

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Holiday Hugs Day 1 9:00 Coffee Hour 10:00 Fitness Time 10:30 Adult Coloring 11:30 Lunch Time 2:00 Black History Month 3:00 Chocolate Cookies 	National Woman's Heart Day 2 9:00 Coffee Hour 10:00 Chair Yoga 10:30 Lunch Time 11:30 Lunch Time 2:00 National Wear Red Day 3:00 Groundhog Day 	National Carrot Cake Day 3 9:00 Hot Chocolate 10:00 Fitness For For All 10:30 Lunch Time 11:30 Lunch Time 2:00 The Day The Music Died 3:00 National Golden Retriever Day 3:30 Snack Time 
National Thank a Mailman Day 4 9:00 Coffee With Friends 10:00 Religious Services 10:30 Adult Coloring 11:30 Lunch Time 2:00 Bible Study 3:00 Snack Time 3:30 Rosa Parks Day 	World Nutella Day 5 9:00 Hot Tea 10:00 Fitness Fun For All 10:30 Current Events 11:30 Lunch Time 2:00 National Weather Day 3:00 Brownie 3:30 Bingo 	Pay a Compliment Day 6 9:00 Coffee Social 10:00 Stretching Body 10:30 Parachute Game 11:30 Lunch Time 2:00 International Day Of Zero TGM 3:00 Sugar Cookie 3:30 Karaoke Sing- 	African Heritage and Health Week 7 9:00 Coffee Hour 10:00 Chair Yoga 10:30 Move And Groove 11:30 Lunch Time 2:00 Send A Card To A Friend 3:00 Refreshment Cookie 3:30 Pokeno 	National Kite-Flying Day 8 9:00 Coffee And Hot Chocolate 10:00 Fitness 10:30 Indoor Bowling 11:30 Lunch Time 2:00 National Boy Scout Day 3:00 Snack Time 3:30 Bingo Day 	Chocolate Day 9 9:00 Coffee Social 10:00 Adult Coloring	Chinese New Year 10 9:00 Tea- Coffee 10:00 Adult Coloring 10:30 Motivation And Inspiration 11:30 Lunch Time 2:00 Spelling Bee 3:00 Snack Time 3:30 Movie Day -Popcorn 
Superbowl 11 9:00 Coffee Hour 10:00 Adult Coloring 10:30 Religious Services 11:30 Lunch Time 2:00 Bible Study 3:00 Snack Time 3:30 Movie Day - Popcorn 	Oatmeal Monday 12 9:00 Hot Chocolate 10:00 Word Pull 10:30 Stretch Your Body 11:30 Lunch Time 2:00 HangMan 3:00 Snack Time 3:30 Abraham Lincoln 	Galentine's Day 13 9:00 Coffee Crackers 10:00 Body Stretching 10:30 Sponge Painting 11:30 Lunch Time	Valentines Day 14 9:00 Coffee 10:00 Lunch Time 10:30 Valentine Day Cards 11:30 Lunch Time 2:00 Valentine 3:00 Valentine Party 3:30 Valentine Candy Bags 	International Childhood Cancer Day 15	National Caregivers Day 16	National Random Acts of Kindness Day 17
NBA All Star Game 18	Presidents' Day 19	National Muffin Day 20	National Sticky Bun Day 21	Recreational Sports & Fitness Day 22	International Stand Up to Bullying Day 23	National Tortilla Chip Day 24
Peace Corps Week 25	Black Lives Matter Day 26	National Strawberry Day 27	National Pancake Day 28	National Toast Day 29		