentin - Thanks for all you do!!! We appreciate all your help!!
- ✿ To **Khadijah Super** from Lissette Valentin - Thanks for all you do!!! Glad to have you part of our Therapy Team !!!
- ✿ To **All CNAs** from Kevin - Thank you for your hard work.
- ✿ To **Social Services** from Kevin - Thank y'all for all the hard work y'all put into this facility.
- ✿ To **Kevin Fuller And Rob Cathcart** from Carolyn Fennell - A huge thank you to Kevin and Rob! For always taking care of any maintenance issues we have in this facility. There's nothing this two guys can't handle or fix!
- ✿ To **Sandra Finney** from Carolyn Fennell - This shout out is for one hardworking, dedicated CNA. Every day she is here, I watch her properly care for our residents the way they deserve. Nothing goes undone when Sandra is working her shift on 600 Hall.
- ✿ To **Katraneece Parker** from Laura Carlson - Thank you for always having a positive attitude and beautiful smile.
- ✿ To **Laurie Maddox** from Jennifer Vasil - Thank you for embracing your new role and working hard as a new manager!
- ✿ To **Belinda Moore** from Laura Carlson - Thank you for your positive attitude and willingness to help others, even outside of your department. You rock!
- ✿ To **Mattie Gilbert** from Shanice Daniel - Thank you for your commitment and dedication to our residents. You work so hard and it shows!!
- ✿ To **Shanice, Kim And Sonja** from Carolyn Fennell - A huge shout out to our ladies in the Activity Department. They keep our residents happy and rocking and our facility rolling with lots of fun, laughter and love.
- ✿ To **Teleigh Crowder** from Erica Owens - Thank you for the great care you provide to our residents!
- ✿ To **Alie Jean-Charles** from Lissette Valentin - Thanks for all you do!!! Glad to have you part of our Therapy Team!!!
- ✿ To **Ashley Cross** from Jennifer Vasil - Thank you for always being patient and caring with the residents!
- ✿ To **Gamal Elawad** from Lissette Valentin - Thanks for all you do! Glad to have you part of the Therapy team!
- ✿ To **Tami Shell** from Laura Carlson - Thank you for helping Joye and keeping the Business office updated with current information.
- ✿ To **Junior Ross** from Laura Carlson - Thank you for keeping our facility festive. You do a great job!
- ✿ To **Debbie Maddox** from Erica Owens - The residents love you and are complimentary of the care you provide them. Thank you!
- ✿ To **Laundry** from Kevin - Thank you for your hard work.
- ✿ To **Courtney Reeves** from Shanice Daniel - Thank you Courtney for always showing up to play music for our residents. You truly make each Wednesday more enjoyable!
- ✿ To **Sonya Williams and Kim Ridley** from Shanice Daniel - Thank you both for always going above and beyond for our residents in the activity department as well as in the nursing department. As a team we can conquer the world. Good job ladies!!! Love you both.
- ✿ To **Lisa Ridley** from Shanice Daniel - Thank you Lisa for always participating in each and every event. We appreciate you!!
- ✿ To **Dena Pearson** from Shanice Daniel - The activity department can always count on you. Thank you for your helping hand. We appreciate you!



JUST A FEW OF OUR
SPECIAL SHOUTOUT FOLKS
HERE AT JACKSON



Orange Park



- ✿ To **Kenya** from Onetha - Kenya, thank you for all your hard work. I appreciate you.
- ✿ To **Sharmaine Roberts RPT** from Tasha Joseph DOR - Thank you for your dedication and outstanding teamwork. Stepping up and working longer than usual hours while we were short a therapist on leave. You never complained, coming in earlier and staying late to ensure our patients received their therapy .
- ✿ To **Marie Theodore** from Onetha - Ms. Theodore thank you for your hard work and dedication. We appreciate you for all you do.

Happy Holidays



Merry Christmas

Happy Hanukkah

Happy Kwanzaa

Shout Outs

Conyers



- ★ To **Harnage** from Regina Parker - Thank you Brian for being flexible and never complaining!
- ★ To **Olufemi Olayeye** from Regina Parker - Femi is very dependable. I love his positive & loving interaction that he shows to his residents.
- ★ To **Iva Turner** from Regina Parker - She delivers passionate care to all of her residents. She is an awesome team player, by helping and being a great resource to her CNA's. Thank you for all that you do!
- ★ To **Jennifer-Dietary** from Susan Alston - Thank you Jennifer for always having a cheerful attitude and a willingness to help our residents. You go that extra mile to make sure their evening dinners are an enjoyable experience.
- ★ To **Christine Kates** from Regina Parker - Thank you Christine for the awesome job that you do with orienting the new hires!
- ★ To **Cheryl James** from Susan Alston - Cheryl has a wonderful spirit and knows the long term residents and employees just the same. She has been with Conyers for over 10 years. She delights in being able to serve in multiple capacities and is a true asset to Westbury of Conyers.
- ★ To **Riggolette Leeper** - from Johnny Perkins - Reggie goes above and beyond in efforts, on a daily basis, to ensure our patients get the care that they need. In addition to that, he helps everyone in the department with any little jam they may get into. I appreciate all of his efforts.
- ★ To **Sheryl James** from Tracy Mitchell - We're so lucky to have Sheryl James on our Conyers team. Whether holding down the front office, pleasantly receiving families and assisting residents in the evenings and weekends or patiently training a nervous new hire or giving her all as a CNA on the floor, Sheryl "understands the assignment" as they say. She goes above and beyond. Thank you Sheryl!



SHOUTOUTS FROM
THE NORTH POLE



Fayetteville

- ❖ To **Christine Willis CNA** from Keisha Grant - Ms. Christine, I love your energy! Your dedication to provide excellent standard of care for our residents is greatly appreciated! YOU ROCK! Job well done!
- ❖ To **Shana Roberts** from Keisha Grant - Team work, makes the dream work! Thank you for your constant dedication to the business office. Job well done!
- ❖ To **ALL Nurses of FAYETTEVILLE** from Keisha Grant - I can't thank you enough for your passion and commitment to our residents!!! Our residents need you. You're a significant part of the Fayetteville team and we can't do it without you!!! Your dedication is appreciated!!!! Job well done!
- ❖ To **Wound Care Team** from Keisha Grant - What a dynamic duo! I see the differences you're making with our residents!!! Keep up the good work!!!! Thank you for your constant dedication!!!! Job well done!!!! YOU ROCK Wound Care Team!!!!
- ❖ To **Rosemary, Jennifer, Savannah and Angie, CNAs** from Resident Council - These 4 CNAs have been nominated by our Resident Council as outstanding employees. The residents say that all 4 are compassionate, hard working and very knowledgeable about their job. It was noted that they all have been observed helping their fellow staff members and residents not on their assignment. We are very proud to have them at our facility.
- ❖ To **ALL CNA's of FAYETTEVILLE** from Keisha Grant - YOU ARE IMPORTANT!!!! Thank you for your constant dedication to our residents!!! I know it's not easy but yet ALL of YOU continue to make excellent standard of care a priority for our residents. Your appreciated for ALL of your hard work! Job well done Fayetteville!!
- ❖ To **Pam Mosely** from Shana Roberts - Thank you for being a great team player Mrs. Pam. Team work makes the dream work!!



Cartersville

- ❖ To **Candice Powell** from Cartersville Center - Happy Birthday.



Fulton Center

- ❖ To **BOM** from Maintenance Department - THANK YOU ALWAYS MS. Q for going beyond the call of duty to assist me whenever asked. Truly Grateful!
- ❖ To **Fulton Center Staff & Residents** from Maintenance Director - Happy Holidays!!!! I thank you all for your support, teamwork, laughs, and your ability to break everything you touch (LOL). Again Happy Holidays & Much Love!!!!!!

The Meadows Center

- ❖ To **Charlotte Ward** from BOM - Thank you for the Amazing Job you do everyday! You are an important part of the team!
- ❖ To **Mary Hunt** from Joey Blair - Thanks for making Activities the Best... You are Amazing!!!



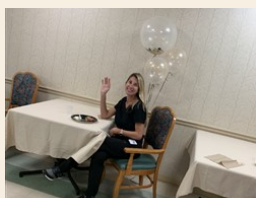
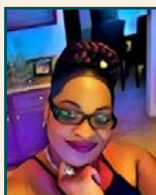
Orange Park

Shout Outs

- ✦ **Levetta Mack** from Darryl Johnson - Thanks for your help in the kitchen, and also love your team spirit when I asked you said no problem love it
- ✦ To **Yvette Kinard** from Cheryl Young - She has done such an amazing job assisting with the cleanliness of our facility and going over and beyond to help and other areas outside of her department to ensure patient and customer satisfaction.
- ✦ To **Cheryl Young** from Ena Findlay - Kudos to you for going above and beyond. Thank you!
- ✦ To **Kristen Stafford** from Ena Findlay - Thank you for all you do Kristen. I really appreciate you. Keep up the good work!!
- ✦ To **Sandra Jean** from Admin Team - Sandra is one of our super star CNA's, she always makes everyone feel very welcome and takes care of the residents like they are her own family! She is such an asset to the team!
- ✦ To **Crystal Raspberry** from Ena Findlay - Thanks for all you are doing. You are a star in my book!
- ✦ To **Juanita Williams** from Admin Team - Our long term care residents are always ranting and raving about the amazing care that Juanita gives to them! She truly loves what she does and her residents and it shows every day in her work. Thanks for all that you do! You are the best!
- ✦ To **Darryl Johnson** from Ena Findlay - Thanks for all you are doing. You are a star in my book!
- ✦ To **Cheryl Young** from Ena Findlay - Kudos to you for going above and beyond. Thank you!
- ✦ To **Kristen Stafford** from Ena Findlay - Thank you for all you do Kristen. I really appreciate you. Keep up the good work!!
- ✦ To **Crystal Raspberry** from Tai Oquendo - Crystal is incredibly dedicated, compassionate, and has a very infectious spirit. She recently took on a new and challenging position and tackled with w/grace and perseverance. You are appreciated by all whom you touch and are in contact with. Thank You.
- ✦ To **Latoya Romero** from Tai Oquendo - Latoya you are the perfect combination of amazing, selfless, kind and extremely hardworking! Your leadership is unmatched, please know it has been an absolute pleasure and fortune to have you as a supervisor. Thank you so very much for your thoughtfulness.
- ✦ To **Kay Ekokobe** from Ena Findlay - Thanks for all you are doing. You are a star in my book!
- ✦ To **Heather Holt- COTA** from Resident Council - Resident Council would like to thank Heather for being a great COTA! She is a very sweet person and works hard to help us.
- ✦ To **Nicholas Ramirez** from Ena Findlay - Thanks for all you are doing. You are a star in my book!
- ✦ To **Quatina Little-CNA** from Resident Council - Resident Council would like to thank Quatina for being a hard worker. She is an awesome person and does everything.
- ✦ To **Rachael Macauley-Goodson** from Ena Findlay - Thanks for all you are doing. You are a star in my book!
- ✦ To **Tai Oquendo** from Ena Findlay - Thank you for being the face of Orange Park and for your exceptional customer service. You are a star !!
- ✦ To **Terry Sheppard** from Ena Findlay - Thank you for being the face of Orange Park. I appreciate all you do!!
- ✦ To **Rayshawna Tunsil-Jones** from Ena Findlay - What a team player! I am going to miss you and all you do for the staff and employees of OP. Higher heights for you!! Thank you so much!
- ✦ To **Tai Oquendo- Receptionist** from Resident Council - Resident Council would like to thank Tai for her hard work and sweet personality. Thank you for scheduling our family visits!
- ✦ To **Tameka Terry** from Ena Findlay - I am so grateful to have you as unit manager. You have gone above and beyond. Thank you!!
- ✦ To **Latoya Romero** from Ena Findlay - Thanks for all you are doing. You are a star in my book!
- ✦ To **OPMC** from OPMC - RAY, WE WILL MISS YOU!!!
- ✦ To **Brenda Crews** from Tai Oquendo - Brenda has shown herself to be a loving and valuable asset to the team. Thanks for all of your overall efforts!
- ✦ To **Terry Sheppard** from Tai Oquendo - Terry is incredibly sweet, a joy to work with, and a real team player. She is a southern charm! Thanks for all you do!
- ✦ To **Levetta Mack** from Ena Findlay - Thanks for all you are doing. You are a star in my book!
- ✦ To **Yves Paul-LPN** from Resident Council - Resident Council would like to thank Yves for taking care of us! He is a Jack of all trades and takes care of everything. We appreciate you!
- ✦ To **Brenda Crews** from Ena Findlay - Thank you for being the face of Orange Park. I appreciate all you do!!
- ✦ To **Kyle Nguyen** from Admin Team - Thanks for everything you do! You are always so busy working and take the initiative to help out with things because you are such a dedicated worker!
- ✦ To **Trista Delaney** from Ena Findlay - Thanks for all you are doing. You are a star in my book!
- ✦ To **Levetta Mack** from Tai - Levetta is one of our seasoned Vets. She is extremely knowledgeable and very hardworking. I watch how willing she is to impart wisdom and assist when, where and to whom ever she can. She does it with kindness and her own brand of humor. Thank you for all that you do!!
- ✦ To **Todd Comer** from Ena Findlay - I really appreciate the help you are giving to turn OP around. Well done. Higher heights!!!!



JUST A FEW OF OUR SHOUTOUT FOLKS HERE AT ORANGE PARK



Special Shoutout to Rayshawna - We'll Miss you.

Rayshawna Tunsil-Jones from Ena Findlay - What a team player! I am going to miss you and all you do for the staff and employees of OP. Higher heights for you!! Thank you so much!

Rayshawna - We will all miss you.



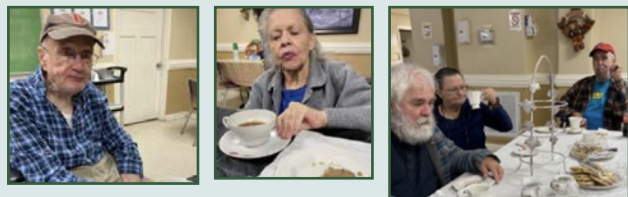
Happy Hanukkah



NANCY HART

Employee Events

Coffee Social



Our residents enjoyed some coffee and baked good. After a couple cups of coffee, cookies and baked flavored bread, they were very happy. Lots of fun to be had by all.

Thanksgiving



To all our staff. We appreciate everything you do to make Nancy Hart a success! We are celebrating you and are Thankful to have you at Nancy Hart.

Happy Holidays



JACKSON

Welcome



Join us in a big Welcome to **Carlos "Scoot" Duffey** who joined our Westbury of Jackson family today as our new Director of Marketing. He's a 1993 graduate of Jackson High School and attended Valdosta State University. He has a combined 26 years of experience in sales and marketing and we're excited about the experience that he brings to our team. **Carlos** and his fiancé, Jackson native Michelle Biles, have five adult children: Chastity, Hannah, Victoria, Madison, and Mackenzie. **Carlos** was recently elected as Mayor of Jackson and has a passion for helping people. Welcome to the Westbury of Jackson family!

Boss's Day



Thank you to my amazing team for a wonderful Boss's Day surprise!

Friendsgiving Potluck



Grateful for our devoted staff here at Jackson. We had a great time with Friendsgiving, Thanksgiving potluck meal.

Kwanzaa

What is Kwanzaa? Kwanzaa is a week-long holiday held annually from December 26 to January 1. Fundamentally, it celebrates family, culture, community, and the harvest. The word "Kwanzaa" itself comes from the Kiswahili phrase *matilda ya kwanza*, meaning "first fruits" [of the harvest].

Kwanzaa focuses on seven essential principles, known as the Nguzo Saba, which are each represented by one day of the seven-day celebration. The principles are unity, self-determination, collective work and responsibility, cooperative economics, purpose, creativity, and Faith.

Despite the fact that it is often thought of as a substitute for Christmas or Hanukkah, Kwanzaa is not a religious holiday, and families who celebrate Kwanzaa often celebrate it in addition to Christmas, Hanukkah, or another religious holiday.

You may be surprised to learn the modern holiday Kwanzaa is relatively new creation, so it has its roots in traditions that goes back generations, or celebrate and 1966, Kwanzaa is the brain child of Dr. Maulana Karenga, an African-American author, professor, and activist. It was created with the community and cultural spirit of traditional African harvest festivals in mind, but Kwanzaa itself is uniquely North American, being celebrated mainly in the United States, Canada, and the Caribbean



POWDER SPRINGS

Employee Events

Thanksgiving



The Powder Springs Center is BEYOND thankful for all the amazing staff we have at our facility. We are happy to have you all. You are greatly valued and appreciated. Thank you for always coming to work and giving it your all each and every day. We are Big Team and we will forever shout 'TEAM POWDER SPRINGS'.



It's Thanksgiving and we're celebrating. From the decor to the food and staff, it was the best celebration ever. Happy Thanksgiving to Y'all!

Happy Birthday Carla Jackson



Staff



Baby Shower



We threw our beloved Nikki, our Unit Secretary, the sweetest baby show. We love you Nikki and are sharing in your joy! Congratulations.

Celebrating our awesome staff at Powder Springs. They each got their very own MaryKayUSA bag. We love our Powder Spring Staff. You put the heart into our rental mission of Healing With Heart.



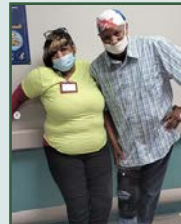
FULTON CENTER

Employee Events

Thanksgiving



Our employees really enjoyed our Thanksgiving Turkey Giveaway. Who wouldn't be happy with a Turkey.



Rooting for our hometown Atlanta Braves and celebrating their win as the National Champions in the World Series 2021. And what's a celebration without food? We had a really fun party with spirits soaring very high around here. Go Braves Go!

Braves Celebration



MCDONOUGH

Thanksgiving



We had a wonderful time at our staff Thanksgiving celebration. We are so thankful and blessed to have such a wonderful, caring staff that makes us thankful for all they do for our residents.



Merry Christmas



FAYETTEVILLE

Employee Events

Fall Festival



Staff members, their children and residents alike participated in Fayetteville's Fall Festival. We offered carnival games and refreshments: corn dogs, nachos, hot dogs, snow cones and of course popcorn. Staff and residents provided some of the musical entertainment and challenged each other in a hula hoop contest. A panel of residents voted our scarecrow the best costume. Of course the bouncy houses were a big hit.

Annual Turkey Trot



Residents and staff alike participated in our annual Turkey Trot. A few of our new therapy residents were a little taken aback to see a "turkey" walking down the halls greeting everyone. The best part was the smiles and laughter. The after party got everyone hopping to the music. Hope everyone has a blessed holiday.

Holiday Turkey Giveaway



Thanks to the generous donations from vendors we were able to provide each staff member with a Turkey and the trimmings. We also raffled off 5 sinfully delicious cakes. As you can see by the pictures our resident "Turkey" wasn't pleased at first about the give away. We here at Fayetteville Center hope you all have a safe and blessed holiday.

A LITTLE HOLIDAY PUN FUN

You're just in the (Saint) Nick of time.

Tree's a crowd.

Step right up, jingle file.

Icy what you did there.

You need to branch out.

I always have the final sleigh.

It's always good to have elf-confidence.

You know how to make a fa-la-la-lasting impression.

Christmas is most truly Christmas when we celebrate it by giving the light of love to those who need it most.

There's nothing sadder in this world than to awake Christmas morning and not be a child

If you want to experience the true meaning of Christmas, give something to someone who can offer nothing in return.

I once bought my kids a set of batteries for Christmas with a note on it saying presents not included

A Christmas miracle is when your family doesn't get into a single argument all day.

CONYERS

Employee Events

Fall Festival Pumpkin Contest



Conyers had a Fall Festival Pumpkin Contest. As you can see, our entire staff really enjoyed another successful employee event.

WEST ORANGE

Thanksgiving



Celebrating Thanksgiving with a little Turkey Day fun at West Orange Nursing.

Our West Orange Food Pantry bringing lots of joy to our very own staff!! A huge thank you to our team for pulling it all together and making it happen.

UNIVERSITY

Thankful Tree

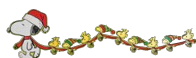
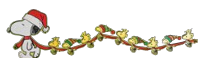


We all enjoyed our Thankful Tree. Here is one of our nurses, Sheniqua signing our Thankful Tree.

Veterans Appreciation



Our staff all dressed up in red, white and blue to say Thank you to all our Veterans for their service to the great USA.



NORMANDY

Employee Events

Birthday Party



Celebrating our residents birthday for the Month of November. We had a birthday party and magic show. All the residents had a blast!

Repotting Plants



Our residents enjoyed decorating and repotting plants during activities.

Honoring our Veterans



We had a wonderful time celebrating and honoring our Veterans during our Veterans Day Celebration.

ORANGE PARK

Employee Events

Turkey Give A Way



A big thank you to our management team who helped provide a turkey for all of our employees for the holiday this year! We know everyone greatly appreciated it!

Turkey Trot



A huge thank you to our Admissions Director Kay, our liaisons, and our vendors for setting up Turkey Trot, a marketing event where we invite hospital case managers to come in and tour our facility while celebrating Thanksgiving! They did a fantastic job and it went great!

Veterans Day Recognition



We would like to thank all of our military veterans for their service and the sacrifices they and their families made! We so appreciate your service. We also want to thank Jesus Rodriguez from Heartland Hospice for always supporting and recognizing all of the veterans.

Calendar OF EVENTS DECEMBER

First Day of Winter.....	21st
Christmas.....	25th
New Year's Eve.....	31st

A CHRISTMAS BLESSING

May you have the gladness of Christmas which is hope;

The spirit of Christmas which is peace;

The heart of Christmas which is love.



The Twelve Days of Christmas

The Twelve Days of Christmas refers to the twelve days between the Christmas Day (December 25) and the Feast of Epiphany (January 6). Tradition has it that this is the time taken by the Three Wise Men (the Magi) to reach Bethlehem to see the babe in the manger, Jesus.

DID YOU KNOW?

If you received all of the gifts in the song "The Twelve Days of Christmas," you would receive 364 gifts.

RIVERDALE

Employee Events

Thanksgiving



Our associates were thankful to receive their Thanksgiving turkeys!

Happy Nurse Practitioner's Week to our amazing Nurse Practitioners. We love you and we could not do what we do without your care. Thank you **Lilian Mugwede, Antranika Ross, and Talitha Brooks-Andino!**



Christmas Tree Decorating Day



Our very own Shawn Williams makes this event so special for everyone to enjoy! The Christmas tree tells a story for those young and old! This year marks a special blessing as we welcomed family members back in our community. The grandkids chose their favorite ornament, while elder family members reflect on their time as a child! The favorite part of this tree is that it rotates for all to enjoy and see!



Unplugging for the Holidays

Unplugging during the holidays gives you more time to spend with your family and relax.

Constant connection to technology and personal mobile devices can be fun and helpful — think text messages and GPS — but being tethered to your smart phone, laptop or table tablet can also increase stress, lead to reduce physical activity and decrease your ability to focus on the people around you. Less stress and more time to have fun with your family are a few of the benefits of unplugging. Here are a few tips to help you unplug for the holidays (or at least reduce your screen time):

- ◆ Leave your cell phone and laptop in another room, or at least turn off notifications and temporary delete social media apps to reduce temptation.
- ◆ Tell your family and friends that you're unplugging for the holidays; they might even join you for a technology-free vacation.
- ◆ Set a specific, limited amount of time when you can access your work email, if you absolutely must check in.
- ◆ Plan technology-free activities — try playing board games, going sledding or bike riding, baking cookies, reading a book or reviving an old hobby.



To all our Empire Care Center Employees
Tell the world why you love being part of the Empire Care Family
We see how much HEART you put into your jobs everyday



SHARE THE LOVE
With your phone
Review us on Google



Scan the QR Code associated with your facility below and share your thoughts



The Meadows



West Orange



Fayetteville



McDonough



Conyers



Jackson



Normandy



Orange Park



Cartersville



Powder Springs



Nancy Hart



Renaissance



Fulton Center



Riverdale



University

A Senior Christmas Poem, Author Unknown

T'was the night before Christmas at Rock Away Rest, and all of us seniors were looking our best. Our glasses, how sparkly, our smiles, oh how merry; our punch bowl held prune juice, plus three drops of sherry.

Support hose were taped to our walkers in hope, that Santa would bring us soft candies and soap. We surely were lucky to be there with friends, secure in our residence and our Depends.

Some of our grandkids sent Christmassy crafts, like angels in snowsuits or penguins on rafts. The dental assistant here borrowed our teeth. From them she crafted our holiday wreath.

The bed pans, so shiny, all stood in a row, reflecting our candles in a magnificent glow. Our supper was festive, the joy wouldn't stop, with creamy warm oatmeal with sprinkles on top.

Fruit salad with Jello, all jiggle and great, and puree of fruitcake was spooned on each plate. The social director then let us play games, like "Where do You Live?" and "What Are Your Names?"

Old Mr. Looper was feeling his oats, proclaiming that reindeer were just fancy goats. Our resident wanderer was tied to her chair, with hopes that at bedtime she still would be there.

Security lights on the new fallen snow made night look like day to us old folks below. Then out on the porch there arose quiet a clatter (But we're all so deaf that it just didn't matter).

A strange little fellow then flew through the door. He tripped on the sill and fell flat on the floor. T'was just the director, all toggled out in red, who giggled and chuckled and patted each head.

We knew from the way that he strutted and jived that our social security checks had arrived. We sang and we hummed in our monotone croak, till finally the clock chimed its 8 p.m. stroke.

And soon we were snuggled again in our beds, while the nurses distributed our nocturnal meds. And so ends our Christmas at Rock-A-Way Rest. 'fore long you'll be with us... we wish you the best!

