

March 2022

'Recognizing Those Who Care'

Message of the Month

When March comes around every year, we all know there is a special holiday we all celebrate. Just about everyone knows it, but just in case you are one of the very few who does not know, we celebrate the National Holiday of St. Patrick's Day every March 17th. While St. Patrick's Day is an Irish Holiday, it is a holiday that is celebrated across the globe by just about everyone, regardless of their affiliation. Green beer, green food, green hair, green clothes, well, green everything is the theme of the day for St. Patrick's Day.

However, what most everyone does not know is that there is another holiday celebrated in March. In fact, this is a very special holiday which has, for the most part, gone under the radar. That holiday, celebrated on March 4th is Employee Appreciation Day.

We at Empire Care Centers have always recognized the importance of you, our employees and we are of the absolute opinion that celebrating Employee Appreciation should be the norm daily, not just on March 4th.

To support Employee Appreciation Day, we are giving away ECC Care Bucks to every employee who submits a Shoutout to their coworker using the Boomer News App during the entire month of March. Details of the event are in this month's newsletter. You will be able to use your ECC Care Bucks to purchase all sorts of very cool ECC merchandise, all for simply telling your coworker how much you Appreciate them.

We hope everyone participates and submits tons of shoutouts because we know, simply telling someone you appreciate them for what they have done, are doing and how much it helps goes a very long way towards building and retaining a first-class team.



Show your appreciation

Employee Appreciation Month



EMPIRE CARE
CENTERS

Weekly Gift Card Drawings

- ✦ Use your CARE Bucks to buy goodies.
- ✦ Receive a lottery ticket for a weekly gift card drawing from your Administrator.



Don't have the 'Boomer News' App?

Go to 'App Store' or 'Google Play'
Search for 'Boomer News' and download
Select your facility
Select Employee Shoutout
Enter your shoutout information
Submit
Success!



Use your 'Boomer News' Mobile App
Enter a shoutout to your co-worker
Enter a shoutout to welcome a new employee

How many Care Bucks can you get?
Receive a CARE BUCK for every shoutout entered!



Here We Grow Again

A warm welcome to Canton Center for Nursing and Healing.
Our latest addition to our Empire Care Centers family:



Canton Center for Nursing and Healing
Canton, Georgia



**We are not a
team because we
work together, we
are a team because
we respect each other**

Empire Heroes for March

Cartersville



Nikki Berndt

Conyers



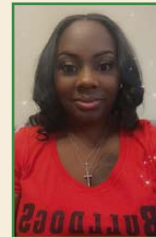
Tonja Olaoluwa

University



Cheryl Thomas

Fulton Center



Quinnethia Crenshaw

Fayetteville Center



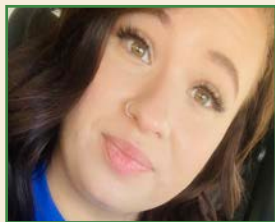
Amivi Sognon

West Orange



Ebony Felder

Nancy Hart



Millie Ramos

Powder Springs



Michelle Ellis

Orange Park



Amber Willis

Riverdale



Melanie Crumpler

Jackson



Nora Sands

McDonough



Rose Cunningham

Renaissance



April Dinkins

Normandy



Jacqueline Smith

The Meadows



Geoffrey Alessi

March is Red Cross Month

The **Red Cross** was founded by Clara Barton in 1881 and has been dedicated to serving those in need ever since. From providing first aid certification and disaster relief to rendering aid to American service members and families, Red Cross staff and volunteers are active across the United States and abroad. The mission of the American Red Cross states: The American Red Cross prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors.

The organizations vision statement is as follows:

The American Red Cross, through its strong network of volunteers, donors and partners, is always there in time of need. We aspire to turn compassion into action so that...

- ...all people affected by disaster across the country and around the world receive care, shelter and hope;
- ...our communities are ready and prepared for disaster;
- ...everyone in our country has access to safe, life-saving blood and blood products;
- ...all members of our arms services and their families find support and comfort whenever needed; and
- ...in an emergency, there are always trained individuals nearby, ready to use their Red Cross skills to save lives.

Since the early 1900's the Red Cross has offered first aid training and other certifications and also developed the first nationwide civilian blood donor program in the 1940's. The Red Cross response to roughly 64,000 disasters yearly in the United States and around the world and depends on the American public's contributions of time, blood and money to continue its service and programs.

We would like to salute the efforts of the American Red Cross during the month long celebration of the organization, and we encourage you to do the same. Whether donating blood, contributing to the cause or volunteering in community, your support helps to bring important programs to people in need.

WELCOME

New Faces

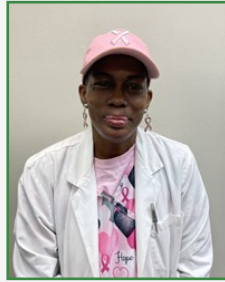
Jan 28th - Feb 24th

McDonough



Tameika McDaniel

Tameika joins McDonough Center as a CNA. She has 5 years experience in healthcare. **Tameika** was born in Valdosta, GA. She is married and has 2 sons and 2 daughters. In her spare time **Tameika** enjoys relaxing and enjoying time with her family.



Tolacia Gober

Tolicia joins our EVS Department as a Housekeeper. She has 6 years experience in the healthcare industry. Welcome to our McDonough Center for Nursing and Healing family.



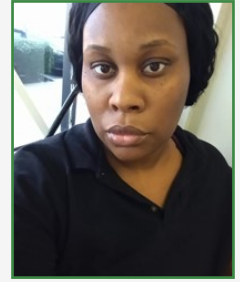
Antwan Miller

Antwan joins our EVS Department as a Floor Tech. He was born in Atlanta, GA. We are glad you are a part of our McDonough Center family. Welcome!



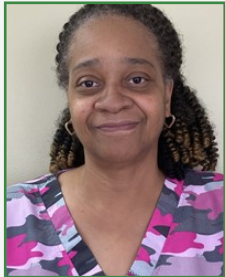
Marie-Judithe Bien-Aime

Marie-Judithe joins McDonough Center as a Dietary Aide. She has 30 years experience in the healthcare industry. **Marie-Judithe** is married and has 1 daughter. Welcome to our McDonough Center for Nursing and Healing family.



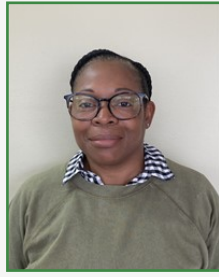
Leah Jones

Leah joins our Admin Department as a part-time Receptionist. She has 3 years experience in the healthcare industry. **Leah** was born in Albany, GA. She has 1 son and 2 daughters. In her spare time **Leah** enjoys going to her kids games, spending time with them, relaxing at home, and enjoys reading books.



Karla Burrell

Karla joins our McDonough Center team part-time as a CNA. She has 25+ years experience in healthcare. **Karla** was born in Philadelphia, PA. She is married and has 3 sons. In her spare time **Karla** enjoys cooking, watching TV, and spending time with her husband.



Paula Mendez-Black

Paula joins our Nursing Department as a CNA. She has 1 year of experience in the healthcare industry. **Paula** was born in Brooklyn, NY. She is married and has 2 daughters. In her spare time **Paula** enjoys spending time with her family, traveling, shopping, and watching crime shows.



Cartersville



Yahaira Vallejo

Yahaira joins our Cartersville Center team as a CNA. **Yahaira** was born in Atlanta, GA. In her spare time, **Yahaira** enjoys binge watching popular Netflix shows, baking, and going out with friends.



Alphonso Wisseh

Alphonso joins our team as our Dietary Manager. He has 30 years healthcare experience with 20 years as a Dietary Manager. We are glad you are a part of our Cartersville Center family. Welcome!



Regina Guidry

Regina joins our Therapy Department as a PRN Occupational Therapist. She brings to Cartersville Center for Nursing and Healing 24 years experience in the healthcare industry. Welcome to our Cartersville Center for Nursing and Healing family.



Roxanne George

Roxanne joins our Therapy Department as a PRN Physical Therapist. She has 22 years experience in the healthcare industry. **Roxanne** is married and has 3 sons and 1 daughter. In her spare time **Roxanne** enjoys reading, gardening, watching documentaries, traveling, and shopping.



WELCOME

New Faces

Jan 28th - Feb 24th

Fayetteville



Isha Kamara

Isha joins Fayetteville Center as a PRN RN in our Nursing Department. She has 1 year experience in the healthcare industry. **Isha** is married and has 2 sons. In her spare time **Isha** enjoys cooking, reading and watching movies.



Emma Horton

Emma joins our Administrative Department as our BOM. She has been in healthcare for 20 years. **Emma** was born in Atlanta, GA. She is married and has 1 son and 1 daughter. In her spare time **Emma** enjoys community events with her sorority sisters, shopping and traveling.



Alene Lewis

Alene joins our Nursing Department as our DON. She has 46 years experience in the healthcare industry. **Alene** was born in Waycross, GA. In her spare time **Alene** enjoys reading, cooking and traveling.



Jennifer Jenkins

Jennifer joins our Nursing Department as a RN, SDC. She has 19 years experience in the healthcare industry. **Jennifer** was born in Valdosta, GA. She is married and has 2 sons and 2 daughters. In her spare time **Jennifer** enjoys reading and being involved with charity organizations.



Daeja Beasley

Daeja joins our team as a PRN Unit Manager, RN. She has 2 years of healthcare experience. **Daeja** was born in Augusta, GA. In her spare time **Daeja** enjoys hiking and spending time with family.



Constance Bonaparte

Constance joins our Nursing Department as a CNA. She was born in Atlanta, GA. In her spare time **Constance** enjoys watching TV, spending time with friends, traveling, and shopping.



Dana Willis

Dana joins Fayetteville as a LPN/MDS in our Nursing Department. She has 17 years experience in the healthcare industry. **Dana** was born in Richmond, VA. She has 1 son. In her spare time **Dana** enjoys reading, spending time with her son, and practicing photography.



Latiya Stanley

Latiya joins our Social Services Department as a Social Worker. She has 5 years experience in the healthcare industry. **Latiya** was born in Brooklyn, NY. She has 1 daughter. In her spare time **Latiya** enjoys reading, exercising and dancing.

Michael joins our Social Services Department as our Social Service Director. He has 5 years experience in the healthcare industry. **Michael** was born in Chicago, IL. He has 1 son, 3 daughters and 6 grandchildren. In his spare time **Michael** enjoys reading the Bible, motorcycling, working out, cooking, traveling and volunteering.

Michael Renolds

Kenyatta joins our team at Fayetteville Center for Nursing and Healing as a PRN TNA. She brings 1 year of healthcare experience to Fayetteville Center for Nursing and Healing. Welcome to our Fayetteville Center for Nursing and Healing family.

Kenyatta Harris

West Orange

Sharon joins our West Orange Center team as our Business Office Manager. She was born in Jackson, MS. **Sharon** has 1 daughter and 2 grandchildren. In her spare time **Sharon** enjoys spending time with friends at the beach.

Sharon Jones

Rhonda joins our team at West Orange Center as a PRN MDS. She has 20 years healthcare experience. **Rhonda** was born in St. Louis, MO. She has 1 daughter. In her spare time **Rhonda** enjoys walking, relaxing, watching TV, shopping, and spending time with her daughter.

Rhonda Turnbough

Friday, March 4th

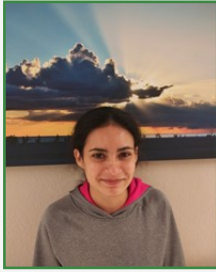


WELCOME

New Faces

Jan 28th - Feb 24th

The Meadows



Yanet Alvero

Yanet joins The Meadows Center team as a LPN. She has been a LPN for 3 years. In her spare time **Yanet** enjoys watching movies, K-Dramas, listening to music, going to the beach and spending time with friends.



Shavonne Watson

Shavonne joins our Nursing Department as a CNA. She has 3 years experience as a CNA. **Shavonne** was born in Sarasota, FL. She is married and has 1 son and 2 daughters. In her spare time **Shavonne** enjoys reading, playing board games, and spending time with family.



Iwona Townsend

Iwona joins our team at The Meadows Center for Nursing & Healing as a PRN LPN. She has 6 years healthcare experience. **Iwona** has 1 son. In her spare time **Iwona** enjoys watching movies.

University



Todd Comer

Todd joins University Center as a Unit Manager in our Nursing Department. **Todd** was born in Jacksonville, FL. Welcome to our University Center for Nursing and Healing family.



Liberty Miller

Liberty joins our team at University Center for Nursing and Healing as a PRN CNA. In her spare time **Liberty** enjoys fishing, long drives and reading. Welcome to our University family.



Jennifer Patterson

Jennifer joins our University Center team as a part-time LPN. She has 20 + years of experience in healthcare. **Jennifer** was born in Hopkinsville, KY. She has 1 son and 2 daughters. In her spare time **Jennifer** enjoys reading and spending time with family sitting at the beach.



Carmen Cepero

Carmen joins our Nursing Department as a RN. She has 13 years experience in the healthcare industry. **Carmen** was born in Cuba and has 1 son and 1 daughter. In her spare time **Carmen** enjoys playing with her children.

Renaissance



Breasha Parks

Breasha joins our Renaissance team as an Activities Assistant in our Activity Department. She was born in Thomaston, GA. **Breasha** has 2 boys and is planning on getting married soon. She enjoys spending time with family and friends. Congratulations and welcome to our Renaissance family.



Health Tip - - National Nutrition Month is a nutrition education and information campaign created annually in March by the American Dietetic Association. The campaign focuses attention on the importance of making informed food choices and developing sound eating and physical activity habits. Registered Dietitian Day, also celebrated in March, increases awareness of registered dietitians as the indispensable providers of food and nutrition services and recognizes RDs for their commitment to helping people enjoy healthy lives.

WELCOME

New Faces

Jan 28th - Feb 24th

Jackson



Adrian Campbell

Adrian joins our Jackson Center team as a Driver. He was born in Milledgeville, GA. **Adrian** has 1 daughter. In his spare time he enjoys spending time with family and cooking on the grill.



Caleb Clements

Caleb joins our Jackson Center for Nursing and Healing team as our Staffing Coordinator. Welcome to our Jackson Center for Nursing and Healing family.



Shaquandra Taylor

Shaquandra joins our team at Jackson Center for Nursing and Healing as a PRN LPN. Welcome to our Jackson Center for Nursing and Healing family.



Michelle Wilson

Michelle joins our Nursing Department as a PRN CNA. She has 7 years experience in the healthcare industry. **Michelle** has 2 daughters. Welcome to our Jackson Center family.



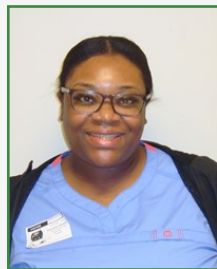
Misty Gross

Misty joins our team as our Director of Nursing. She has 26 years of healthcare experience. **Misty** was born in Lexington, KY. She is married and has 2 daughters. In her spare time **Misty** enjoys animals.



Teasheal Hawkins Hodge

Teasheal joins our Nursing Department as a LPN. She has 30 years experience in the healthcare industry. **Teasheal** was born in Tampa, FL. She has 1 son. In her spare time **Teasheal** enjoys shopping, reading, making jewelry, flea-marketing and teaching CPR. Mostly, she enjoys spending time with her parents, grandmother and the family dog.



Danesha Adams

Danesha joins our Nursing Department as a part-time CNA. She has been in healthcare for 6 years. She has 1 son and 3 daughters. Welcome to our Jackson Center for Nursing and Healing family.



Pattie Joyner

Pattie joins Jackson Center as a part-time RN in our Nursing Department. She has 30+ years experience in the healthcare industry. **Pattie** was born in Claxton, GA. She has 1 son and 1 daughter. In her spare time **Pattie** enjoys reading, walking, and swimming.



Rosalyn Willis

Rosalyn joins our team at Jackson Center as a FT LPN. She has 20 years of healthcare experience. **Rosalyn** was born in Griffin, GA. She has 3 sons and 4 grandchildren. In her spare time **Rosalyn** enjoys watching movies and spending time with her grandkids.



Shaneka Fudge

Shaneka joins our Nursing Department as a RN/Unit Manager. She has 15 years experience in the healthcare industry. **Shaneka** was born in Baton Rouge, LA. She is married and has 2 sons and 1 daughter. In her spare time **Shaneka** enjoys spending time with her family.



Tamika P Thompson

Tamika joins our team at Jackson Center as a PRN Speech-Language Pathologist. She has 16 years of healthcare experience. **Tamika** was born in Miami, FL. In her spare time **Tamika** enjoys spending time with her family, reading and cooking.



Cassandra Pennamon

Cassandra joins our team at Jackson Center for Nursing and Healing as a PRN TNA. Welcome to our Jackson Center for Nursing and Healing family.



Ashley Edgin

Ashley joins Jackson Center as a LPN in our Nursing Department. She has 2 years experience in the healthcare industry. **Ashley** was born in Griffin, GA. She has 1 daughter. Welcome to our Jackson Center family.



Linda Holloway

Linda joins our Nursing Department as a PRN LPN. She has been in healthcare for 11 years. **Linda** was born in Riverdale, GA. She is married and has 1 son, 1 daughter and 5 grandchildren. In her spare time **Linda** enjoys reading, attending church activities and taking care of grandchildren.

WELCOME

New Faces

Jan 28th - Feb 24th

Powder Springs



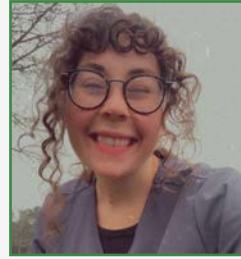
Corey Winter

Corey joins our Powder Springs team as a Housekeeper. He was born in Baltimore, MD. In his spare time, **Corey** enjoys spending time with friends and family, relaxing, and watching TV.



Dorine Abram

Dorine joins our Housekeeping Department as a Housekeeper. She has been in healthcare for 5 years. **Dorine** was born in Buffalo, NY. She is married and has 1 son, 1 daughter and 1 grandchild. In her spare time **Dorine** enjoys walking, watching documentaries, biking, and swimming.



Emily Nevitt

Emily joins our team at Powder Springs Center as a PRN PTA. She has 1 year healthcare experience. **Emily** recently just graduated and got her license to be a PTA. She was born in Kennesaw, GA. In her spare time **Emily** enjoys spending time with her German Shepard, Jerry and training for her first marathon.



Sam Johnson

Sam joins Powder Springs Center for Nursing and Healing as a Regional HVAC in our Maintenance Department. He was born in Floyd, GA. He is married and has 2 sons and 1 daughter. In his spare time **Sam** enjoys spending time with family, watching sports, and hunting fishing.



Whiegar Whiegar

Whiegar joins our Housekeeping Department as a Housekeeper. He has 7 years experience as a Housekeeper. **Whiegar** has 1 son. In his spare time **Whiegar** enjoys reading and cleaning the house.



Tawanda Nash

Tawanda joins our Nursing Department as our Scheduling Coordinator. She has been in healthcare for 34 years. **Tawanda** was born in Chicago, IL. She is married and has 4 sons, 4 daughters and 4 grandchildren. She loves to travel and has visited many different places, being married to a military spouse. I love playing and watching basketball, going to beaches and spending time with my spouse, children and grandchildren.



Whiema Whiegar

Whiema joins our Housekeeping Department as a Laundry Aide. He has 9 years experience. **Whiema** has 1 daughter. In his spare time **Whiema** loves spending time with the kids and doing things around the house, like cleaning and cooking.



MARDI GRAS



The first documented procession for Mardi Gras took place in 1837, but it was very different then the parades seen there today. The first modern-styled parade didn't occur until 1857, and was arranged by a group called the Mystik Krewe of Comus. The floats were lit by torches and depicted scenes from mythology and literature. After the American Civil War ended in 1865, more krewes sprung up adding to the number of floats and balls.

Today's celebrations are not that different from the ones in the 1860s. There are still parades full of floats and costumed people, and there are still balls held each year. In fact, the celebration is so famous it has become major tourist attraction for New Orleans drawing in millions of people from around the world for Fat Tuesday.

MARCH

Calendar of Events

St Patrick's Day.....	17th
First Day of Spring	20th
Daylight Saving Time	13th



National Nutrition Month
Save Your Vision Month
Colorectal Cancer Awareness Month
Save Your Vision Month



February Birthdays

Orange Park

- 2 Marion Jackson
- 2 Levetta Mack
- 8 Jenna Dalgarn
- 14 John Paul Conroy
- 17 Viviane Alexandre



McDonough

- 1 April Johnson
- 3 Levon Howard
- 15 Mgborig Udum
- 19 Effie Storr
- 23 Collis Carswell
- 25 Vicki Ryan



Powder Springs

- 1 Camille Fabre
- 3 Funmi Fasole
- 3 Amber Thomas
- 5 LoriAnn Coker
- 7 Sam Johnson
- 8 stephanie Fenderson
- 8 Anne Gichuki
- 9 Nicole Johnson
- 9 Rita Fosu
- 10 Theresa Bernard
- 11 Sharon Brown
- 11 Jimmie Nelson
- 12 Rita Okere
- 12 Monique Taylor
- 13 Viviane Meboka
- 13 Gloria Ebere
- 18 Mathel Edwards-Jawo
- 18 Felicia Holmes
- 21 Debra McCratic
- 22 Myrlene Modelus
- 23 Annite Delice
- 26 Jessica Lively
- 26 Brian Thomas
- 26 Sherry Cuthbert
- 26 Lauren Lott
- 28 Rosalyn Nelson
- 29 Brenda Dobbs
- 30 Sherre Pate

Normandy

- 2 Lilian Harper
- 23 Terria Jones
- 24 Glenn Fortuno
- 25 Lumenes Louis Jeune

Jackson

- 2 Roxie Watson
- 13 Tamyia Kimble
- 18 Brittany Fisher
- 21 Shaneka Fudge
- 24 Lissette Valentin
- 26 Tami Shell
- 27 Shan't Owens
- 31 Jakira Stewart



Cartersville

- 3 Joyce Kamau
- 3 Jane Kungu
- 3 Deborah Cooley
- 5 Cheryl Autry
- 26 Chris Owens



West Orange

- 1 Guerdie Pierre
- 7 Kerline Jean Marie
- 8 Jocelyne Dorsainvil
- 8 Angela Mitchell-Elliot
- 15 Marie Petit-Frere
- 18 Louis Silva
- 21 Eunice Rivera
- 30 Marie Kamara
- 30 Debbie James Lane



Conyers

- 2 Juliet Fagen
- 3 Keisha Oliver
- 5 Gilbert Tamakloe
- 7 Charmaine McClintock
- 9 Ted Trammell
- 11 Evangala Howard
- 12 Alison Clarence
- 15 Chalisena Nelson
- 21 Tamika Johnson
- 22 Timothy Knight
- 23 Marquita Boyd
- 27 Karliyah Hunter
- 29 Ryan Richardson



Nancy Hart

- 4 Edna Allen
- 30 Samuel Riden

Riverdale

- 10 Zainab Kallon
- 10 Sylvia Muwallif
- 11 Ytrica Edwards
- 12 Hawanatu Sesay
- 21 LaToya Johnson
- 22 Tanisha Southard

Fayetteville

- 4 Shakia McNeil
- 9 Emma Horton
- 10 LaToya Carr
- 11 Tommy Holmes
- 15 Jessica Long
- 15 Sarah Kagondou
- 20 Darney White
- 21 Shaneka Fudge
- 25 Ashley Baker
- 26 Airreol Harmon
- 26 Emma Mitchell
- 27 Ruth Germain
- 28 April Stinson
- 31 Rebecca Songowa



Renaissance

- 7 Mercy Momodu
- 9 Vickie Taylor
- 11 Gerta Roblin
- 12 Madison Brown
- 19 Marquita Norris
- 23 Darlene soy
- 23 Darlene Tarantine
- 27 Sonya Mallory



Fulton Center

- 6 Jswanda Rankins
- 14 Willie Parks
- 15 Amanda McDowell
- 26 Dominica Morales-Gibson



The Meadows

- 2 Annette Altmann
- 6 Michelle Fritsch
- 7 Marquiria Williams
- 8 Denise Amador Delgado
- 11 Ana Sanchez Carias
- 12 Yanet Alvero
- 13 Shavonne Watson
- 16 Amber Coney
- 23 Veronica Arteta
- 23 Maria Gonzalez
- 24 Carol Kolodziej



Happy Birthday

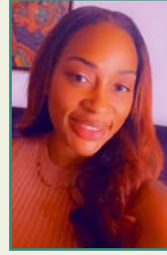
Supervisor Shout Outs

WEST ORANGE

Ebony Felder - Thank you for stepping up and doing an amazing job in the absence of our DON. I am extremely proud of you. keep up the great work!!
~Marie Kamara



Ebony Felder - Thank you for all you do. Your outstanding leadership in nursing while Akissi was on vacation was unmatched, we didn't miss a beat!
~Artarshia Joseph



Tasha Joseph - Thank you for being a great team player and supporter with a positive attitude. Your hard work and wealth of knowledge is very much appreciated!!
~Marie Kamara



Monique Smith - We appreciate all that you do at West Orange Center and for being an amazing team player.
~Marie Kamara



JACKSON



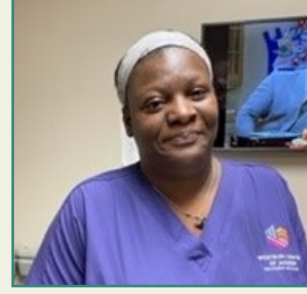
Belinda Jones - Thank you for your faithfulness on the night shift. I appreciate your care of our patients.
~Julia Ann Walklett



Elaine Newton - Thank you for your dedication to our patients. I appreciate your faithfulness to our night shift.
~Julia Ann Walklett



Kathy Freeman - Thank you for all you do. We appreciate all of the shifts that you are picking up. You make part time look really busy!
~Julia Ann Walklett



Felicia King - Thanks for all of the extra shifts that you have been picking up. I really appreciate your dedication to our residents.
~Julia Ann Walklett



Renee Yarbrough - Thank you for your dedication. I appreciate your extra shifts and all you do for our patients!
~Julia Ann Walklett

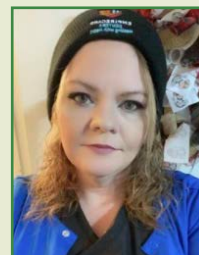


Karen Powell - Thank you for all those extra shifts and your willingness to work wherever is necessary (even Covid)!
~Julia Ann Walklett



Paul Check - We are so glad to have you on our team! You have such a great attitude and a pleasure to work with. Thank you for everything.
~Laura Carlson

RENAISSANCE



Miranda Nix has been devoting all her time and effort into healing our residents from wounds. **Miranda**, thank you so much for your efforts
~ Prachi Elmore



Kim Adams - Thanks for all you do and all the hard work you put into improving the process for our facility! I appreciate you!
~Prachi Elmore

Supervisor Shout Outs

RIVERDALE



Angela Davis - **Angela** is our amazing Wound Care Nurse! She provides so much love to the residents and those around her! Thank you **Angela** for helping out and covering the extra shifts and for going the extra mile!
~Michelle Lewis



Paulette Forbes, Valencia Driver and Qiana Tilley
- Riverdale is blessed to have three amazing Unit Managers who work so hard everyday to ensure their residents and associates are taken care of! I know it is not easy, but thank you for all you do! We love you and could not be Riverdale without you!
~Michelle Lewis

FULTON CENTER



Bridgett - Thank you for everything you do and always lending a helping hand in a many different areas at our facility
~Quinnethia



Tierra - Thank you for being such a wonderful Nurse in various aspects. You Rock!!!!
~ Quinnethia

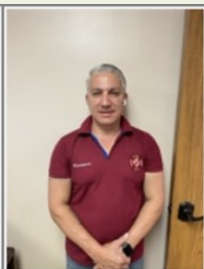
THE MEADOWS



Keisha Odaiyar - Thank you for your professionalism and caring heart. You show great compassion with all of our residents, families, and staff! Thank you for all you do at the Meadows!
~Nursing Administration

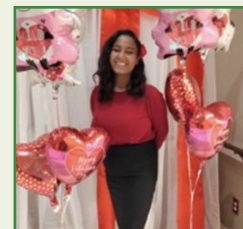


Mary Arredonda - Thank you **Mary** for all your hard work. Greatly appreciate all your help in the housekeeping department! Thanks
~Jean-Marc Ulysse



David Bello - **David** was promoted from Assistant Maintenance Director to Maintenance Director almost a month ago. He has been going "Above and Beyond" in his daily duties. He is "Gung Ho"! He gets things fixed right away. Thank you **David** for all you do! "Dream Team".
~Jean-Marc Ulysse

POWDER SPRINGS



Willia Aponte - We are glad to have you as part of our Activities' team. You are doing a good job in Memory Care. Keep up the good work.
~Maggie



Annolita - Thank you for everything you do. You are so helpful around the kitchen and we are happy to have you in our Dietary Department. We are a team and we all rely on each other. You are a great addition to the team. Once again, **Annolita** thank you for everything you do.
~Tony Moore

Brown Bag Idea

Tortilla PB Wrap.
4 7- to 8-inch flour tortillas
1/3 cup peanut butter
1 cup chopped apple
1/4 cup low-fat granola



Spread peanut butter over each tortilla. Sprinkle with apple and granola. Tightly roll up tortillas. Cut in half. Wrap tightly in plastic wrap. Pack in insulated containers.



Supervisor Shout Outs

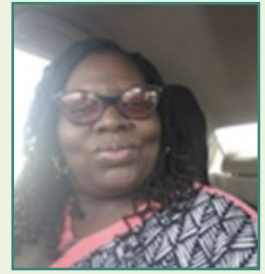
ORANGE PARK



Kristen you are and have been the most awesome staffing coordinator I have had the pleasure of working with! All of our Nurses appreciate everything you do for us and how hard you work to make sure we are taken care of! You are constantly working every day, all day and night to make sure we are fully staffed and that we have the support we need to maintain the awesome care we can give! Girl you are amazing and I hope everyone at work realizes how hard you work and how much you do for the staff and residents!
~Brittany Hailer



Nathalie - We are so proud of our new Unit Manager, **Nathalie**! She started here as a CNA and got her LPN and now she is our Unit Manager! She has accomplished so much while she has been with us and we can't wait to see how far she takes her career! It just goes to show you how far someone can go from day one to current! She is truly an inspiration to us all on how to expand your career if you work hard enough! Thanks for all you do **Nathalie**!
~Kristen Stafford



Viviane - A big shoutout to one of the most awesome CNA's around!
Viviane is so caring, thoughtful, and driven. She works her behind off every day. She is always here and it really shows in her quality of care. Thanks for all you do **Viv**!
~Kristen Stafford



Cheryl Young - Rehab Director - Thank you **Cheryl** for going above and beyond in facilitating and communicating room changes for patients and residents while they were on isolation. Also, thank you for keeping on top of our isolation dates. We appreciate your hard work and dedication!
~Trista Delaney- Activity Director



A HUGE shout out to **Yvette** who came from our Housekeeping Department and is now a CNA!! We are so proud of her and everything she has accomplished! We already know you are going to be amazing as a CNA. The staff and residents are lucky to have you!
~Kristen Stanford

CONYERS



Tonja Olaoluwa - Shout out to **Tonja**, a very remarkable nurse. She has been at the facility for approximately 20 years. She goes above and beyond to do for her residents. She also gets along well with staff. She shows good customer service to everyone she comes in contact with.
~Kathy Nicholas



Shout out to **Lucy Theodore** who goes above and beyond for her residents. Ms. Theodore provides exceptional care to all her residents. She is very compassionate, kind and empathetic to those entrusted in her care.
~Kathy Nicholas

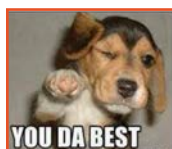
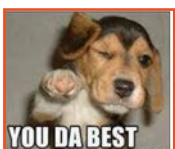
UNIVERSITY



A big shoutout to **Christine** for always lending a helping hand when needed. We all appreciate you so much for all that you do!
~ University Team

PATIENT SAFETY AWARENESS WEEK

Patient Safety Awareness Week campaign, entitled "Are you? Commit to Safety Health Care." The campaign will take place on March 13 - 19, 2022., (NPSF's annual Patient Safety Awareness Week) and will highlight the need patients, providers, and everyone in between to be "informed, involved, and invested in making healthcare safe." Patient Safety Awareness Week has been led by the NPSF since 2002 and provides educational materials for hospitals to use during the week.



Supervisor Shout Outs

FAYETTEVILLE



Ms. Margaret you have been an awesome director. Ever since I transferred to the Activities Department you've showed me nothing but love. We really appreciate everything you do for our residents, it's really appreciated in a special type of way. We love working with you, talking to you, some days are better than others, but we both make sure that the residents are truly happy by showing up and keeping them entertained. Thank you so much **Ms. Margaret**.
~Almoni Atwell

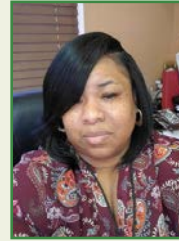


Jaya Tolbert - Saying that **Jaya** is a Receptionist does not even cover half of what this fine lady does for our facility. She has received many compliments from visitors on her professionalism when greeting them, in person or on the phone. She is willing to go to the floor to check on a resident when their loved one cannot reach them on the phone. Local restaurants should tip her for delivering food to various residents as well. No matter what is thrown at her, **Jaya** always keeps her smile and willingness to help. We really appreciate all that she does.
~Margaret Helman



Kiesha Grant - Seeing you show so much love in what you do and helping people around you means a lot to everyone. Going into your office, looking at how much work you have to do, can be frustrating for you. It makes me want to jump in and help. The amount of effort you put in is what you get out. You have worked hard and shared love with others in this facility daily. It makes us proud of you for holding down your end of the bargain. Team work makes the dream work!! Keep doing what you do for the building. We appreciate your work ethic!!
~ Almoni Atwell

NORMANDY



Patriona Jackson - Thank you for your dedication in making sure the residents have an enjoyable time in activities. You bring fun and excitement to our residents here!
~Krystyne and Tyler

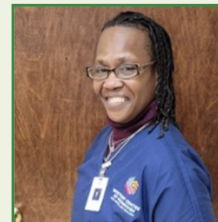


Krystyne Rubio - You are a rockstar! You go above and beyond helping out whatever is needed. You come in early and stay late to help out other departments. Thank You!
~Chiquita Robinson

MCDONOUGH



Duval Hill & Deonte - To our awesome maintenance team!!! Thank you all for bringing the building back to life with all your gadgets and gadgets! You all are appreciated.
~Natasha Drummond



Polo - We appreciate you for your hard work and dedication to making sure the job gets done!!! Thank you!
~Julisa Raemmier



Duval Hill - Thank you for being so kind, professional, and always willing to help! Your great work ethics are recognized by the residents and staff members!!!!
~Julisa Raemmier

National Awkward Moment Day



March 18th

National Open an Umbrella Indoors Day



March 13th

National Panic Day



March 9th



Orange Park

Shout Outs

- ❖ To **Minchele Cua** from Kristen Stafford - Minchele is such an amazing therapist here! She is truly dedicated to all the residents and their family! She really goes above and beyond with all of her efforts here! We really appreciate you Minchele!
- ❖ To **Marion Weltzbarker** from Cheryl Young - Marion has stepped up to the plate as a new employee challenging herself daily. As a team we are forever grateful for her dedication and positive personality! Keep up the hard work.
- ❖ To **Jorge Gonzalez** from Cheryl Young - Jorge is a dedicated nurse to our building. He has immediately stepped up to the plate ensuring all patients receive the best care. We are forever thankful for your dedication to the patients.



A few shoutouts from Resident Council

- ❖ To **Kamrie Johnson - CNA** from **Resident Council** - **Resident Council** wants to thank her for being a good CNA. She always helps us even if she is not assigned as our CNA. She has a good personality and is loving and sweet.
- ❖ To **Kyle Nguyen - Housekeeping** from **Resident Council** - **Resident Council** would like to recognize Kyle. He is a really good staff member that works in housekeeping. He will do anything that needs to be done. He is friendly and kind. Thank you for your hard work!
- ❖ To **Quatina Little - CNA** from **Resident Council** - **Resident Council** would like to shout out Quatina! She is a good CNA and always helps us even if she is not assigned as our CNA that day. She has a great personality and is loving and sweet. Thank you!

Normandy

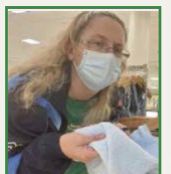
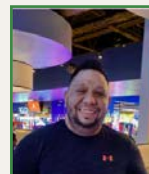
- ❖ To **Larry Lance** from Rosa Ferguson - Big shout out to Larry and the entire housekeeping staff. We receive so many compliments at the front desk from our visitors for the outstanding job you do keep our facility clean! Spot On!
- ❖ To **Ranita Pryor** from Melves Paige-Alston - Thank you for Picking up shifts without complaint. You rock!!
- ❖ To **Latanya Tarver** from Krystyne Rubio - Thank you for working wherever you're needed. You are awesome!
- ❖ To **Aaron Levy** from Normandy Staff - Thank you for stepping in to be our Administrator in a time of need.
- ❖ To **Emma Konotey** from Rosa Ferguson - Big shoutout to Emma for helping me enter COVID data! You're a lifesaver!
- ❖ To **Yolanda Hobbs-Pickering** from Rosa Ferguson - Thanks for helping "everywhere" You Rock!
- ❖ To **Terry Williams** from Melves Paige - Thanks for being a team player!!
- ❖ To **Fan Fan** from Krystyne Rubio - Simply amazing! Always going the extra mile with a smile on her face.
- ❖ To **Krystyne Rubio** from Melves Paige-Austin - Thank you for always helping out wherever needed!
- ❖ To **Lashonda Brannon** from Melves Paige-Alston - Thank you for coming in for ANY shift I need filled. You are the best!
- ❖ To **Normandy Staff** from Management Team - Thank you to all our staff for helping us to have a great staff! Your hard work and dedication are greatly appreciated!

Way to go Normandy



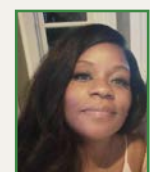
University

- ★ To **Ann** from Activities - Thank you for assisting with different events fliers.
- ★ To **COVID testing staff** from Connie - Thank you for all you do to keep our facility safe.
- ★ To **Jaime** from Connie - Thank you for shopping for our residents.
- ★ To **Sanel** from Connie - Thanks for pitching in and helping in our Maintenance Department.



McDonough

- ◆ To **Tierra** from Linda - I appreciate all your efforts, especially when you were our only housekeeper!!! Thanks for sticking with Westbury of McDonough!!
- ◆ To **Rose** from Linda - Thanks for the long hours and holding the Dietary Department together.
- ◆ To **Dora Thomas** from Dwanique Dieudonne - You are such an awesome individual to work with and she cares for her residents.
- ◆ To **Sandra** and **Deborah** from Dwanique Dieudonne - Awesome Certified Nursing Assistants. You're doing a great job at Westbury Center of McDonough.
- ◆ To **Disheka** from Linda - Thank you for all your dedication and hard work! As our only floor tech for so many months, you took on laundry and housekeeping! You do it all!!! I appreciate all your efforts!!!



A FEW OF OUR SHOUTOUT FOLKS

HEROES OF EMPIRE CARE CENTERS

University Center for Nursing and Healing



Cheryl Thomas

Our Hero of the Month is **Cheryl Thomas!** Cheryl is outstanding with her patients, everyone absolutely loves and adores her. Cheryl has an incredible bond with her patients and absolutely goes out her way to make them feel comfortable. We are so glad to present her as our Hero of the Month. Thank you for all that you do. You are truly a valued member of our team. Thank you for being amazing!

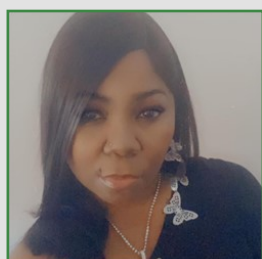
Orange Park Center for Nursing and Healing



Amber Willis

Our Hero of the Month is **Amber Willis**, an RN who has worked with us now for 5 years. She has always been an excellent employee and co-worker to everyone, not only that but an AMAZING nurse! She is so dedicated, smart, and just all around kind to everyone! She treats the residents like they are her own family and will always speak up for them. She truly is one of a kind when it comes to the quality of care she gives. We can't thank her enough for being so understanding and dedicated even during the very trying times that healthcare workers have to go through now. **Amber**, you are so awesome and we really can't thank you enough for all that you do! Congratulations!!!

Normandy Center for Nursing and Healing



Jacqueline Smith

Jacqueline Smith is our Hero of the Month! She goes above and beyond as the DON to keep this building running. You can call her any time, day or night, and she is there to help solve any problems or concerns! She is very knowledgeable of all the rules and regulations in the industry and is always willing to bestow that knowledge on others. She loves to educate staff to help them grow and succeed. She works hard to make sure the building is running smoothly and works late and on her days off to do so. She's a class above any DON we have worked for. Most importantly she really cares about her residents and staff!!

West Orange Center for Nursing and Healing



Ebony Felder

Our ADON/IP **Ebony Felder** is our West Orange Hero of the Month. Thank you for being a consistent hard worker and always rising to the occasion!! You are always ready and available to help in anyway you can. We appreciate you and can't wait to see and experience your continued growth in nursing management. Thank you for your sacrifice day in and day out. Congratulations on being our Hero of the Month!!

Fayetteville Center for Nursing and Healing



Amivi Sognon

Amivi Sognon is Fayetteville's Hero of the Month. **Amivi** is one of Fayetteville Center's outstanding LPN's. She has been a part of our family since May of 2013. A very quiet person, she still manages to get the message across to her CNA's how the care of her residents should be done. She is an excellent medical trouble shooter - she is quick to notice if one of her residents is "not quite right" and does all that she can to make it right. The staff and residents as well as the family members look to her for assistance, which is gladly given. We are very fortunate at Fayetteville Center to have **Amivi** on our team. Congratulations!

Westbury Center of Jackson for Nursing and Healing



Nora Sands

Westbury Jackson would like to recognize **Nora Sands** as our Hero of the Month. **Nora** has dedicated the last 14 years to our residents by working in our Laundry Department. She has truly displayed an unwavering dedication and unparalleled commitment when she became the only full time employee in that department. Without missing a beat, **Nora** has taken on the challenge and has kept the department running smoothly and provided our residents with clean linens and clothes. **Nora** has worked tirelessly and meticulously to achieve these results for our patients. If you ask **Nora**, she will tell you that she loves the patients and she does it all for them. **Nora**, Westbury Jackson truly appreciates and loves you; and **Nora**, we promise we are getting you some help! **Nora Sands** is truly our HERO!

Fulton Center for Rehabilitation



Quinnetia Crenshaw

Quinnetia Crenshaw is Fulton Centers Hero of the Month for March. When it comes down to describing our BOM the best word is awesome. **Ms. Crenshaw** always strives to improve her job performance. She goes above and beyond to make sure the residents and their families are take care of by providing them financial guidance with the long-term care process. **Ms. Crenshaw** has a positive attitude which makes others enjoy their job. She goes above and beyond to assist others at our sister facility without hesitation. **Ms. Crenshaw** is well organized and stays focused on what she needs to accomplish without getting distracted by other things around her. To say we are grateful that she is part of our team is an understatement. Thank you, **Ms. Quinnetia Crenshaw**, for all you do to make our life a little easier.



HEROES OF EMPIRE CARE CENTERS



Powder Springs Center for Nursing and Healing



Michelle Ellis

We would love to announce our Hero of the Month, **Mrs. Michelle Ellis**. **Michelle** is a 16 year CNA who goes above and beyond with patient care. Your love for what you do is shown through your actions and your behavior. No matter how short we are, you always come to work and do your best. **Michelle**, you are a great employee! Your willingness to come in with compassion for our residents made this shout out so easy to do. **Michelle** we are so thankful for everything you do for our facility, for our residents, and for your coworkers. You come to work to make sure our residents our being treated with dignity and respect. We are happy to announce **Michelle Ellis** as our Hero of the Month!

Riverdale Center of Conyers for Nursing and Healing



Melanie Crumpler

Mel has been working at Riverdale Center for Nursing and Healing for many years! She wears so many hats. She assist the Podiatrist when they round in the community. She also manages the nursing schedule, interviews applicants and so much more! With the staffing crisis due to COVID, her duties have become more challenging, but despite it all, she continues to smile and make the best out of what we are faced with. **Mel** comforts those around her and encourages them to keep moving forward. She works tirelessly each and every day. Everyone loves her! Congratulations on being our Hero of the Month!

Westbury Center of McDonough for Nursing and Healing



Rose Cunningham

Congratulations to **Rose Cunningham** for being our Hero of the Month. **Rose** has been our Dietary Manger for many years. She puts in incredibly long hours to make sure everything is done properly. She has been short handed for quiet some time and still is. Her customer service goes beyond what one would expect. She is pleasant to be around, she handles all family concerns very professionally. **Rose**, we are truly proud to have you as part of our family here at McDonough. We appreciate all your hard work and dedication to your job and staff. Thanks for holding our Dietary Department together. Congratulations, you are truly our HERO!

The Meadows Center for Nursing and Healing



Geoffrey Alessi

The Meadows Center is proud to recognize physical therapist assistant, **Geoffrey Alessi**, as Our Hero of the Month! We have been lucky to have **Geoff** as our physical therapy assistant for the past two years. He is one of the most well known employees at our facility, as he doesn't hesitate to go above and beyond for our residents (and his fellow co-workers) each and every day. **Geoff** is recognized for his huge heart, endless compassion, and incredible work ethic. He also makes a mean peanut butter and jelly sandwich! We admire the way he treats everyone like family and cannot thank him enough for his dedication to our residents and his job here at the Meadows! We appreciate you, **Geoff**!!!

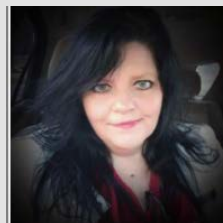
Westbury Center of Conyers for Nursing and Healing



Tonja Olaoluwa

Tonja was selected Hero of the Month among her peers for service excellence. **Tonja** has served at Westbury Center of Conyers for Nursing and Healing in several roles. **Tonja** is an excellent nurse. She is a leader. **Tonja** leads with compassion. **Tonja** is very detailed oriented and thorough in her approach. She is often asked to train incoming Nurses in an effort to share her skills with others and she does so willingly. The team to include the staff, residents and families at Westbury of Conyers appreciate all that you do!

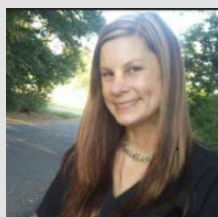
Cartersville Center for Nursing and Healing



Nikki Berndt

Congratulations to **Nikki Berndt** for being our Hero of the Month. **Ms. Berndt** is our facility weekend supervisor. She is loved by her staff and residents. She has compassion about her position. The residents really speak highly of her. **Nikki** you are awesome and one of our best team players. We truly admire your dedication and hard work. Thank you so much! Congratulations.

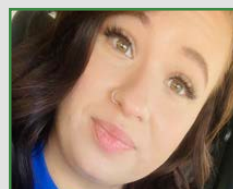
Renaissance Center for Nursing and Healing



April Dinkins

Congratulations to **April** for being our Hero of the Month. **April** is our Staff Development Coordinator, who came to us with lots of experience in long-term care. **April** has been a great asset to the company and has been going above and beyond for all her residents and staff. She is an amazing team player and is always willing to do extra. She has a very compassionate heart and has a cheerful attitude. We are extremely lucky to have her as part of our team! Congratulations!

Nancy Hart Nursing Center for Nursing and Healing



Millie Ramos

Congratulations to **Millie Ramos** for being Nancy Hart's Hero of the Month. **Millie** is our Social Services Director and has put in the time to do what is needed to help Nancy Hart achieve its mission statement. With many years in the nursing industry she has come to us wanting to make a change to help the residents get what they need as well as being a pillar in the Hart family. Thank you for all you do! Congratulations!



Shout Outs

West Orange

- ❖ To **Bibi** from Derrick Jackson - During these tough times, Bibi comes to work everyday with a smile, always willing to help us out! We appreciate you.
- ❖ To **Juliane Telcius** from Joy - You are a very hard worker, always willing to go that extra mile.
- ❖ To **Audrianne Bepott** from Joy - You are very pleasant. Always on time. Shows up ready to work no matter where you are needed.
- ❖ To **Rebecca Marie Cajust** from Aminata Sesay - We appreciate you for all your heard work. Thanks for being part of our West Orange Nursing team. Keep up with the good work.
- ❖ To **Rhonda Turnbough** from Aminata Sesay - Welcoming you to the family of West Orange Center and Healing as our MDS coordinator. We all appreciate your being part of the team.
- ❖ To **Linda Mckey - Restorative CNA** from Luis Rodriguez - Linda has been observed going beyond her scope of duty without hesitation. Thank You Linda for all your efforts. They never go unnoticed.
- ❖ To **Mena** from Luis Rodriguez - Shout Out to Mena, one of our Dietary Cooks. Mena has been observed spending time out of her busy schedule to go over meal choices with our residents. Her relationship with the residents is Priceless. Thank You Mina. We Appreciate You!!
- ❖ To **Marie Cajuste** from Alexis Pierre - Thank you for being one of the most proactive nurses on the floor. Thank you for always being on point.
- ❖ To **Alexis** from Derrick - Welcome to the management team!



Special Shoutouts

- ❖ To **Glendalys Mella - PTA** from Luis Rodriguez - On behalf of our resident, Ellen. She wanted you to know that the time you took to fix her hair before treating her, touched her heart. It's those small random acts of kindness that mean the world to others. Thank You, Glendalys for Making a Difference.
- ❖ To **Marie Kamara - NHA** from Luis Rodriguez - Life Enrichment Coordinator - Marie Kamara aka (Boss Lady). Her Outstanding Leadership towards the West Orange Team is one of the many reasons we, as a Team, continue to get Stronger. She's an Administrator with integrity, passion and has the ability to lift one's spirit in a gifted spiritual way. Boss ladies many unseen acts of kindness have not gone unnoticed. Marie Kamara, West Orange is beyond Grateful, Thankful and Blessed to have you as our Administrator. #Westorangestrong. You are Appreciated!!
- ❖ To **Elaine** from Luis Rodriguez - As relationships grow amongst staff and residents, this is one of many moments that brings Joy to our residents. Elaine just stops and dances with one of our precious residents! Elaine you ROCK!!



Fulton Center

- ❖ To **Willie (Floor Tech)** from Donald McMichael - Thanks Sir for your assistance always!!!!
- ❖ To **the Activities Staff** from Activity Dept - A big shoutout to my Nursing staff.
- ❖ To **Rachel Cadet** from Donald McMichael - Thank You for the assistance you've provided to the Maintenance Department when needed.
- ❖ To **Jessie** from Activity Dept - Shoutout to Jessie for helping out where needed.
- ❖ To **Mico** from Quinnethia - Thank you for everything you do for everyone here at Fulton Center. Keep up the great Leadership.
- ❖ To **Brittany** from Quinnethia - Thank you for Leadership role in out Nursing Department. Keep it Going!
- ❖ To **Jessica Jones** from Donald McMichael - Welcome to the Team. Less than one week and already you have made an impact.
- ❖ To **Angela** from Quinnethia - Thank you Angela for all you do in the Staffing and Central Supply departments.
- ❖ To **Susan** from Activity Dept - Shout out to Susan in the Laundry Dept for always keeping our residents clothes clean.
- ❖ To **Pastor Tony Hendrix** from our Activity Dept - Thank you to Tony Hendrix from Men Face Men Ministry for always making our residents smile.



Shout Outs

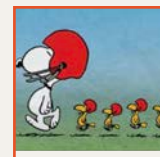
Fayetteville

- ★ To **Ingrid Bakass** from Dorrett Green - Can I find the words, very attentive to your residents, on point, drive me nuts but you rock.
- ★ To **Michael Hernandez** from Nyisha Hutchinson - Thank you for picking up the pieces when I am not at work. You are the true definition of a team player.
- ★ To **Christine Willis** from Lamar Tatum - I just wanna give a special shout out to Christine for going above and beyond the call of duty taking care of the residents. Keep up the good work!
- ★ To **Shanna Calloway** from Nyisha Hutchinson - Thank you for all that you do, no matter what someone may need you are always helping.
- ★ To **Christine Willis** from Dorrett Green - I can totally depend on you, you drive me crazy, but you make my days rock, awesomeness!
- ★ To **Kawanna Robinson** from Nyisha Hutchinson - I just want to let you know that all the hard work that you put into this building has not gone unrecognized, Thank you for believing in your staff and being the best Administrator I have ever had!!!
- ★ To **Kawanna Robinson** from Tamisha Barnes - Thank you for caring about me beyond the facility. You helped me through a rough patch. Your kindness was much appreciated and will never be forgotten. Thank you for all that you do.
- ★ To **Tamara Green Wood** from Dorrett Green - Still trying to find a way to see you upset, so jealous of your utmost patience and calmness, girl you rock!
- ★ To **Tamisha Barnes** from Dorrett Green - I am so truly honored to be your co-worker, you are a top shelf team player, you go above and beyond, I honor you.
- ★ To **Asha Faison** from Nyisha Hutchinson - I am really going to miss you. Hands down best Unit manager ever!!!
- ★ To **Dorrett Green** from Tamisha Barnes - I want to thank you for all that you do. You were there for me when it really counted. I salute you!!

A shoutout from our Resident Council

- ★ To **CNA's Pernel and Jennifer; LPN Tommy** from **Resident Council** - These two ladies are consistently mentioned by **Resident Council** members as being outstanding employees who really care about their residents. LPN Tommy was noted to answer questions regarding medication and have "tons" of patience. Thank you all.

Way to go Fayetteville

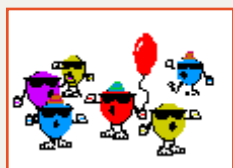


Powder Springs

- ❖ To **Robert McMichael** from Donald McMichael - Proud of You and Thanks for your support @Fulton
- ❖ To **Lydia Anyan** from Senan - DON - Best of the best ! Selfless in resident care. Your compassion and attentiveness to the care of our residents is impeccable. We are grateful to have you on our team ! Keep rocking on!
- ❖ To **Rosalyn Nelson** from Senan - Amazing Nurse, your tender touch and meticulous method to deliver care to your residents is the real southern hospitality! Exemplifies the caring with a heart. Rosalyn, you are a treasure!! All my respect for the great example you set to the novices on shift! Your calm wisdom as you deal with stressful situations speak to your inner strength. Grateful to have you on our team!
- ❖ To **Adam** from Ryan - Best call from a vendor ever.
- ❖ To **Sarah Smail-Morrissey** from Mariah - Sarah, thank you for stepping up in Rehab. You are a pleasure to work with.
- ❖ To **Nickia Anderson** from Maggie - Welcome back to the Activities' department. We are glad to have you!
- ❖ To **Ayanna Jackson** from Senan - For all you do, I'd like you to know how much it's appreciated. Your dependable and flexible and attentive. A superb Nurse to any team. Powder Springs Center is grateful for you and grateful to have a nurse like you on our team.



Way to go Powder Springs



Nancy Hart

- ★ To **Millie** from Treasure - Thanks for joining the team.
- ★ To **Treasure** from Administrator - Thank you for helping me paint the office.



Shout Outs

Jackson

- ❖ To **Sheila Williams** from Carolyn Fennell - Keeping the MDS office running efficiently is a tough, stressful job. Sheila Williams is one third of our awesome team. Sheila also helps out in other areas of nursing. She never complains, is calm, diligent and takes things in stride. Thank you Sheila for your assistance with the nursing portion of our discharges, which are a never ending task as well! I appreciate your help. You're a wonderful person and friend. Never forget that! Westbury is blessed to have you.
- ❖ To **Nora Sands** from Laura Carlson - Thank you for all your hard work and dedication to your department. You are a rockstar!
- ❖ To **Allie Jones** from Carolyn Fennell - Simply said, to know Allie, is to love her. One great nurse. Thankful for you Allie!
- ❖ To **Lillian Tingle** from Julia Ann Walklett - Thank you for your faithfulness to our night shift. Your dedication is appreciated.
- ❖ To **Caleb Clements** from Erica Owens - Welcome to Westbury Jackson!!! We are glad to have you!
- ❖ To **Ashley Cross** from Erica Owens - You are fantastic CNA! Thank you for taking such good care of my friends on 200 hall!
- ❖ To **Bobbie White** from Carolyn Fennell - A huge shout out to Bobbie White for being a dedicated nurse and friend for many years. Bobbie is another important part of our MDS and Care Plan team. Bobbie always has a smile and has a way of making our residents feel loved too. She has never been to shy to share a song or a little dance move with them too. Westbury is blessed to have you Bobbie! You're a beautiful lady.
- ❖ To **Paul Check** from Shanice Daniel - Thank you for always being a great help and having a positive attitude!
- ❖ To **Angela Cochran** from Shanice Daniel - Thank you for always doing what is expected of you. You always go above and beyond for our resident.
- ❖ To **Shawanda** from Shanice Daniel - Thank you for always having a positive attitude and the willingness to work for the better of our residents. We appreciate you!
- ❖ To **Nora Sands** from Erica Owens - We appreciate you Nora!! Thank you for all you do!
- ❖ To **Joye England** from Carolyn Fennell - This message goes out to recognize one very important lady and friend, who is a solid core, hard working and dedicated foundation for our facility, Joye England. She has spent most of her working career in our facility. We all would definitely be lost without the core knowledge of every aspect of the business, that Joye possess's. She's always willing to lend a helping hand and works LONG hours to help keep our facility running efficiently. Staff, residents and families truly love and respect Joye, for the loyalty and devotion she's unselfishly given to this facility for many, many years. We love you Joye!
- ❖ To **Lisa Ridley** from Shanice Daniel - Anything we ask of you, you do it with care and compassion. We love the support you give our department.
- ❖ To **Julia Ann Walklett** from Laura Carlson - Thank you for everything you do to help our facility run effectively.
- ❖ To **Misty Gross** from Erica Owens - Welcome. We're so happy to have you!!
- ❖ To **Carolyn Fennell** from Erica Owens - Thanks for ALL you do Carolyn. You always go above and beyond!! I sure do appreciate you!
- ❖ To **Jackie Brooks** from Erica Owens - SO glad to have you back!! You step in wherever you're needed. You get stuff done!



JUST A FEW OF OUR SHOUTOUT FOLKS HERE AT JACKSON

Way to go Jackson

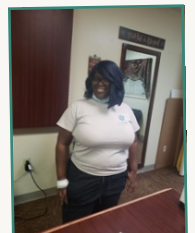


Special Thanks from Julia Ann

To the **Jackson Team** - I would like to thank all of the staff at Westbury Jackson for their hard work and dedication. During these extremely difficult staffing times, our loyal employees have pulled together. All departments are affected by the current staffing crisis so it's hard for one department to help another because they are struggling themselves, but somehow, our amazing staff at Jackson finds a way. Thank you so much for all you are doing for our residents and for each other. I am proud to be on your team.

Riverdale

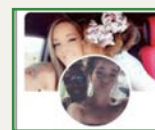
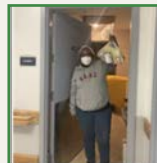
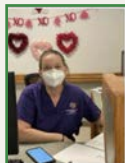
- ❖ To **Sheila Pratt** from Shay R - You are dedicated hardworking and the building appreciates everything that you do. Thank you!
- ❖ To **Bonnie Gray** from Shay R - You are a motivation and your spirit shines bright . Keep bringing positivity to our facility.
- ❖ To **Shawn** from Shay R - Thank you for all that you do for the facility. We love you.
- ❖ To **Tiffany** from Shay R - Thank you for being so bright and joyful. We need more people like you.
- ❖ To **Tanisha** from Shay R - Thank you so much for pushing me to my fullest potential and encouraging me.
- ❖ To **Shonda** from Tanisha - Thanks For Everything You Do. Continue to be Amazing.
- ❖ To **Delilah F** from Shay R - Activities thanks you for going above and beyond.
- ❖ To **Shonda** from Tanisha - Stay Amazing at all you do!
- ❖ To **Everyone** from Activity Department - Happy Valentine's Day from the Activity Department.



Shout Outs

Cartersville

- ★ To **Glenda Sellers** from Courtney - Thank you so much for your help on the weekends. Thank you for helping out with the dining room after activities. I'll see you every other weekend.
- ★ To **Chris, Scheduling Coordinator** from Courtney - Thank you for assuring the building is equipped and staffed. Welcome neighbor.
- ★ To **Chanteal** from Courtney - Thanks for the Girl Scout cookies, they are delicious!
- ★ To **Staff** from Courtney - Thank you to the staff who assist bringing our residents to their activities. Thank you to the staff who aren't afraid to jump in and participate, even if it's just for a minute! Them ore the merrier!
- ★ To **Donavan Ellis** from Michael Ostrozynski - Thank you and your team for renovating our resident's rooms. They look great.
- ★ To **Mama Janice** from Therapy - Thank you for being the lead CNA. You have really made a difference and you work hard at what you do.
- ★ To **Shaun** from Michael Ostrozynski - Thank you for the fantastic job you have done on the floors!! They look great.
- ★ To **Ashlee** from Michael Ostrozynski - Thanks for all your help managing the beds on the covid unit!
- ★ To **Roena and Ryan** from Hope Calaway - You ladies rock in Social Services. You both are so approachable and do a great job. Thank you both for all you do.
- ★ To **Tressa** from Michael Ostrozynski - Thanks for stepping up to the plate and hitting a home run. You are much appreciated.
- ★ To **Janice Banks** from Michael Ostrozynski - You are doing a great job as our CNA lead. The building looks so good. Thank you.
- ★ To **Admissions** from Hope Calaway - Thank you for keeping therapy busy. Y'all both work so hard at admitting patients to the building.
- ★ To **Chris** from Courtney - Thank you for hanging the Veteran display for the Wall of Honor. Thank you for your hep and participation in getting volunteers in the building, it means a lot.
- ★ To **Roena Rurner** from Courtney - All I gotta say is 'Wave in the Water', keep your light shining!
- ★ To **Nurse Cherry** from Courtney - I think you are amazing and we always have a good time on your side of the building, we definitely entertain!
- ★ To **Nurse Nikki** from Courtney - My heart breaks for you. You are one of the strongest women I know. Stay strong We Love You.



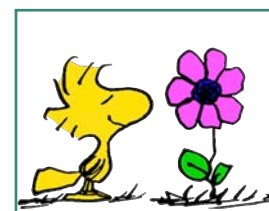
JUST A FEW OF OUR SHOUTOUT FOLKS HERE AT CARTERSVILLE

The Meadows

- ✦ To **Mary Hunt** from Joey Blair - Amazing job with keeping the residents entertained.
- ✦ To **Joey Blair** from Brenda Johnson - Keeping the residents laughing and happy one activity at a time. The absolute best activity director we have ever had!
- ✦ To **Mary** in Activities from Mary - Mary goes above and beyond for the residents. She is awesome!!!! Her baking is delicious.
- ✦ To **David Bello** from Brenda Johnson - Things are being repaired and getting done around The Meadows Center lately! David has come to the rescue!
- ✦ To **Jonathon McNulty LPN** from Nursing Administration - Thank you so much for your professionalism! You show your professionalism in every moment of your day. Thank you for being a true Nurse! We love having you a part of team Meadows!
- ✦ To **Kobby**, Housekeeping from Nursing Administration - Your addition to the facility has been a true gift for us. You interact with our residents and staff in a loving manner. We thank you so much for being such a quality employee!
- ✦ To **Jennifer Kenkel LPN** from Nursing Administration. We love the vibe you give out in the facility! Please keep bringing that fun loving professionalism to our building! Thanks for being a part of The Meadows Team!



Don't forget to set your clock 1 hour ahead.
Daylight Savings Time begins at
2:00 a.m., Sunday, March 13, 2022.



Employee Events

ORANGE PARK

Milkshake Takeout Day



Some of the residents and patients purchased milkshakes from Steak & Shake. Our Activities Department delivered their shakes to them. Most popular shake was Butterfinger.

February Ice Cream Social



Our Residents love ice cream socials! Fun was had by all.

February Birthday Party



We celebrated our patients and residents that had birthdays in February. Happy Birthday to all!

February Activity Bulletin Board



Theresa Twedt (Activity Assistant) created a great bulletin board this month!

Valentine's Day Party

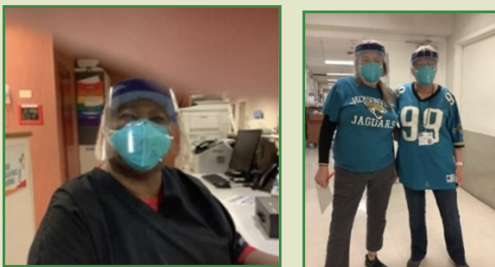


We had a great group of people attend the Valentine's Day Party. Good food, trivia, and prizes were enjoyed by everyone!



UNIVERSITY

Football Ready



We got our game on here at University. Ready for some fun times!

A Special Thank You....

March 14 - 18

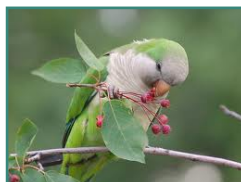
Long Term Care Administrators Week

We would like to extend a special Thank You to our Wonderful Administrators who, through their Leadership and Unwavering Commitment to You, the Employees of Empire Care Centers, have created the standard for all other Nursing Centers to strive to achieve.

Michael Ostrozynski	~ Cartersville
Tressa Hammond	~ Conyers
Kawanna Robinson	~ Fayetteville
Mico Turner	~ Fulton Center
Julia Ann Walklett	~ Jackson
Linda Mackay	~ McDonough
Sara Penson	~ Nancy Hart
Marie Karama	~ West Orange
Ena Findlay	~ Orange Park
Ryan Robinson	~ Powder Springs
Prachi Elmore	~ Renaissance
Michelle Lewis	~ Riverdale
Jean-Marc Ulysse	~ The Meadows
Connie O'Donnell	~ University

With our sincere appreciation –

Sol, Effy, Renee and all the employees of Empire Care Centers.



Employee Events



NORMANDY

Valentine's Day



Valentine's Treats for our Sweeties.

JACKSON

Super Bowl



Super Bowl LVI

Our Staff and Residents love a great party!

MARCH IS NATIONAL SAVE YOUR VISION MONTH

Eighty-percent of learning is through the visual sense. One out of four children has a vision problem, yet only one out of seven children has had an eye examination before starting school. Only one out of two teenagers has an eye examination by high school graduation. Each year, the month of March is dedicated to raising Americans' awareness concerning the importance of regular eye care. Eye specialists encourage individuals to consider eye and vision care an integral part of their regular health care routines before print gets blurry or a problem develops.



Positive Vibe

People are like stained-glass windows. They sparkle and shine when the sun is out, but when the darkness sets in, their true beauty is revealed only if there is a light from within.

Employee Events



FAYETTEVILLE

Truckload of Flowers



Kim Kardashian wasn't the only person who received a truck full of flowers. Residents and staff of Fayetteville Center were delighted when the staff of Eden Fresh Market delivered a pick up truck LOADED with flowers and candy! There were enough flowers and goodies for all the residents and all shifts of our staff. What a beautiful way to look forward to Spring. A big shoutout to Eden Fresh Market!

Valentine's Day



Valentine's Day Sock Hop



At Fayetteville Center we celebrated Valentine's Day with a "Sock Hop". No dance is complete without music and dancing (of course wearing "poodle skirts" made in craft class) Ice cream sundaes rounded out the festivities.

Staff Pot Luck Lunch



Fayetteville Center still beating back those Mid-Winter Blahs with a delicious staff pot luck lunch. From red beans and rice to fried plantains, fried chicken and nachos and everything in between. No one left the room hungry. Good food and a time out to socialize.

FYI

March 19th

Certified Nurses Day is an annual day of recognition for and by healthcare leaders dedicated to the nursing professionalism, excellence, recognition, and service. Every March 19, employers, certification boards, education facilities, and healthcare providers celebrate and publicly acknowledge nurses who earn and maintain the highest credentials in their speciality.

Why do you pinch someone on St Patrick's Day?

St. Patrick's Day Trivia

St. Patrick's revelers thought wearing green made one invisible to leprechauns, fairy creatures who would **pinch** anyone they could see (anyone not wearing green). People began pinching those who didn't wear green as a reminder that leprechauns would sneak up and **pinch** green-abstainers.

Employee Events

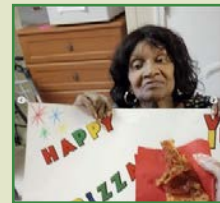
POWDER SPRINGS

Valentine's Day



Everyone had a great time during our Valentine's Day celebration.

National Pizza Day



Powder Springs Rehab Dept and residents had a wonderful time celebrating National Pizza Day.

Friendship Rings Exchanged



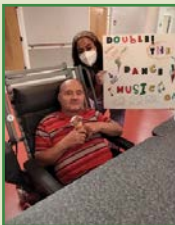
Our Residents had a lot of fun exchanging Friendship Rings.

Black History Month



Powder Springs celebrated a full month of fun with games involving Black History Month.

Double Day

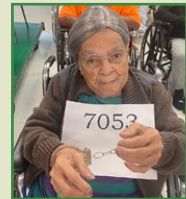


Our Memory Care residents enjoyed Double Day, double of everything, Twice as much ice cream and twice as much fun!

Employee Events



CONYERS Black History Month



Everyone enjoyed celebrating Black History Month, including a bus ride and skits as Rosa Parks, as well as an African fashion show.

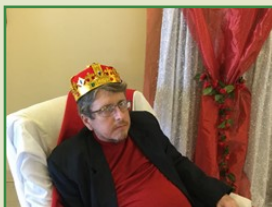
National Wear Red Day



Residents and Staff dressed in Red to show support for Women's Heart Health. Everyone had a fun time joining in for a little cardio exercising.



Valentine's Day



Residents enjoyed celebrating Valentine's Day.

Kathleen Poppell was voted Queen and Robert Fleming voted King.

There was lots of food, music and dance. Residents had lots of fun. Thanks to all the staff who helped to make the event a success.



Girl Scout Week is celebrated each March, starting with Girl Scout Sunday and ending with Girl Scout Sabbath on a Saturday, and it always includes the Girl Scout Birthday, March 12, commemorates the day in 1912 when Juliette Gordon Low officially registered the organization's first 18 girl members in Savannah, Georgia.

Support your local girl scout troops...



Employee Events

CARTERSVILLE

Black History Month



Everyone enjoyed the celebrations for Black History Month.

Employee Luncheon



Good food is better when shared with good friends.

Birthday Month



Celebrating Birthday Month.
Happy Birthday Nurse Sara Kamau.

Super Bowl



Valentine's Day



Love is in the air at Cartersville on this very special Valentine's Day.

Ice Cream Day



Everyone had lots of fun enjoying ice cream on Ice Cream Day.



Employee Events

I scream
You scream
We all scream
For Ice Cream

RENAISSANCE

Ice Cream Truck

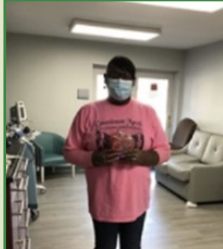
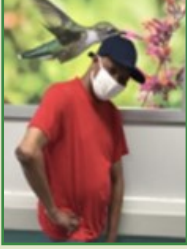
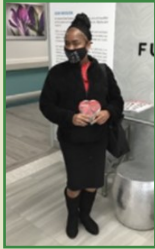


Good Times

Renaissance residents and staff all enjoyed fresh caffeine and ice cream from the Caffeine and Ice Cream Truck!

FULTON CENTER

Valentine's Day



Visitation



Everyone had a great time getting ready for our Valentine's Day celebration.

Margarita Day

Visitations are always a lot of fun at Fulton Center.



Margarita Day was a huge success for our residents.

Game Day



Game Day is always a hit with our residents.

Employee Events

RIVERDALE

Love Is In The Air



Everyone enjoyed our Valentine's Day Celebration!



Staff Appreciation



Thank you Shawn for connecting with our outside community partners to provide Olive Garden for the team! Everyone appreciated it and the food was amazing!



Happy Birthday Marcus



Happy Birthday Marcus. We love you. Thank you for all you do for the residents each and everyday!



HEALTHY FISH STICKS

INGREDIENTS

1. Canola oil cooking spray
2. 1 cup whole-wheat dry breadcrumbs, or 1/2 cup plain dry breadcrumbs
3. 1 cup whole-grain cereal flakes
4. 1 teaspoon lemon pepper
5. 1/2 teaspoon garlic powder
6. 1/2 teaspoon paprika
7. 1/4 teaspoon salt
8. 1/2 cup all-purpose flour
9. 2 large egg whites, beaten
10. 1 pound tilapia fillets, cut into 1/2-by-3-inch strips

PREPARATION

1. Preheat oven to 450°F. Set a wire rack on a baking sheet; coat with cooking spray.
2. Place breadcrumbs, cereal flakes, lemon pepper, garlic powder, paprika and salt in a food processor or blender and process until finely ground. Transfer to a shallow dish.
3. Place flour in a second shallow dish and egg whites in a third shallow dish. Dredge each strip of fish in the flour, dip it in the egg and then coat all sides with the breadcrumb mixture. Place on the prepared rack. Coat both sides of the breaded fish with cooking spray.
4. Bake until the fish is cooked through and the breading is golden brown and crisp, about 10 minutes.



Leprechauns are believed to be aloof and unfriendly. They live alone, making shoes for other fairies. According to legend, the leprechaun possesses a hidden pot of gold. You can track down a leprechaun by the sound of his shoemaker's hammer. If you can catch him, you can force him to tell the whereabouts of his pot of gold. However, you must be careful. You must keep your eye on him every second. If not, the leprechaun will trick you and disappear. Your hopes of finding his pot of gold vanishes with him.



St. Patrick's Day Trivia

The first St. Patrick's Day celebration in the United States was held in Boston in 1737. The largest St. Patrick's Day parade is in New York City.



MARCH IS NATIONAL COLORECTAL CANCER AWARENESS MONTH

Colorectal cancer screening saves lives. If everyone aged 50 years old or older were screened regularly, as many as 60% of deaths from this cancer could be avoided.

Get the Facts

Among cancers that affect both men and women, colorectal cancer—cancer of the colon or rectum—is the second leading cause of cancer-related deaths in the United States. Colorectal cancer also is one of the most commonly diagnosed cancers in the United States. The risk of developing colorectal cancer increases with advancing age. More than 90% of cases occur in people aged 50 or older.

Reducing Your Risk

Colorectal cancer screening saves lives. However, many people who are at risk for the disease are not being screened according to national guidelines.

It is estimated that as many as 60% of colorectal cancer deaths could be prevented if all men and women aged 50 years or older were screened routinely. In most cases, colorectal cancer develops from precancerous polyps (abnormal growths) in the colon or rectum. Screening tests can find precancerous polyps, so that they can be removed before they turn into cancer. Screening tests also can find colorectal cancer early, when treatment works best.

When Should You Begin to Get Screened?

You should begin screening for colorectal cancer soon after turning 50, then continue getting screened at regular intervals. However, you may need to be tested earlier or more often than other people if:

- You or a close relative have had colorectal polyps or colorectal cancer; or
- You have inflammatory bowel disease.

If you are aged 50 or older, or think you may be at increased risk for colorectal cancer, speak with your doctor about getting screened.

The U.S. Preventive Services Task Force (USPSTF) recommends screening for colorectal cancer for all people until they reach 75 years old and for some people when they are older than 75. If you are in this age group, ask your doctor if you should be screened.



To all our Empire Care Center Employees
Tell the world why you love being part of the Empire Care Family
We see how much HEART you put into your jobs everyday



SHARE THE LOVE
Review us on Google
With your phone



Scan the QR Code associated with your facility below and share your thoughts



The Meadows



West Orange



Fayetteville



McDonough



Conyers



Jackson



Normandy



Orange Park



Cartersville



Powder Springs



Nancy Hart



Renaissance



Fulton Center



Riverdale



University

