

May 2022

'Recognizing Those Who Care'



Empire Heroes for May



Cartersville



Candace Powell

Orange Park



Juanita Williams

Nancy Hart



Brooke Bango

Renaissance



Shana Roberts

Fayetteville Center



Susan Waryold

Canton



Delores Bloodsworth

West Orange



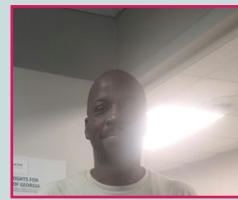
Aminata Sesay

Powder Springs



Angella Robinson

Fulton Center



Donald McMichael

Normandy



Teresa Thomas

Riverdale



All Staff

Congers



Marilyn Stallworth

Jackson



Mattie Gilbert

McDonough



Temeika McDaniel

University



Robin Lowry

We would like to welcome our newest facilities and their staff to Empire Care Centers family:

Sandy Springs Center for Nursing and Healing
Sandy Springs, Georgia

Cherokee Center for Nursing and Healing
Canton, Georgia

Anderson Mill Center for Nursing and Healing
Austell, Georgia

**OH MY
GOSH!**



To every staff member of Empire Care, we want to say thank you. Thank you for your commitment to excellence and thank you for demonstrating, day in and day out, your commitment to the elderly and those who are entrusted to the Empire Care Centers across Georgia and Florida each and every day.



New Faces

March 25th - April 28th

Cartersville



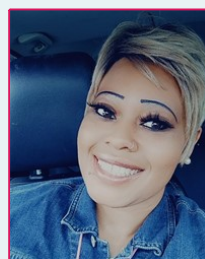
Kim Carrigg

Kim joins our ECC Team as a Regional Nurse. She has been a Regional Nurse for 17 years and also has 22 years healthcare experience. **Kim** was born in Marietta, GA. She is married and has 2 daughters and 1 grandchild. In her spare time **Kim** enjoys spending time with family, reading, martial arts, and sports.



Jeffrey Newborn

Jeffrey joins our team at Cartersville as ADON/Staff Development. He has 28 years of healthcare experience. **Jeffrey** was born in Bremen, GA. He has 1 son, 1 daughter and 1 grandchild. In his spare time **Jeffrey** enjoys fishing, golfing, going to the gun range, and singing.



Chasity Neal

Chasity joins our team as a CNA. She has 10 years experience. **Chasity** was born in Cartersville, GA. She has 1 son and 2 daughters. In her spare time **Chasity** enjoys walks in the park, dancing, spending time with her children, and trying new restaurants.



Chanell Hendricks

Chanell joins our team as a Unit Manager-LPN in our Nursing Department. She has 25 years experience in the healthcare industry. **Chanell** was born in New Orleans, LA. She has 1 son, 1 daughter and 1 grandchild. In her spare time **Chanell** enjoys cooking.

Theon joins our Nursing Department as the Director of Nursing. She has 26 years experience in the healthcare industry. **Theon** was born in Atlanta, GA. **Theon** is married and has 3 daughters. In her spare time **Theon** enjoys traveling, swimming, and reading.

Theon Adkison



Stephanie Williams

Stephanie joins our Nursing Department as a LPN. She has 23 years experience in the healthcare industry. **Stephanie** was born in Rome, Ga. She is married and has 2 sons, 1 daughter and 1 grandchild. In her spare time **Stephanie** enjoys spending time with family and friends.

Monick joins our team as a Dietary Cook. She has 20 years experience in healthcare. **Monick** was born in Cartersville, GA. She has 1 daughter. In her spare time **Monick** enjoys relaxing.

Monick Curtis

Nyketta joins our Dietary Department as a Dietary Cook. She has 20 years experience as a Dietary Cook. **Nyketta** was born in Columbus, GA. She has 3 sons and 2 daughters. In her spare time **Nyketta** enjoys spending time with family.

Nyketta Dennison

Derrick joins our Dietary Department as a Dietary Cook. He has been a Dietary Cook for 25 years. **Derrick** was born in Atlanta, GA. He has 5 daughters and 3 grandchildren. In his spare time **Derrick** enjoys watching television.

Derrick Carter

Riverdale

A warm welcome to our new employees in our Nursing Department.

Clarel Simeon

Delitha Peterson

Trayvon Mayes

Lucretia Ventura-Thompson

A warm welcome to our new employees in our Dietary Department.

Camiel Miller

Diante Martin

Health Tip

State of Mind

Meditate - Relax

Positive Outlook

"Healthy body, healthy mind." Maintaining a positive outlook, by interacting with others and getting involved in continuous education and training, can contribute to well-being. Try to reduce the levels of stress in your life. Meditation, relaxation and effective organization at work can all help us deal with stress.





New Faces

March 25th - April 28th

Fayetteville



Gaella Mathurin

Gaella joins our Nursing Department as a CNA. She has been a CNA for a number of years. **Gaella** was born in Brooklyn, NY. She is married and has 1 son, 1 daughter. In her spare time **Gaella** enjoys socializing, going out for coffee (or healthy snacks) with friends and co-workers.



Bertina Little

Bertina joins our team as a Unit Manager, LPN. She has 18 years of healthcare experience. **Bertina** was born in Macon, GA. She is married and has 2 daughters. In her spare time **Bertina** enjoys cooking, time outside in her garden, and enjoying her children when they come home from college. Loving life.



Justin S. Ikusebala

Justin joins our Nursing Department as a CNA. He was born in Queens, NY. In his spare time, **Justin** enjoys relaxing, eating, and playing basketball.



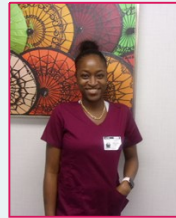
Tabitha Crosby

Tabitha joins our team as a Social Services. She has 18+ years experience in healthcare. **Tabitha** was born in St. Pete, FL. She has 2 sons, 1 daughter and 6 grandchildren. In her spare time **Tabitha** enjoys writing books, speaking at different conferences, fishing and reading.



Tamikia Clements

Tamikia joins our team as a Social Services Associate in our Social Services Department. She has 9 years experience in the healthcare industry. **Tamikia** was born in Atlanta, GA. She has 1 son, 1 daughter. In her spare time **Tamikia** enjoys spending time with family and friends, traveling, listening to music and eating out.



Keisha Jackson

Keisha joins our Nursing Department as a CNA. She has 7 years experience in the healthcare industry. **Keisha** was born in Bronx, NY. She has 1 son. In her spare time **Keisha** enjoys time with her son and cooking.



Sandra Jordan

Sandra joins our team as a LPN. She has 27 years of healthcare experience. **Sandra** was born in Osceola, AR. She has 1 son and 1 grandchild. In her spare time **Sandra** enjoys gardening, listening to music and reading.

Shalonda joins our Nursing Department as a CNA. She has been in healthcare for 20+ years. **Shalonda** was born in Rochester, NY. She has 2 sons, 2 daughters and 4 grandchildren. In her spare time **Shalonda** enjoys shopping, watching TV, reading, outings and time with family.

Shalonda Williams



Happy Easter

Orange Park

Courtney joins our Nursing Department as a PRN RN. She brings to Orange Park Center for Nursing and Healing 10+ years experience as a RN. **Courtney** was born in Orange Park, FL. Welcome to our Orange Park Center for Nursing and Healing family.

Courtney Wright

A Special Thank You....

A special Thank You to our Employees at Empire Care Centers. We are blessed to have such a dedicated workforce. Your commitment to your job, the way you care for each resident and the compassion you show does not go unnoticed.

With our sincere appreciation ~ Sol, Effy, Renee



Each year millions of Americans face the reality of living with a mental illness.

May is a time to raise awareness of those living with mental or behavioral health issues and to help the stigma so many experience.

Mental health includes our emotional psychological and social well-being. It affects how we think feel and act. It also helps determine how we handle stress, relate to others and make choices. Mental health is important at every stage of life, from childhood to adolescence to adulthood. We all experience emotional ups and downs from time to time.





New Faces

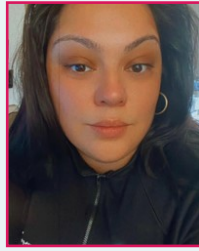
March 25th - April 28th

West Orange



Christine Adhiambo

Christine joins our Dietary Department as a Nutrition Assistant. **Christine** has 1 son and 1 daughter. In her spare time **Christine** is fond of reading, watching movies, spending time with her family and doing volunteer work.



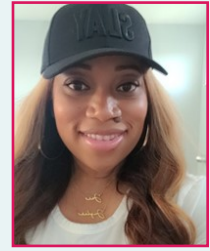
Jennifer Osborne

Jennifer joins our Nursing Department as a Medical Records Director. She has 13 years experience in the healthcare industry. In her spare time **Jennifer** enjoys shopping. She used to be apart of a competitive swimming team so in her free time she enjoys a nice swim. In addition, she likes spending time with her family



Ana Quispe

Ana joins our team at West Orange as a PRN Speech language pathologist. She brings 4 years of experience to West Orange Center. She is married and in her spare time **Ana** enjoys exercising, doing her nails, and eating with her friends.



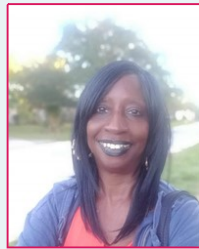
Ortishia Joseph

Ortishia joins our Therapy Department as a PRN Certified occupation therapy assistant. She has been working in the physical therapy field for 17 years. **Ortishia** was born in Kissimmee, FL. She is married and has 1 son, 1 daughter. In her spare time **Ortishia** enjoys spending time with her family



Tomoy Benbow

Tomoy joins our team as a part-time Receptionist at our front desk. She brings to West Orange Center for Nursing & Healing 3 years experience as a Receptionist. In her spare time **Tomoy** enjoys going for walks in nature and eating at local restaurants.



Deborah Sawyer

Deborah joins our Dietary Department as a cook. She has been a cook for 20 years. **Deborah** was born in New York, NY. She has 4 daughters and 10 grandchildren. In her time off, **Deborah** enjoys shopping and going to the beach.

Teresa joins our team as a CNA. She has 40 years experience as a CNA. **Teresa Ann** was born in Orlando, FL. She is married and has 1 son and 1 daughter. In her spare time **Teresa Ann** enjoys shopping, watching movies, going to the beach and, spending time with her family especially with grand children.

Teresa Ann Johnson

Winsome joins our team as a PRN certified Occupation is Therapy Assistant in our Physical Therapy Department. She brings 7 years of experience in the healthcare industry. **Winsome** is married and has 1 son, 1 daughter. In her spare time **Winsome** enjoys crafts and reading.

Winsome Dujon

Happy Easter



Did You Know?

Entering a Shoutout is EASY...

You can speak your message using your Boomer News Mobile App



When you place your cursor in the 'Message' field on your Boomer News mobile app you can simply hit your microphone button from your keypad located on the lower right of your phone screen and speak your shoutout. When you are finished press 'done'. You will then see the message you spoke appear in the message field.

For example, I want my shoutout to say

Huge shoutout to Rebecca for always helping out. You Rock!

You would speak the following

Huge shoutout to Rebecca for always helping out period you rock exclamation point



New Faces

March 25th - April 28th

Jackson



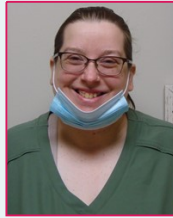
Tarina Lawson

Tarina joins our Dietary Department as a Cook. In her spare time **Tarina** enjoys spending time with her grand babies, reading, cooking and swimming with kids.



Sharon Grant

Sharon joins Jackson as a CNA in our Nursing Department. She was born in Kingston, JA. **Sharon** has 1 son and 2 grandchildren. In her spare time **Sharon** enjoys fishing, the beach and reading.



Amy Parks

Amy joins our Dietary Department as a Cook. She was born in Norfolk, VA. In her spare time **Amy** enjoys bowling, movies, music, going to zoos and aquariums, shopping and going out to eat.



Jennifer Starr

Jennifer joins our team as a LPN. She has 16 years experience in the healthcare industry. **Jennifer** was born in Queens, NY. She has 1 daughter. In her spare time **Jennifer** enjoys exercise, relaxing, and You Tube.



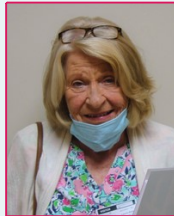
Ashley Mayfield

Ashley joins our team as a part-time Prep Cook. Welcome to our Jackson Center family.



Rhonda Cobb

Rhonda joins our team as a RN, ADON. She has been in healthcare for 2 years. **Rhonda** was born in Griffin, GA. She is married and has 2 daughters. In her spare time **Rhonda** enjoys reading, boating, spending time with my family and pets.



Laura Asip

Laura joins our Nursing Department as LPN. She has been in healthcare for 20 years. **Laura** was born in Atlanta, GA. She has 2 sons, 1 daughter and 5 grandchildren. In her spare time **Laura** enjoys horses, auction sales, family time.



Kiana Evans

Kiana joins our team as a PRN TNA. In her spare time **Kiana** enjoys working out and shopping.



Sharon Barnes

Sharon joins our team as a PRN LPN. She has 1 son, 1 daughter and 3 grandchildren. Welcome to our Jackson family.



Ashley Henry

Ashley joins Jackson as an Aide in our Laundry Department. Welcome to our Jackson Center family.



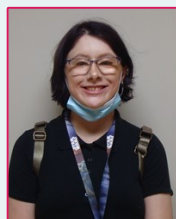
Chloe Clark

Chloe joins our team as PRN Aide. Welcome to our Jackson Center for Nursing and Healing family.



Sherry Lawson

Sherry joins our team as an Aide. **Sherry** was born in Henry, GA. She has 1 son and 1 daughter. In her spare time **Sherry** enjoys taking my kids to church, hanging out with my nieces and nephews.



Danielle Tutoli

Danielle joins our Dietary Department as an Aide. Welcome to our Jackson Center family.



Brittany Lawson

Brittany joins our team at Jackson as a PRN Aide. Welcome to our Jackson Center family.



Brad Noel

Brad joins our Dietary Department as a Dietary Manager. He has 15 years experience in the healthcare industry. **Brad** was born in Richmond, VA. Brad has 1 son and 2 daughters. In his spare time **Brad** enjoys boxing, and coaching football.



Tracy Richardson

Tracy joins our team at Jackson Center as a PRN Scheduler. **Tracy** was born in Covington, GA. She has 1 son, 3 daughters and 2 grandchildren. In her spare time **Tracy** enjoys craft shows and spending time with her grand babies.





New Faces

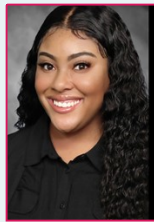
March 25th - April 28th

Powder Springs



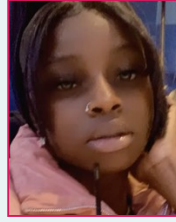
Charli Porter

Charli joins our Nursing Department as a CNA. She has 22 years experience as a CNA. **Charli** was born in Cincinnati, OH. She is married and has 1 son and 1 grandchild. In her spare time **Charli** enjoys going to church and reading.



Jasmine Mims

Jasmine joins our Rehab Department as a PRN Occupational Therapist. She has 1 year experience as an Occupational Therapist. **Jasmine** was born in Bay Minette, AL. In her spare time **Jasmine** enjoys exercising, dinner with friends, and traveling the world.



Christyonna Davis

Christyonna joins our team as a PRN Dietary Aide. She has 1 year experience. **Christyonna** was born in St Louis, MS. In her spare time **Christyonna** enjoys watching TV and enjoys the fresh air outside and chilling with her family.



Melanie Lis

Melanie joins our team as a part-time Activities Assistant in our Activities Department. **Melanie** was born in Atlanta, GA. She is married and has 2 daughters. In her spare time **Melanie** enjoys reading, walking, and cooking.



Heather Lis

Heather joins our Activities Department as a part-time Activities Assistant. She has been an Activities Assistant for 1 year. **Heather** was born in Powder Springs, GA. In her spare time **Heather** enjoys reading, hiking, painting, and playing with her two cats.

Mahogany joins our team as a PRN CNA. She has 6 years of healthcare experience. **Mahogany** was born in Wichua, KS. Welcome to our Powder Springs family.

Mahogany Roundtree

Canton



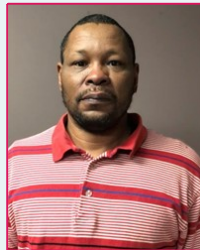
Teresa Johnson

Teresa joins our Canton team as a LPN Charge Nurse. She has 12 years experience in healthcare. **Teresa** was born in Denville, NJ. She has 1 daughter. In her spare time **Teresa** enjoys spending time with family, playing pool and going to antique stores.



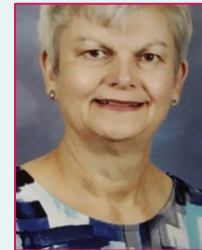
Michael Handsman

Michael joins our team at Canton Center as our new Administrator. He has 20 years of healthcare experience. **Michael** was born in Brooklyn, NY. He is married and has 2 sons. In his spare time **Michael** enjoys sunshine, tennis, and baseball.



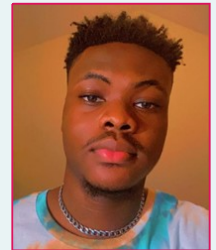
Marcus Hart

Marcus joins our Maintenance Department as a Maintenance Assistant. He was born in Union City, TN. In his spare time **Marcus** enjoys chilling out.



Hilda Ammons

Hilda joins our Housekeeping Department as a part-time Housekeeping/Laundry. **Hilda** was born in Hall County, GA. She is married and has 1 son. In her spare time **Hilda** enjoys gardening and camping.



Eko Adedotun

Eko joins our team at Canton as a PRN Dietary Aide. In his spare time **Eko** enjoys listening to music.

Quincy joins our Nursing Department as a LPN Charge Nurse. She has 2 1/2 years experience in the healthcare industry. **Quincy** was born in Thomasville, GA. She has 1 son and 1 daughter. In her spare time **Quincy** enjoys playing pool, riding motorcycles, spending time with family and traveling.

Quincy O'Mahony

Istvan joins our Maintenance Department as a Maintenance Director. He has been in healthcare for 2 years. **Istvan** was born in Louisville, KY. He is married and has 4 daughters and 2 grandchildren. In his spare time **Istvan** enjoys the beach, travel, and Jamaica.

Istvan Kovacs

Carolyn joins Canton Center as a Social Service Director in our Social Services Department. She has 14 years experience in the healthcare industry. **Carolyn** was born in Phoenix City, AL. She is married and has 1 son. In her spare time **Carolyn** enjoys spending time with family, and watching Alabama football.

Carolyn Mincey

Gail joins Canton Center as an Assistant Director of Nursing in our Nursing Department. She has 25 years experience in the healthcare industry. **Gail** was born in Valdosta, GA. She has 2 daughters. In her spare time **Gail** enjoys reading and her dogs.

Gail Terry

Supervisor Shout Outs

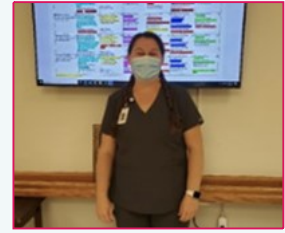
CARTERSVILLE



Shoutout to **Chris**, our transportation driver, for getting our residents to Dialysis and to their Dr. appointments. You have been a life saver for, not only the staff, but the residents as well. Thank you.
~ Cartersville Team



Meiyauki (MiMi), our Shift Key agency nurse is a wonderful person and great with our residents and staff. Thank you for your kindness and great heart.
~ Kiawannt Johnson, Recreational Director



Sarah, our COTA in our Rehab Department is always punctual, and makes sure she sees all her clients, providing them with the services that fits their condition. She is always friendly and greets with a smile. Thank you so much **Sarah** for all your hard work.
~ Kiawanna Johnson, Recreational Director

RIVERDALE



Qianna - Thank you for making sure all of our residents on the East Wing are getting their doctors appointments scheduled in a timely manner. We would not be able to do it without you!



Melanie - Thank you for making sure each and every shift is covered when we need it the most!!



Angela - Thank you for stepping into making sure more than one position is taken care of and running perfectly. We could not do it with out you!!

A Few Shoutouts from Tiffany

RENAISSANCE

18 years



April - Thanks so much for coming in on the weekend and at nights to make sure that the education had been provided to all of our staff! Love your dedication.

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Kim - Thanks for 18 years of service at Renaissance! You have a great connection with our residents and staff and are an amazing soul!



Latoya - You have been an amazing addition to our team. I love your work ethic and your heart for caring for our residents and making things right!

A Few Shoutouts from Prachi

Hoppy National Nurses Month

Supervisor Shout Outs

NANCY HART



Therapy Department - Great team. Thank y'all for helping and being a team player.



Thomas - Thank you for walking into the Fancy Nancy. You have been jumping in and helping out wherever it's needed. We don't even have to ask you. You see the need and start helping.



Millie - Girl you rock. We are up to 52 residents and you find the time to still help out in every area.

A Few Shoutouts from Sarah

POWDER SPRINGS



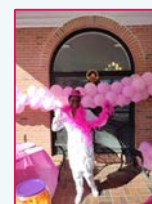
Travis Harper - Watch out team, our Administrator is everywhere. He does not stay in his office all day. He shows up to care plan meetings, kitchen, laundry, East, West, AU, and even the courtyard during smoking breaks for our residents. He seems to never be tired. If you have not received, "Come see me please," you will soon. He is everywhere. Welcome, **Mr. Harper** and thank you for your support.
~ Maggie C.



Lotonuu, thank you for all your hard work in the kitchen! You and the rest of the dietary staff always go the extra mile to provide the best care for our residents. From feeding residents in their rooms or in the dining room, Ya'll provide the best community service to our residents. **Lotonuu** thank you for all your hard work and dedication!
~ PS Team



This shoutout is to **Monique!** **Monique** thank you for everything you do for your co-workers and our residents. You are a great CNA!
~ Senan



Margie - Thank you so much for being a great DON. Stress or not, you know how to maintain your composer. Thanks for all your hard work, especially when state was here.
~ Margalie Cherenfant



Robert - On behalf of the activities team and, Robert we want to say Thank You to you for what you did for us on Easter Sunday. You are the perfect example of great team player. Keep the hard work.
~ Maggie



Emmanuel! Thank you for everything you do. You are truly a life saver. From coming in when ever we need you to transporting our residents to their appointments, we cannot thank you enough. You are a great employee. God bless you!
~ Team Powder Springs



Sherry Cassaw - Thank you for helping getting our residents nails pretty and your donation to our Bingo Buck Store. God bless you. Love Maggie and the team.
~ Maggie Cherenfant



Ms. Julie, your leadership skills are exceptional. I am learning a lot from you and the way you are managing AU. God sent you to AU because not everything can handle Memory Care, it takes a special person like you. You have a great team. Our AU residents always look great. Keep up the great work Julie and AU staff.
~ Maggie C

Supervisor Shout Outs

FAYETTEVILLE



Unless you've walked in her shoes, you don't understand the juggling act **Tamisha Barnes** has to perform every day. As part of our Admissions Team she lets the facility staff know who is admitting, where they are going, and any "special care information" The balancing act between keeping up our census and admitting appropriate people we can care for successfully is a real talent. I appreciate all the hard work she does to assist admitting people that we can care for. Glad to have her on our team.
~ Margaret Helman

Mary Bankston joined the Fayetteville Center Housekeeping/ Laundry Department two years ago. During that time residents and staff have come to depend on her to "get the job done" She assists with doing the personal laundry of over 100 residents, making sure the right outfits get back to the right person. If something does becomes misplaced, **Mary** turns into "Sherlock Holmes" to find it. On the floor her rooms are always tour ready. If any emergency comes up, Mary says, with a smile, "I'll take care of it", and we know that she will. We are very fortunate to have a person like **Mary** with great work ethics here at Fayetteville Center.
~ Margaret Helman

FULTON CENTER



Victor - The Best Wound Care Nurse around!!!
~ Michael Ostrozyński



Jessica - Thank you for all the hard work you are doing getting the resident environment in ship shape
~ Donald



Vilma - Thank You for a job well done!!
~ Brittney

Happy Easter



JACKSON



Travis Fault - Thank you so much for your cheerful attitude and unwavering smile. I appreciate the "sunshine" that you bring to everyone's day.
~ Julia Ann Walklett



Julia Ann Walklett - Thank you for all that you do for our facility, residents and staff.
~ Laura Carlson



Yolanda Fears - Thank you for your hard work and dedication. You are truly a pleasure to work with.
~ Laura Carlson



Shanice Daniel - Thank you for supporting other departments in need. We appreciate everything you and your ladies do to help others in this building daily.



Mattie Gilbert - You bend but you never break. Thank you for all you do plus more. We appreciate you for always lending a helping hand in activities.~ Shanice Daniel



Ashley Mayfield - Thank you for bringing your positivity and beautiful smile into our facility. Thank you for all that you do Ashley! Thanks
~ Laura Carlson



Keith Wagner - Thank you so much for your sincere dedication to your job. You truly make a difference in each resident's life that you transport.
~ Julia Ann Walklett

NORMANDY



Marquia Johnson - Thanks for going the EXTRA mile! Your hard work and perseverance both are amazing.
~ Andrea Hingson



Larry Lance - We appreciate everything that you do to keep Normandy looking top notch. Always willing to go over and beyond.
~ Andrea Hingson

Supervisor Shout Outs

CONYERS



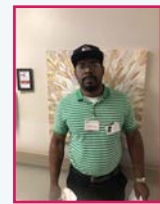
April has been doing a great job with our morning exercise. She assists with getting the resident to and from activities. April always has a smile and is very pleasant with the residents. Thanks for all!!
~ Kathy Nicholas



James Wright is one of our new employees. He has shown true diligence when doing a task. He comes right on time with a smile when called on. Thanks for all you do!
~ Kathy Nicholas



Tressa - Our staff appreciates our amazing Administrator during Administrator Week. Thanks for all you do!
~ Kathy



Esteban has been the life of the party. Always willing to assist when and where ever he is needed. He enjoys taking the residents on the special appointments he makes the trip enjoyable. He is hard working and dependable. Shout out to the man **Esteban!!!**
~ Kathy Nicholas

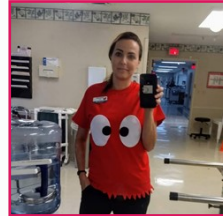
ORANGE PARK



Heather you are kicking butt at Admissions!! Thanks for working so hard every day to bring in the new residents and bring our census up! It is the highest it's been in a long time and that wouldn't have happened without you working so hard every day and staying late! You are AWESOME!
~ Kristen Stafford



Kristen you are amazing! The building has no idea how lucky they are to have you! You do so much for everyone and we all appreciate you so much!
~ Josh



Crystal does a fabulous job as our Patient Care Coordinator and also as our interim Social Worker while we are trying to fill the position. She truly cares about our patients and works very hard to make sure they have all things in order for all appointments and discharges from the facility. Everyone please give a big thank you to **Crystal** who wears multiple hats to try and get the job done and our patients taken care of! We couldn't do it without you girl!
~ Heather Holt



Darryl - We wanted to let you know how much we appreciate everything you do! We know you are working such long and hard hours without a full staff and we are so lucky you are keeping the kitchen run so amazingly! Thanks for everything you do!
~ Kristen Stafford

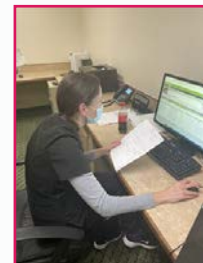
WEST ORANGE



Fatima - Thank you for being an amazing receptionist!! Our staff, families and visitors appreciate your warm welcome with a beautiful smile!!
~ Marie Kamara



Fatima - Thank you for your hard work and kindness every day! You are the first point of contact for all our visitors both in person and over the phone. You are a great help to me with organizing messages and screening my "unplanned visitors". I appreciate all you do!
~ Shantele Harris



Rhonda - Working with you is a pleasure. Thank you for your knowledge base and your teamwork.
~ Artarshia Joseph, DOR

Jackson

- 5 Lillian Tingle
- 11 Teleigh Crowder
- 11 Ikella Watts
- 12 Nikki Lane
- 12 Christy Simmons
- 12 Danesha Adams
- 14 Ashley Edgin
- 14 Donna Barnes
- 16 Phara Jean-Michel
- 16 Shawanda Hines
- 16 Marsha Jones-Bush
- 18 Shannon Baxton
- 20 Charendise Goodrum
- 24 Carolyn Fennell
- 26 Ashley Henry
- 30 Khadijah Super

Cartersville

- 1 Rachael Kimani
- 12 Diane Bunce
- 14 Monick Curtis
- 17 Susan Muhuri-Mugendi
- 25 Emmanuel Ukaonu

Conyers

- 2 Kristin Blackburn
- 10 April Smith
- 10 Sharon Brewer
- 11 Kathleen Barlow
- 17 Kathy Nicholas
- 18 Nicholle Gendreau
- 20 Sherry Maddox
- 24 Alexander Vogt
- 28 Iva Turner
- 29 Laverne Rennard
- 30 Sandra Hardeman

Fulton Center

- 5 Dahifna Daniel
- 8 Judy Mark
- 17 Abdoulie Sabally
- 25 Giovanni Howard
- 27 Mary Burnett

Canton

- 1 Michael Handsman
- 2 Theraesia Taylor
- 3 Margaret Amponsah
- 5 Chantale Sanon
- 8 Penny Thomas
- 14 Reitha Varner
- 17 Carol Hill
- 20 Serah Karanja
- 22 Myrline Powe
- 28 Shay Loggins
- 30 Judy Sheffield

May Birthdays

Fayetteville

- 3 Jennifer Charles
- 12 Guerlina Joseph
- 17 Marie Saint Julien
- 25 David Price
- 25 Shanna Calloway

Renaissance

- 5 Jaimie Trulove
- 14 Vanessa Brozas
- 16 Phara Jean Michel
- 24 Seketha Carter
- 25 Teresa Boone

The Meadows

- 9 Brenda Johnson
- 12 Corinne Hoevenaar
- 14 Marisela Perez
- 20 Mona Nacius
- 26 Keisha Odaiyar

McDonough

- 3 Stephanie Powell
- 6 Theresa Bell
- 7 Whitney Reeves
- 7 Esther Agyemang
- 11 Bertrude Andre
- 13 Cedric Fletcher
- 17 Dahlia White
- 18 Eniola Sanni
- 20 Natasha Drummond
- 23 Claudette McKenzie
- 27 Waquita Riggins
- 29 Dora Thomas

Riverdale

- 1 Deloris Souder
- 2 Shiquenta Robinson
- 12 Shenika Pryor
- 13 Valencia Driver
- 17 Stacy Williams
- 17 Faith Uzebu
- 22 Hackles Winns
- 28 Trina Lawrence
- 29 Tojy Stephen
- 29 Camiel Miller

West Orange

- 1 Benghiat Zehavit
- 7 Terry Hudson
- 13 Ava Williams
- 15 Christine Nesi
- 18 Luis Rodriguez
- 18 Minh Nguyen
- 20 Deon Green
- 22 Alexis Pierre
- 24 Shelly Shaw
- 24 Dafine Garcon

Powder Springs

- 2 Carline Dor
- 2 Yolanda Hyppolite
- 4 Tonya Smith
- 5 Amarachi Azuka
- 6 Charla Mark
- 6 Sledge Torry
- 7 Kareema Spells
- 11 Sarah Smail-Morrissey
- 12 Betsy Merius
- 12 Adefisayo Ojo
- 15 Joy Amaechi-Bassey
- 16 Robert McMichael
- 17 Susan Muhuri-Mugendi
- 17 Olubunmi Bohanmayo
- 18 Okereke Obury
- 18 Karla Vadner
- 18 Kettelie Celestin
- 19 Lionel Fleurant
- 21 Tiffany Spooner
- 21 Charlesetta Lee
- 22 Charlotte Elder
- 25 Whiema Whiegar
- 28 Claudette Sea
- 29 Perri Eichenlaub
- 30 Kailani Griffin

Orange Park

- 21 Cheryl Speight Young
- 23 Denise Labasano
- 24 Lakisha Mickles
- 30 Yanira Deleon

Normandy

- 5 Nikolay Vladimirovich Zhukov
- 8 Helen Greene
- 9 Alice Thelisma-Agent
- 12 Anis Davis
- 12 Alicia Williams
- 15 Micheline Fanfan
- 17 Torie Paige
- 21 Rosa Ferguson
- 24 Isabella Garro
- 26 Jordan Miller
- 29 Nora Kears

Nancy Hart

- 8 Erica Cullars
- 19 Heidi Trimble
- 19 Cassandra Gresham
- 22 Patricia Thompson

University

- 2 Jennifer Patterson
- 2 Edmund Evangelista
- 5 Kathleen Schmidt
- 16 Lisa Rueckel
- 24 Renee Richmond
- 26 Elsa Cohen
- 26 Kimberly Johnson
- 28 Nilka Landers Kinser



Happy Birthday

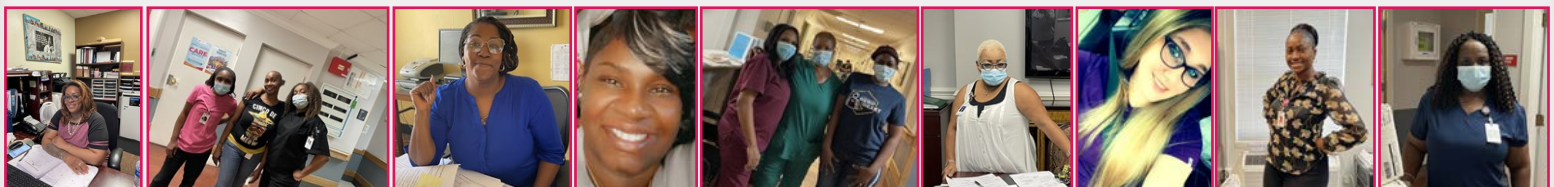
Cartersville

Shout Outs

- ✦ To **Lashaun** from Ashlee - Thank you for always helping others.
- ✦ To **EI'** from Hope Calaway - Thank you for always being willing to help me with therapy patients when asked. I appreciate you.
- ✦ To **Joyce K** from Ashlee - You are a amazing nurse thank you for all you do for our residents
- ✦ To **Tressa** from Hope Calaway - Thank you for always taking care of whatever is asked of you. Therapy appreciates you.
- ✦ To **Tressa** from Ashlee - Thank you for always making sure are residents are happy safe and sound and keeping families calm and reassured you do an amazing job!
- ✦ To **Barb** from Ashlee - I'm glad you are part of the team and willing to take on challenges it's a pleasure to work with you!
- ✦ To **Hope** from Ashlee - Your awesome thanks for all you do!!!
- ✦ To **Candice** from Ashlee - Thank you for always being helpful!
- ✦ To **Mama Janice** from Ashlee - Thank you for going above and beyond for staff and residents!
- ✦ To **Leigh** from Ashlee And Mama Janice - The best HR and Business office manager in empire she is always willing to help the employees!!
- ✦ To **Leigh Ashford** from Hope Calaway - Thank you for always helping me out in all things asked. You always take time out to answers all my questions.
- ✦ To **Ashlee McClure** from Hope Calaway - You do an excellent job at admissions. Keep rocking it.
- ✦ To **Michelle** from Ashlee - Best MDS nurse ever always willing to help the residents and nurses!!
- ✦ To **Cheryl Autry** from Ashlee - Thank you for being awesome with the residents and doing anything and everything for them
- ✦ To **LaShaun** from Hope - Thank you for wearing many hats around the facility, always willing to help anyone when asked.
- ✦ To **Ira** from Ashlee - Thank you making us shine!!!
- ✦ To **Sarah** from Ashlee - Thank you for being the best therapist!!!!
- ✦ To **Momma Janice** from Hope - You do a fantastic job running these halls. Making sure rooms are clean and all residents are taken care of.
- ✦ To **Kiawanna** from Ashlee - Thank you for giving the residents smiles and giving them fun things to do!
- ✦ To **Hope** from Janice - You are the best Director of Rehab we have ever had. You love these residents and have a great heart.
- ✦ To **Ryan** from Ashlee - You are wonderful to work with glad you are part of the team!!!
- ✦ To **Ira Ellis** from Hope Calaway - Thank you for always stepping up to help when asked in any department.
- ✦ To **Candance** from Hope Calaway - Thank you for always being so nice and caring when dealing with staff, residents, and family members.
- ✦ To **Bree** from Roena Turner - A job well done on helping a family to be more at ease with the care of her family member.
- ✦ To **Rashonda Jackson** from Kim Carrigg - You did an exceptional job with the skin sweeps the first week you returned from leave!!! You are truly an asset to Empire and a dedicated Nurse!

Riverdale

- ★ To **Tracy Brown** from Tiffany - Thank You for all you do, we could not have done it with out you!!!!!!!!!!!!!!
- ★ To **Michelle Kabat** from Tiffany - Thank you for coming and help me with all you do!!!!!!!!!!!!!!
- ★ To **Sheila Campbell** from Tiffany - Thank you for everything!!!
- ★ To **Angela** from Tiffany - THANK YOU!!!! You are the best at what you do!!!
- ★ To **Tanisha** from Tiffany - If you do not hear it enough, "THANK YOU!!"
- ★ To **Paulette** from Tiffany - THANK YOU for all you do!!
- ★ To **DIETARY** from Tiffany - Thank You all for making sure the job gets done!!
- ★ To **Valenica** from Tiffany - THANK YOU for all you do!!
- ★ To **Mr Winns** from Tiffany - Thank You for keeping North Wing on their toes!!
- ★ To **LaToya** from Tiffany - Thank you for stepping in and making sure our residents have the proper code transportation to get to their doctors appointments on time and safely.
- ★ To **CNA's are Great** from Tiffany - Thank you ladies for always making sure no matter time of day!!
- ★ To **Qiana** from Tiffany - THANK YOU for all you do!!
- ★ To **Gloria** from Tiffany - The you for stepping into some BIG SHOES when it comes to the DON here at Riverdale!
- ★ To **Linda Showalter** from Tiffany - We here at Riverdale could not do it without you making sure all of our medical supplies are right on time.
- ★ To **Obi** from Tiffany - Thank you Obi for stepping in and making sure Infectious Control Department is under control!!



Renaissance

- ✦ To **Jacqueline Taylor** from Prachi Elmore - Jennene you are such an amazing nurse! We are so glad to have you in our team. You came to Renaissance with such open heart and so much compassion for our residents and staff! We are truly blessed that you have joined our team
- ✦ To **Sidra** from Prachi Elmore - Thank you for always jumping in and helping in any department when there is a need! Your team work is greatly appreciated!
- ✦ To **Takila** from Prachi Elmore - Thank you for helping in every situation and taking such good care of our residents. Your caring heart is definitely being noticed!
- ✦ To **Madison Brown** from Prachi Elmore - Madison you are such a go getter and I love the compassion and the care you provide to our residents!
- ✦ To **Whitney Biggs** from Prachi Elmore - We are so excited to see how you bring to the the Activities Department for our residents to. They have enjoyed all the activities you have done with them so far and I love seeing the residents respond so positively to your efforts!



Jackson

Shout Outs

- ❖ To **Crystal Baxter** from Erica Owens - Several of the 200 hall residents and their families have said that they know everything will be taken care of when you are on the hall. You're an AWESOME nurse. Thanks for all you do!
- ❖ To **Dena & Carlos** from Erica Owens - Your hard work does not go unnoticed. We appreciate y'all!
- ❖ To **Erica and Carolyn** from joye - Thank you both for your dedication, attention to detail and faithfulness in what you do. Thank you for being great friends, too!!!
- ❖ To **Ali** from joye - Thank you for always smiling, no matter the subject!!
- ❖ To **Joye England** from Erica Owens - You just don't know how much you are appreciated~ thank you for all you do!
- ❖ To **Michelle Wilson** from Shanice Daniel - Michelle, I admire your hard work and your attention to details. You are amazing with the residents. Thank you for all you do!
- ❖ To **Carlos Duffey** from Shanice Daniel - Thank you for always lending a helping hand. We know that we can always count on you for help in every way.
- ❖ To **Laurie Maddox** from Carolyn Fennell - I'll forever mention Laurie for her dedication, longevity, strong work ethic and working very long hours and days, providing care to our residents and being a strong leader and Community Manager.
- ❖ To **Faith Hardy** from Laura Carlson - Thank you for everything you did to help me while I was out on vacation. You did a fabulous job! It made coming back on Monday much easier.
- ❖ To **Debbie Howard** from Shanice Daniel - Debbie, thank you for always going above and beyond for our residents. Thank you for being a hard worker and caring for our residents. I appreciate you!
- ❖ To **Shadrika Griffin** from Shanice Daniel - Thank you for always lending a helping hand. Your hard work never goes unnoticed. Thank you!
- ❖ To **Kim Ridley** from Shanice Daniel - Thank you for all you do. Big or small I know that I can count on you!
- ❖ To **Nikki and Sandra** from Joye - THANK YOU both for responding to a request from me for help with a resident concern on another complex. Your quick response was very much appreciated. It was above and beyond. Thank you.
- ❖ To **Joye England** from Laura Carlson - Thank you for EVERYTHING you do! While I was on vacation you helped to keep everything organized and updated. You are beyond helpful everyday... for everyone.
- ❖ To **Misty Gross** from Yumeka Roberts - Thank you for all you do, your help is really appreciated.
- ❖ To **Rhonda Cobb** from Carolyn Fennell - On behalf of the Social Services Department, We welcome Rhonda as our new ADON, Infection Control Preventionist and Risk Manager. We look forward to working with you as a team, and being here for the well-being of our residents.
- ❖ To **Brad Noel** from Carolyn Fennell - On behalf of the Social Services Department, We join in and welcome Brad as our new Dietary Manager! Erica and I look forward to working with you, to provide the best care to our residents.
- ❖ To **Jermelia Allen** from Carolyn Fennell - Westbury has missed you! Glad to have you back with us Jermelia! One beautiful lady and compassionate CNA.



Shoutouts from our Resident Council

- ❖ To **Sandra Myers** from Resident Council - Thank you for being a great nurse. We appreciate you.
- ❖ To **Ashley** from Resident Council - Thank you for always being so kind, helpful, and nice to the residents. We appreciate you!
- ❖ To **Peaches** from Resident Council - Peaches does an amazing job making sure the residents needs are heard. Keep up the great work Peaches!

A Message From Julia Ann Walklett



It is a privilege to serve as the administrator of Westbury Center of Jackson. I am honored to work alongside some of the best employees in the industry. As we are emerging from this pandemic, I am confident that we will rebound with greatness. Thank you, Westbury Jackson, for your dedication to our patients.



Canton

- ★ To **Ajoke Etomi** from Denise Duncan - For helping out with scheduling and assignments!!!
- ★ To **Nashette McMillan** from Ross - Great job.
- ★ To **Judy Sheffield** from Kelly Byers - For stepping in and filling the Residents snack pantry and ALWAYS with a smile on her face!



Loch Ness "Monster" sighted for the first time, igniting the modern legend.

The modern legend of the Loch Ness monster is born when a sighting makes local news on May 2, 1933. The newspaper Inverness Courier relates an account of a local couple who claim to have seen "an enormous animal rolling and plunging on the surface." The story of the "monster" (a moniker chosen by the Courier editor) becomes a media phenomenon, with London newspapers sending correspondents to Scotland and a circus offering a 20,000 point sterling reward for the



HEROES OF EMPIRE CARE CENTERS

Canton Center for Nursing and Healing



Delores Bloodsworth

Delores has been employed at the Canton location for over 30 plus years. She has worked as an administrative assistant and is now an Activities Director. At present, she is filling in as Chef. She is known as "**Dee**" by the residents and staff. No matter what role Dee is doing, she does it With a smile. Many people are working because they need to work. **Dee** absolutely loves her residents, her co workers and her job. Just this week, she went out of her way to hand deliver an extra portion of soup to a resident and this resident was extremely grateful. It made her day. **Dee's** work ethic is what makes me proud to be an Administrator.

Westbury Center of Jackson for Nursing and Healing



Mattie Gilbert

We are proud to announce our Hero of the Month is **Mattie Gilbert**. **Mattie** has been a part of the Westbury of Jackson team since 2012. **Mattie** is our HERO because each day she goes beyond her duties as a CNA to help those around her. **Mattie** is always willing to lend a helping hand in any department to help our residents. She works tirelessly throughout each day doing direct care, weights, and activities. If there is not a cook, she will go right on in the kitchen and take care of things. Where there is a need, there is **Mattie**. **Mattie** is the true definition of healing with heart; she does things with so much grace and with a cheerful outlook. **Mattie**, your consistency, compassion, and dedication to your job and residents are noticeable. We appreciate you. Congratulations on being our HERO of the Month.

Nancy Hart Nursing Center for Nursing and Healing



Brooke Bango

Brooke Bango is the new Maintenance Director, has come with several years of experience and is helping with getting the building back to it's glory. Thank you so much for what you bring to Nancy hart, welcome to the time!

Powder Springs Center for Nursing and Healing



Angella Robinson

We are so excited to announce our Hero of the Month, **Angella Robinson**! **Angella** is a CNA who goes the extra mile to make sure our residents have everything they need from answering call lights timely to providing the best care. **Angella** thank you for all your hard work and dedication on our 3-11 shift! You are awesome and our residents truly love everything you do for them! We cannot thank you enough!

Westbury Center of McDonough for Nursing and Healing



Tameika McDaniel

McDonough's Hero of the Month is... **Tameika McDaniel**!! **Tameika** has only been with us for a couple of months but she has proven herself to be a huge asset to Westbury of McDonough! Her fellow workers commented that she helps recruit good staff and is good at training new hires. They say she is a team player who never complains and she is always friendly and pleasant. **Tameika** is a mother of four who loves sports, especially football. She also coaches basketball. She enjoys time spent with her family at home and she also likes to travel. She loves the staff here at Westbury and says they all have a good time joking and working together. She says the residents are all nice and she enjoys working with them.

Tameika is serious about her work and has decided to go to nursing school. She begins in August. We are lucky to have **Tameika** in our building!

Orange Park Center for Nursing and Healing



Juanita Williams

Juanita has worked with us for over 10 years now and has always been a super star employee! Her patients are always so well taken care of every single day! I have never worked with such an amazing CNA before! She goes above and beyond every day helping with all coworkers in every department! We are so lucky to have her so dedicated to us and our building! We always get compliments about her from staff, residents, and family members. You are so appreciated **Juanita**!!! We love you so much!

Westbury Center of Conyers for Nursing and Healing



Marilyn Stallworth

Our Hero of the Month is **Marilyn Stallworth, Ms. Stallworth** joined our team in November of 2021. She is originally from Birmingham, Ala. and though she's been in Ga. for 23 years, she's still a "Roll Tide" fan. **Ms. Stallworth** has 3 adult children and 1 grandchild. Her loving, caring and positive attitude contributed to her being named Lead C.N.A. for our 3-11 shift. **Ms. Stallworth** enjoys dancing, skiing and cooking as some of her hobbies. Congratulations **Marilyn** and keep up the awesome job!

Cartersville Center for Nursing and Healing



Candace Powell

Congratulations to **Candace Powell**, our receptionist, for being our Hero of the Month. **Candace** is our face and voice of Cartersville Center. She is the first one our families see and hear. **Candace** goes above and beyond to make sure the residents, family members, and staff are provided with what they need. Outside of her own job duties, **Candace** never says no to anyone that needs additional help getting a job completed. We are blessed and proud to have **Candace** as our Receptionist and Hero of the Month!



HEROES OF EMPIRE CARE CENTERS

Riverdale Center for Nursing and Healing



Our staff here at Riverdale Center are all Hero's. There is no way we can pick just one. RN's, LPN's and CNA's you all ROCK!! The residents could not complete their day with out each and everyone of you all!! STAFFING thank you for making sure each shift is full for the care of each resident. DIETARY thank you for all you do making sure each resident has a very nutritious meals daily. THERAPY the list could go on and on about how thankful you all are making sure our residents are walking and talking again. HOUSEKEEPING/LAUNDRY thank you all for making sure clothes are clean daily, rooms are cleaned and sanitized in detail. MAINTENANCE thank you for keeping the building up to par every minute of the day. ADMISSIONS thank for always making sure we have a place for our new residents to reside. DON/ADON that you both for always being there to answer those questions with difficult answers for the families. NORTH wing staff thank you for always going beyond all measures to keep the residents happy. EAST wing staff thank you very much for keeping the busy hallway smooth sailing! WEST wing staff thank you for making sure our new residents transition into the center is very comfortable. ACTIVITIES thank you all for making sure the residents PARTY like ROCK STARS at each event! MDS, thank you all for all you do. FRONT DESK/RECEPTIONIST thank you all for making sure each and every visitor is greeted with the utmost respect and given detail instructions about visiting their loved ones. Thank you all again here at RIVERDALE CENTER we could not do this without each and everyone of you all.

Renaissance Center for Nursing and Healing



Shana Roberts

Shana came to us from Fayetteville, as our Business Office Manager. Shana has been an integral part of changing the process in our HR and business department. **Shana** has a heart of gold and jumps in wherever she is needed. She has managed to clean up many processes in the facility and got us heading in the right direction! **Shana** thank you for all that you do for our residents and our team here at Renaissance! Congratulations on being our Hero the Month.

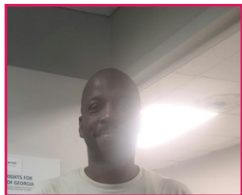
Fayetteville Center for Nursing and Healing



Susan Waryold

Our Fayetteville Center Hero of the Month comes from our Therapy Department. **Susan Waryold, PTA.** Susan appears to be quiet, but watch out. she loves to engage our residents with stories and encouragement, even if they are not on her caseload. She has provided the Activity department with suggestions to help residents be more independent and social. **Susan** is a wife and a mother of two children, one son and one daughter. She enjoys traveling, particularly taking cruises. She is dedicated to helping our residents, both long and short term, meet their goals in therapy and return home whenever possible. The members of our Resident Council who have worked with **Susan** think "she's the best" and nominated her for our Hero. Susan is witty and a joy to work with. We are blessed to have her as a part of the Fayetteville family.

Fulton Center for Rehabilitation



Donald McMichael

Donald has been employed at Fulton Center as the Director of Maintenance since February 2021. **Donald** is married and has seven children and 6 grandchildren. Donald is a Navy veteran after dedicating twenty years of service and is retired. **Donald** goes above and beyond in his job responsibilities to make sure our residents live in a safe and comfortable environment. He does not hesitate to be sure a resident's request is met. In his spare time **Donald** enjoys soaking in the jacuzzi after a hard days work. Our hats are off to **Donald** and we thank him for his service to our county as well as to our residents.

University Center for Nursing and Healing



Robin Lowry

University Center for Nursing and healing is happy to announce **Robin Lowry** as our Hero of the month. She has worked in this building for over 20 years. She is an excellent CNA. She can be found working in all areas in the building. She is a great Team Player. Early in the morning she will often push the breakfast carts to the floor. She can also be found stocking Resident supplies or answering the telephone as a receptionist. University Center for Nursing and Healing is lucky to have a team player like **Robin**.

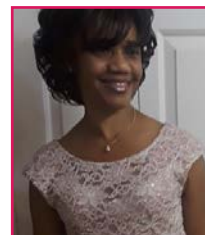
Normandy Center for Nursing and Healing



Teresa Thomas

Normandy's Hero of the Month is **Teresa Thomas**. **Teresa** is a truly dedicated employee that has been helping the Normandy building run since 1994!!! Almost 28 years! She works tirelessly in Laundry to make sure our residents needs are met and we don't know what we would do without her. She brings a positive attitude and a willingness to help. She is always there to offer an encouraging word to fellow staff and residents. She is a true team player willing to put in long hours and help wherever needed. She has shown tremendous dedication coming to work even when she is fighting her own personal battles. If you ask fellow employees about **Teresa** they are quick to tell you just how great she is. She is dependable, reliable, and will come in on her days off. If any fellow staff need something she is right there trying to help get it. She is always laughing and smiling and makes our building a little brighter every day she works. She goes above and beyond and we are so grateful to have her as a member of our team!!

West Orange Center for Nursing and Healing



Aminata Sesay

We are pleased to announce that **Aminata Sesay** is West Orange Center's hero of the month. **Aminata** who is also known as Amy, has excellent skills, a fantastic attitude, hardworking and is consistent with her responsibilities. **Aminata** is always available to lend a helping hand wherever she sees fit. Her outstanding work from day to day is truly remarkable and does not go unnoticed. She is not only a blessing towards our staff but also towards our residents. **Amy** oversees a variety of tasks at West Orange Facility such as being a wound nurse, MDS, UM, staff nurse on the floor and, any position assigned to her. Even though **Amy** has been in the healthcare field for over 20 years she stills proclaims "I learn something new every day in nursing and where there is room for learning there is room for growth". We have such high esteem for **Amy**, and we are glad that she is a part of our facility. Congratulations on being our Hero of the Month!



Nancy Hart

Shout Outs

- ❖ To **Sara Penson** from Treasure - I captured so many moments of you going above and beyond... Your most definitely the best administrator ever
- ❖ To **Staff** from Treasure - Y'all are the best
- ❖ To **Sara And Millie** from Heidi Trimble - Helping out in the kitchen.
- ❖ To **Peggy** from Heidi Trimble - Working hard in the kitchen and for allowing Sara and Millie in there.
- ❖ To **Brooke** from Sara - You are awesome. Rock the maintenance department. Yes the real deal.
- ❖ To **Sandra** from Sara - Through the ups and down you still with us. We love you.
- ❖ To **Ellen** from Sara - Thank you for driving 2.5 hours to help us at the Fancy Nancy.
- ❖ To **Sophia** from Sara - Thank you for being such an awesome CNA. You might be agency but I feel like you part of the Fancy Nancy.
- ❖ To **Chick** from Sara - Thank you for making the grits the right way and not soup as the residents say. Lol
- ❖ To **PC** from Sara - Thank you for all you do. Whenever I ask you to do something you do it right away with a smile.
- ❖ To **Tommie** from Sara - Great team leader you assist your workers with a smile and never complain.
- ❖ To **Kevin** from Sara - Welcome to the team. You rock.
- ❖ To **Haley** from Sara - You rock girlfriend. From laundry, CNA, to kitchen. You able to help everywhere with a smile. Thank you.
- ❖ To **Heidi** from Sara - Thank you for stepping up and doing what it take to keep Fancy Nancy going.
- ❖ To **Treasure** from Sara - Thank you for coming to help me whenever I ask. From the kitchen to whatever is needed.
- ❖ To **Vicki** from Sara - Thank you for helping in the kitchen. Great team player.
- ❖ To **Nancy Hart Department Heads** from Heidi - Thank you for going above and beyond to get this building looking good for the residents including coming in early to wash wheelchairs.
- ❖ To **Nancy Hart Department Heads** from Heidi - These ladies do it all. Thank you!
- ❖ To **Sara P** from T.Goodman - You are doing a great job, great mentor, leader, and awesome boss.
- ❖ To **Treasure and Thomas** from Nancy Hart Department Heads - Thank you for every thing ya'll do to keep this building looking great.



A few of our shoutout folks



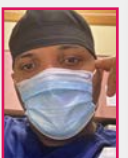
University

- ❖ To **Jennifer B, Robin, Kevin, Carmen** from **Resident Council** - Thank you for all your hard work. We greatly appreciate you all
- ❖ To **Robin CNA** from All Staff - Thank you for helping in kitchen.
- ❖ To **Maryoris** from Jeniffer - Meet Maryoris, she is always warm and smiling. If you need something just ask. She sings and dances with residents and if you need an IV started, she's your girl!!
- ❖ To **Robert Lewis** from Danielle Gatson - Thank you for always being there and lending a helping hand when it comes to our staff and residents!
- ❖ To **Setina Dunn** from Danielle Gatson - Thanks for having amazing orientations and welcoming our new staff!
- ❖ To **Connie O'Donnell** from Danielle Gatson - Thanks for being an amazing teacher and mentor!
- ❖ To **Robert Lewis** from All Staff - Thank you for the wonderful food,
- ❖ To **Kim D** from All Staff - Thank you for stepping up and helping out with discharges.
- ❖ To **Jennifer B** from All Staff - Thank you for being a great unit manager and helping out in other departments as needed.



Normandy

- ❖ To **Abraham Burkes** from Andrea - Thank you for always going over and beyond for our residents. Always providing 5 star care with a smile.
- ❖ To **Sebrina Givens** from Rosa Ferguson - Big shoutout to the Dancing Queen! You dance in and out of the building; happy all day long!!!
- ❖ To **Alice Thelisma-Agent** from Rosa Ferguson - Shoutout to the happiest person I know!! Thanks for being a moral booster!!
- ❖ To **Berge Saint Elus** from Rosa Ferguson - A big shoutout for being so friendly when you come to work!! So pleasant!
- ❖ To **LaTonda Edwards** from Rosa Ferguson - A shoutout for understanding the struggle is real!
- ❖ To **Teresa Thomas** from Rosa Ferguson - The HARDEST working person I know! You deserve a HUGE shoutout!
- ❖ To **Adam** from Andrea - Best vendor EVER!
- ❖ To **Jorge Rodriguez** from Chad Carter - Jorge is doing amazing job at Normandy handling a lot of issues with the maintenance department. He also stopped by University and helped us fix a steamer so we did not have to call Anna vendor. Jorge we're so glad to have you keep up the great work.



Fayetteville

Shout Outs

- ★ To **All Of Our Staff** from Shanna - I interact with all of my coworkers here and I just want to say that "you all are awesome " Some of you need more shout outs that can be given. I appreciate all that you do to help continue care for the residents.
- ★ To **Tamara Greenwood** from Tabatha Crosby - Thank you for accepting all my calls. You made me feel as though I have been with the company for years. I love your personality and spirit. I am happy to be apart of this great team.
- ★ To **Shawna Weldon** from Shanna - Thank you ten times over for coming in and helping us out with weekend coverage!
- ★ To **Agency NURSES** from Dorrett Green - Thanking you all for working has a team with us you are truly appreciated
- ★ To **Alene Lewis** from Dorrett Green - You just came in and started rowing the boat, awesomeness team work, enjoying working with you, even though you call my name every five minutes
- ★ To **Tamara Greenwood** from Tamikia Clements - Thank you so much for showing me the ropes as a new employee in Social Services. You are always one call away and I appreciate that. Thank you!
- ★ To **Keisha Grant** from Tamikia Clements - You made me feel like I belonged here on my first day. So welcoming. I thank you for your positive spirit and genuine vibes!
- ★ To **Therapy** from Resident Council - Along with nursing shout outs, council members added Susan and Deepak from out therapy department to their shout out list. "They work us hard, but try to make it fun"
- ★ To **Activity staff** from Resident Council - The activity team was included in the shout out for always letting the residents know what is going on, passing along information they need as well as doing the fun things. Thank you council members.
- ★ To **Nursing** from **Resident Council** - This month our **Resident Council** asked that CNA's Pernel, Rosemary O and LPN Peggy added to out shout outs. These 3 ladies have high work ethics, know their residents and are willing to help anyone. Good job!!

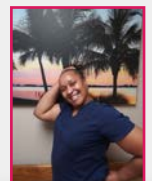
Fulton Center

- ✦ To **Shania Robbins** from Brittney & Tierra - Thank you soooo much for everything you do! You have been really flourishing in your role and we are so happy to have you on the team! You step up without being asked, come in with a positive attitude and bring a light to Fulton that I don't know what we'd do without! Thanks for being you! Keep up the great work!
- ✦ To **Admission** from Business Office - Thank you Latanya for keeping our Census up Keep up the Great Work!
- ✦ To **Nursing** from Quinnethia - Keep up a Awesome Job making sure our Residents Healthy !!
- ✦ To **China** from Darryl - Thanks for all you do!
- ✦ To **Susan** from Darryl - Thanks for all you do!
- ✦ To **Quinnethia** from LaTanya - Thank you for the awesome job you do in the business office.!
- ✦ To **Valencia** from LaTanya - Thank you for the team work with your team getting rooms ready for admissions.
- ✦ To **Jessica** from LaTanya - Thank you for getting the rooms painted
- ✦ To **Brittney Tucker** from Michael Ostrozynski - Great job handling the nursing department.
- ✦ To **Donald McMichael** from Michael Ostrozynski - You and Jessica are doing a great job on the rooms. Keep up the momentum!
- ✦ To **Willie Parks** from Michael Ostrozynski - The floors in the resident rooms are sparkling!
- ✦ To **Mr. Mike O** from Quinnethia - Thank you for everything you do for everyone at Fulton Center We are beyond Thankful for your return
- ✦ To **CNA's** from Quinnethia - Thank you keeping our Residents together! Keep up the Awesome Work.
- ✦ To **Cynthia Activities** from Quinnethia - Keep the Awesome Job!!
- ✦ To **Willie P** from Valencia - Thank you for all the hard work you've been putting in these last few weeks. You are recognized and appreciated
- ✦ To **Jessica Jones & Willie Parks** from Donald McMichael - You guys makes it possible for us to do above and beyond our scope. Always willing and ready to make all attempts to make our facility a five star center before the end of 2022!!!! Thank You Now and Always. Let's continue to strive to make a difference!!!!
- ✦ To **Laundry Department** from Valencia - Thank you all for making sure the residents are having their personal belongings and linen needed on the daily basis. Great job
- ✦ To **My Mom Lorna** from LaTanya - Happy Mother's Day Ma. So happy to have you in GA with the whole family. I Love You ??.
- ✦ To **Activities** from Fulton Center - Thanks for the fun.
- ✦ To **Activities** from Fulton Staff - Thanks for the fun.



The Meadows

- ◆ To **Marie Smith** from Joey Blair - Thank You for All you do here. It is Very much Appreciated.
- ◆ To **Rena Newell** from Mary Fendick - Thank you for the amazing care you give to your residents. You are very appreciated.
- ◆ To **Mary Hunt** from Joey Blair - Thank You for Keeping the Residents entertained. You are Amazing.



People are like stained glass windows. They sparkle and shine when the sun is out, but when the darkness sets in, their true beauty is revealed only if there is a light from within.

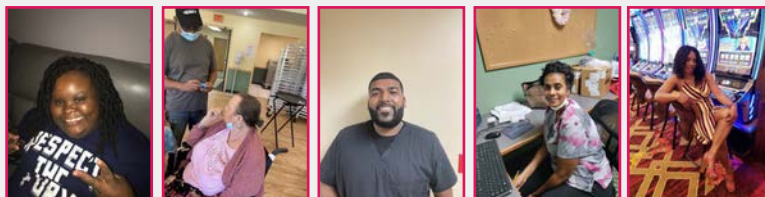


"Coming together is a beginning. Keeping together is progress. Working together is success."

West Orange

Shout Outs

- ◆ To **Brianne Hunter** from Monique Smith - This shout out is for one of the best housekeepers at West Orange. With her happy-go-lucky personality and her willingness to please, she makes working at this facility a joy. Breanna diligently works hard and is unforgettable. We love you!
- ◆ To **Kumar** from Luis - Kumar my maintenance assistance is always observant, interacts well with the residents and assists them in their day-to-day activities. In this case, I observed him sharpening Beth's colored pencils. He truly loves what he does.
- ◆ To **Kevin-LPN** from Luis - THANK YOU Kevin for going the extra Mile without hesitation for our Residents. Greatly Appreciated..
- ◆ To **Anistazzia Morehouse** from Ebony Felder - Thank you for your Commitment and dedication. You constantly demonstrate great Customer service skills with families and always Follow through with your work assignment. You are much appreciated keep up the great work.
- ◆ To **Bebe** from Aminata Sesay - Thanks for doing a good job keep up with the good work we appreciate you for being part of west orange team.
- ◆ To **Eunice Rivera** from Terry Hudson - Eunice is always so helpful and kind to everyone. She is a great team member!
- ◆ To **Fatima Sesay** from Artarshia Joseph DOR - You are a true asset to West Orange. It makes a difference to be met with such professionalism and pleasantries when entering our facility. Thank you!
- ◆ To **Elaine** from Aminata Sesay - I really appreciate you so much for a job well done . Thanks for being part of west orange heard working team.
- ◆ To **Ilanie J Joseph** from Monique Smith - To one of my most wonderful housekeepers. She does whatever is asked of her with a smile on her face thank you so much for having such a great attitude you do an amazing job everyday.
- ◆ To **Entire Administration Team** from Jennifer Osborne - I would like to shout out the Entire Administration Staff. The entire team has been so welcoming! The team has such a wonderful and beautiful ENERGY. I am so glad Mrs. Marie gave me an opportunity to join the team! Thank you all!!
- ◆ To **All The Nursing Staff Of West Orange** from Akissi - Thanks for doing all you do , day in and out, caring for our residents ! You should all be proud of yourselves
- ◆ To **Bibi** from Amy - Thank you for doing a good job with your residents. We appreciate you for being part of West Orange team!



A Scent Is Born

On May 5, 1921, Gabrielle "Coco" Chanel introduced the first modern perfume to the world—her famous Chanel No. 5. It was no mistake that she debuted her fragrance on the fifth day of the fifth month, for the number five had long held special significance to Coco Chanel.



When Chanel was just 12 years old, her mother died of tuberculosis and her

father sent her to live in an orphanage under the care of the convent of Aubazine. As Chanel walked the pathways of the convent gardens, she discovered that the stones were laid in groups of five. She constantly passed over

these stones while making her way to prayers, and they made a lasting impression. While her childhood was stark and frugal, it was amongst the nuns that Chanel learned to sew, a skill that blossomed into a fabulous career in fashion design. But always, the number five stayed with her.

Fashion houses were not interested in the perfume business, yet Coco Chanel was not interested in following traditions. In 1920, she approached the French-Russian perfumier Ernst Beaux and asked him to "create a scent that would make its wearer smell like a woman, and not a rose." At the time, most perfumes were simple, often mimicking the scent of one flower. Or else they were gaudy and overpowering with musks and jasmine. Chanel wanted something new.

Beaux concocted several scents and presented bottles labeled 1–5 and 20–24. Chanel, of course, selected the fifth vial and named it, simply and accurately, Chanel No. 5. On the fifth day of the fifth month of the next year, Chanel not only presented her latest fashion collection but also her new fragrance, a delicate mixture of jasmine, ylang-ylang, may rose, and sandalwood. It also contained aldehydes, which are chemicals that create longevity in the scent so that women would not need to constantly reapply the perfume. Chanel No. 5 was an instant hit, and women

Interesting Fact

If Chickens Could Fly



Depending on the breed, chickens will reach heights of about 10 feet and can span distances of just forty or fifty feet. The longest recorded flight of a modern chicken lasted 13 seconds for a distance of just over three hundred feet.



Nutrition Tip

Fiber, which used to be called "roughage," is found in foods from plants, such as beans, grains, vegetables, and fruits. It passes through the body with very little change in the digestive system. That means that fiber provides few or no calories, in addition to having many health benefits. It also lowers the risk of certain cancers, heart disease, and diabetes. It also helps control your appetite.

Powder Springs

Shout Outs

- * To **Activities' Team** from Margalie Cherenfant - Thank you , for your hard work during state's presence. Katrina, Nickia, Jope, and Willa.
- * To **Pamela** from The Kitchen Staff - Thank you for helping us out in the kitchen. We really APPRECIATE YOU!!
- * To **Keith** from Maggie Cherenfant - Thank you for your support! You are a great asset to Powder Springs Center for Nursing and Healing.
- * To **Pastor Ken** from Maggie C - Thank you for helping us on Good Friday. You came and shared the gospel with our residents and staff. I know the Lord and the angels are happy too.
- * To **Roselyn Nelson** from Julie Dioh - She's the best. She holds West Wing Unit together. Very responsible and reliable. We love you our Grand-Ma.
- * To **Shelly Ann** from Dietary Staff - Thank you for holding us down in the Kitchen - you're AWSOME!!!
- * To **Shay In House Keeping** from Willa Activities - Happy birthday!
- * To **YoYo** from Housekeeping - Thank you Yoyo for everything you do to help are department run!
- * To **Linda Butler** from Team Powder Springs - Thank you Linda for providing our residents with the best care!
- * To **Patricia Watkins** from Julie Dioh - What a grate and hard working TEAM PLAYER you are. Awesome attitude, always helping out!!! I will always cherish you. Keep on making the difference in our HEALTH CARE COMMUNITY.



Orange Park

- * To **Tai Oquendo - Receptionist** from Resident Council - **Resident Council** wants to shoutout Tai. She always goes above and beyond and is a very caring person. Thank you Tai!
- * To **Juana Murray - Laundry** from Resident Council - **Resident Council** would like to shout out Juana. She comes to our rooms with laundry and also picks up laundry from our rooms. She does an excellent and thorough job. She makes sure you get back your laundry items. Thank you for your hard work!
- * To **Yanira DeLeon** from Cheryl Young - Thank you for all your hard work and dedication to every patient
- * To **John Conroy** from Everyone - We all miss all the incredible work you do with the residents and can't wait for you to come back! God bless you and your family through this difficult time!
- * To **Theresa Twedt- Activities Assistant** from **Resident Council** - **Resident Council** would like to shout out Theresa. She is caring, friendly, nice, and helpful. She is always on time to take the smokers outside. Thank you for all you do!
- * To **Yves Paul - LPN** from Resident Council - **Resident Council** would like to shoutout Yves! He is a caring and punctual person. He gives us our meds on time. He always has a smile on his face! Thank you for all you do!
- * To **Georgette Keeling - LPN** from Resident Council - **Resident Council** would like to thank Georgette for being a kind and patient nurse. She is caring and takes good care of us. Thank you for all you do!
- * To **Yvette Kinard** from Staff - We all voted for employee of the month and people were doing write ins for Yvette because she has been doing such a great job! You were a great housekeeper but an even better CNA now! We are so proud of you for moving to our nursing department!



RECIPES

Heart Healthy Chicken Bake

- 6 chicken thighs or boneless skinless chicken breasts
- 2 tablespoons olive oil
- 1/2 teaspoon poultry seasoning
- 1 green pepper, thinly sliced
- 1 can stewed tomatoes, undrained
- 9 stuffed green olives, thinly sliced
- 3 tablespoons olive juice
- 1/2 cup chicken stock
- 1 clove garlic, chopped
- pepper



Preheat oven to 350 degrees. Brown chicken in skillet in olive oil and poultry seasoning, removing skin from thighs. Arrange chicken pieces in a shallow 2-quart baking dish. Combine all remaining ingredients and spoon over the chicken. Bake 30 - 45 minutes uncovered, basting often, until chicken is done. Add water if sauce tends to boil away. Serves 6.

RIVERDALE

Employee Events

Easter



The residents had a wonderful time coloring eggs, sharing conversation with one another over festive snacks. They also did a little dancing, game playing to enjoy the Easter holiday.

RENAISSANCE

Career Fair



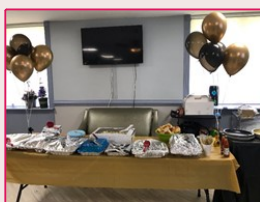
Renaissance participation in career fair at technical college.

Congressman Visit



Congressman Ferguson visited the facility at Renaissance.

Miss Betty 40 years of service



Miss Betty has been at Renaissance for over 40 years now, providing services to our residents in the Laundry Department! We celebrated her dedication to this facility!



Karl Swedberg
Normandy Center for Nursing and Healing

extends a warm welcome to
Empire Care Centers
our new Administrators



Michael Handsman
Canton Center for Nursing and Healing



FAYETTEVILLE

Employee Events

Empire Cares



Congratulations go out to Jaya, receptionist and Christine, CNA. They were the winners of Empire Cares gift cards. Both ladies have received Care Bucks throughout the month from fellow staff members acknowledging their exceptional work. Way to go Ladies!!!

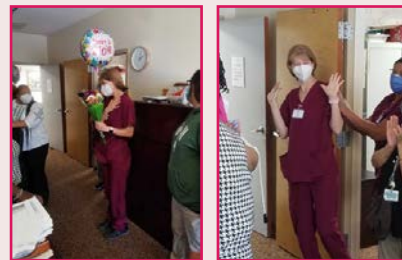
Rosemary, CNA literally jumped for joy when she received the \$100 gift card from the Care Bucks she received from various supervisors. Congratulations!!!

Easter



Easter is a special time for reflection on life, to take time to enjoy each other. And maybe get a little silly - we're all kids at heart looking for the Easter egg surprise.

Fayetteville Center Hero



Susan Waryold, PTA, from the Therapy Department was very surprised to learn that she was our Hero of the Month. Nominated by residents and fellow staff members.

Administrative Assistants Day



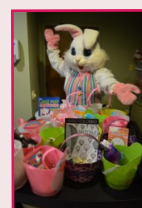
No facility can run smoothly without the hard work of the Administrative Assistants. Working behind the scenes, these ladies at Fayetteville Center get the job. It starts in the front with our receptionists Jaya and Jazzmyne who are the first faces seen by visitors, they set the tone of their visit. Keisha and LaVonda help with Financials and HR and untold "other duties as required" No facility can run smoothly without the eagle eye of Central supply, Nisha keeps us stocked with whatever is needed. Shanna, our staffing coordinator works tirelessly making sure we have the coverage we need to care for our residents, driving the van for appointments, and setting up appointments Pam, our medical records person is another person with many hats: setting up appointments and making sure our doctors sign everything. This is just a little of what these ladies do to keep us going. Thank you all!!! You're the greatest!

FULTON CENTER



We always have a fun and great time.

THE MEADOWS



The Easter Bunny made a visit to The Meadows Center.

POWDER SPRINGS

Employee Events

Memory Care Staff Recognition



We really appreciate ALL OUR AU STAFF for a JOB WELL DONE during the Annual Survey. It was also recognized by the Surveyors Team Leader who stated y'all were AWESOME. As always, I can count on y'all even without my presence. Go TEAM AU!!!!

Lots going on with activities here at Powder Spring



Happy Easter

Easter



We had great Easter festivities that were enjoyed by everyone.

CANTON



Canton enjoyed a variety of events for our residents during May.

Who started Mother's Day?

Who started Mother's Day? Anna Jarvis of Philadelphia whose mother had organized women's groups to promote friendship and health originated Mother's Day. On May 12, 1907 she held a memorial service at her late mothers church in Grafton West Virginia. Within five years virtually every state was observing the day, and in 1914 US President Woodrow Wilson made a national holiday.

JACKSON

Employee Events

COVID Memorial



Our activity staff and resident council's President planted flowers in remembrances of loved ones lost to the coronavirus pandemic.



Cinco de Mayo is a yearly celebration held on May 5th which commemorates the anniversary of Mexico's victory over the second French empire at the battle of Puebla in 1862. More popular in the United States than Mexico, Cinco de Mayo has become associated with a celebration of Mexican-American culture. Celebrations began in California, where they have been observed annually since 1863. They dayngained nationwide popularity beyond those of Mexican-American heritage in the 1980s do to advertising campaigns buy beer, wine, and tequila companies.

ORANGE PARK

Ennas Birthday



We love our administrator Ena and decided to surprise her for her birthday with cake, flowers, and a nice gift-card for her to treat herself! Happy birthday Ena, we love you!!

Our BOM Jasmine sneaking off to surprise Ena for her birthday!

Ulysses Salett



We had some great live music with Ulysses Salett. Some residents and staff did some dancing along to the music!

Popcorn

Our activity aide, Theresa and our staffing coordinator, Kristen decided to make a ton of popcorn and pass out to the staff!

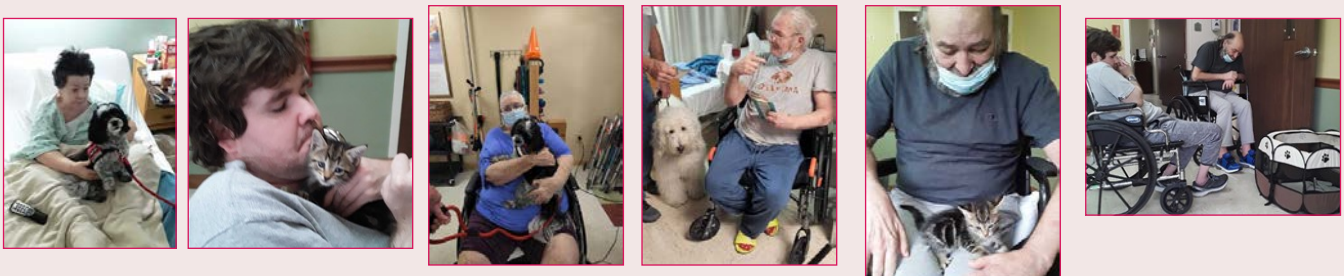


Easter



Residents participated in an Easter egg hunt and Easter eggs decorating.

Pets are the Best



Our residents love our visits from Foster Kitten Visiting and Therapy Dogs

LOVE THE PEOPLE GOD GAVE YOU BECAUSE HE WILL NEED THEM BACK ONE DAY.

"KIND WORDS CAN BE SHORT AND EASY TO SPEAK, BUT THEIR ECHOES ARE ENDLESS."

McDONOUGH

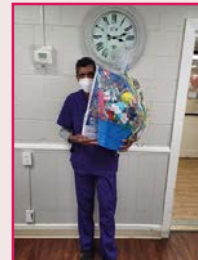
Employee Events

Easter



Some BUNNY cares about you

Easter Egg Raffle Winners



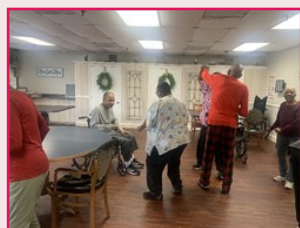
Ms. Jackie Sumler won the boy Easter Egg Basket! Congratulations!
Congratulations to Ms. Cathy Harris for winning the girls Easter Egg Basket!

Staff Appreciation



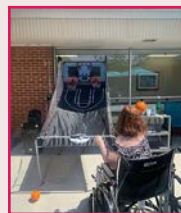
Brightmoor Hospice gave Westbury of McDonough a warm "Thank you!" for all staff to give them some much needed appreciation! Thank you Brightmoor and Ms. Daphne for this kind gesture!

Flashback Fridays



Every other Friday, we have a dance-off on Heritage Hall and have a flashback memory from the 70s! Our residents love to get their groove on!

Fun Friday



Today our residents enjoyed the nice sunshine! We stayed cool with cold beverages and light refreshments. We even shot some hoops! Check is out!

Garden Club



McDonough has started their own garden club this month. We can't wait to see the progress!

McDONOUGH

Employee Events

Easter Egg Hunt



McDonough held its in-door Easter Egg Hunt this week. The residents enjoyed it and so did we!

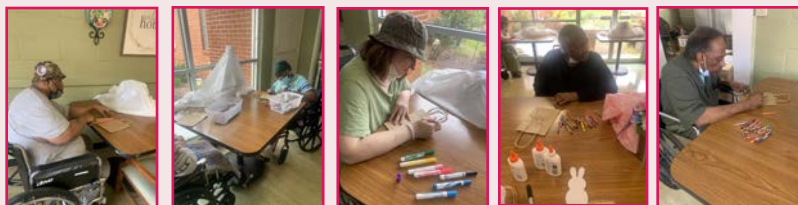


Sittercise



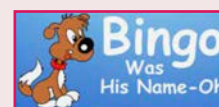
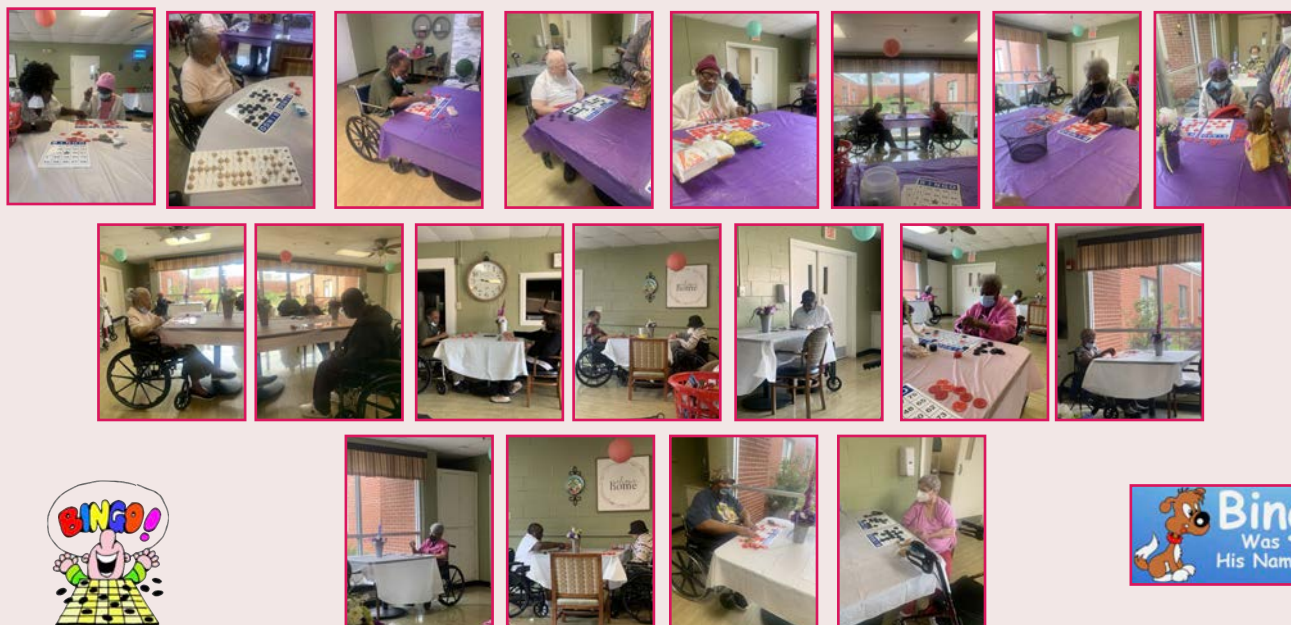
Every Monday - Friday McDonough hosts their group exercise class called Sittercise! Residents can come and enjoy some music while getting a good workout in.

Arts and Crafts



McDonough residents decorate Easter Egg Bags for their Hunt!

BINGO



We love BINGO days here at McDonough! Let's Play Bingo.

Employee Events

WEST ORANGE

Easter



Hoping bunny tails, colorful eggs, hearing the buzzing of the bees. Flowers blossom, it's a refreshing feel, and the wind blowing in the trees. Spring is a new season with beautiful flowers, what a behold to see. Who loves Easter? They all shouted, Me, Me and Me!

Cute Moment



Delores made a new friend. Smile for the camera!

A spontaneous silly moment. Melanie rocking stellar pink glasses.

Happy Easter



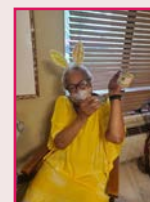
NORMANDY

Birthday Bash



We Rocked Out For Our April Birthday's

Easter Celebration



Our Residents Coloring And Looking For The Golden Egg

Rocking Rolling



listening to some beautiful singing and piano playin

Health Awareness

May - Osteoporosis Awareness and Prevention Month

Each May the National Osteoporosis Foundation (NOF) celebrates Osteoporosis Awareness and Prevention Month. NOF together with its partners, has strived to make this all to prevalent disease relevant, and ensure that corresponding messages are strong, engaging and encourage action. Osteoporosis, or porous bone, is a disease characterized by low bone mass and structural deterioration of bone tissue, leading to bone fragility and an increased susceptibility to fractures, especially of the hip, spine and wrist, although any bone can be affected. In simpler terms, osteoporosis is a condition in which the bones become weak and can break from a minor fall or, in serious cases, from a simple action such as a sneeze. Prevention - About 85-90% of adult bone mass is acquired by age 18 in girls and 20 in boys. Building strong bones during childhood and adolescence can help to prevent osteoporosis later in life. Together, the following five steps can optimize bone health and help prevent osteoporosis: Get the daily recommended amounts of calcium and vitamin D. Engage in regular weight-bearing and muscle-strengthening exercise. Avoid smoking and excessive alcohol. Talk to your healthcare provider about bone health. Have a bone density test and take medication when appropriate.

American Red Cross Founded.



In Washington, D.C., humanitarians Clara Barton and Adolphus Solomons found the American National Red Cross, and organization established to provide humanitarian aid to victims of wars and natural disasters in congruence with the International Red Cross.

Barton, born in Massachusetts in 1821, worked with the sick and wounded during the American Civil War and became known as the "Angel of the Battlefield" for her tireless dedication. In 1865, President Abraham Lincoln commissioned her to search for lost prisoners of war, and with the extensive records she had compiled during the war she succeeded in identifying thousands of the Union dead at the Andersonville prisoner-of-war camp.

She was in Europe in 1870 when the Franco-Prussian War broke out, and she went behind the German lines to work for the International Red Cross. In 1873, she returned to the United States, and four years later she organized an American branch at the International Red Cross. The American Red Cross received his first U.S. federal charter in 1900. Barton headed the organization into her 80s and died in 1912.

Healthy Tip

Your State Of Mind

"Healthy body, healthy mind." Maintaining a positive outlook, by interacting with others and getting involved in continuous education and training, can contribute to well-being. Try to reduce the levels of stress in your life. Meditation, relaxation and effective organization at work can all help us deal with stress.

Recipe of the Month

Guacamole

This guacamole dip uses the freshest ingredients which gives this dip an incredible taste.

Ingredients:

- 3 ripe Avocados, peeled and pitted
- 1/2 clove garlic= 1/2 tsp. minced garlic
- 1/8 cup fresh cilantro
- 1/4 cup finely chopped onion
- 1/2 tsp. salt
- 1 lime
- 1 jalapeno pepper, seeded
- 1 Roma tomato, seeded and diced

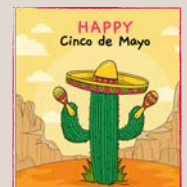


In a blender or food processor, combine all ingredients and mix until all vegetables are chopped and you have a smooth consistency. Chill in refrigerator 2 hours. Serve with tortilla chips.

Avocado is a good source of potassium, a mineral that helps regulate blood pressure. Adequate intake of potassium can help guard against circulatory diseases, like high blood pressure, heart disease, or stroke.



Wishing every Mother a wonderful and blessed Mother's Day.



Happy Easter



Positive Vibe

People are like stained glass windows. They sparkle and shine when the sun is out, but when the darkness sets in, their true beauty is revealed only if there is a light from within.

Happy Easter



Animals that lay eggs do not have belly buttons.

Brown Bag Tip

Eat a variety of fruits. Fruits are low in calories, calories, high in water and a good source of fiber. Loaded with antioxidants and vitamins. Fruit can help to satisfy your "sweet tooth".





To all our Empire Care Center Employees
Tell the world why you love being part of the Empire Care Family
We see how much HEART you put into your jobs everyday



SHARE THE LOVE
Review us on Google
With your phone

Scan the QR Code associated with your facility below and share your thoughts



The Meadows



West Orange



Fayetteville



McDonough



Conyers



Jackson



Normandy



Orange Park



Cartersville



Powder Springs



Nancy Hart



Renaissance



Fulton Center



Riverdale



University



Canton



I AM A
Health Care Worker
AKA
HERO



National Skilled Nursing Week comes around once a year but from my perspective, it should be National Skilled Nursing year rather than week. For the past 2+ years, we have been on the front lines battling COVID-19. We have endured through all of it and have come out the other side stronger and more resilient than we even thought we could be. Today, we are still dealing with the aftermath of the pandemic. Staffing has never been more problematic in the industry than it is now, yet again we stay strong and committed to our profession. Unlike other industries, we do not have the luxury of closing or stopping service to those we care for. The residents who reside within our facilities are there out of necessity, not choice and as such as such, require our continuous commitment to excellence, day in and day out, regardless if there is a pandemic or not. Each and every Empire Care Centers employee, regardless of your position, is a true Healthcare Hero. Whether you are a floor tech or in maintenance, dietary aide or cook, CNA or nurse, laundry aide, housekeeper or social worker, business office manager, HR Director, receptionist, Administrator or DON, each and everyone of you has chosen a career that requires caring for those who can no longer care for themselves. To be a healthcare provider means you have chosen to care for others. or You care with your heart and we value and appreciate and respect every single ECC employee and celebrate National Skilled Nursing Week with you.



National Skilled Nursing Week
May 8 - 14



HAPPY MEMORIAL DAY



While Memorial Day has become synonymous with the start of summer, BBQ's and fun with friends, it would be good to remember what Memorial Day truly represents.

As we enjoy burgers and ribs with family and friends or just a day off from work, "Let us remember those who sacrificed their lives for the peace and security of our country."

We generally take our freedom and all that goes with it for granted, that is until an event like 9/11/2001 happens.

So, for this Memorial Day, let us all take a moment to remember those who have given the ultimate sacrifice and let us all pray that those who wear the uniform of our armed services now are safe and return home from wherever they are to their families with the gratitude of a grateful nation.



Armed Forces Day